

North East Thames Foundation School Individual Placement Description

Placement:	F2 community and Inpatient Psychiatry																											
The department:	General Adult Psychiatry.																											
The type of work to expect and learning opportunities:	Ward rounds and patient reviews on the inpatient unit, Out-patient clinics at Coombewood CMHT. Learning opportunities: Diagnosis and management of mental illness, Psychiatric emergencies, Liaison Psychiatry. Attachment for the day is possible to subspecialties eg Drug/alcohol, Child & Adolescent Services, Older People etc.																											
Where the placement is based:	Willow ward (Rochford Hospital) and Coombewood CMHT.																											
Clinical Supervisor(s) for the placement:	Dr Elizabeth Barron																											
Main duties of the placement: .	Out-patient clinics, ward rounds and patient reviews on Willow ward and participation in the on-call rota.																											
Typical working pattern in this placement	<p>Typical working pattern in this post Daily/weekly/monthly (if applicable)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Monday AM</td><td>Ward Work</td></tr> <tr><td>Monday PM</td><td>Outpatient Clinic</td></tr> <tr><td>Tuesday AM</td><td>Outpatient Clinic</td></tr> <tr><td>Tuesday PM</td><td>Ward Work/MDT meeting</td></tr> <tr><td>Wednesday AM</td><td>Ward Work</td></tr> <tr><td>Wednesday 1pm</td><td>Generic Mandatory F2 Teaching</td></tr> <tr><td>Wednesday PM</td><td>Ward Work</td></tr> <tr><td>Thursday AM</td><td>Academic meeting at Rochford Hospital</td></tr> <tr><td>Thursday 12.30 pm</td><td>Balint Group 12.30-1.30</td></tr> <tr><td>Thursday PM</td><td>Supervision 2-3</td></tr> <tr><td>Friday AM</td><td>Ward work</td></tr> <tr><td>Friday PM</td><td>Ward Work</td></tr> <tr><td>Saturday & Sunday</td><td>As per rota</td></tr> </table> <p><i>On call requirements:</i>Participation in the first on-call rota, covering Rochford hospital and A&E at Southend Hospital.</p>		Monday AM	Ward Work	Monday PM	Outpatient Clinic	Tuesday AM	Outpatient Clinic	Tuesday PM	Ward Work/MDT meeting	Wednesday AM	Ward Work	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Ward Work	Thursday AM	Academic meeting at Rochford Hospital	Thursday 12.30 pm	Balint Group 12.30-1.30	Thursday PM	Supervision 2-3	Friday AM	Ward work	Friday PM	Ward Work	Saturday & Sunday	As per rota
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Employer information	The employer for this post is Rochford Hospital. The post will be based in both Rochford and Southend. Hospitals. The main																											

	clinical services at Rochford are: Assessment Suite (inc. Section 136 suite) 2 x 24 beds adult admission wards 1 x 15 beds CAMHS inpatient service 2 x 24 beds older people assessment wards Range of essential clinical and non-clinical facilities.
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North East Thames Foundation School Individual Placement Description

**Placement
The department**

F2 Acute Medicine
Acute Medicine Unit has seven consultant physicians supporting the general physicians managing the rolling full duty. During daytime the unit is run by an acute physician with out of hours on call cover from a general physician. There are usually three consultants on in the weekday providing cover from 08:00 to 22:00. One Consultant is on at weekends from 08:00 to 20:00. Each morning there is a round by an acute physician.

The type of work to expect and learning opportunities

The Acute Medical Unit is a busy focal point for the hospital and offers ample training opportunities. To balance patient safety, time constraints and training requirement, a brief senior review of all patients is undertaken first and training for juniors is explicitly facilitated. This may include being asked to fully undertake medical clerking if patient is suitable, reviewing acutely unwell patients with a senior or planning on-going ambulatory care for a patient.

The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to

- Take a history and examine a patient
- Identify and synthesise problems
- Prescribe safely
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relatives and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively
- Become life-long learners and teachers.

There is ample opportunity to assess and manage stable and unstable patients, to resuscitate on AMU, in the resuscitation room or A&E, liaise (under senior supervision) with ITU, cardiology, critical care

outreach, radiology, microbiology, chemistry and haematology.

The GP assessment area, and associated ambulatory care/ follow-up allow the trainees to see the more stable presentations of most general medical conditions.

Common procedures:

- lumbar puncture
- paracentesis
- pleural drainage
- urinary catheterisation

Less common

- central lines insertion

Specialty input

Microbiology ad hoc input

Weekly radiology meeting

One formal teaching session

Informal teaching session (discuss interesting cases)

We support those keen to engage in audit and/ or research and those who wish to present or publish from within the unit.

Where the placement is based

Acute Medical Unit, Southend Hospital NHS Trust.

Clinical Supervisor(s) for the placement

Dr Balasubramaniam

Main duties of the placement

Running the AMU alongside the AMU consultants.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions

Daily/weekly/monthly (if applicable)

Monday AM	Consultant Ward Round
Monday PM	Ward Work
Tuesday AM	Consultant Ward Round/ AMU doctors teaching at 12:00
Tuesday PM	Ward Work
Wednesday AM	Consultant Ward Round X Ray meeting at 12:00
Wednesday 1pm	Ward Work
Wednesday PM	Ward Work
Thursday AM	Consultant Ward Round
Thursday 12.30 pm	Medical Grand Ground
Thursday PM	Ward Work
Friday AM	Consultant Ward Round
Friday PM	Ward Work
Saturday & Sunday	Ward Work

Weekly Radiology meeting on a Wednesday 12:00
hrs. AMU Meeting Tuesday 12:00
Shifts 8 – 6pm, 10 – 8pm. Weekend 8 – 4pm

Employer information The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.

