

**Newham University Hospital
Foundation Year 1
Individual Placement Description**

Placement	F1 Urology
The department	Urology comprises of care for patients with urinary tract disorders. It is a great opportunity to gain experience of common urinary problems in a well-supported environment. There are 3 consultants, 2 part-time at Newham and 1 full time (Mr Shahid Khan). There is a SHO level doctor who provides day to day support with ward work. There is a full complement of middle grade doctors. There are opportunities to attend theatre and outpatient clinics.
The type of work to expect and learning opportunities	<p>The F1 is expected to see post-operative patients on a daily basis. The postholder looks after inpatients. The F1 is involved in preparation of the monthly audit meeting.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and solve problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	The wards are Beckton, Silvertown and East Ham
Clinical Supervisor(s) for the placement	Professor Chinegwundoh /Mr Shahid Khan/ Mr Shafiul Chowdhury.
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the surgery directorate. The doctor will be responsible for such other specific clinical duties as

	<p>allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. To participate in audit and research within the department and the Trust. Cross cover with general surgery may occasionally be required but should not be the norm. The F1 participates in the general surgery on call rota.</p>
<p>Typical working pattern in this placement</p>	<p>Daily start at 8.30 with a ward round. Theatre on Monday am. Outpatient clinics Monday, Wednesday pm. Ward cover at other times. Attendance at F1 teaching sessions two lunchtimes per week.</p> <p>As an FY1 in urology, you will do general surgical cross cover at least once a week between 1700-2000 only, and also do 1 in 4 weekends</p>
<p>Employer information</p>	<p>The employer for this post is BARTS HEALTH NHS TRUST, the biggest trust in the country.</p> <p>The post will be based in Newham University Hospital, London E13, which provides an extensive range of secondary services for the growing local community of approximately 300,000. The local community is young, vibrant and is the most ethnically diverse in the country.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

NEWHAM HEALTHCARE NHS TRUST

JOB DESCRIPTION

FY1 IN OBSTETRICS & GYNAECOLOGY 2017

Newham University Hospital is a District General Hospital with 375 beds. This includes a Maternity Unit comprising of two antenatal and postnatal wards (56 beds), a Foetal Medicine and Day Care Obstetrics Unit, a Delivery Suite with 15 rooms, a Special Care Baby Unit of twenty cots and a Community Unit Delivery Suite of four beds. Also within the hospital there is one Gynaecology ward, an Adult Day Care Unit, a theatre suite consisting of four theatres and a recovery area, an Adult Intensive Care Unit and a busy Casualty Department. There is also an active Academic Centre, with a well-equipped library.

MEDICAL STAFF IN OBSTETRICS & GYNAECOLOGY ARE AS FOLLOWS:

13 Full-time Consultants and 2 part time consultants

Mr O Oyawoye (FT)
Miss J Saravanamuthu (FT)
Mr R Maplethorpe (FT)
Miss Alpa Shah (FT)
Mr Vincent Oon (FT)
Mr Nicola Comi (FT)
Miss Sanjula Sharma (FT)
Ms Kalpana Rao (FT)
Miss Ferha Saeed (FT)
Ms Manjula Raajkumar (FT)
Ms Sangeeta Agnihotri (FT)
Ms Luxmi Velauthur (FT)
Professor O Djahanbakhch (PT)
Ms Chandra Satish Locum Consultant
Miss Zakia Balghari Locum Consultant
Ms R Chenoy (part-time - PT)

8 Specialist Registrars
3 Specialist Doctors (on the middle grade rota)
5 Trust Clinical Fellows
8 Senior House Officers
2 FY2
3 FY1
1 Associate Specialist
2 Staff Grade Doctor
1 Trust Grade SHO

DUTIES

OBSTETRICS DUTIES

The rota for the FY1 is based on location and it is expected that all doctors will gain experience in a wide spectrum of clinical activity including attendance at Clinics and obstetric operating lists.

The FY1 will be expected to attend antenatal clinics and to care for the designated patients on the wards. Whilst on labour ward duty, the FY1 will be expected to be physically on the labour ward.

At the present time the FY1 on-call for the labour ward is expected to accompany the Registrar and SHO on ward rounds at 08.00h and 13.00h. Both the outgoing and incoming labour ward teams for the purpose of a good handover attend the 08.00h Multidisciplinary Team Meeting.

The FY1 will attend and prepare the relevant ward rounds. The FY1 will perform daytime sessional duties as instructed by the consultant or clinical tutor. This may include gynaecological duties.

GYNAECOLOGY DUTIES

It is expected that in the rota, the doctor will attend gynaecology clinics and theatre sessions.

When on the gynaecology wards, the FY1 is expected to perform ward rounds with the registrar and registrar on call. They will also attend acute gynaecology emergencies when required as well as elective admissions.

Additional duties requested by the consultant are included contribution to audit and clinical coding on discharge of all Obstetrics & Gynaecology patients. Postgraduate teaching takes place at the Academic Centre and the FY1 is expected to attend and contribute as required in addition to regular FY1 teaching.

Monday 0800-0900 CTG

Tuesday Morning 0800-0900 Risk Management

Friday Morning 0800-0900 Journal Club/Teaching sessions

Monthly Perinatal Meeting 1230-1330 Monday

Monthly FM meeting 1230-1330 Monday

Opportunities for all to get involved & to present a review of literature, audits, research.

All new staff, should introduce themselves to the senior staff, medical, nursing and midwifery as soon as possible. There is a medical protocol file on labour ward, which should be read thoroughly by all staff, permanent or locum, on arrival, this holds the current memoranda.

The Speciality Tutor for the division is Ms Ferha Saeed. Queries related to training, study leave and career advice can be directed initially to your Educational Supervisor. All FY1s should arrange to meet their Educational Supervisor regarding

career matters within a month of joining the staff. All FY1s will be allocated Clinical Supervisors. Assessment by the training consultant (Educational Supervisor) is required at the beginning, middle and end of the post.

All doctors should be aware of current local recommendations regarding vaccination and are requested to have hepatitis vaccinations available via the Occupational Health Department at Newham University Hospital. All staff should be immune to rubella.

