

## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Cardiology
<b>The department</b>	The Department Cardiology comprises of 6 Consultants most of whom work jointly with Basildon Cardiothoracic Centre.. Interests include Coronary Stenting, Non Invasive Diagnosis of Cardiac Diseases & Cardiac Imaging. The Department serves a local population estimated at 338,800. There is an 11-bed Coronary Care Unit with daily ward rounds by the cardiologists (including weekends). There are approximately 500 acute admissions to CCU each year.
<b>The type of work to expect and learning opportunities</b>	<p>All F1 doctors in hospital posts will be ward based during the normal working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. There will be a four week AMU posting during which time the F1 will be involved in the generic clerking of patients with acute and differentiated medical problems and their care whilst in AMU. In this way the F1 gains experience in both cardiology as well as acute medicine. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Gordon Hopkins Ward, Southend University Hospital.
<b>Clinical Supervisor(s) for the placement</b>	Dr A Khokhar
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. To conduct ward round on a daily basis starting at 8am in CCU along with the consultant in charge The doctors will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances. The F1 will take part in the Acute Medical rota.
<b>Typical working pattern in this placement</b>	The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The

	<p>F1 will work 2 weekends in every 22. Nights are incorporated into the AMU Block.</p> <p>Typical working pattern in this post:</p> <table border="1" data-bbox="587 360 1268 1003"> <tr> <td>Monday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Monday PM</td> <td>Education Meeting</td> </tr> <tr> <td>Tuesday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Tuesday 1pm</td> <td>Generic Mandatory F1 Teaching</td> </tr> <tr> <td>Tuesday PM</td> <td>Cardiology Ward Round</td> </tr> <tr> <td>Wednesday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Wednesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Thursday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Cardiology Ward Round</td> </tr> <tr> <td>Friday AM</td> <td>CCU Ward Round</td> </tr> <tr> <td>Friday PM</td> <td>Cardioversions &amp; Journal Club</td> </tr> <tr> <td>Saturday &amp; Sunday</td> <td>On Call duties as per rota</td> </tr> </table>	Monday AM	CCU Ward Round	Monday PM	Education Meeting	Tuesday AM	CCU Ward Round	Tuesday 1pm	Generic Mandatory F1 Teaching	Tuesday PM	Cardiology Ward Round	Wednesday AM	CCU Ward Round	Wednesday PM	Ward Work	Thursday AM	CCU Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Cardiology Ward Round	Friday AM	CCU Ward Round	Friday PM	Cardioversions & Journal Club	Saturday & Sunday	On Call duties as per rota
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<p><b>Employer information</b></p>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>																										

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Oncology / Palliative Medicine
<b>The department</b>	The department comprises of 10 Oncologists and 2 Palliative Care Consultants. All subspecialties within Oncology are represented. There is an Acute Oncology Service (AOS) for emergency admissions.
<b>The type of work to expect and learning opportunities</b>	<p>This is a varied post which entails caring for patients on active treatment (chemotherapy and radiotherapy) as well as those admitted with the complications of these oncological treatments. By the end of the post, the F1 will have gained confidence in managing an acutely unwell patient and be proficient in the management of oncological emergencies. There is also ample opportunity for gaining experience in practical procedures such as paracentesis and pleural aspiration. During the post, the F1 will learn to appreciate the complex treatment decisions involved in caring for patients with advanced cancer. Those F1s assigned to the Palliative Care team will care for patients admitted for symptom control as well as end of life care. Most of our F1s participate in a departmental audit and are also encouraged to attend clinic, if possible. There is weekly departmental teaching in addition to hospital wide F1 teaching.</p> <p>There will be a four week posting during which time the F1 will be involved in the clerking of patients with acute general medical problems on the Acute Medical Unit (AMU). In this way, the F1 gains experience in both Oncology as well as acute medicine.</p>
<b>Where the placement is based</b>	Elizabeth Loury & Bedwell Ward, Southend University Hospital.
<b>Educational Supervisors:</b>	Dr D Tsang /Dr O Chan /Dr M Khaira /Dr G Sioftanos /Dr I Ahmed.
<b>Clinical Supervisors:</b>	Dr K Gretton /Dr R Foo /Dr H Algurafi /Dr G Dancey /Dr K Madhavan /Dr D Tsang /Dr I Ahmed
<b>Main duties of the placement</b>	The F1 is responsible with other staff for the care of inpatients. Duties include participating in ward rounds, ordering investigations and admitting patients for chemotherapy or radiotherapy. As well as assessing patients and formulating a management plan, with senior support. The F1 will take part in the Acute Medical rota.
<b>Typical working pattern in this placement</b>	The Department of Medicine operates a Ward Based System. The day shifts are typically 9-5, however, the 4 week AMU Block day shifts change weekly: 1 <sup>st</sup> week AMU early 08:00 – 18:00, 2 <sup>nd</sup> week AMU Late 13.30 - 21.30 or Tower/AMU at weekend 09:00 – 21:30, 3 <sup>rd</sup> week