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North East Thames Foundation School Individual Placement Description

Placement	F2 Anaesthetics
The department	<p>The Department of Anaesthetics comprises 25 Consultants of whom 17 do acute General Anaesthetics and Obstetrics on-call and 8 with Intensive Care responsibilities</p> <p>The department serves East Essex with a catchment population of 150,000.</p> <p>The department is closely linked with tertiary services in London.</p>
The type of work to expect and learning opportunities	<p>F2 Doctors are based in one of the following locations on a daily basis: Main Theatres, Day Stay Theatres, Mobile Theatres or Eye Theatres. F2 Doctors work on a daily basis in theatres under the supervision of senior Anaesthetists' and are expected to undertake all duties which would be expected of an Anaesthetic CT1 Trainee including: IV Cannulation, Insertion of Invasive Monitoring Devices (Central Lines, Arterial Lines), ET Intubation, LMA Insertion, Airway Maneuvers, Anaesthetic induction and Management of the Unconscious Patient, Anaesthetic record keeping, post operative handover. F2s are also expected to undertake the Pre-operative Anaesthetic assessment of patients on the ward which includes a focused history and examination of the patient.</p> <p>The overall educational objectives of the F2 year are to ensure that the Doctor has reached a satisfactory level of competence in all areas to allow eligibility for entry to core or specialty training. This will include providing the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesize problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Southend University Hospital, The Department of Anaesthetics
Clinical Supervisor(s) for the placement	Dr Christine Thomas
Main duties of the	The F2 doctor works alongside senior Anaesthetists in theatre

placement	<p>on a daily basis. He/she is responsible for ensuring an accurate pre-operative assessment is undertaken and communicated to the supervising anaesthetist, ensures safe monitoring and management of the patients in the Anaesthetic room and theatre, ensures accurate completion of anaesthetic theatre documentation, and safe handover to Recovery ward staff. In addition to the weekly generic F2 syllabus teaching programme, the F2 doctor is expected to attend the structured teaching programme provided by the Anaesthetic Department on Wednesday afternoons – this may take place within the department at Southend Hospital or at Broomfield Hospital, Chelmsford.</p>							
Typical working pattern in this placement	<p><i>Daily:</i></p> <table border="1" data-bbox="571 667 1362 965"> <tr> <td data-bbox="571 667 943 768">Monday – Friday 0800 to 0900 and 1300 to 1400</td> <td data-bbox="952 667 1362 768">Pre-operative anaesthetic assessment of patients on wards</td> </tr> <tr> <td data-bbox="571 770 943 871">Monday – Friday 0900 to 1300 and 1400 to 1800</td> <td data-bbox="952 770 1362 871">Theatre operating session</td> </tr> <tr> <td data-bbox="571 873 943 965">Alternate Wednesday 0800 to 1800</td> <td data-bbox="952 873 1362 965">Departmental teaching at Southend, Broomfield and Colchester hospitals.</td> </tr> </table> <p>Saturday and Sunday are Off Days. No on call requirements. Theatre time includes assignment to the Emergency Theatre List on a weekly basis</p>		Monday – Friday 0800 to 0900 and 1300 to 1400	Pre-operative anaesthetic assessment of patients on wards	Monday – Friday 0900 to 1300 and 1400 to 1800	Theatre operating session	Alternate Wednesday 0800 to 1800	Departmental teaching at Southend, Broomfield and Colchester hospitals.
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North East Thames Foundation School Individual Placement Description

Placement	F2 Cardiology
The department	The Dept. Cardiology comprises of 6 Consultants most of whom work jointly with Basildon Cardiothoracic Centre. Interests include Coronary Stenting, Non Invasive Diagnosis of Cardiac Diseases & Cardiac Imaging. The Dept. serves a local population estimated at 338,800. There is an 11-bed Coronary Care Unit with daily ward rounds by the cardiologists (including weekends). There are approximately 500 acute admissions to CCU each year.
The type of work to expect and learning opportunities	<p>All F2 doctors in hospital posts will be ward based during the normal working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. There will be a four week AMU posting during which time the F2 will be involved in the generic clerking of patients with acute and differentiated medical problems and their care whilst in AMU. In this way the F2 gains experience in both cardiology as well as acute medicine. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Gordon Hopkins Ward, Southend University Hospital.
Clinical Supervisor(s) for the placement	Dr A Khokhar
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. To manage patients on daily basis on the 11 bedded CCU. To conduct ward round on a daily basis starting at 8am in CCU along with the consultant in charge. To manage patients on the cardiology ward on daily basis. To arrange appropriate investigations for cardiology patients. To take part in the acute on call medical rota. The F2 will have opportunity to work with the consultants in outpatient clinics twice a week. They will learn to perform elective cardioversions in patients with atrial fibrillation. There will be

	opportunity to undertake audit.																												
Typical working pattern in this placement	<p>The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F2 will work 3 weekends in every 25. Nights shifts according to wider rota as below.</p> <p>Typical working week in this post:</p> <table border="1"> <tr> <td>Monday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Monday PM</td> <td>Education Meeting</td> </tr> <tr> <td>Tuesday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Tuesday PM</td> <td>Cardiology Ward Round</td> </tr> <tr> <td>Wednesday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Generic Mandatory F2 Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>Outpatients</td> </tr> <tr> <td>Thursday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Cardiology Ward Round/Outpatients</td> </tr> <tr> <td>Friday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Friday PM</td> <td>Cardioversions & Journal Club</td> </tr> <tr> <td>Saturday & Sunday</td> <td>On Call duties as per rota</td> </tr> <tr> <td>Nights</td> <td>1:25 for AMU / two week blocks</td> </tr> </table>	Monday AM	CCU Ward Round	Monday PM	Education Meeting	Tuesday AM	CCU Ward Round	Tuesday PM	Cardiology Ward Round	Wednesday AM	CCU Ward Round	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Outpatients	Thursday AM	CCU Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Cardiology Ward Round/Outpatients	Friday AM	CCU Ward Round	Friday PM	Cardioversions & Journal Club	Saturday & Sunday	On Call duties as per rota	Nights	1:25 for AMU / two week blocks
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North East Thames Foundation School Individual Placement Description

Placement	F2 Day Assessment Unit (Medicine for Elderly)
The department	<p>The Day Assessment Unit (DAU) is part of the wider Department of Medicine for the Elderly (DME). The DME comprises 6 consultants and an Associate Specialist. Several of the consultants work in the DAU and share interests in Stroke Medicine, Parkinson's disease, Falls & Bone Health, Syncope and Dementia, in addition to general elderly care medicine.</p> <p>The DAU is primarily about 'admission avoidance'. It is broken down into an area housing outpatient clinics, and an area providing mini-comprehensive geriatric assessments on an urgent basis. The latter area is referred to within the DAU as the 'Screens' area.</p>
The type of work to expect and learning opportunities	<p>The DAU F2 shares responsibility for patients in the 'Screens' area with a GP VTS trainee of ST1/2 level. We accept patients for assessment from A&E, Fracture Clinic, the Acute Medical Unit, the Surgical Assessment Unit and directly from GPs. We try to see patients on the same day wherever possible, but certainly within 48-72 hours (allowing for weekend closure) from the time of referral. The aim is to manage patients without the need for admission.</p> <p>The on-call rota includes a one month block in which you will be attached to the Acute Medical Unit (AMU). During this month you will not work on the DAU at all. You will be involved in the assessment and management of acutely unwell general medical patients referred for admission to the on-call medical team of the day.</p> <p>There are 'generic' educational objectives for the F2 year, but there are also specialty-specific learning objectives on offer for each of the posts in the F2 year. During the DAU F2 attachment, we expect that you will acquire the appropriate skills to be able to:-</p> <ul style="list-style-type: none"> • Take a detailed history and undertake a thorough examination, as part of a Comprehensive Geriatric Assessment • Generate 'Problem Lists' and differential diagnoses • Organize investigations in a rational and cost effective manner • Prescribe safely in the elderly, and undertake effective 'medication reviews' • Keep accurate and relevant medical records • Manage time and priorities effectively • Communicate effectively with patients, relatives and with other colleagues – both in secondary and primary care • Use evidence-based medicine, guidelines and audit to benefit patient care