FY1 IN OBSTETRICS & GYNAECOLOGY

PERSON SPECIFICATION

REQUIREMENTS	ESSENTIAL	DESIREABLE
Registration with GMC	*	
Right of abode in UK	*	
Some previous experience at postgraduate level in Obstetrics & Gynaecology In UK.		*
Good clear communicator		*
Basic knowledge in management of acute problems in Obstetrics		*
Basic knowledge in management of acute problems in Gynaecology		*
Team player	*	

February 2017

FOUNDATION YEAR 1 PSYCHIATRY TRAINING POST JOB DESCRIPTION	
1) INTRODUCTION	
1.1 Grade of Post	Foundation Year 1
1.2 Specialty/Sub-Specialty	Psychiatry/ General adult Psychiatry
1.3 Type of Contract/WTE	Substantive 1.0 WTE
1.4 Duration of Post	4 months
1.5 Trainer Name	Dr Iris Gibson
1.6 Base/Address	The Newham Centre For Mental Health Glen Road Plaistow E13 8SP
1.7 Service Line	Adult Mental Health
2) DESCRIPTION OF THE POST and TRAINING OPPORTUNITIES	
2.1 Qualifications and Experience of the Trainer	<p>Qualifications:</p> <p>Dr Gibson MBBS BSc (Psychology) Specialist Associate Member of Royal College of Psychiatrists.</p> <p>I am a Graduate of The London Hospital Medical College in 1993. I have 10 years experience as a Consultant in General Adult Psychiatry working in East London, and 9 years as an a Staff Grade in General Adult and Community Psychiatry. I am involved in Postgraduate Medical Education and was the Royal College Tutor in Newham for 8 years and I am also an educational supervisor to core psychiatric trainees in NELFT. I am an examiner in undergraduate OSCEs, involved in teaching and training of all grades of Psychiatrists and in simulation based learning courses at Barts and have been involved in the teaching and training of medical undergraduates through my entire career.</p> <p>I am also an Educational Supervisor to FY1 Trainees. Educational Portfolio and Appraisal (London Deanery Framework) completed.</p> <p>The post holder will also work with the other consultant Psychiatrist working in the South East Sector, currently Dr Kazyua Iwata. This will give the trainee an opportunity to see a broader range of patients and experience supervision and teaching from 2 consultants, as well as input and support from a Higher trainee working with Dr Gibson.</p>
2.2 Description of the Clinical Service	The Newham Centre for Mental Health provides in-patient services to the residents of The London Borough of Newham. Dr Gibson and Dr Iwata cover the catchment area of Community Recovery Team South,

	<p>and their patients are admitted to two main wards, Opal for male patients and Sapphire for female. The wards also admit patients from The Learning Disability and Early Intervention community teams when an inpatient bed is required, and you will be involved in looking after these patients also.</p> <p>There will also be an opportunity to spend some clinical sessions in the Community Recovery Team (CRT), to gain experience of triaging assessments made to the team, - and accompanying members of the CRT conducting assessments in a variety of non-hospital based settings should the trainee wish to do so. There is also the opportunity to spend time in the community with the Access and Brief Treatment Team, providing assessment and short term treatment interventions to new referrals to community Mental Health Services.</p>
<p>2.2 Description of Clinical/Medical Team</p>	<p>The Foundation trainee will join a medical team of 2 Consultant Psychiatrists, 1 CT1 in Psychiatry (working with Dr Gibson), 1 GPVTS trainee (working with Dr Iwata), both doing a six month placements in Psychiatry.</p> <p>The clinical team on the wards also include psychologists, nurses, social workers, occupational therapists, physiotherapists and speech and language, dance movement and art therapists, and work is conducted in a multidisciplinary way in the assessment and management of in-patients.</p> <p>There is also a higher trainee working with Dr Gibson, and an Associate Specialist working with Dr Iwata.</p> <p>The trainee will have an opportunity to see how the different therapeutic skills of team members operate to provide treatment interventions on the ward.</p>
<p>2.3 Training Opportunities</p>	<p>The trainee will be encouraged to undertake programmed Supervised Learning Activities (SLEs) and Work Place Based Activities in accordance with the Foundation Curriculum and core competencies in psychiatry.</p> <p>In Newham you will see a very wide range of psychiatric disorders, and comorbid presentations; so the trainee will gain experience of the assessment and treatment of all such conditions in a multidisciplinary context, from acute presentations through to discharge in the community and care planning and aftercare.</p> <p>There is the opportunity to further develop specialist clinical interest by undertaking sessions within the</p>

	<p>community recovery team and to participate in Mental Health Act Assessments and other joint assessments within this team. The trainee will be additionally supported in the CRT by an Associate Specialist and a Higher trainee in Psychiatry.</p> <p>There is also the opportunity to spend a special interest session/s with one of the other allied general adult specialities E.g. Liaison Psychiatry, Home Treatment Team, Acute Day Hospital and Perinatal Psychiatry depending on the specific interests of the trainee.</p> <p>The work that the FY1 trainee undertakes will be structured, with well-defined guidelines and learning objectives so that the work is appropriate for a doctor at this level of training.</p>
2.5 Additional comments	<p>Skills and knowledge gained are readily transferable to other psychiatric specialities, to general practice and also all medical settings where people with mental health problems frequently present with physical problems.</p> <p>There will also be opportunities to undertake some training run by the Trust in Child and Adult Protection, and also to access online learning modules.</p> <p>The trainee will also be offered information and advice about careers in psychiatry.</p>
3) CLINICAL SUPERVISION	
3.1 Clinical Supervision arrangements	<p>The trainee will initially discuss a personal development plan with the consultant, setting out key learning objectives for the 4 month placement.</p> <p>The trainee will receive structured close clinical supervision at all times by members of the team, led by the two Consultants trainers. A Trainer or named deputy will be available for advice at all times, and one hour a week will be allocated with a consultant for a supervision session.</p>
3.2 One to One Trainer Educational Supervision Arrangements	<p>In addition to once weekly clinical supervision additional face to face time with consultant trainers for reflection and Educational supervision will occur regularly to review the placement and learning objectives /PDP.</p>
3.3 Trainer cover arrangements	<p>Dr Gibson and Iwata offer cross cover for each other. If they are both away another consultant psychiatrists is nominated to cover RC responsibility. Clinical supervision and support is also provided by the higher</p>

	trainee and Associate Specialist.
3.4 Additional comments	The post offers a broad experience in all aspects of General Adult Psychiatry with the opportunity to experience other teams within the service should the trainee have a special interest.
4) INDUCTION – describe the arrangements including any out of service leave required	
4.3 Team/Departmental Induction	Trainee will be inducted to the team/department following standard local induction for all trainees. They will receive information about their job and roles and responsibilities prior to commencing the post also.
5) SPECIFIC CURRICULA PRIORITIES – describe how these are met in the post	
5.1 Community Orientation	<p>Although the ward base is in the Hospital, the catchment area and bulk of the Team, CRT South, is in the community. There are strong links forming the foundations of continuity of care between the hospital and community base and the trainee will become familiar with the Care Programme approach to managing severe and enduring and acute mental illness.</p> <p>Initial assessments and, where appropriate, interventions are often carried out in community settings, and close liaison with GPs and other community services is a crucial part of the work. The team has clear guidelines to do this safely. The Foundation Doctor would always be with another staff member if working in community settings.</p>
5.2 Long Term Conditions	The Trainee will gain experience of assessment, diagnosis and management and care of patients with a broad range of Mental illness including : Schizophrenia, Bipolar Disorder, Depression, Anxiety Disorders, Personality Disorder and also co-morbid substance misuse as well as psychosocial factors impacting on Mental illness.
5.3 Holistic Care	An holistic approach to care is integral to the way the team delivers interventions, and is essential because of the complex nature of the problems presented. A Biopsychosocial approach is key to working holistically with patients within the hospital and community teams. The team therefore provides an excellent environment for the trainee to achieve competencies in these areas.
5.4 Inter-professional and integrated Working	<p>Multidisciplinary assessments are the norm, and joint interventions are very common. The trainee would participate in these as part of their placement.</p> <p>The team is also integrated with social services, so that</p>