	<p>AMU 09:00 – 21:30 and then nights 21:00 – 09:30.</p> <p>The F1 will be attached to 1 of 2 teams and be supported by a CT2/GP trainee/staff grade as well as registrar and consultant staff.</p>
<p><b>Employer information</b></p>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Diabetes and Endocrinology/Infectious Diseases
<b>The department</b>	The Dept. comprises of 3 Consultant Endocrinologists and 1 Consultant in Infectious Disease. There are interests in thyroid disease, pituitary tumors, adolescent and antenatal diabetes and renal diabetes. All endocrine and diabetic pathology is represented. There is an endocrine day unit where investigations such as insulin tolerance tests may be carried out. There are close links with St Bartholomew's Endocrine Unit. There is opportunity for audit and presentation at local and national meetings.
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. The F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers</li> </ul>
<b>Where the placement is based</b>	Westcliff Ward, Southend University Hospital.
<b>Clinical Supervisor(s) for the placement</b>	Dr J Ahlquist, Dr K Metcalfe, Dr A Siddiqi and Dr J Day
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. The F1 will conduct ward rounds on a daily basis with the consultant in charge. The doctors will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate

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<b>Employer information</b>	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.																												

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Gastroenterology
<b>The department</b>	The Dept. Gastroenterology comprises 4/5 Consultants. There are 24 acute beds in General Medicine and Gastroenterology.
<b>The type of work to expect and learning opportunities</b>	<p>All F1 doctors in hospital posts will be ward based during the normal working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. All Gastroenterology diseases are represented e.g. liver failure, GI bleeds, inflammatory bowel disease as well as patients with unselected acute medical problems. There is opportunity for Gastroenterology procedures such as ascitic drains. Interested trainees will be able to arrange exposure to gastroscopies and colonoscopies.</p> <p>There will be a four week AMU posting during which time the F1 will be involved in the generic clerking of patients with acute medical problems and care whilst in AMU. In this way the F1 gains experience in both Gastroenterology as well as acute medicine. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	E. Hobbs, Southend University Hospital.

**Clinical Supervisor(s) for the placement** Dr G Bray

**Main duties of the placement**

The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. To conduct ward rounds on a daily basis. The doctors will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances. The F1 will take part in the Acute Medical rota.

**Typical working pattern in this placement**

The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F1 will work 2 weekends in every 22. Nights are incorporated into the AMU Block.

Typical working pattern in this post (e.g.)

Monday AM	Consultant Ward Round
Monday PM	Ward Work
Tuesday AM	New Patient Ward Round
Tuesday 1pm	Generic Mandatory F1 Teaching
Tuesday PM	Ward Work
Wednesday AM	New Patient Ward Round Gastro MDT Optional (8am)
Wednesday PM	Ward Work
Thursday AM	Consultant Ward Round
Thursday 12.30 pm	Medical Grand Round
Thursday PM	Ward Work
Friday AM	New Patient Ward Round
Friday PM	Journal Club & Ward Work
Saturday & Sunday	As per Rota