	<ul style="list-style-type: none"> • Act in professional manner • Cope with ethical and legal issues which occur during the management of elderly patients who lack capacity • Demonstrate commitment to lifelong learning. 																												
Where the placement is based	Day Assessment Unit, Southend University Hospital.																												
Clinical Supervisor(s) for the placement	Dr J Whitear – Associate Specialist DME																												
Main duties of the placement	<p>The DAU F2 is based in the 'Screens' area of the DAU and shares responsibility for patients in that area with a GP VTS ST1/2 trainee. Each day you will be clerking patients, arranging investigations as appropriate, and presenting your findings to a consultant or associate specialist. There will be good opportunities for teaching, reflective learning and completion of mandatory work-based assessments required by the Foundation Programme.</p> <p>Specialist Clinics taking place in the outpatient section of the DAU include a Memory Clinic, which has been accredited by the Royal College of Psychiatrists, a Falls Clinic, a Parkinson's Clinic and a Stroke Clinic. The trainee may have opportunity to work in some of these clinics during their placement on DAU.</p> <p>The DME looks upon itself as one big department with a pool of staff, and at times of sickness or unexpected absence, you may be asked to provide cover to one of the in-patient DME wards if they have insufficient medical cover.</p>																												
Typical working pattern in this placement	<p>Daily: 0900 DME meeting Estuary Ward</p> <table border="1"> <tr><td>Monday AM</td><td>DAU</td></tr> <tr><td>Monday PM</td><td>DAU</td></tr> <tr><td>Tuesday AM</td><td>DAU</td></tr> <tr><td>Tuesday PM</td><td>DAU</td></tr> <tr><td>Wednesday AM</td><td>DAU</td></tr> <tr><td>Wednesday 1pm</td><td>Generic F2 Mandatory Teaching</td></tr> <tr><td>Wednesday PM</td><td>DAU</td></tr> <tr><td>Thursday AM</td><td>DAU</td></tr> <tr><td>Thursday 12.30 pm</td><td>Medical Grand Round</td></tr> <tr><td>Thursday PM</td><td>DAU</td></tr> <tr><td>Friday AM</td><td>DAU</td></tr> <tr><td>Friday 12 - 13.30</td><td>DME X-Ray Meeting/Journal Club</td></tr> <tr><td>Friday PM</td><td>DAU</td></tr> <tr><td>Saturday & Sunday</td><td>As per Rota</td></tr> </table> <p><i>On call requirements: 1:5</i></p>	Monday AM	DAU	Monday PM	DAU	Tuesday AM	DAU	Tuesday PM	DAU	Wednesday AM	DAU	Wednesday 1pm	Generic F2 Mandatory Teaching	Wednesday PM	DAU	Thursday AM	DAU	Thursday 12.30 pm	Medical Grand Round	Thursday PM	DAU	Friday AM	DAU	Friday 12 - 13.30	DME X-Ray Meeting/Journal Club	Friday PM	DAU	Saturday & Sunday	As per Rota
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North East Thames Foundation School Individual Placement Description

Placement	F2 Medicine for Elderly.
The department	The Dept. of Elderly Care comprises 8 Consultant Geriatricians of whom 4 do acute General medicine on-call. There are interests in Orthogeriatrics, Stroke, memory and falls. All geriatrics subspecialities are represented and the department is a dynamic unit with enthusiastic consultant supervision.
The type of work to expect and learning opportunities	<p>It is anticipated that the trainee will gain experience in management of confusion, delirium, falls (geriatric giants) as well as acute general medicine. All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the AMU attachment the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	There are 3 acute geriatric wards: Windsor, Estuary and Princess Anne wards, Southend University Hospital.
Clinical Supervisor(s) for the placement	Dr I Liakas and Dr N Ballah
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatient's clinics for at least one day each week. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in

	occasional emergencies and unforeseen circumstances.																														
Typical working pattern in this placement	<p>The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F2 will work 3 weekends in every 25. Nights shifts according to wider rota as below.</p> <p>Typical working pattern in this post:</p> <table border="1"> <tr> <td>Monday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Monday 1pm</td> <td>DME MDT</td> </tr> <tr> <td>Monday PM</td> <td>Ward Work</td> </tr> <tr> <td>Tuesday AM</td> <td>Registrar Ward Round</td> </tr> <tr> <td>Tuesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Wednesday AM</td> <td>Clinic (General)</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Generic Mandatory F2 Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Thursday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Ward Work</td> </tr> <tr> <td>Friday AM</td> <td>Clinic (Specialty)</td> </tr> <tr> <td>Friday 12.00</td> <td>X-Ray Meeting</td> </tr> <tr> <td>Friday PM</td> <td>Journal Club/Ward Cover</td> </tr> <tr> <td>Saturday & Sunday</td> <td>As per rota</td> </tr> </table>	Monday AM	Consultant Ward Round	Monday 1pm	DME MDT	Monday PM	Ward Work	Tuesday AM	Registrar Ward Round	Tuesday PM	Ward Work	Wednesday AM	Clinic (General)	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Ward Work	Thursday AM	Consultant Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Ward Work	Friday AM	Clinic (Specialty)	Friday 12.00	X-Ray Meeting	Friday PM	Journal Club/Ward Cover	Saturday & Sunday	As per rota
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North East Thames Foundation School Individual Placement Description