	<p>social care is provided that supports people's health needs to be met.</p> <p>Integrated working is also required with other mental health services E.g. the out of hours home treatment team, with general practice, and with social care providers e.g. day services.</p>				
5.5 Additional Comments					
6) LOCAL ACADEMIC SUPPORT					
6.1 Local academic programme		<p>Trainee will attend the weekly academic program based on site the The Newham Centre for Mental Health, and the monthly Psychiatry academic program based at Barts.</p> <p>This programme includes a weekly case presentation psychotherapy supervision group, additional teaching in topics allied to psychiatry and a journal club.</p> <p>The trainee will get the opportunity to present a case at this forum, supervised by their consultant.</p> <p>They would also attend Foundation Year teaching at the acute site as required</p>			
6.2 Local Knowledge eg Library Resources		Access to Library at NUH.			
6.3 Additional comments					
7) TIMETABLE					
7.1 Trainee timetable					
Monday	Tuesday	Wednesday	Thursday	Friday	
AM – Management Ward Round Dr Gibson	AM- Ward Round Dr Iwata	AM- Ward work or CRT work ? CDU session at NUH	AM- Ward Round Dr Gibson	Ward work Management Round Dr Iwata Or CRT	
PM – Ward Work and/or special interest	PM – Ward work	Local Teaching or Barts Teaching	PM – Ward work	Ward work Clinical Supervision session	

7.2 Trainer timetable – Dr Gibson				
Monday	Tuesday	Wednesday	Thursday	Friday
Management Round Emerald CT 1 Supervision 12 - 1	CPAs CRT	Admin / ward work / Governance	Ward Round	OP Clinic
Admin/Tutor/CMHT Management / Governance.	Meetings CRT Subteam HTr-SUPERVISION	Local Teaching Barts monthly	Ward CRTT Management meetings	Ward FY Supervision.
7.2 Trainer timetable Dr Iwata				
Monday	Tuesday	Wednesday	Thursday	Friday
Management Round Emerald	Ward Round Emerald	Admin / ward work / Governance	CRT OP clinic	Ward work
CMHT session	Ward Round CRT	Local Teaching Barts monthly	CRT Management meetings	Ward work Supervision FY Supervision. Meetings
11.1 Trainer:	Name Dr Iris Gibson	Signature 	Date 21.11.16	
11.4 DPME:	Name Dr Nick Bass	Signature	Date	

FOUNDATION YEAR 1 PSYCHIATRY TRAINING POST JOB DESCRIPTION

1) INTRODUCTION

1.1 Grade of Post	Foundation Year 1
1.2 Specialty/Sub-Specialty	Psychiatry/Liaison Psychiatry
1.3 Type of Contract/WTE	Substantive 1.0 WTE
1.4 Duration of Post	4 months
1.5 Trainer Name	Dr Simon Kirwin
1.6 Base/Address	Newham University Hospital Glen Road, Plaistow London E13 8SL
1.7 Service Line	Adult Mental Health

2) DESCRIPTION OF THE POST and TRAINING OPPORTUNITIES

2.1 Qualifications and Experience of the Trainer	<p>Dr Simon Kirwin MB ChB BEng(Hons) MSc(Eng) MRCPsych Consultant Liaison Psychiatrist Clinical Lead for Psychiatric Liaison (RAID) Newham University Hospital, London</p> <p>I am a graduate of medicine from the University of Sheffield (in 2000), and have worked in psychiatry for 15 years. I have been a consultant in Liaison Psychiatry at NUH since March 2014. I have taught and trained medical undergraduates and trainees throughout my career. I clinically supervise my FY1 and ST4-6, and educationally supervise another FY1 and two other ST4-6s.</p>
2.2 Description of the Clinical Service	<p>NUH is a 424 bed hospital on the same campus as the Gateway Surgical Centre & Newham Centre for Mental Health. Psychiatric liaison services were reconfigured in March 2014 to a RAID (Rapid Access, Interface, Discharge) liaison model. The team covers inpatient liaison for all age (working and older adult), and the Emergency Department. The perinatal psychiatric liaison team remains a team in the hospital, but is 'standalone' at the current time.</p>

<p>2.2 Description of Clinical/Medical Team</p>	<p>The Foundation trainee will join the inpatient liaison team, but will also be part of the whole RAID team, and so will have opportunity to experience work in the Emergency Department. The RAID team consists of 2.5 Consultant Psychiatrists, 1.0 ST4-6 higher trainee on a year placement in Liaison Psychiatry, 1.0 senior PLN for inpatient working age adults, 1.5 PLNs for inpatient older adults, 1.0 FY2 trainee based in ED, and 10 whole-time PLNs on a rota for ED (2 on shift 24/7).</p> <p>The trainee will have an opportunity to see how the different therapeutic skills of team members operate to diagnose and manage patients on all the medical and surgical wards, as well as ED.</p>
<p>2.3 Training Opportunities</p>	<p>The trainee will be encouraged to undertake programmed Supervised Learning Activities (SLEs) and Work Place Based Activities in accordance with the Foundation Curriculum and core competencies in psychiatry.</p> <p>In Newham University Hospital you will see a very wide range of psychiatric disorders and comorbid medical and surgical presentations. The trainee will gain experience of the assessment and treatment of all such conditions in a multidisciplinary context.</p> <p>There is the opportunity to participate in Mental Health Act Assessments and other joint assessments within the team.</p> <p>There is also be the opportunity to spend a special interest session/s with other parts of the RAID team (older adults, ED) and the Perinatal Psychiatry team in NUH.</p> <p>The work that the FY trainee undertakes will be structured, with well-defined guidelines and learning objectives so that the work is appropriate for a doctor at this level of training.</p>