**Employer information**

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Adult Psychiatry
<b>Department</b>	The department is part of the South Essex Partnership NHS Trust and is based at the Community Mental Health Team, Rochford Hospital, Rochford. The catchment area for this post is around Southend East and Central area covering population of around 50,000. The trainee will be based at Ashingdon Hub at Rochford Hospital where the Consultant Psychiatrists have their office and will conduct the outpatients at Taylor Centre, Warrior House Health Centre at Southend on Sea.
<b>The type of work to expect and learning opportunities</b>	<p>The post is Community based. They will be attached to a Consultant who will be their Clinical supervisor. The trainee will always have access to direct supervision in their work by senior doctors. This includes a ST4 to 6 Psychiatric trainee. They will also receive dedicated one hour of individual supervision with their Consultant. The team works under the “New ways of Working”.</p> <p>The post aims to provide trainees with exposure and experience to Outpatient clinics, both scheduled and Drop-in/ emergency clinic every week, participation in MDT meetings, attend the inpatient MDT meeting on Cedar Ward every alternate Wednesday morning, reviewing Community Assessment Service work, and conduct domiciliary visits when required.</p> <p>The trainee attends weekly academic postgraduate teaching programme and regular Balint Group after the academic teaching. They would be encouraged to undergo Work based place assessments as per the training requirement. They would also have opportunity to participate in audits and local projects. A senior trainee in the same post is also available to provide supervision for this work. The trainee is expected to keep up with his training requirements which include mandatory trainings, updating clinical skills and requirements of the Foundation School.</p> <p>Other services that one could gain experience from include Adult and Older age in-patient units, Crisis Resolution and Home Treatment Team, the Assertive Outreach Services, Drug and Alcohol services, Psychology and Psychotherapy services. During the placement the doctor will learn about the following:</p> <ul style="list-style-type: none"> <li>• Taking a psychiatric history and performing a Mental state examination</li> <li>• Formulating management plans</li> <li>• Management of psychiatric emergencies and Rapid Tranquilization</li> <li>• Prescribe psychotropic medication safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Work within a Multi-disciplinary team</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> </ul>

	<ul style="list-style-type: none"> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with psychiatric problems</li> <li>• Educate patients effectively</li> </ul>																		
<b>Where the placement is based</b>	Community Mental Health Team, Rochford Hospital, Rochford																		
<b>Clinical Supervisor for the placement</b>	Dr Abu Abraham, Consultant Psychiatrist and Clinical Tutor																		
<b>Main duties of the placement</b>	<p>The Foundation doctor is responsible with other staff, for the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatient clinics for at least one session each week. They are expected to attend the structured teaching programmes provided for the psychiatric trainees. They will communicate appropriately and effectively with patients, relatives and colleagues</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>																		
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<b>Employer information</b>	<p>South Essex Partnership Trust is one of the leading providers of mental health services in the country. It provides services in Essex, Bedfordshire and Luton. It has services for most of the subspecialties in psychiatry, including medium secure forensic and CAMHS inpatient services. The Trust HQ is based at the Lodge, Runwell. The web address for the Trust is <a href="http://www.sept.nhs.uk">www.sept.nhs.uk</a>.</p>																		

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 – General Surgery							
<b>The department</b>	The Surgical department consists of 12 Consultants specialising in Vascular; Colorectal; Gastrointestinal; Breast;Laparoscopic;Upper GI problems. The Department provides comprehensive care for elective and emergency, general and specialist surgery. There are three general surgical wards, as well as a 24 bedded 23-hour ward. There is a 43-bedded Day Stay Ward adjacent to the three dedicated Day Stay Theatres. There are ten in-patient Operating Theatres located on the first floor of the hospital. The Department has a Surgical Assessment Unit (Chalkwell ward) which also incorporates 12 beds/trolleys, for its emergency referrals.							
<b>The type of work to expect and learning opportunities</b>	<p>All duties of a FY1 doctor:</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>							
<b>Where the placement is based</b>	Southend University Hospital							
<b>Clinical Supervisor(s) for the placement</b>	Mr Dworkin / Mr Praveen / Miss Fine / Mr Jakeways / Mr Buhain / Miss Gray / Mr Sturt / Mr Wright							
<b>Main duties of the placement</b>	<p>To be part of the daily ward round with the team and deliver daily care.</p> <p>To carry out the day-to-day care of the patients alongside the other members of the team.</p> <p>To complete discharge summaries, request investigations, reviewing blood results etc.</p> <p>To attend the foundation teaching each week.</p>							
<b>Typical working pattern in this placement</b>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">Monday AM</td> <td style="width: 33%;">Consultant/Reg Led Ward Round</td> <td style="width: 33%;"></td> </tr> <tr> <td>Monday PM</td> <td>Ward Work / Theatres</td> <td></td> </tr> </table>		Monday AM	Consultant/Reg Led Ward Round		Monday PM	Ward Work / Theatres	
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	Tuesday PM	Ward Work /Theatres
	Wednesday AM	Consultant/Reg Led Ward Round
	Wednesday PM	Ward Work / Theatres
	Thursday AM	MDT / Consultant/Reg Led Ward Round
	Thursday 12.30	Medical Grand Round
	Thursday PM	Ward Work /Theatres
	Friday AM	Consultant/Reg Led Ward Round
	Friday PM	Ward Work /Theatres
	<p>Attendance at theatres averages out at approximately 3 times week depending on level of ward work.</p> <p>1:16 week of Nights with week off after  1:5 weekends (approx 3 over 4 month period)  1:16 Shifts - 11-9 Monday to Friday  Long Shifts 8 – 9  12 x half days off during 16 week rota.</p>	
<b>Employer information</b>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>	

