

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital, Barts Health NHS Trust**

Placement	F1 Gastroenterology
The department	The Department of gastroenterology comprises of 4 consultants with in-patients split between 2 firms. The department serves the London Borough of Newham with a catchment population of almost 290,000 people.
Duration	This post rotates with two other specialty posts at Newham University Hospital as one of 3 x 4 month posts.
The type of work to expect and learning opportunities	<p>All Foundation Year 1 (FY1) doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in this attachment the FY1 doctors will be involved with the generic clerking of patients being admitted and the ongoing care of the patients on the unit. The gastroenterology department has 3 FY1 doctors working at the same time with clinical responsibilities shared between them.</p> <p>The overall educational objectives of the FY1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Gastroenterology Department; Plashet Ward (mainly) and other wards if beds are unavailable.
Clinical Supervisor(s) for the placement	Dr Kulhalli, Dr Guinane, Dr Dias and Dr Rochford
Main duties of the placement	The FY1 doctor is responsible with other staff for the care of ward patients and the maintenance of the

	<p>patients' medical records. They will have opportunity to work with the consultants in the outpatient department for at least one clinic each week, as well as attending endoscopy unit. The FY1 doctor will take responsibility for any problems arising in ward patients. They are expected to attend the structured teaching programmes provided by the department and the hospital. The FY1 doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Monday</p> <ul style="list-style-type: none"> • 0800 Post take ward round (1 Monday in 3) • 0900 Medical Handover • 0930 Board Round • 1100 Consultant 1 Ward Round • 1230 Grand rounds <p>Tuesday Gastroenterology (Firm B On Call)</p> <ul style="list-style-type: none"> • 0800 Upper GI Cancer Meeting • 0900 Medical Handover • 0900 Consultant 2 Ward Round • 0930 Board Round • 1100 Plashet Ward MDT meeting • 1200 FY1 teaching <p>Wednesday</p> <ul style="list-style-type: none"> • 0800 Post take ward round or Lower GI Cancer Meeting • 0900 Medical Handover • 0930 Board Round • 1200 Foundation Year 1 teaching <p>Thursday Gastroenterology (Firm B On Call 1 week in 3)</p> <ul style="list-style-type: none"> • 0800 Departmental teaching (Journal club, Morning report, Governance & Audit meeting) • 0900 Medical Handover • 0930 Board Round • 1400 Consultant 2 Ward Round <p>Friday</p> <ul style="list-style-type: none"> • 0800 Post Take Ward Round (if on call) • 0800 Consultant 1 Ward Round • 0900 Medical Handover • 0930 Board Round <p>Weekend On Calls</p> <ul style="list-style-type: none"> • 0900 – 2100 (Saturday & Sunday) 1 week in every 5/6 <p>On call requirements</p> <ul style="list-style-type: none"> • 1 in 5 with Flexible twilight shifts.
<p>Employer information</p>	<p>The employer for this post is Barts Health NHS Trust. The post will be based in Newham University Hospital, London E13 8SL, which is a medium sized acute</p>

	hospital and provides an extensive range of secondary services for the rapidly growing local community. The population is economically challenged and socially diverse. About 70% of the population is aged between 16 and 74, and 26% are aged under 16 years.
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Individual Placement Description
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Placement	F1 Trauma and Orthopaedics
The department	<p>Trauma and Orthopaedics comprises of care for patients who have musculoskeletal injuries or degenerative disorders. It is a great opportunity to gain surgical experience. Plenty of opportunities to scrub in theatre to gain experience of surgery, this involves trauma theatre (acute admissions from A&E which need surgery) and elective lists. It is a great opportunity to learn as you are well supported and all the senior staff are available to teach. As well as attending theatre and clinics, it also requires doing pre and post-operative management of patients as well as discharge summaries. You will mainly be working for Mr Carlos (upper limb) or Mr Millington (lower limb). There are 8 consultants, 1 associate specialist, 6 registrars, and 8 SHOs.</p> <p>Our current FY1s highly recommend this job.</p> <p>The department serves London Borough of Newham with a catchment population of 300,000.</p>
Duration	This post rotates with two other specialty posts at NUHT 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in this post will generally be expected to see the pre/post op patients on a daily basis, and are expected to deliver the daily medical care of inpatients under your consultant with excellent support from seniors. As stated above, there are plenty of opportunities to be involved in surgery as well as outpatient care.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and solve problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.