2.5 Additional comments	<p>Skills and knowledge gained in liaison psychiatry are readily transferable to other psychiatric specialties, to general practice and also all medical settings where people with mental health problems frequently present with physical problems.</p> <p>The trainee will also be offered information and advice about careers in psychiatry.</p>
3) CLINICAL SUPERVISION	
3.1 Clinical Supervision arrangements	<p>The trainee will initially discuss a personal development plan with the consultant, setting out key learning objectives for the 4 month placement.</p> <p>The trainee will receive structured close clinical supervision at all times by members of the team, led by Dr Simon Kirwin. A Trainer or named deputy will be available for advice at all times, and one hour a week will be allocated with a consultant for a supervision session.</p>
3.2 One to One Trainer Educational Supervision Arrangements	<p>In addition to once weekly clinical supervision additional face to face time with consultant trainers for reflection and Educational supervision will occur daily to review the placement and learning objectives/PDP. The liaison team works very closely together, and is consultant-led.</p>
3.3 Trainer cover arrangements	<p>The consultant liaison psychiatrists provide cross-cover for each other. If they are away another consultant psychiatrist is nominated to cover RC responsibility. Clinical supervision and support is also provided by the higher ST4-6 trainee.</p>
3.4 Additional comments	<p>The post offers a broad experience in all aspects of Liaison Psychiatry with the opportunity to experience other teams within the service should the trainee have a special interest.</p>
4) INDUCTION – describe the arrangements including any out of service leave required	
4.3 Team/Departmental Induction	<p>The trainee will be inducted to the team/department following standard local induction for all trainees. They will receive information about their job and roles and responsibilities prior to commencing the post also.</p>

5) SPECIFIC CURRICULA PRIORITIES – describe how these are met in the post	
5.1 Community Orientation	The post is based solely in Newham University Hospital, as the discipline of liaison psychiatry works with inpatients and in the ED. There is, however, daily contact with community teams, the Home Treatment Team, Drug & Alcohol and other community teams, referring patients for on-going community support and treatment. The trainee will learn about the foundations of psychiatric continuity of care after discharge from a general hospital, to manage severe and enduring and acute mental illness.
5.2 Long Term Conditions	The Trainee will gain experience of assessment, diagnosis and management and care of patients with mental health illness developed secondary to physical illness, and patients with existing mental health illness. They will see a broad range of mental illness including Psychotic illness (including Schizophrenia and Bipolar Disorder), Depression, Anxiety Disorders, Personality Disorder, Conversion Disorders and also co-morbid substance misuse (in particular, Alcohol) as well as psychosocial factors impacting on mental illness.
5.3 Holistic Care	An holistic approach to care is integral to the way liaison psychiatry is practiced, and is essential because of the complex nature of the problems presented. A biopsychosocial approach is key to working holistically with patients within the general hospital. The team therefore provides an excellent environment for the trainee to achieve competencies in these areas.
5.4 Inter-professional and integrated Working	The RAID psychiatric liaison team works with all the medical and surgical teams, and the ED team. Multidisciplinary working is key to the discipline, and joint interventions are very common. The trainee would participate in these as part of their placement. Integrated working is also required with other mental health services e.g. the out of hours home treatment team, with general practice, and with social care providers e.g. day services.
5.5 Additional Comments	
6) LOCAL ACADEMIC SUPPORT	

6.1 Local academic programme	<p>The trainee will attend the weekly academic program based on site the The Newham Centre for Mental Health, and the monthly Psychiatry academic program based at Barts.</p> <p>This programme includes a weekly case presentation psychotherapy supervision group, additional teaching in topics allied to psychiatry and a journal club.</p> <p>The trainee will get the opportunity to present a case at this forum, supervised by their consultant.</p> <p>The trainee also attends Foundation Year teaching, weekly, at NUH.</p>
6.2 Local Knowledge eg Library Resources	Access to Library at NUH.
6.3 Additional comments	
7) TIMETABLE	

7.1 Trainee's timetable

	AM	PM
Monday	Board Round Assessment & review of ward pts, or MAU Grand Round	Ward work
Tuesday	Board Round Assessment & review of ward pts	Ward work
Wednesday	Board Round Assessment & review of ward pts	Local Teaching
Thursday	Board Round Assessment & review of ward pts Clinical/Educational Supervision	Ward work MUS/Freq Attender Clinic
Friday	Board Round Assessment & review of ward pts	Ward work

7.2 Trainer's timetable

	AM	PM
Monday	-	-
Tuesday (long day)	Board Round Assessment & review of ward pts, ED cover	Ward/ED
Wednesday (long day)	Board Round Assessment & review of ward pts, ED cover Medical student supervision	Ward/ED work/ SPA (& case presentation at NCfMH (or St Barts academic))
Thursday (long day)	Board Round Assessment & review of ward pts, ED cover Supervision with FY1 Supervision with ST4-6	MUS/Frequent Attender clinic Assessment & review of ward pts, ED cover
Friday (long day)	Board Round Assessment & review of ward pts, ED cover	Ward/ED

11.1 Trainer: Dr Simon Kirwin	Date: 01/02/2017
11.4 DPME: Dr Nick Bass	

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital
Foundation Year 1**

Placement	F1 Cardiology
The department	<p>Newham University Hospital (NUH) serves a local population of about 330,000. There are high local rates of cardiovascular morbidity and mortality. The secondary care cardiology services for the local population are provided by NUH. The cardiology department is located adjacent to the fully equipped acute care unit (ACU). It provides comprehensive non-invasive diagnostic facilities, including ECGs, treadmill stress testing, Holter monitoring, tilt testing, transthoracic and transoesophageal echocardiography, and pacemaker follow-up services.</p> <p>Cardiology in-patients are looked after on the 16-bedded ACU. A 12-bedded step-down unit is located immediately adjacent to the ACU. There is a daily chest pain clinic as well as outpatient clinics on most days.</p> <p>The Department of Cardiology is staffed by six Consultants, Dr Archbold, Dr Khamji, Dr Ranjadayalan, Dr Sekhri, Professor Timmis, and Dr Weerackody. Most posts are shared with Barts Heart Centre, which provides tertiary level care for Newham patients including cardiac MRI, cardiac CT, coronary angiography, PCI, cardiac surgery, cardiac rhythm management devices, and ablation.</p> <p>Dr Archbold, Dr Khamji, Dr Ranjadayalan, Dr Sekhri and Dr Weerackody undertake the in-patient ward rounds. Dr Dhinoja undertakes an Electrophysiology (EP) clinic and an EP ward round on Friday afternoons.</p>
Duration	This post rotates with two other specialty posts at NUH to comprise a 3 x 4 month post rotation.
The type of work to expect and learning opportunities	This is a ward-based post in cardiology at a district general hospital. The main expectation is to deliver the daily medical care for the cardiology in-patients on the ACU. The