Placement	F2 – Accident & Emergency
The department	<p>The A & E Department comprises 6 Consultants and 22 registrar level posts. There are more senior doctors than juniors and this affords the opportunity for high quality of supervision for trainee doctors. There are four main areas of the department:</p> <ul style="list-style-type: none"> • Resuscitation Room • Majors Area • Minors Area for ambulatory patients • Paediatric Area
The type of work to expect and learning opportunities	<p>There is a wide range of acute medical presentations including myocardial infarction, acute coronary syndrome, stroke (including thrombolysis), sepsis and infectious diseases. All aspects of surgical presentations are seen including General Surgery, ENT, Maxillofacial and Acute Orthopaedic injuries. Approximately 25% of attendances are paediatric patients. Clinical skills acquired include: Venipuncture; Cannulation; Catheterisation; Wound Closure and Suturing; Plastering; Arterial Blood Gas sampling. Joint reduction and manipulation, central line and chest drain placement, Ultrasound use.</p>
Where the placement is based	Southend University Hospital Accident & Emergency Department
Clinical Supervisor(s) for the placement	Dr Caroline Howard / Dr Claire Willis/ Dr Violate Nedelcu/ Dr Dalip Kumar
Main duties of the placement	<p>Each doctor works in each of the designated four areas noted above.</p> <p>The duties involve the acute assessment, diagnosis and treatment of unwell medical, surgical, paediatric and other specialty patients. The doctor is then expected to make arrangements for discharge of the patient or to facilitate referral of the patient onto a Specialist Team, with the support and input from the Consultant and Registrar doctors.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems

	<ul style="list-style-type: none"> • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
<p>Typical working pattern in this placement</p>	<p>The doctors work on a shift system which is recurrent in 5 week cycles covering shifts from 0800 to 1700; 1500 to 0000; 2200 to 0800 weekdays and 0800-2000, and 1200 to 0000 weekends</p>
<p>Employer information</p>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>

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North East Thames Foundation School Individual Placement Description

Placement	F2 General Practice													
The department	GP Surgeries in mixed rural/urban areas. Variable number of partners according to the GP Practice. Wide range of services at each practice.													
The type of work to expect and learning opportunities	All aspects of GP work will be covered. This includes exposure to acute medicine, home visits, chronic disease management, such as diabetes, asthma and hypertension, mental health problems, gynaecological problems, antenatal care, paediatrics, dermatology, orthopaedics and rheumatology, ophthalmology and ENT. The F2 will make diagnoses, prescribe under supervision, and make referrals where appropriate (referrals are reviewed by the trainer), and complete medical reports under supervision. Trainees are expected to consult with patients by themselves but with overarching supervision. They will attend teaching seminars with the rest of the practice staff each month as part of 'Time to Learn'. There are opportunities to undertake audit.													
Where the placement is based	Variety of local GP practices: Pall Mall, Leigh on Sea; Greensward, Hockley; Riverside, Hullbridge; Puzey, Rochford. (NB GP Surgery details are subject to change and transport is required for some surgeries.)													
Clinical Supervisor(s) for the placement	Dr H Kennedy; Dr B Kuriakose; Dr Abeynayake; Dr J Rouse; Dr M Metcalfe; Dr Ebrahimjee.													
Main duties of the placement	Seeing patients in clinic, completing paperwork/reports, attending meetings and teaching seminars, attending F2 teaching sessions at Southend University Hospital.													
Typical working pattern in this placement	<p>Exact timetable with vary according to the practice but below is a sample:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Monday 8-5</td> <td>3 Clinics, Daily Practice Meeting</td> </tr> <tr> <td>Tuesday 8-1</td> <td>2 Clinics, Daily Practice Meeting</td> </tr> <tr> <td>Wednesday 2-5</td> <td>1 Clinic</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Generic F2 Mandatory Teaching</td> </tr> <tr> <td>Thursday 8-1</td> <td>2 Clinics, Daily Practice Meeting</td> </tr> <tr> <td>Friday 8-5</td> <td>3 Clinics, Daily Practice Meeting</td> </tr> </table> <p>Some practices will also have audit and tutorial sessions. Total working week of 40 hours. There is no banding with these posts. <i>On call requirements:</i> None</p>		Monday 8-5	3 Clinics, Daily Practice Meeting	Tuesday 8-1	2 Clinics, Daily Practice Meeting	Wednesday 2-5	1 Clinic	Wednesday 1pm	Generic F2 Mandatory Teaching	Thursday 8-1	2 Clinics, Daily Practice Meeting	Friday 8-5	3 Clinics, Daily Practice Meeting
Monday 8-5	3 Clinics, Daily Practice Meeting													
Tuesday 8-1	2 Clinics, Daily Practice Meeting													
Wednesday 2-5	1 Clinic													
Wednesday 1pm	Generic F2 Mandatory Teaching													
Thursday 8-1	2 Clinics, Daily Practice Meeting													
Friday 8-5	3 Clinics, Daily Practice Meeting													

Employer information	Pall Mall Surgery, 918 London Road, Leigh on Sea, Essex, SS9 3NG Greensward Surgery, Greensward Lane, Hockley, Essex, SS5 5HQ Riverside Surgery, 175 Ferry Road, Hullbridge, Essex, SS5 6JH Puzey Family Practice, Southwell House, Back Lane, Rochford, Essex, SS4 1AY (NB GP Surgery details are subject to change and transport is required for some surgeries.)
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It is important to note that this description is a typical example of your placement and may be subject to change.

North East Thames Foundation School Individual Placement Description

Placement	F2, Obstetrics & Gynaecology
The department	The Dept. Obstetrics & Gynaecology comprises 11 Consultants and is part of the Women's & Children Business Unit. The Obstetrics & Gynaecology Directorate provides excellent care to all women within South East Essex. The Department has CNST Level 2 for maternity services, a top 25% rating in the Healthcare Commission review for maternity services. The Directorate is the designated Gynaecological Cancer Centre for South Essex and also provides a wide variety of expertise in gynaecology.
The type of work to expect and learning opportunities	The F2 year is to provide the trainee with the knowledge, skills and attitudes to be able to: <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Eastwood Ward (Gynae) / MB1 And MB2 (Labour) / Clinics are based in the Womens Clinic
Clinical Supervisor(s) for the placement	Mr K Razvi
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. The F2 will have opportunity to undertake procedures such as: speculum examination; removal retained products; suturing; assist in C Section; marina coil. There will also be opportunities to attend Theatres. You will see women patients of all ages and Pregnant women. There will be opportunity to undertake audit. The F2 will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances. The F2 will take part in the O & G rota.
Typical working pattern in this placement	A Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions is as follows:

	Monday AM	Gynae Clinic
	Monday PM	Antenatal Clinic
	Tuesday AM/PM	Labour Ward Cover
		Ward Work
	Wednesday AM 8 - 1	Gynae On Call
	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday Afternoon	Off
	Wednesday PM 5 - 9	Gynae Cover
	Thursday AM	Theatre
	Thursday 12.30	Medical Grand Round
	Thursday PM	Admin
	Friday AM	Ward Work
	Friday PM	Consultant led Teaching
	Saturday & Sunday	As per Rota
	<p>The F2 will work a 1:9 shift system including nights which are Monday to Thursday or Friday to Monday. Long Days are 08.30 until 9.00 pm.</p> <p><i>On call requirements: As per rota</i></p>	
Employer information	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>	

It is important to note that this description is a typical example of your placement and may be subject to change.