Where the placement is based	Mainly East Ham and Maple Ward.
Clinical Supervisor(s) for the placement	Mr Carlos, Mr Millington, Mr Bhumbra and Mr Dawson-Bowling
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. To participate in audit and research within the department and the Trust. Cross cover between firms may occasionally be required but should not be the norm.
Typical working pattern in this placement	<p>Daily: 0800 Trauma meeting and handover</p> <p>Mon: AM Ward round and Elective clinic PM Ortho Teaching and Ward duties</p> <p>Tues: AM Ward round PM FY1 teaching</p> <p>Wed: AM/PM Elective theatre PM FY1 teaching</p> <p>Thurs: AM Ward round/clinic PM Trauma list</p> <p>Fri: AM Ward round/trauma theatre</p> <p>Sat/Sun 08:00-20:00 or 08:00-13:00 (On-call 1 in 4 weeks with days in lieu)</p> <p>As an FY1 in T&O, you will do general surgical cross cover at least once a week between 1700-2000 only, and also do 1 in 4 weekends.</p>
Employer information	<p>The employer for this post is BARTS HEALTH NHS TRUST, the biggest trust in the country.</p> <p>The post will be based in Newham University Hospital , London E13, which provides an extensive range of secondary services for the growing local community of approximately 300,000. The local community is young, vibrant and is the most ethnically diverse in the country.</p>

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Placement	F1 Care of the Elderly
The department	<p>The Care of the Elderly department comprises of 7 consultants. FY1s work 2 months on acute care of the elderly, caring for all acute medical admissions over 75 years of age, and 2 months on rehabilitation, caring for patients over 75 years of age. All general adult medical pathology is represented.</p> <p>The department serves London Borough of Newham with a catchment population of 260,000.</p> <p>The department is closely linked to East Ham Care Centre, Cazaubon rehabilitation unit.</p>
Duration	This post rotates with two other specialty posts at Newham 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward. . Whilst in the Care of the Elderly attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Care of the Elderly (mainly Silver town – acute ward, and Thistle, Tayberry and Heather – rehab wards) and all other general medical wards.
Clinical Supervisor(s) for the placement	Dr Sara Lightowlers, Dr. Catherine Bracewell, Dr Charlotte Pratt, , Dr Hafiz Syed, Dr. Ava Jackson, Dr. Kris Warren, Dr Jane Pickles

<p>Main duties of the placement</p>	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will take responsibility for problems arising in patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Daily: 0900 – Daily ward round</p> <p>Mon: 1200 – MDT 1230 – Hospital Grand Round</p> <p>Tues: 1215 - FY1 Teaching</p> <p>Wed: 1200 – FY1 Teaching 1400 – Clinical Coding Meeting</p> <p>Thurs: 1200 – MDT 1400 – Departmental teaching</p> <p>Sat: 0900 – 2200 1 in 9 Sun: 0900 – 2200 1 in 9</p> <p>On call requirements: 1:9 on call for general and geriatric medicine – day shifts only</p>
<p>Employer information</p>	<p>The employer for this post is NEWHAM UNIVERSITY HOSPITAL (part of Barts Health NHS Trust). The post will be based in Newham General Hospital, London E13, which is a medium sized acute hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000.</p>