	<p>Cardiology F1 is involved in the clerking of patients admitted to the ward and in the ongoing care of the patients in the unit.</p> <p>The main educational objectives for the F1 year are to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. <p>This post provides the educational opportunities necessary to meet these learning objectives, either through clinical exposure/experience, ad-hoc and formal teaching.</p>
Where the placement is based	Newham University Hospital; Coronary Care Unit/Acute Care Unit
Clinical Supervisor(s) for the placement	Dr Andrew Archbold
Main duties of the placement	The main responsibility of this post is the provision of the day-to-day care for cardiology in-patients on the ACU. This is undertaken in partnership with two other F1 doctors and under the supervision of one F2, one CMT, cardiology registrars, and cardiology consultants. An important part of this job is to maintain the medical records.
Typical working pattern in this placement	<p>Daily: 0900 Ward round 1500-1600 Ward round 1200/1700/2100 Handover</p> <p>Mon: 1230-1330 Grand round 1100-1700 Assessment unit</p> <p>Tues: 0900-1200 Ward Round 1400-1700 MDT Meeting</p>

	<p>Wed: 1400 F1 teaching Fri: 0800-0900 Departmental meeting</p> <p>Weekend ward cover Sat: 0900-2100 1 in 5/6 Sun: 0900-2100 1 in 5/6</p> <p>On call requirements: On call commitments for General Medicine 1 in 6 with flexible twilight shifts.</p>
<p>Employer information</p>	<p>The employer for this post is Barts Health NHS Trust. The post is based in Newham University Hospital, Glen Road, London E13 8RU. This is a medium-sized district general hospital which provides secondary care services for the local population of approximately 330,000.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix K – Glossary of terms

Placement

A structured and supervised training opportunity within a community or hospital setting, lasting no less than four months and no more than six months.

Rotation

A combination of placements configured to deliver one year training at F1 or F2.

One year stand alone rotations are offered by some schools. As an organisational unit, a programme is made up of two rotations”.

Some schools may refer to ‘rotations’ as ‘tracks’.

Foundation Programme:

A two year programme for an individual trainee/doctor made up of F1 and F2 rotations.

Some schools offer a full two year integrated programme and others which allocate to F1 and F2 as two separate processes.

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital
Barts Health NHS Trust
Foundation Year 1**

All information to be completed by the LEP.

Please amend/enter the relevant information in the section in italic blue text. You may add items that you think relevant information on the placement description to sections. Please

Placement	F1 ENDOCRINE MEDICINE
The department	The Dept. of Endocrine Medicine comprises 7 Consultants of whom 6 supervise the acute medical take. Interests include General Medicine, Diabetes (including young adolescents / pump therapy, diabetic foot disease and antenatal diabetes) and Endocrinology. Specialist dynamic endocrine tests are supported by trained endocrine nurses. The department serves London Borough of Newham with a catchment population of 280,000
Duration	This post rotates with two other specialty posts at NUH 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Endocrine attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients,

	<p>relatives and colleagues</p> <ul style="list-style-type: none"> • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Endocrine Department; Plashet ward (1 post); Stratford ward (2 posts)
Clinical Supervisor(s) for the placement	Dr Karl Metcalfe / Dr Philippa Hanson (Plashet ward) Dr Niyi Sonibare/ Prof Susan Gelding (Stratford ward)
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record, taking responsibility for between 8 – 20 cases at any one time. S/he will have opportunity to work with the consultants in outpatients clinics should s/he wish. S/he is expected to attend the structured teaching programmes provided by the department and generic FY1 teaching provided by the Trust. There is opportunity for SIM based sessions to complement more traditional lecture based teaching The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Daily: 0900 Ward round 1700 Handover</p> <p>Mon: 1230 Grand Round 1330 XR Meeting</p> <p>Tues: 12.30 Formal teaching programme 1400 Endocrine Meeting</p> <p>Wed: 12.30 Formal teaching programme</p> <p>Thurs: 0830 Endocrine meeting</p> <p>Fri: Ward cover</p> <p>Sat: 0900 – 2200 1 in 8</p> <p>Sun: 0900 – 2200 1 in 8</p> <p>On call requirements: 1 in 5 with flexible twilight shifts.</p>

Employer information	The employer for this post is Barts Health NHS Trust The post will be based in Newham University Hospital, London E13, which is a medium sized district general hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000. About 25% of the population is over 65 and 40% under 16 years
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It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix K – Glossary of terms

Placement

A structured and supervised training opportunity within a community or hospital setting, lasting no less than four months and no more than six months.

Rotation

A combination of placements configured to deliver one year training at F1 or F2.

One year stand-alone rotations are offered by some schools. As an organizational unit, a programme is made up of two rotations”.

Some schools may refer to ‘rotations’ as ‘tracks’.

Foundation Programme:

A two year programme for an individual trainee/doctor made up of F1 and F2 rotations.

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**NETFS - Foundation School
Individual Placement Description
Newham University Hospital NHS Trust
Foundation Year 1**

All information to be completed by the LEP.

Please amend/enter the relevant information in the section in italic blue text. You may add items that you think relevant information on the placement description to sections. Please

Placement	F1 General Surgery
The department	<p>General Surgery comprises of care for patients who have a wide range of conditions ranging from breast disease through to colorectal pathology. It is a great opportunity to gain surgical experience in the acute setting and in the evaluation and management of elective treatment. Opportunities abound to scrub in theatre to gain experience of surgery in both emergency theatre (acute admissions from A&E which need surgery) and elective lists. It is a great opportunity to learn as you are well supported and all the senior staff are available to teach. The majority of your time will be spent in perioperative care and assessment of patients, as well as attending theatre and clinics where possible to augment your learning. There are 7 consultants (1 locum), 1 associate specialist, 1 specialty doctor, 8 registrars, and 8 SHOs. Effectively there are three firms with some degree of cross cover.</p> <p>You will work for Mr Mihaimed and Mr Saunders (Breast, Endocrine and General) – 2 FY1's, Mr Sinha and Mr Marshall (Laparoscopic and Day Case) - 1 FY1 and Mssrs Le Fur, Patel and Koronfel (Colorectal) 1 FY1 supported by trust doctor at FY1 /FY2 level.</p> <p>Our current FY1s enjoy this post and many have managed to complete audit and research with presentation at regional and national meetings as well as getting to grips with basic surgical skills.</p>
Duration	This post rotates with four other specialty posts at NUHT 3 x 4 month posts
The type of work to expect and learning opportunities	All F1 Doctors in this post will generally be expected to see the pre/post op patients on a daily basis, and are expected to deliver the daily