North East Foundation School Individual Placement Description

The department	FY2 GU Medicine/Obstetrics & Gynaecology
The type of work to expect and learning opportunities	<p>The post will consist of 9 weeks in GU Medicine (Sexual Health) and 9 weeks in Obstetrics & Gynaecology</p> <p>There are 2 GU Consultants and 1 Infectious Disease Consultant.</p> <p>The F2 will undertake Outpatients within GU Medicine which is a supernumerary post. There are no inpatients. All aspects of GU Medicine and HIV are covered.</p> <p>The Dept. Obstetrics & Gynaecology comprises 11 Consultants and is part of the Women's & Children Business Unit. The Obstetrics & Gynaecology Directorate provides excellent care to all women within South East Essex. The Department has CNST Level 2 for maternity services, a top 25% rating in the Healthcare Commission review for maternity services. The Directorate is the designated Gynaecological Cancer Centre for South Essex and the Kypros Nicolaides Fetal medicine Centre is one of its kind in Essex. Department also provides a wide variety of expertise in gynaecology.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	GU Department and Obstetrics & Gynaecology Department Eastwood Ward (Gynae) / MB1 And MB2 (Labour) / Clinics are based in the Womens Clinic

Clinical Supervisor(s) for the placement Dr M Abubakar (GU Medicine) and Mr K Razvi / Mr S Kalkur (Obstetrics & Gynaecology)

Main duties of the placement The GU Department is heavily supervised. To carry out the day-to-day care of the patients alongside the other members of the team.
To complete discharge summaries, request investigations, reviewing blood results etc.
To attend the foundation teaching each week.

Obstetrics & Gynaecology
The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. The F2 will have opportunity to undertake procedures such as: speculum examination; removal retained products; suturing; assist in C Section; marina coil. There will also be opportunities to attend Theatres. You will see women patients of all ages and Pregnant women. There will be opportunity to undertake audit. The F2 will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances.
This is an unbanded post

Typical working pattern in this placement There is no on call commitment to this post

GU MEDICINE

Monday AM	General Clinic
Monday PM	HIV Clinic
Tuesday AM	General Clinic
Tuesday PM	General Clinic
Wednesday AM	HIV Clinic
Wednesday 1pm	Generic Mandatory F2 Teaching
Wednesday PM	Free Session - Audit/Research
Thursday AM	General Clinic
Thursday 12.30	Medical Grand Round
Thursday PM	Departmental Teaching]
Friday AM	General Clinic
Friday PM	Research/Audit/Free Time

OBSTETRICS & GYNAECOLOGY

Monday AM	Gynae Clinic
Monday PM	Antenatal Clinic
Tuesday AM/PM	Labour Ward Cover
	Ward Work
Wednesday AM 8 - 1	Gynae On Call
Wednesday 1pm	Generic Mandatory F2 Teaching

Wednesday Afternoon	Off
Wednesday PM 5 - 9	Gynae Cover
Thursday AM	Theatre
Thursday 12.30	Medical Grand Round
Thursday PM	Admin
Friday AM	Ward Work
Friday PM	Consultant led Teaching
Saturday & Sunday	None

Employer information The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.

It is important to note that this description is a typical example of your placement and may be subject to change.

North East Thames Foundation School Individual Placement Description

Placement:	F2 community and Inpatient Psychiatry																										
The department:	Old Age Psychiatry.																										
The type of work to expect and learning opportunities:	<p>Ward rounds and patient reviews on two inpatient units, Out-patient clinics at Sydervelt Community Mental Health Team.</p> <p>Learning opportunities: Diagnosis and management of functional and organic mental illness, Psychiatric emergencies, Liaison Psychiatry.</p> <p>Attachment for the day is possible to subspecialties eg Drug/alcohol, Child & Adolescent Services, Older People etc.</p>																										
Where the placement is based:	Beech ward and Maple ward ,Rochford Hospital Sydervelt Community Mental Health Team, Canvey Island																										
Clinical Supervisors for the placement:	Dr. David Tullett and Dr. F Sebastian																										
Main duties of the placement:	Out-patient clinics, ward rounds and patient reviews on Beech ward and Maple ward and participation in the on-call rota.																										
Typical working pattern in this placement	<p>Typical working pattern in this post</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Monday AM</td><td>Ward Reviews</td></tr> <tr><td>Monday PM</td><td>Ward Reviews</td></tr> <tr><td>Tuesday AM</td><td>Outpatient Clinic</td></tr> <tr><td>Tuesday PM</td><td>Outpatient clinic</td></tr> <tr><td>Wednesday AM</td><td>Ward Reviews</td></tr> <tr><td>Wednesday 1pm</td><td>Generic Mandatory F2 Teaching</td></tr> <tr><td>Wednesday PM</td><td>Ward Review</td></tr> <tr><td>Thursday AM</td><td>Academic meeting at Rochford Hospital</td></tr> <tr><td>Thursday 12.30 pm</td><td>Balint Group 12.30-1.30</td></tr> <tr><td>Thursday PM</td><td>Supervision 2-3</td></tr> <tr><td>Friday AM</td><td>Ward Reviews</td></tr> <tr><td>Friday PM</td><td>Ward Reviews</td></tr> <tr><td>Saturday & Sunday</td><td>As per rota</td></tr> </table> <p><i>On call requirements:</i>Participation in the first on-call rota, covering Rochford hospital and A&E at Southend Hospital.</p>	Monday AM	Ward Reviews	Monday PM	Ward Reviews	Tuesday AM	Outpatient Clinic	Tuesday PM	Outpatient clinic	Wednesday AM	Ward Reviews	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Ward Review	Thursday AM	Academic meeting at Rochford Hospital	Thursday 12.30 pm	Balint Group 12.30-1.30	Thursday PM	Supervision 2-3	Friday AM	Ward Reviews	Friday PM	Ward Reviews	Saturday & Sunday	As per rota
Monday AM	Ward Reviews																										
Monday PM	Ward Reviews																										
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Thursday PM	Supervision 2-3																										
Friday AM	Ward Reviews																										
Friday PM	Ward Reviews																										
Saturday & Sunday	As per rota																										
Employer information	The employer for this post is Rochford Hospital. The post will be based in both Rochford and Southend. Hospitals.																										