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Individual Placement Description
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Placement	F1 Paediatrics
The department	<p>Department of paediatric comprise of 18 beds which includes 2 High Dependency beds, 8 cubicles and 2 bays accommodating 4 beds each.</p> <p>There are clinics every day including outreach specialist clinics of cardiology, neurology, haematology and endocrinology from Great Ormond Street Hospital and Royal London Hospital.</p> <p>FY1 doctor works in paediatrics for 4 months. During paediatric placement, he/she works in the ward from Monday to Friday from 08:30-17:00. He/she does not participate out of hours duties.</p> <p>The department has a high case mix with complex pathology, unique place for trainee doctors to get wealth of clinical experiences.</p> <p>The department is closely linked to Great Ormond Street Hospital and Royal London Hospital which provide tertiary services to Newham paediatric population. Department has close link with Queen Mary medical school, getting fourth year and final year medical students for 6 weeks rotating in paediatric, neonates and Accident & Emergency. The department employed a teaching registrar who is responsible for medical students training in the department.</p>
Duration	This post rotates with two other specialty posts at Newham University Hospital - 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Paediatric attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care

	<ul style="list-style-type: none"> • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham General Hospital; Paediatric ward (Rainbow Ward)
Clinical Supervisor(s) for the placement	Any paediatric consultant
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Daily clinical hand over followed by teaching programme from 08:30-0930 in academic centre</p> <p>He/she will be working in the ward.</p> <p>Grand round every Friday morning</p> <p>Daily ward round on both sides</p> <p>Mon: Hand over 08:30-09:30</p> <p>Tues: Hand over 08:30-09:30, Junior Junior meeting(first Tuesday) other Tuesday : SHO teaching-Consultant delivered</p> <p>Wed: Hand over 08:30-09:30, Audit/guidelines and Radiology meeting on alternate week</p> <p>Thurs: 08:30-09:30, Hand over and Journal club/Case presentation</p> <p>Fri: Grand round 08:30-11:00 (neonates) Departmental teaching (15:00-17:00) Every first Friday 15:00- 17:00 Paediatric Simulation training.</p>
Employer information	The employer for this post is Barts Health NHS TRUST The post will be based in Newham General Hospital, London E13, which is a medium sized acute hospital

	and provides an extensive range of secondary services for the growing local community of approximately 280,000. About 25% of the population is over 65 and 30% under 20 years
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Placement	F1 ENDOCRINE MEDICINE
The department	<p>The Dept. of Endocrine Medicine comprises 6 Consultants of whom 5 supervise the acute medical take. Interests include General Medicine, Diabetes (including young adolescents / pump therapy and antenatal diabetes) and Endocrinology. Specialist dynamic endocrine tests are supported by trained endocrine nurses</p> <p>The department serves London Borough of Newham with a catchment population of 280,000 .</p>
Duration	This post rotates with two other specialty posts at NUH 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Endocrine attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Endocrine Department; Plashet ward
Clinical Supervisor(s) for the placement	Dr Karl Metcalfe
Main duties of the	The F1 doctor is responsible with other staff for the ward care

<p>placement</p>	<p>of patients and the maintenance of the patient's medical record, taking responsibility for between 8 – 20 cases at any one time. S/he will have opportunity to work with the consultants in outpatients clinics should s/he wish. S/he is expected to attend the structured teaching programmes provided by the department and generic FY1 teaching provided by the Trust. There is opportunity for SIM based sessions to complement more traditional lecture based teaching The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Daily: 0900 Ward round 1700 Handover</p> <p>Mon: 1230 Grand Round 1330 XR Meeting</p> <p>Tues: 12.30 Formal teaching programme 1430 Endocrine Meeting</p> <p>Wed: 12.30 Formal teaching programme</p> <p>Thurs: 0830 Endocrine meeting</p> <p>Fri: Ward cover</p> <p>Sat: 0900 – 2200 1 in 8</p> <p>Sun: 0900 – 2200 1 in 8</p> <p>On call requirements: 1 in 5 with flexible twilight shifts.</p>
<p>Employer information</p>	<p>The employer for this post is Barts Health NHS Trust The post will be based in Newham University Hospital, London E13, which is a medium sized district general hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000. About 25% of the population is over 65 and 40% under 16 years</p>

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