	<p>medical care of inpatients under your consultant with excellent support from seniors. As stated above, there are plenty of opportunities to be involved in surgery as well as outpatient care. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and solve problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Mainly East Ham and Maple Ward.
Clinical Supervisor(s) for the placement	Mr Mihaimeed, Mr Saunders, Mr Marshall, Mr Sinha, Mr Patel Mr Le Fur and Mr Koronfel (locum)
Main duties of the placement	The FY1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. The FY1 will be encouraged to participate in audit and research within the department and the Trust. Cross cover between firms may occasionally be required but should not be the norm.
Typical working pattern in this placement	<p>Daily: 0800 Handover meeting</p> <p>Mon: AM Departmental educational meeting Ward round and Elective clinic PM Theatre and Ward duties</p> <p>Tues: AM Ward round and Theatre PM FY1 teaching and clinic</p>

	<p>Wed: AM/PM Ward round PM FY1 teaching</p> <p>Thurs: AM Ward round/clinic/theatre PM Theatre</p> <p>Fri: AM Ward round PM Weekend handover</p> <p>Sat/Sun 08:00-20:00 or 08:00-13:00 (On-call 1 in 7 weeks with days in lieu)</p> <p>As an FY1 in General Surgery, you will do cross cover for general surgery and urology at least once a week between 1700-2000 only, and also do 1 in 7 weekends.</p>
<p>Employer information</p>	<p>The employer for this post is Barts Health NHS Trust, the biggest trust in the country.</p> <p>The post will be based in Newham University Hospital , London E13, which provides an extensive range of secondary services for the growing local community of approximately 300,000. The local community is young, vibrant and is the most ethnically diverse in the country.</p>

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**NETFS - Foundation School
Individual Placement Description
Newham University Hospital NHS Trust
Foundation Year 1**

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Placement	Gastroenterology as part of the Surgery/Gastro/Care of Elderly rotation.
The department	The Department of gastroenterology comprises of 5 consultants with in-patients split between 2 firms. The department serves the London Borough of Newham with a catchment population of over 307,000 people.
Duration	This post rotates with two other specialty posts at Newham University Hospital as one of 3 x 4 month posts.
The type of work to expect and learning opportunities	<p>All Foundation Year 1 (FY1) doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in this attachment the FY1 doctors will be involved with the generic clerking of patients being admitted and the ongoing care of the patients on the unit. The gastroenterology department has 3 FY1 doctors working at the same time with clinical responsibilities shared between them.</p> <p>The overall educational objectives of the FY1 year are in line with the Foundation Year curriculum to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively

	<ul style="list-style-type: none"> • Become life-long learners and teachers. • Work effectively with the rest of the team and with nurses and allied health professionals
Where the placement is based	The placement is based solely in Newham University Hospital. The gastroenterology base ward is the 27 bed Plashet Ward and other wards if there are outlier patients
Clinical Supervisor(s) for the placement	Dr Dias, Dr Guinane, Dr Jawad, Dr Kulhalli and Dr Rochford. Usually Dr Dias and Dr Kulhalli look after the inpatients but if they are away then consultant cover is provided by Dr Rochford and Dr Jawad respectively. Each inpatient team has one SpR, one CMT SHO, and one FY1. Dr Dias' team also has one FY2 and Dr Kulhalli's team has the other FY1. There are at least two consultant and two SpR ward rounds per week
Main duties of the placement	<ul style="list-style-type: none"> • The FY1 doctor is responsible, along with other medical and nursing staff, for the care of ward patients and the maintenance of the patients' medical records. This includes preparation and maintenance of ward inpatient lists. • Contributing to the general medical on-call rota on the wards and the medical assessment unit. The FY1 rota covers weekdays and weekends during the daytime and evening but not overnight. • Are expected to attend the twice weekly structured teaching programmes provided by the department and the hospital. • Be responsible for maintaining and updating their electronic portfolio in order to pass their annual review of competence progression (ARCP). • Become competent in generic skills in accordance with the curriculum. • Become competent with the management of various general internal medicine (GIM), gastroenterology, hepatology and nutritional conditions in inpatients and those that present as day cases to endoscopy. We have a junior doctor run (but consultant supervised) "Bloods & Weights" Clinic twice weekly where the FY1s, FY2 and CMTs will be trained to manage patients with ascites due to liver disease. FY1s also will do the discharge summaries for patients who have liver biopsies, iron and infliximab infusions and some endoscopic procedures like ERCP that may need

	hospital admission.
<p>Typical working pattern in this placement</p>	<p style="text-align: center;">Monday</p> <ul style="list-style-type: none"> • 0800 Post take ward round (1 Monday in 3) or Consultant 1 Ward Round • 0900 Medical Handover • 0930 Board Round • 1100 Consultant 2 Ward Round • 1130 Bloods & Weights Clinic • 1230 Grand rounds <p style="text-align: center;">Tuesday</p> <p>Gastroenterology (Firm B On Call)</p> <ul style="list-style-type: none"> • 0800 Upper GI Cancer Meeting • 0900 Medical Handover • 0930 Board Round • 1100 Plashet Ward MDT meeting • 1200 FY1 teaching <p style="text-align: center;">Wednesday</p> <ul style="list-style-type: none"> • 0800 Post take ward round • 0900 Medical Handover • 0930 Board Round • 1200 FY1 teaching <p style="text-align: center;">Thursday</p> <p>Gastroenterology (Firm B On Call 1 week in 3)</p> <ul style="list-style-type: none"> • 0800 Departmental teaching (Journal club, Morning report, Governance & Audit meeting) • 0900 Medical Handover • 0930 Board Round <p style="text-align: center;">Friday</p> <ul style="list-style-type: none"> • 0800 Post Take Ward Round (if on call) • 0800 Consultant 1 and 2 Ward Round • 0900 Medical Handover • 0930 Board Round • 1130 Blood & Weights Clinic <p style="text-align: center;">Weekend On Calls</p> <ul style="list-style-type: none"> • 0900 – 2100 (Saturday & Sunday) 1 week in every 5/6 <p style="text-align: center;">On call requirements</p> <ul style="list-style-type: none"> • 1 in 5 with Flexible twilight shifts.
<p>Employer information</p>	<p>Barts Health NHS Trust was created on 1 April 2012 by bringing together three acute trusts: Barts and The London NHS Trust, Newham University Hospital NHS Trust and Whipps Cross University Hospital NHS Trust which deliver high quality clinical care to the people of east London and further afield. The post will be based in Newham University Hospital (NUH), which has 340 beds and is situated in Plaistow. The area is thriving following the 2012 Olympic Games and development of Westfield Stratford City Shopping Centre. London City Airport, the ExCel and the University of East London are all in the vicinity. Economic regeneration is being stimulated by these developments and by central government investment in large infrastructure projects such as the Jubilee line and the European high speed train terminal in Stratford. The population is economically challenged and</p>

	is the youngest, most ethnically and socially diverse borough in the UK. Newham has the third fastest growing population in England, with 40% of the community being 0-24 years old and the largest population of under 1s in the UK. Continued population growth is projected as housing and economic regeneration takes place. Because of the social mix of the local population this is reflected in the spectrum of pathology and cases seen.
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Rotation