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Medicine for Elderly.
<b>The department</b>	The Dept. of Elderly Care comprises 7 (currently 5 permanent and 2 locum) Consultant Geriatricians of whom 2 do acute General Medicine on-call, and 1 Associate Specialist. There are interests in Orthogeriatrics, memory, movement disorders and falls, including tilt table testing. All geriatrics subspecialities are represented and the department is a dynamic unit with enthusiastic consultant supervision.
<b>The type of work to expect and learning opportunities</b>	<p>It is anticipated that the trainee will gain experience in management of confusion, delirium, falls (geriatric giants) as well as acute general medicine. All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the "BAMS" – Bedwell acute medicine service) attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers</li> </ul>
<b>Where the placement is based</b>	There are 3 acute geriatric wards: Windsor, Princess Anne wards and OPAS "older persons acute services" encompassing the Day Assessment Unit, Southend University Hospital.
<b>Clinical Supervisor(s) for the placement</b>	Dr I Liakas and Dr N Ballah All consultants undertake clinical supervision
<b>Main duties of the</b>	The F1 doctor is responsible with other staff for the

<p><b>placement</b></p>	<p>ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The overriding goal is that we aim to give all our trainees a good grounding in the principles of geriatric medicine including exposure to the "geriatric giants" and the concept of frailty, how to assess and manage patients with complex comorbidities, working as part of a multi professional team and learning to understand and value the role of all members of the team, discharge planning and how to ensure safe discharge from hospital with good communication to community services including GP, understanding of advance care planning, discussion of resuscitation status / factors to consider when completing a treatment escalation plan and the importance of clear communication with patients and their families. There would also be opportunity to attend general medical, specialist memory and falls clinics including tilt table testing.</p>																														
<p><b>Typical working pattern in this placement</b></p>	<p>The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F1 will work 3 weekends in every 25. Nights shifts according to wider rota as below.</p> <p>Typical working pattern in this post:</p> <p>Daily meeting as department 09:00, Windsor ward</p> <table border="1" data-bbox="671 1435 1353 2024"> <tr> <td>Monday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Monday 1pm</td> <td>DME MDT</td> </tr> <tr> <td>Monday PM</td> <td>Ward Work</td> </tr> <tr> <td>Tuesday AM</td> <td>Registrar Ward Round</td> </tr> <tr> <td>Tuesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Wednesday AM</td> <td>Ward Work</td> </tr> <tr> <td>Wednesday 1pm</td> <td>Generic Mandatory F2 Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Thursday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Ward Work</td> </tr> <tr> <td>Friday AM</td> <td>Ward Work</td> </tr> <tr> <td>Friday 12.00</td> <td>X-Ray Meeting</td> </tr> <tr> <td>Friday PM</td> <td>Journal Club/Ward Cover</td> </tr> <tr> <td>Saturday &amp; Sunday</td> <td>As per rota</td> </tr> </table>	Monday AM	Consultant Ward Round	Monday 1pm	DME MDT	Monday PM	Ward Work	Tuesday AM	Registrar Ward Round	Tuesday PM	Ward Work	Wednesday AM	Ward Work	Wednesday 1pm	Generic Mandatory F2 Teaching	Wednesday PM	Ward Work	Thursday AM	Consultant Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Ward Work	Friday AM	Ward Work	Friday 12.00	X-Ray Meeting	Friday PM	Journal Club/Ward Cover	Saturday & Sunday	As per rota
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<p><b>Employer information</b></p>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be</p>																														

	based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.
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It is important to note that this description is a typical example of your placement and may be subject to change.

## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Neurology/Stroke
<b>The department</b>	The department has 4 Consultant Neurologists (Drs Everett, Coward, Gallagher and Cheesman) and 3 Stroke Physicians (Drs Guyler, O'Brien and Sinha). There is a Neurology Registrar and several Stroke Registrars. All consultants undertake several outpatient clinics a week and regularly have inpatients. The department provides Neurology and Stroke advice to other teams. There are close links with Queens Neurosurgical unit and the Royal London Hospital.
<b>The type of work to expect and learning opportunities</b>	<p>All F1 doctors will be ward based working on Neurorehabilitation ward with opportunity to spend time on the Acute Stroke Unit. During the normal working day the F1 will be expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Excellent MDT experience will be gained. There will be a four week AMU posting during which time the F1 will be involved in the generic clerking of patients with acute and differentiated medical problems and their care whilst in AMU. In this way the F1 gains experience in both Neurology/Stroke as well as acute medicine. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Paglesham and Benfleet wards, Southend University Hospital.
<b>Clinical Supervisor(s) for the placement</b>	Dr Coward, Dr Everett, Dr Cheesman, Dr Gallagher, Dr Guyler, Dr Sinha, Dr O'Brien
<b>Main duties of the placement</b>	Daily ward rounds and maintaining an accurate medical record every day. Seeing new referrals to neurology with consultants. Presenting patients at MDM and radiology meetings.
<b>Typical working pattern in this placement</b>	The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F1 will work 2 weekends in every 22. Nights are incorporated into the AMU Block.



	<p>Typical working pattern in this post:</p> <table border="1" data-bbox="587 293 1267 1014"> <tr> <td>Monday AM</td> <td>Stroke Handover, Consultant Ward Round</td> </tr> <tr> <td>Monday PM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Tuesday AM</td> <td>Radiology Meeting SHO/SpR Ward Round</td> </tr> <tr> <td>Tuesday 1pm</td> <td>Generic Mandatory F1 Teaching</td> </tr> <tr> <td>Tuesday PM</td> <td>Consultant Ward Rounds</td> </tr> <tr> <td>Wednesday AM</td> <td>MDM</td> </tr> <tr> <td>Wednesday PM</td> <td>Teaching</td> </tr> <tr> <td>Thursday AM</td> <td>SHO Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Ward Duties</td> </tr> <tr> <td>Friday AM</td> <td>Consultant Ward Rounds</td> </tr> <tr> <td>Friday PM</td> <td>Consultant Ward Rounds</td> </tr> <tr> <td>Saturday &amp; Sunday</td> <td>On Call duties as per rota</td> </tr> </table>	Monday AM	Stroke Handover, Consultant Ward Round	Monday PM	Consultant Ward Round	Tuesday AM	Radiology Meeting SHO/SpR Ward Round	Tuesday 1pm	Generic Mandatory F1 Teaching	Tuesday PM	Consultant Ward Rounds	Wednesday AM	MDM	Wednesday PM	Teaching	Thursday AM	SHO Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Ward Duties	Friday AM	Consultant Ward Rounds	Friday PM	Consultant Ward Rounds	Saturday & Sunday	On Call duties as per rota
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<p><b>Employer information</b></p>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>																										

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 – Nephrology
<b>The department</b>	The 'renal' firm comprises 4 consultants, 2 of whom supervise the wards at any one time. The Department serves a Local Population estimated at 330,000. The renal unit has 28 chronic haemodialysis stations. Outpatients are seen in the Renal Unit, main outpatients and the Diabetes Centre. There are general medical and nephrology outpatients, specialist clinics which include transplant, low clearance, dialysis and a combined diabetic renal clinic. Both acute and chronic renal failure is managed at Southend. All aspects of renal care are performed at Southend apart from transplantation which is performed mostly at the Royal London.
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Nephrology attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> <p>The F1 doctors will have an excellent opportunity to see and manage a variety of general medical cases and gain initial experience, with careful supervision, in the management of acute kidney injury and complications of chronic renal failure. Opportunity exists to attend a dedicated teaching and assessment clinic.</p>
<b>Where the placement is based</b>	Blenheim Ward, Southend University Hospital.
<b>Clinical Supervisor(s) for the placement</b>	Dr S Kumar / Dr M Almond / Dr P Harnett / Dr F Moro-Azuela.
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical records. The F1 will conduct ward rounds on a daily basis with the consultant

