

NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description

FY1 Post in Vascular / General Surgery - PAH

Placement	F1 Vascular Surgery
The department	The Department of Vascular Surgery comprises 2 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through the Vascular Department do a shift pattern as follows: 8 – 5 each day, one week 11.00 – 24.00 spent in the Emergency Department, one week 08.00 – 21.00.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Surgical Department.
Clinical Supervisor(s) for the placement	Mr Ahmed Abidia and Mr Jonathan Refson
Main duties of the placement	The F1 doctor is responsible with other staff for

	<p>the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 0800 Ward Rounds MDT, ward jobs, Theatres, 1700 Handover</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the Department of Vascular Surgery within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

**NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description**

FY1 Post in Respiratory Medicine - PAH

Placement	F1 Respiratory Medicine
The department	The Respiratory Department comprises 3 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through the Respiratory Department work one in six weekends. It is an extremely busy job which offers a varied and interesting experience.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Locke Ward, Princess Alexandra Hospital.
Clinical Supervisor(s) for the placement	Dr Anwar
Main duties of the placement	The F1 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have

	<p>opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 0900 Ward Rounds MDT, ward jobs, 1700 Handover</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in Locke Ward within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description

FY1 Post in EAU - PAH

Placement	F1 EAU
The department	The post holder will spend two months in each of the Departments, ITU and EAU. The PAH Trust serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through EAU will do a three week shift pattern as follows, 8 – 4, 11-7, 10-6. will two on-calls per week until 21.30.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Emergency Assessment Unit
Clinical Supervisor(s) for the placement	Dr Brambilla , Dr Adamou
Main duties of the placement	The F1 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have

	<p>opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 0800 Ward Rounds, TTA's, ward jobs, 1600 Handover</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the Emergency Assessment Unit within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

NORTH EAST THAMES FOUNDATION SCHOOL Individual Placement Description

FY1 Post in Cardiology - PAH

Placement	F1 Cardiology
The department	The Cardiology Department comprises 3 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through the Cardiology will be part of the weekend on-call rota and will hold the 006 emergency bleep doing ward jobs and clerking new patients.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Cardiology Department.
Clinical Supervisor(s) for the placement	Dr Hossam Elgendi, Dr Jeremy Sayer, Dr Rohan Jagathesan, Dr D Roy
Main duties of the placement	The F1 doctor is responsible with other staff for

	<p>the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 08.30 Ward Rounds, CCU, ward jobs, TTA's, order scans, clerk new patients, review patients 1700 Handover</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in Fleming Ward within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

NORTH EAST THAMES FOUNDATION SCHOOL Individual Placement Description

FY1 Post in Colorectal / General Surgery - PAH

Placement	F1 Colorectal & General Surgery
The department	The Colorectal Department comprises 2 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through the Department will work from 8 – 5 each day.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Colorectal Department.
Clinical Supervisor(s) for the placement	Mr Vivekanandan, Mr Lalude
Main duties of the placement	The F1 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have

	<p>opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 0800 Ward Rounds MDT, ward jobs, Theatres, chasing scans 1700 Handover</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the Surgical Department within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

**NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description**

FY1 Post in General Surgery - PAH

Placement	F1 General Surgery Vascular/General Surgery
The department	The Department of Surgery comprises six General Surgeons. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through the Department will work from 8 – 5 each day.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital General Surgery Department.
Clinical Supervisor(s) for the placement	Mr Refson, Mr Abidia, Vivekanandan, Mr Lalude
Main duties of the placement	The F1 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have

	<p>opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 0800 post take ward rounds ward jobs, Theatres, day cases 1700 Handover</p> <p><i>Weekends:</i> ED or Ward Cover 8-9 or 11-12</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the General Surgery Department within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

**NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description**

FY1 Post in the Urology Department - PAH

Placement	F1 Urology
The department	The Urology Department comprises 3 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>Standard General Surgery Foundation Year 1 work including pre-op management and post-op care (analgesia, anticoagulation management, discharge documentation etc). We do General Surgical FY1 on-calls which are very useful. We learn Urological emergencies which are different from General Surgery cases. Generally we do not attend clinics as part of our weekly schedule but the opportunity is present.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.

Where the placement is based	Placement is based at PAH, very occasionally at St Margaret, Epping (for clinics). Urology does not have a dedicated ward so our patients are spread throughout the hospital.
Clinical Supervisor(s) for the placement	Mr Jaspal Viridi, Mr R Samman, Mr B Potluri Miss Andersen
Main duties of the placement	Patient list organizing, discharge documentation, patient clerking. Seeing acutely unwell patients. Ward jobs including phlebotomy, cannulation, catheterization.
Typical working pattern in this placement	<u>Days:</u> Mon- Fri, 0745-1830 (on average) <u>Twilight:</u> *see on call* <u>Nights:</u> *none* <u>Weekends</u> *see on call* <u>Oncall requirements:</u> Same on-call rota for General Surgery FY1s (average 1 weekend ward cover 0800-2100 and A&E cover 1100-0000. 2 weeks ward cover and 1 week A&E cover).
Employer information	The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the Urology Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.