	The main clinical services at Rochford are: Assessment Suite (inc. Section 136 suite) 2 x 24 beds adult admission wards 1 x 15 beds CAMHS inpatient service 2 x 24 beds older people assessment wards Range of essential clinical and non-clinical facilities.
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North East Thames Foundation School Individual Placement Description

Placement	F2 Paediatrics & Neonates
The department	The Paediatric department comprises of 10 Consultants. All aspects of Childcare are treated.
The type of work to expect and learning opportunities	<p>The post will consist of 2 months undertaking General Paediatrics and 2 months undertaking Neonates. There is a comprehensive departmental induction programme over a 3 day period including neonatal resuscitation. The 35 bed Neptune Ward caters for children with medical, surgical and orthopaedic problems and accepts admissions from A&E, GP's and outpatients. There is a separate 16 cot Neonatal unit incorporating the ICU & SCBU. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Paediatric & Neonatal Wards
Clinical Supervisor(s) for the placement	Dr A Shrivastava / Dr F Awadalla / Dr M Rahman / Dr A Khan / Dr R Chetan
Main duties of the placement	<p>To be part of the daily ward round with the team and deliver daily care.</p> <p>To attend the foundation teaching each week. At the end of the 4 months the F2 doctor should be competent in</p> <ul style="list-style-type: none"> • recognising the sick child, • assessing children in A&E and on the children's ward, • Communicating with children and families. <p>The trainee will have gained experience in resuscitating sick children and neonates, have taken part in paediatric outpatient clinics, followed children through their clinical pathway and developed good relationships within the multidisciplinary team.</p>

Typical working pattern In this placement	Monday am	Consultant Ward Round
	Monday pm	Ward Work
	Tuesday am	Consultant Ward Round
	Tuesday pm	Ward Work
	Wednesday am	Consultant Ward Round
	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday pm	Ward Work
	Thursday am	Consultant Ward Round
	Thursday Lunchtime	Fortnightly Radiology Meeting
	Thursday 2.00pm	Paediatric Teaching / Ward Work
	Thursday 1.30pm to 2.00pm	Equipment Teaching
	Thursday 2.00pm to 3.00pm	Consultant Led Teaching
	Friday 8.30am	Paediatric Grand Round/Teaching
	Friday pm	Paediatric Journal Club & Ward Work
	Friday - 1st Friday of month 1.00pm	Joint Teaching with Basildon Hospital - alternates between Southend and Basildon
	<p>There is a 7 week rolling rota comprising long days / short days and on calls. One week in 7 the F2 is rostered to undertake a clinic week. On Call: 7 nights every 7 weeks Weekends 1:7</p>	
Employer information	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>	

It is important to note that this description is a typical example of your placement and may be subject to change.

North East Thames Foundation School Individual Placement Description

Southend

Placement	F2 Public Health
The department	Public Health Department (with a placement in the local Health Protection Unit)
The type of work to expect and learning opportunities	<p>The work is mainly office based and includes development of skills in literature searching & critical appraisal, needs assessment, policy and report writing and presentation, audits & service evaluation. Tasks will generally involve working across various disciplines, departments and agencies.</p> <p>There are CPD presentation sessions to attend and the trainee is encouraged to present at one of the sessions. There is also regional teaching at Addenbrooke's once a month which includes lectures and again trainees present their projects to each other.</p> <p>Throughout the attachment there are opportunities to shadow consultants and attend meetings for your own interest and education.</p>
Where the placement is based	Civic Centre, Victoria Avenue , Southend on Sea, Essex
Clinical Supervisor	<p>Dr Andrea Atherton – Director of Public Health</p> <p>Trainees will also be supported and supervised by SpRs.</p>
Main duties of the placement	<p>The purpose of the post is to acquire experience in public health and gain an understanding of the speciality, whilst at the same time acquiring competency in those areas outlined in the foundation programme. The trainee will work with his/her Clinical Supervisor to identify training needs and objectives. These will be determined in relation to the competencies in the foundation programme and any particular interests of the trainee. Trainees will be offered opportunities across 3 core areas: health improvement, health protection, and healthcare PH and will be offered experiences from a menu of opportunities including:</p> <ul style="list-style-type: none"> • Time in a health protection unit / incident planning or exercise / time with PHE team (screening & immunisation) • Training/time with health improvement services • Audit or service evaluation or serious incident investigation/root cause analysis • Individual funding requests or production of low priority procedure policies • Teaching <p>F2s will shadow/work with a range of professionals engaged in the various aspects of public health including the Director of Public Health, Consultants in Public Health, Consultants in Communicable Disease Control, Health Information Analysts, and Health Improvement Specialists.</p>

	F2s should aim to finish the placement with an understanding of the role of public health in local authorities and how public health has an impact on the health of populations and the delivery of health care services. They will also develop a good understanding of Clinical Commissioning Groups (CCG) and how Public Health Colleagues support the CCGs.
Typical working patterns	Mon - Fri 9am – 5pm Office-based No on-call commitments