	in charge. The doctors will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances. The F1 will take part in the Acute Medical rota.																														
<b>Typical working pattern in this placement</b>	<p>The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F1 will work 2 weekends in every 22. Nights are incorporated into the AMU Block.</p> <p>Typical working pattern in this post:</p> <table border="1"> <tr> <td>Monday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Monday 9am</td> <td>Renal MDT</td> </tr> <tr> <td>Monday PM</td> <td>Consultant Ward Round / possible pre-admission clerking for patients requiring vascular access for dialysis.</td> </tr> <tr> <td>Tuesday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Tuesday 1pm</td> <td>Generic Mandatory F1 Teaching</td> </tr> <tr> <td>Tuesday PM</td> <td>Possible pre-admission clerking for patients requiring vascular access for dialysis.</td> </tr> <tr> <td>Wednesday AM</td> <td>Ward Round</td> </tr> <tr> <td>Wednesday 2pm</td> <td>MDT</td> </tr> <tr> <td>Wednesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Thursday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>Ward Work</td> </tr> <tr> <td>Friday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Friday PM</td> <td>Journal Club/Possible Pre-admission clerking for patients requiring vascular access for dialysis</td> </tr> <tr> <td>Saturday &amp; Sunday</td> <td>As per Rota</td> </tr> </table> <p><i>On call requirements: As per rota</i></p>	Monday AM	Consultant Ward Round	Monday 9am	Renal MDT	Monday PM	Consultant Ward Round / possible pre-admission clerking for patients requiring vascular access for dialysis.	Tuesday AM	Consultant Ward Round	Tuesday 1pm	Generic Mandatory F1 Teaching	Tuesday PM	Possible pre-admission clerking for patients requiring vascular access for dialysis.	Wednesday AM	Ward Round	Wednesday 2pm	MDT	Wednesday PM	Ward Work	Thursday AM	Consultant Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	Ward Work	Friday AM	Consultant Ward Round	Friday PM	Journal Club/Possible Pre-admission clerking for patients requiring vascular access for dialysis	Saturday & Sunday	As per Rota
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<b>Employer information</b>	The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.																														

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## North East Thames Foundation School Individual Placement Description

<b>Placement</b>	F1 Respiratory Medicine
<b>The department</b>	The Dept. of Respiratory Medicine comprises 5 Consultants. There are 12 acute beds in Acute Respiratory Care Unit (ARCU) and 12 non acute beds for respiratory and general medical patients.
<b>The type of work to expect and learning opportunities</b>	<p>All F1 doctors in hospital posts will be ward based during the normal working day and expected to deliver the daily medical care of all the patients on their ward irrespective of speciality. ARCU patients require CPAP, BIPAP and close monitoring for respiratory failure from a variety of causes. There are opportunities to attend bronchoscopy lists and sleep study teaching for those interested. There will be a four week AMU posting during which time the F1 will be involved in the generic clerking of patients with acute and differentiated medical problems and their care whilst in AMU. In this way the F1 gains experience in both Respiratory as well as acute medicine. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Rochford Ward, Southend University Hospital.
<b>Clinical Supervisor(s) for the placement</b>	Dr Duncan Powrie; Dr Sohail Ansari; Dr Ganes Lingam; Dr Masood Ali; Dr Farag Eltaie
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. To conduct ward rounds on a daily basis with the consultant in charge. The doctors will be responsible for such other specific clinical duties as allocated by consultants including arranging appropriate investigations and performing other duties in occasional emergencies and unforeseen circumstances. The F1 will take part in the Acute Medical rota.
<b>Typical working pattern in this placement</b>	The Dept. Medicine operates a Ward Based System. This requires day shifts which are typically 9-5 / 1.30 to 9.30. The F1 will work 2 weekends in every 22. Nights are incorporated into