NORTH EAST THAMES FOUNDATION SCHOOL Individual Placement Description

FY1 Post in Laparoscopic & General Surgery - PAH

Placement	F1 Laparoscopic & General Surgery
The department	The Department of Surgery comprises six General Surgeons. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>Attending ward round and performing jobs that have been allocated on the ward round such as booking and chasing scans, CTs and xrays. Writing discharge summaries, keeping an up to date list of patients. There are two A+E weeks where the F1 gets the opportunity to clerk incoming patients and initiate management plans. There are monthly Mortality and Morbidity meetings, for which the F1 needs to prepare the data and presentation. There are several opportunities to attend theatre and scrub up.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients

	<ul style="list-style-type: none"> • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Harlow
Clinical Supervisor(s) for the placement	Miss Vijay
Main duties of the placement	As above, note taking, history taking and examination, discharge letters, ordering investigations, oncalls covering wards and oncalls in A+E. Clinical skills such as venepuncture, cannulation, ABG, and catheterisation.
Typical working pattern in this placement	<p><i>Days: 8-5pm</i></p> <p>Twilight: 8-9pm (wardcover oncall)</p> <p>Nights: only 11am-12pm (A+E oncall)</p> <p><i>Weekends: 8-9pm</i></p> <p><i>Oncall requirements</i></p>
Employer information	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based in the Surgical Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description

FY1 Post in ITU - PAH

Placement	F1 ITU
The department	The Department comprises 12 Anaesthetic Consultants. ITU has four beds and HDU has 5. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively <p>Become life-long learners and teachers.</p>
Where the placement is based	ITU & HDU Departments, PAH
Clinical Supervisor(s) for the placement	Dr Sethuraman, Dr A Krishnamurthy
Main duties of the placement	Clerking in new ITU/HDU admissions, experience with procedures such as insertion of central lines & arterial lines and lumbar puncture. Ward jobs (referrals, blood

	taking, ordering scans etc). Frequent teaching with Consultants. Observation of other procedures such as bronchoscopy and tracheostomy. Attending to crash calls with the ITU team.
Typical working pattern in this placement	Days: 08.00 – 16.00 Twilight: 15.00 – 22.00 Nights: Nil Weekends:09.00 – 21.30 (Medical Team) On-call requirements: Ward cover and admission clerking with the Medical Team.
Employer information	The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the ITU Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.

**NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description**

FY1 Post in Paediatrics - PAH

Placement	F1 Paediatrics
The department	A very friendly and supportive team of Doctors and Nurses with regular input from Specialist Nurses, Dieticians, Pharmacists and Play Therapists.
The type of work to expect and learning opportunities	<p>Work is split between the Paediatric Ward and NICU/Postnatal Ward rotating every 3 weeks. Apart from the administrative side, the role is essentially supernumerary therefore it can provide plenty of learning opportunities including clerking and using clinical skills. There is plenty of regular teaching (theoretical and practical especially paediatric resus), and opportunities to present journals/cases and to do audits.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers. •

Where the placement is based	Princess Alexandra Hospital, Harlow, Essex
Clinical Supervisor(s) for the placement	Dr Soe, Dr Hikmet Consultant Paediatrician
Main duties of the placement	<p>Paediatric Ward: expected to write notes on ward rounds, complete discharge summaries, keep lists up to date, chase investigation results, complete referrals and complete clinical tasks (taking bloods, cannulating etc.) When in the Paediatric Ward you may be called to clerk Children in A&E if they are busy especially in the afternoons/long days.</p> <p>NICU: the majority of time is spent in the Postnatal Ward doing baby checks, reviewing babies on antibiotics etc, doing BCGs, heel pricks and bloods. Any decisions or queries always need to be run past the Registrar. You can attend deliveries if you wish with the Registrar. In NICU daily summaries must be completed, ward round notes and general help with jobs including clinical tasks (heel prick/venous bloods, capillary blood gases etc.)</p>
Typical working pattern in this placement	<p><i>Days: 08:30 – 16:30</i></p> <p><i>Long Days (1 per week): 08:30 – 20:30</i></p> <p><i>Weekends (1 in 6): 08:30 – 20:30</i></p> <p><i>No bleep as F1 therefore never on call.</i></p>
Employer information	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based in the Paediatric Department at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

**NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description**

FY1 Post in Care of Elderly / General Medicine - PAH

Placement	F1 Care of Elderly
The department	The Department of Elderly Care comprises 6 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through the Elderly Care Department work one in six weekends. It is an extremely busy job which offers a varied and interesting experience.</p> <p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Mainly based on Harold Ward, PAH.
Clinical Supervisor(s) for the placement	Dr A Dain, Dr K Gunasekera, Dr Ambe, Dr Snook, Dr Reddy and Dr Harripaul
Main duties of the placement	The F1 doctor is responsible with other staff for

	<p>the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> Mon to Friday 09.00 – 17.00</p> <p><i>Twilight:</i> After 17.00 on call once every 10 days</p> <p><i>Nights:</i> No nights</p> <p><i>On-call:</i> One a week</p> <p><i>Weekends:</i> On call three weekends in the four month rotation</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the Care of the Elderly wards at PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description