Placement	Neurology/Stroke FY2 – with community attachment.					
The department	<p>The department has 4 Consultant Neurologists (Drs Everett, Coward, Gallagher and Cheesman) and 3 Stroke Physicians (Drs Guyler, Alam and Sinha). There is a Neurology Registrar and 2 Stroke Registrars as well as numerous clinical fellow/middle grade doctors in stroke. All consultants undertake several outpatient clinics a week and regularly have inpatients. The department provides Neurology and Stroke advice to other teams. There are close links with Queens Neurosurgical unit and the Royal London Hospital as well as the community stroke team, early supported discharge team and the intermediate care facility at Cumberledge Lodge (CICC) in Southend. There are also links with clinical psychology within the hospital and in the community.</p>					
The type of work to expect and learning opportunities	<p>The post holder will be based on Paglesham neurorehabilitation ward at Southend hospital and with their colleagues, will be expected to deliver the daily medical care of all the patients on their ward. The role will be community facing with excellent MDT experience in the form of daily meetings with the community early supported discharge team to discuss patients who are ready to be discharged with ongoing rehab needs.</p> <p>There will also be weekly MDTs which the community stroke team attend and opportunities to work with the hospital and community based psychology teams.</p> <p>The post will enable the FY2 trainee to develop their knowledge of stroke and other neurological long term conditions and understand the rehabilitation process. It will also provide an opportunity to follow the patient pathway from the acute setting back to their place of discharge.</p> <p>The neurorehabilitation pathway is currently being redesigned and the best model of care is still to be decided. In the future there may be further opportunities for the trainee to gain community experience in follow up clinics and intermediate care ward rounds provided there is adequate Consultant supervision.</p>					
Where the placement is based	Paglesham ward Southend hospital					
Clinical Supervisor(s) for the placement	Dr Coward, Dr Everett, Dr Cheesman, Dr Gallagher, Dr Guyler, Dr Sinha, Dr Alam					
Main duties of the placement	Daily ward rounds and maintaining an accurate medical record every day. Seeing new referrals to neurology with consultants. Presenting patients at MDM and radiology meetings. Liaising with the early supported discharge team on a daily basis to discuss patients who are soon to be discharged and being involved in rehabilitation goal setting.					
Typical working pattern in this placement	<table border="1"> <tr> <td>Monday AM</td> <td>Stroke Handover, Consultant Ward Round, ESD meeting</td> </tr> <tr> <td>Monday PM</td> <td>Consultant Ward Round</td> </tr> </table>		Monday AM	Stroke Handover, Consultant Ward Round, ESD meeting	Monday PM	Consultant Ward Round
Monday AM	Stroke Handover, Consultant Ward Round, ESD meeting					
Monday PM	Consultant Ward Round					

	Tuesday AM	Radiology Meeting SHO/SpR Ward Round, ESD meeting
	Tuesday PM	Consultant Ward Rounds
	Wednesday AM	MDM with community stroke team
	Wednesday PM	Teaching
	Thursday AM	FY2 Ward Round, ESD meeting
	Thursday 12.30 pm	Medical Grand Round
	Thursday PM	Ward Duties +/- community clinic/ward round (if consultant available)
	Friday AM	Consultant Ward Rounds, ESD meeting
	Friday PM	Consultant Ward Rounds
	Saturday & Sunday	On Call duties as per rota
Employer information	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.	

It is important to note that this description is a typical example of your placement and may be subject to change.

North East Thames Foundation School Individual Placement Description

Placement	F2 – General Surgery
The department	The Surgical department consists of 12 Consultants specialising in Vascular; Colorectal; Gastrointestinal; Breast; Laparoscopic; Upper GI problems. The Department provides comprehensive care for elective and emergency, general and specialist surgery. There are three general surgical wards, as well as a 24 bedded 23-hour ward. There is a 43-bedded Day Stay Ward adjacent to the three dedicated Day Stay Theatres. There are ten in-patient Operating Theatres located on the first floor of the hospital. The Department has a Surgical Assessment Unit (Chalkwell ward) which also incorporates 12 beds/trolleys, for its emergency referrals.
The type of work to expect and learning opportunities	<p>All duties of a FY2 doctor:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Southend University Hospital
Clinical Supervisor(s) for the placement	Miss Gray / Mr Sturt / Mr Jakeways / Mr Dworkin / Mr Praveen / Mr Wright.
Main duties of the placement	<p>To be part of the daily ward round with the team and deliver daily care.</p> <p>To carry out the day-to-day care of the patients alongside the other members of the team.</p> <p>To complete discharge summaries, request investigations, reviewing blood results etc.</p> <p>To assess acutely unwell patients in SAU.</p> <p>To assess acutely sick patients.</p> <p>Perioperative care.</p> <p>Assessment of patients in OPD.</p>

To attend the foundation teaching each week.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions

Monday AM	Consultant/Reg Led Ward Round
Monday PM	Ward Work / Clinic (actual day varies)
Tuesday AM	Consultant/Reg Led Ward Round
Tuesday PM	Ward Work / Clinic (actual day varies)
Wednesday AM	Consultant/Reg Led Ward Round
Wednesday 1-2 pm	Generic Mandatory F2 Teaching
Wednesday PM	Ward Work
Thursday AM	Consultant/Reg Led Ward Round
Thursday 12.30	Medical Grand Round
Thursday PM	Ward Work / half day(actual day varies)
Friday AM	Consultant/Reg Led Ward Round
Friday PM	Ward Work

Attendance at theatres averages out at approximately 3 half day per week.

Attendance at 2 half day clinics during week.

There will be a post on call Ward Round when on SAU and when your team on surgeon of the week.

On call requirements: 1:9 Week of Nights with a week off after.

1:9 SAU week (Mon – Thurs. 8am to 9pm and Friday off).

Employer information

The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.

It is important to note that this description is a typical example of your placement and may be subject to change.

North East Thames Foundation School Individual Placement Description

Placement	F2 Surgical High Dependency Unit (HDU)
The department	The 6 bedded surgical HDU is designed to provide care for all surgical patients requiring level 2 care (advanced monitoring, NIV/CPAP, 1:2 nursing care) The department works closely with Critical Care and Outreach service, but the responsibility for the care lies with individual surgical teams who's patients are admitted to HDU. Physiotherapists, dietician/nutritionist, clinical pharmacist and microbiologists are part of the multidisciplinary team caring for the patients.
The type of work to expect and learning opportunities	<p>The F2 on this placement will be responsible for day to day care for all HDU patients with senior input from surgical teams supported by outreach service and critical care SpR or Consultant. He/she will have the opportunity to take part in Intensive Care ward rounds and teaching activities as well as gain the skills for managing HDU/ITU patient in terms of advanced (including invasive) monitoring and basic principles and practice of the organ support</p> <p>The F2 year is to provide the trainee with the knowledge, skills and attitudes to be able to :</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	HDU, Southend University Hospital
Clinical Supervisor(s) for the placement	Mr J Sturt
Main duties of the placement	The F2 is a part of the surgical team looking after individual patients in HDU. Responsibilities include clerking and keeping updated medical records about patients' care, instituting diagnostic plans and management decisions made by senior members of the team and maintaining clear and complete prescription charts (including fluid therapy and nutritional support). Dealing with major or more complex issues of the patient's care (including discussions with patient's relatives) is expected to be done with the support

	and supervision of senior surgical colleagues.	
Typical working pattern in this placement	Monday AM	Daily Surgical Round/ITU Consultant Ward Round
	Monday PM	Ward Work
	Tuesday AM	Daily Surgical Round/ITU Consultant Ward Round
	Tuesday PM	Ward Work
	Wednesday AM	Daily Surgical Round
	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday PM	Ward Work
	Thursday AM	Daily Surgical Ward Round
	Thursday 12.30	Medical Grand Round
	Thursday PM	Ward Work
	Friday AM	Daily Surgical Ward Round/ITU Consultant Ward Round
	Friday PM	Ward Work & Journal Club
	<i>On call requirements: None</i>	
	Employer information	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.