	<p>the AMU Block.</p> <p>Typical working pattern in this post:</p> <table border="1" data-bbox="557 327 1238 1128"> <tr> <td>Monday AM</td> <td>Ward Work/New Patient Ward round</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Monday PM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Tuesday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Tuesday 1pm</td> <td>Generic Mandatory F1 Teaching</td> </tr> <tr> <td>Tuesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Wednesday AM</td> <td>New Patient Ward Round</td> </tr> <tr> <td>Wednesday 2pm</td> <td>Respiratory Teaching</td> </tr> <tr> <td>Wednesday PM</td> <td>Ward Work</td> </tr> <tr> <td>Thursday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Thursday 12.30 pm</td> <td>Medical Grand Round</td> </tr> <tr> <td>Thursday PM</td> <td>X-Ray Meeting</td> </tr> <tr> <td>Friday AM</td> <td>Consultant Ward Round</td> </tr> <tr> <td>Friday PM</td> <td>Journal Club &amp; Ward Work</td> </tr> <tr> <td>Saturday &amp; Sunday</td> <td>As per Rota</td> </tr> </table>	Monday AM	Ward Work/New Patient Ward round			Monday PM	Consultant Ward Round	Tuesday AM	Consultant Ward Round	Tuesday 1pm	Generic Mandatory F1 Teaching	Tuesday PM	Ward Work	Wednesday AM	New Patient Ward Round	Wednesday 2pm	Respiratory Teaching	Wednesday PM	Ward Work	Thursday AM	Consultant Ward Round	Thursday 12.30 pm	Medical Grand Round	Thursday PM	X-Ray Meeting	Friday AM	Consultant Ward Round	Friday PM	Journal Club & Ward Work	Saturday & Sunday	As per Rota
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<p><b>Employer information</b></p>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>																														

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## North East Foundation School Individual Placement Description

<b>Placement</b>	F1 Urology
<b>The department</b>	The Urology department consists of 7 Consultants. All aspects of urological problems are treated including incontinence/pelvic floor services. In addition Southend Hospital is a regional cancer centre and has interests in urinary tract calculi and laser prostate surgery. The post is very well supported by dedicated ward staff.
<b>The type of work to expect and learning opportunities</b>	<p>All duties of a FY1 doctor:</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul> <p>On the acute block expectations include: Clerking new patients – history, examination, basic investigations. Assessing sick patients on the general surgical wards during on-call weekends and nights.</p>
<b>Where the placement is based</b>	Edmund Stone Ward, Southend University Hospital.
<b>Clinical Supervisor(s) for the placement</b>	Mr Peter Pietrzak
<b>Main duties of the placement</b>	<p>To be part of the daily ward round with the team and deliver daily care.</p> <p>To carry out the day-to-day care of the patients alongside the other members of the team.</p> <p>To complete discharge summaries, request investigations, reviewing blood results etc.</p> <p>To attend the foundation teaching each week.</p>

<b>Typical working pattern in this placement</b>	Monday AM	Consultant Ward Round
	Monday PM	Ward Work
	Tuesday AM	Consultant Ward Round Urology MDT
	Tuesday 1pm	Generic Mandatory F1 Teaching
	Tuesday PM	Ward Work
	Wednesday AM	Consultant Ward Round
	Wednesday PM	Ward Work
	Thursday AM	Consultant Ward Round
	Thursday 12.30 pm	Medical Grand Round
	Thursday PM	Ward Work
	Friday AM	Consultant Ward Round
	Friday Lunchtime	Consultant led Teaching
	Friday PM	Journal Club & Ward Work
	Saturday & Sunday	As per Rota
	<p>Theatre Opportunities: Monday / Thursday / Friday All day lists. Consultant Ward Rounds daily – varying times.</p> <p><i>On call requirements:</i> On call 1700-2100 once a week for 5 weeks.</p> <p>Nights: 2030 – 0900 for 7 nights (once in 4 months, with week off before and after)</p>	
	<b>Employer information</b>	<p>The employer for this post is Southend University Hospital NHS Foundation Trust. The post will be based in Southend University Hospital which provides an extensive range of secondary services for the growing local community of approximately 338,800.</p>

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