FY1 Post in Trauma & Orthopaedics - PAH

Placement	F1 T&O
The department	Trauma and Orthopaedics (Elective & Emergency). The Department comprises 13 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>All F1 Doctors rotating through the Department will be involved in Ward Rounds (Consultant/SpR,ST led), Ward Jobs, on calls – ED and ward referrals and assisting in Theatre.</p> <p>The overall educational objectives of the F1 post are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans • Stabilize sick patients and start initial treatment • See patients in resus • Work in close conjunction with other specialties • Identify and synthesise problems • Prescribe safely • Keep accurate, thorough medical records • Handover and transfer patients care safely and effectively • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Surgery Department.
Clinical Supervisor(s) for the placement	Mr Simon Wimsey
Main duties of the placement	The F1 doctor is responsible with other staff for

	<p>the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 0800 Ward Rounds MDT & ward jobs 1700 TTA's and Handover</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the Department of Surgery within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

**NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description**

FY1 Post in Endocrine / General Medicine - PAH

Placement	F1 Endocrine
The department	The Department of Endocrine comprises 2 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Surgery Department.
Clinical Supervisor(s) for the placement	Dr P DeSilva and Dr D Sennik
Main duties of the placement	The F1 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education

	Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<i>Days:</i> 0900 Ward Rounds MDT & ward jobs 1700 TTA's and Handover
Employer information	The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the General Medical Department within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.

NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description

FY1 Post in Gastroenterology - PAH

Placement	F1 Gastroenterology
The department	The Department of Gastroenterology comprises 4 Consultants. The department serves the West Essex Region and a local population of 258,000 people.
The type of work to expect and learning opportunities	<p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Princess Alexandra Hospital Surgery Department.
Clinical Supervisor(s) for the placement	Dr M Bose, Dr R Phillips, Dr D Ghosh,
Main duties of the placement	The F1 doctor is responsible with other staff for the care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in the Department. They are expected to attend the structured teaching programmes provided by the department and by the Medical Education

	Department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p><i>Days:</i> 09800 Ward Rounds MDT & ward jobs 1700 TTA's and Handover</p> <p>Weekend: 1 in four months (9-9) EAU weekend: 1 in four months</p>
Employer information	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust.</p> <p>The post will be based in the General Medical Department within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>

**NORTH EAST THAMES FOUNDATION SCHOOL
Individual Placement Description**

FY1 Post in Psychiatry - PAH

Placement	F1 Psychiatry
The department	Mental Health Unit, St Margaret's Hospital (SMH), Epping, Essex.
The type of work to expect and learning opportunities	<p>The overall educational objectives of the F1 post in the department are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Make initial management plans and discuss with senior colleagues • Identify and escalate sick patients to senior colleagues • Work in close conjunction with other specialties • Identify and synthesise problems • Develop awareness of prescribing issues • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Mental Health Unit, St Margaret's Hospital (SMH), Epping, Essex.
Clinical Supervisor(s) for the placement	Dr Zuzana Walker, FRCPsych, MD (Reader UCL) Dr T Stevens
Main duties of the placement	Be responsible with the FY2 and Core Trainees for the day to day medical and psychiatric care of inpatients on Roding Ward (functional unit), Kitwood Ward (Organic Ward) under the supervision of the consultants and to make full admission and progress notes for all such

	<p>patients.</p> <p>Be responsible with the FY2 and Core Trainees for the day to day medical and psychiatric care of day hospital patients in Greenwood Day Unit under the supervision of the consultants and to make full admission and progress notes for all such patients.</p> <p>To be a core member of the Epping CMHT. This involves participation in the weekly referral meetings and assessment of patients in the community on <u>joint</u> visits with other members of the CMHT (CPNs, Occupational Therapists, Psychologists, Dr Walker or Dr Stevens – this is optional depending on other commitments).</p> <p>Assessment of new and follow up patients in the outpatient clinic under the supervision of Dr Walker and Dr Stevens.</p> <p>The FY1 will be covered by the FY2 and Core Trainees for Old Age Psychiatry working with Dr Stevens / Dr Walker. The same cover will apply for annual leave.</p> <p>There is a well-established local training programme, which includes seminars/lectures, case conferences/journal clubs on Thursday afternoon at Parndon Hall or Derwent Centre, PAH.</p> <p>The F1 will be encouraged to attend in-house courses considered necessary to enhance and improve professional skills and leading to the attainment of recognised postgraduate qualifications relevant to FY1. The FY1 will be encouraged if appropriate to be involved in current research projects. The FY1 if they wish can take an active part in audit/research in collaboration with other members of the community team.</p>
<p>Typical working pattern in this placement</p>	<p><i>Days:</i> 09800 Ward Rounds MDT & ward jobs 1700 TTA's and Handover</p>
<p>Employer information</p>	<p>The employer for this post is The Princess Alexandra Hospital NHS Trust. The post will be based in the General Medical Department within PAH, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 260,000.</p>