It is important to note that this description is a typical example of your placement and may be subject to change.

North East Thames Foundation School Individual Placement Description

Placement	F2 Trauma and Orthopaedics
The department	<p>The department comprises 15 Consultants and 2 Associate Specialists. For junior doctors there is a rolling rota system in place which exposes trainees to different parts of the department on a weekly basis, emphasizing continuity of care and patient safety which allows ample educational opportunities. Junior doctors are assigned to team groups within the unit to allow greater departmental integration in the face of EWTD restrictions. Great effort has been made to ensure adequate senior support and a positive learning environment.</p> <p>The department serves a catchment area of 300000.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the normal working day and expected to deliver on going care to the patients on the wards. The F2 will also assist in theatre and gain experience in OPD clerking and assessing patients</p> <p>The overall objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients , relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with legal and ethical issues which occur during the management of patients with orthopaedic problems • Educate patients effectively • Become life long learners and teachers.
Where the placement is based	Shopland, Castlepoint and Southbourne Wards, Southend University Hospital.
Clinical Supervisor(s) for the placement	Consultants and Associate Specialists within the department.
Main duties of the placement	<p>The F2 doctor is responsible with other members of the team for the in-patient care of patients and maintenance of the medical records. They will have the opportunity to observe and assist in out-patients, operating theatres and ward based environments. Development of practical and clinical skills form part of this process at an appropriate level for each trainee as relevant to their future career intentions.</p> <p>The F2 is expected to attend handover, the daily trauma meeting and weekly structured teaching programmes provided by the department and hospital. The importance of communication, record keeping and handover as essential parts of good medical practice are emphasized throughout the post.</p>
Typical working pattern in	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <p>Daily Trauma meeting 08.00 am</p>

this placement

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Trauma	Trauma	Trauma	Trauma	Trauma – pm off		
Week 2	Castlepoint	Castlepoint	Castlepoint	Castlepoint	Castlepoint		
Week 3	NWD	NWD	NWD	Half Day	NWD		
Week 4	Shopland	Shopland	Shopland	Shopland	Shopland		
Week 5	NWD	Half Day	NWD	NWD	NWD		
Week 6	Late	Late	Late	Late	Half Day		
Week 7	Half Day	Half Day	Half Day	Half Day	Night	Night	Night
Week 8	Night	Night	Night	Night	Off		
Week 9	Off	Off	Off	Off	Trauma – Late	Trauma – Late	Trauma – Late

Trauma	8 am – 6 pm	Trauma meeting in morning – trauma ward round – reviewing patient and doing jobs - joining in trauma theatre in the afternoon
Castlepoint	8 am – 4:30 pm	Trauma meeting - Responsible for day to day review of own patients and patient on castle point (Trauma admissions) that the SHO of team is away
Shopland		Trauma meeting - Responsible for day to day review of own patients and patient on Shopland (Elective) point that the SHO of team is away
NWD	8 am – 6 pm	Start with trauma meeting – reviewing own patients variation of elective clinics – elective theatre two session a day
Half Day	8 am - 1 pm / 1 - 6 pm	Start with trauma meeting – reviewing own patients variation of elective clinics – elective theatre Only for one session
Late	8 am – 8:30 pm	Starts with trauma meeting – reviewing own patients A&E review and admissions – GP referrals – Trauma clinic Admission – ward referrals
Night	8 pm – 9 am	Covering for A&E review and admissions – GP referrals – ward referrals in night time only
Off	Off	OFF
Trauma – Late	8 am – 8:30 pm	Weekend cover for reviewing patients and covering for new admissions

Employer information

The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.

It is important to note that this description is a typical example of your placement and may be subject to change.

North East Thames Foundation School Individual Placement Description

Placement	F2 Urology
The department	The Urology department consists of 7 Consultants. All aspects of urological problems are treated. In addition Southend Hospital is a regional cancer centre and has interests in urinary tract calculi and laser prostate surgery. The post is very well supported by dedicated ward staff.
The type of work to expect and learning opportunities	<p>All duties of a foundation year two doctor:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. <p>On the acute block the FY2 doctors are expected to clerk new patients – history, examination, basic investigations. To assess sick patients on the general surgical wards during on-call weekends and nights.</p> <p>Also to see ward referrals and attend day surgery, main theatre and outpatients as clinical duties allow.</p>
Where the placement is based	Edmund Stone Ward, Southend University Hospital.
Clinical Supervisor(s) for the placement	Professor A Young
Main duties of the placement	<p>To be part of the daily ward round with the team and deliver daily care.</p> <p>To carry out the day-to-day care of the patients alongside the other members of the team.</p> <p>To complete discharge summaries, request investigations, reviewing blood results etc.</p> <p>To attend the foundation teaching each week.</p> <p>To see ward referrals and attend day surgery, main theatre and outpatients as clinical duties allow.</p> <p>To contribute to departmental audit and presentations at monthly Morbidity and Mortality meetings.</p>

Typical working pattern in this placement	Monday AM	Consultant Led Ward Round
	Monday PM	Ward Work
	Tuesday AM	Consultant Led Ward Round
	Tuesday PM	Ward Work
	Wednesday AM	Consultant Led Ward Round
	Wednesday 1pm	Generic Mandatory F2 Teaching
	Wednesday PM	Ward Work
	Thursday AM	Consultant Led Ward Round
	Thursday 12.30	Medical Grand Round
	Thursday PM	Ward Work
	Friday AM	Consultant Led Ward Round
	Friday Lunchtime	Consultant Led Teaching
	Friday PM	Journal Club & Ward Work
	<p>Theatre Opportunities: Monday / Thursday / Friday. All day lists. Consultant Ward Rounds daily – varying times.</p> <p><i>On call requirements:</i> Weekend 0800-2030 1 in 5 Nights: 2030 – 0800 for 7 nights 1 in 5 (with week off after) SAU (for general surgery/urology) 0800-2030 for 1 week 1 in 5</p>	
Employer information	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.	

It is important to note that this description is a typical example of your placement and may be subject to change.