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**NETFS - Foundation School
Individual Placement Description
Newham University Hospital NHS Trust
Foundation Year 1**

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Placement	F1 Orthogeriatrics
The department	Elderly patients who fall because of medical problems and then fracture a bone do not fit neatly into either the medical or the surgical division. So instead of making the patients fit the system, we organize their care so that their problems are looked after jointly by both the Orthopaedic and Geriatric teams This post covers the day to day care of all patients over 75 years with a fracture and over 60 years with (NOF) neck of femur fracture. (reference to the website: nhfd.rcp.uk) This includes preoperative optimisation and postoperative care and rehabilitation, falls prevention and osteoporosis treatment
Duration	This post rotates with two other specialty posts at NUHT 3 x 4 month posts.
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Orthogeriatric attachment the F1 will be involved with the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues to ensure safe

	<p>discharge planning</p> <ul style="list-style-type: none"> • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Orthogeriatric team based on 10-15 beds on Tayberry Ward
Clinical Supervisor(s) for the placement	Dr Charlotte Pratt Consultant Orthogeriatrician
Main duties of the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record, and also to take responsibility for problems arising with patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>Please note: there is the opportunity to attend outpatients clinics and theatres but this is NOT formally timetabled.</p> <p>There are multiple opportunities to learn with and from Orthopaedic Surgeons but this is not a 'surgical' job as such.</p>
Timetable	<p>Daily 08.00 Trauma meeting jointly with orthopaedic team</p> <p>Mon: Review of new /sick patients (with Consultant Orthogeriatrician/Orthopaedic Surgeon)</p> <p>11.30 Board Round 12.30 Grand Round Pm Ward Work with FY2</p> <p>Tues: Consultant Ward Round MDT 11:30 12:30 FY1 teaching</p> <p>Wed: Consultant Review new/sick patients. 11.30 Board Round @12.30 – Orthopaedic teaching (Mr. Bhumbra) 12:30 FY1 teaching</p> <p>Thurs: Consultant Ward Round 11.30 Board Round</p>

	<p>12:30 FY2 teaching 13:15 COE teaching</p> <p>Fri: Consultant Review 11.30 Board Round pm Ward work with FY2</p> <p>Sat/Sun 08:00-20:00 or 08:00-13:00 (On-call 1 in 4 weeks with days in lieu)</p> <p>As an FY1 in Orthogeriatrics, you will do general surgical cross cover at least once a week between 1700-2000 only, and also do 1 in 4 weekends.</p> <p>No registrar allocated to firm but medical registrar available if acute problem.</p>
<p>Employer information</p>	<p>The employer for this post is BARTS HEALTH NHS TRUST</p> <p>The post will be based in Newham University Hospital, London E13, which provides an extensive range of secondary services for the growing local community of approximately 480,000. About 25% of the population is over 65 and 50% under 16 years .Newham is ethnically diverse and is one of the poorest boroughs in the UK</p>

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Individual Placement Description
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Placement	F1 Trauma and Orthopaedics
The department	<p>Trauma and Orthopaedics comprises of care for patients who have musculoskeletal injuries or degenerative disorders. It is a great opportunity to gain surgical experience. Plenty of opportunities to scrub in theatre to gain experience of surgery, this involves trauma theatre (acute admissions from A&E which need surgery) and elective lists. It is a great opportunity to learn as you are well supported and all the senior staff are available to teach. As well as attending theatre and clinics, it also requires doing pre and post-operative management of patients as well as discharge summaries. You will mainly be working for Mr Carlos (upper limb) or Mr Millington (lower limb). There are 8 consultants, 1 associate specialist, 6 registrars, and 8 SHOs.</p> <p>Our current FY1s highly recommend this job. The department serves London Borough of Newham with a catchment population of 300,000.</p>
Duration	This post rotates with two other specialty posts at NUHT 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in this post will generally be expected to see the pre/post op patients on a daily basis, and are expected to deliver the daily medical care of inpatients under your consultant with excellent support from seniors. As stated above, there are plenty of opportunities to be involved in surgery as well as outpatient care.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and solve problems

	<ul style="list-style-type: none"> • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Mainly East Ham and Maple Ward.
Clinical Supervisor(s) for the placement	Mr Carlos, Mr Millington, Mr Bhumbra and Mr Dawson-Bowling
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. To participate in audit and research within the department and the Trust. Cross cover between firms may occasionally be required but should not be the norm.
Typical working pattern in this placement	<p>Daily: 0800 Trauma meeting and handover</p> <p>Mon: AM Ward round and Elective clinic PM Ortho Teaching and Ward duties</p> <p>Tues: AM Ward round PM FY1 teaching</p> <p>Wed: AM/PM Elective theatre PM FY1 teaching</p> <p>Thurs: AM Ward round/clinic PM Trauma list</p> <p>Fri: AM Ward round/trauma theatre</p> <p>Sat/Sun 08:00-20:00 or 08:00-13:00 (On-call 1 in 4 weeks with days in lieu)</p> <p>As an FY1 in T&O, you will do general surgical cross cover at least once a week between 1700-2000 only, and also do 1 in 4 weekends.</p>

Employer information	The employer for this post is BARTS HEALTH NHS TRUST, the biggest trust in the country. The post will be based in Newham University Hospital , London E13, which provides an extensive range of secondary services for the growing local community of approximately 300,000. The local community is young, vibrant and is the most ethnically diverse in the country.

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Individual Placement Description
Newham University Hospital
Barts Health NHS Trust
Foundation Year 1**

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Placement	F1 Paediatrics
The department	<p>Department of Paediatrics comprise of 18 beds which includes 2 High Dependency beds, 8 cubicles and 2 bays accommodating 4 beds each.</p> <p>There are clinics every day including outreach specialist clinics of cardiology, neurology, haematology and endocrinology from Great Ormond Street Hospital and Royal London Hospital.</p> <p>FY1 doctor works in paediatrics for 4 months. During paediatric placement, he/she works in the ward from Monday to Friday from 08:30-17:00. He/she does not participate out of hours duties.</p> <p>The department has a high case mix with complex pathology, unique place for trainee doctors to get wealth of clinical experiences.</p> <p>The department is closely linked to Great Ormond Street Hospital and Royal London Hospital which provide tertiary services to Newham paediatric population. Department has close link with Queen Mary medical school, getting fourth year and final year medical students for 6 weeks rotating in paediatric, neonates and Accident & Emergency. The department has employed a teaching registrar who is responsible for medical students training in the department.</p>
Duration	This post rotates with two other specialty posts at NUHT 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Paediatric attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient

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Where the placement is based	Newham General Hospital; Paediatric ward (Rainbow Ward)
Clinical Supervisor(s) for the placement	Any paediatric consultant
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Daily clinical hand over from 08:30-0900 in academic centre. Teaching programme from 0900 to 0930 Tuesdays, Wednesdays and Thursdays</p> <p>He/she will be working in the ward.</p> <p>Daily ward round in the paediatric ward</p> <p>Mon: Hand over 08;30-09:30</p> <p>Tues: Hand over 08:30-09:30, Junior meeting (first Tuesday) other Tuesday : SHO teaching- Consultant delivered</p> <p>Wed: Hand over 08:30-09:30, Audit/guidelines and Radiology meeting on alternate week</p> <p>Thurs: 08:30-09:30, Hand over and Journal club/Case</p>

	<p>presentation</p> <p>Fri: Departmental teaching (15:00-17:00) Every first Friday 15:00- 17:00 Paediatric Simulation training .</p> <p>The trainee can be provided with a taster week to work in Neonatology if he/she wishes.</p>
<p>Employer information</p>	<p>The employer for this post is Barts Health NHS TRUST The post will be based in Newham General Hospital, London E13, which is a medium sized acute NHS Hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000. About 25% of the population is over 65 and 30% under 20 years</p>

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Individual Placement Description
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Placement	FY1 RESPIRATORY
The department	<p>The Department of Respiratory Medicine comprises of three consultants who all do acute medicine. One team specializes in TB, one team in lung cancer/asthma and one in COPD/Sleep/NIV. As well as these disorders you are exposed to a wide variety of general medical issues.</p> <p>The department serves London Borough Newham with a catchment population of 260,000</p>
Duration	This post rotates with two other specialty posts at NUHT 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All FY1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Respiratory Medicine attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>FY1 trainees will be encouraged to attend various respiratory clinics (ie TB, OSA, Oxygen, Lung CA) to gain outpatient experience.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesize problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients,

	<p>relatives and colleagues</p> <ul style="list-style-type: none"> • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Respiratory placement is based on Stratford ward, although outlier patient can be scattered throughout the hospital. The NIV team often has patients on ACU/CCU who are on non-invasive ventilation.
Dr V Macavei	Dr V Macavei, Consultant Respiratory Physician
Main duties of the placement	The FY1 trainee is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Daily: 9.00 - 9.30 Medical Hand-over</p> <p>11.00 - 11.30 Stratford ward Board meeting</p> <p>Mon: 8.00 - 9.00 Departmental M+M /Educational meeting monthly</p> <p>Mon: 9.30 Consultant Ward round</p> <p>12.30 - 13.15 Grand Round</p> <p>Tues: 10.30 Consultant Ward round</p> <p>12.30 - 13.30 Teaching Programme</p> <p>Wed: 12.30 - 13.30 Teaching Programme</p> <p>Thurs: 10.30 - Consultant Ward Round</p> <p>13.00 - Radiology / Diagnostic Lung</p>

	<p>MDT</p> <p>Fri: Ward cover</p> <p>Sat: 9.00 - 21.00 1 in 5/6</p> <p>Sun: 9.00 - 21.00 1 in 5/6</p> <p>On call requirements: 1 in 5 with flexible twilight shifts.</p>
Employer information	<p>The employer for this post is NEWHAM UNIVERISTY HOSPITAL NHS TRUST</p> <p>The post will be based in Newham General Hospital , London E13, which is a medium sized acute NHS Foundation Trust and provides an extensive range of secondary services for the growing local community of approximately 280,000.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix K – Glossary of terms

Placement

A structured and supervised training opportunity within a community or hospital setting, lasting no less than four months and no more than six months.

Rotation

A combination of placements configured to deliver one year training at F1 or F2.

One year stand-alone rotations are offered by some schools. As an organizational unit, a Programme is made up of two rotations”.

Foundation Programme:

A two year Programme for an individual trainee/doctor made up of F1 and F2 rotations.

Some schools offer a full two year integrated Programme and others which allocate to F1 and F2 as two separate processes.

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital NHS Trust
Foundation Year 1**

All information to be completed by the LEP.

Please amend/enter the relevant information in the section in italic blue text. You may add items that you think relevant information on the placement description to sections. Please

Placement	F1 Care of the Elderly
The department	<p>The Care of the Elderly department comprises 8 consultants. FY1s work 2 months on acute care of the elderly, caring for all acute medical admissions over 75 years of age, and 2 months on rehabilitation, caring for patients over 75 years of age. All general adult medical pathology is represented.</p> <p>The department serves London Borough of Newham with a catchment population of 260,000.</p> <p>The department is closely linked to East Ham Care Centre, Cazaubon rehabilitation unit.</p>
Duration	<p>This post rotates with two other specialty posts at NUHT 3 x 4 month posts</p>
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward. . Whilst in the Care of the Elderly attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to

	<p>benefit patient care</p> <ul style="list-style-type: none"> • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Care of the Elderly (mainly Silvertown – acute ward, and Thistle, Tayberry and Heather – rehab wards) and all other general medical wards.
Clinical Supervisor(s) for the placement	Dr Sara Lightowlers, Dr. Catherine Bracewell, Dr Charlotte Pratt, , Dr Hafiz Syed, Dr. Ava Jackson, Dr. Kris Warren, Dr Jane Pickles, Dr Rebecca Sullivan
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will take responsibility for problems arising in patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Daily: 0800/ 0900 – Daily ward round</p> <p>Mon: 1200 – MDT 1230 – Hospital Grand Round</p> <p>Tues: 1215 - FY1 Teaching</p> <p>Wed: 1200 – FY1 Teaching 1400 – Clinical Coding Meeting</p> <p>Thurs: 1200 – MDT 1400 – Departmental teaching</p> <p>Sat: 0900 – 2200 1 in 9 Sun: 0900 – 2200 1 in 9</p> <p>On call requirements: 1:9 on call for general and geriatric medicine – day shifts only</p>
Employer information	The employer for this post is NEWHAM UNIVERSITY HOSPITAL (part of Barts Health NHS Trust).

	The post will be based in Newham General Hospital, London E13, which is a medium sized acute hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000.
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It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix K – Glossary of terms

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Rotation

A combination of placements configured to deliver one year training at F1 or F2.

One year stand alone rotations are offered by some schools. As an organisational unit, a programme is made up of two rotations”.

Some schools may refer to ‘rotations’ as ‘tracks’.

Foundation Programme:

A two year programme for an individual trainee/doctor made up of F1 and F2 rotations.

Some schools offer a full two year integrated programme and others which allocate to F1 and F2 as two separate processes.