

FOUNDATION YEAR 1 PSYCHIATRY TRAINING POST JOB DESCRIPTION	
1) INTRODUCTION	
1.1 Grade of Post	Foundation Year 1
1.2 Specialty/Sub-Specialty	Psychiatry/ General adult Psychiatry
1.3 Type of Contract/WTE	Substantive 1.0 WTE
1.4 Duration of Post	4 months
1.5 Trainer Name	Dr Dudley Manns & Dr Carlos Gonzalez
1.6 Base/Address	The Newham Centre For Mental Health Glen Road, Plaistow E13 8SP
1.7 Service Line	Adult Mental Health
2) DESCRIPTION OF THE POST and TRAINING OPPORTUNITIES	
2.1 Qualifications and Experience of the Trainer	<p>Qualifications: Dr Dudley Manns MBChB, MRCPsych, DipClinPsych, Certificate in Learning & Teaching (distinction) 2010</p> <p>Working for 9 years as a consultant in this Trust with responsibility for both Clinical and Educational supervision of core and higher trainees in psychiatry in addition to GP trainees.</p> <p>Training Programme Director for higher trainees on Barts and London scheme 2008-2013. Teaching experience in different modalities with different professions and at different stages of training. CASC examiner and I am on the RCPsych CASC question writing panel.</p> <p>Clinical Director Newham Adult Mental Health Directorate since November 2013.</p> <p>Dr Gonzalez LMS, MRCPsych.</p> <p>Licentiate in Medicine and Surgery (LMS) by the University of Saragossa in 2000. Member of the Royal College of Psychiatrists. CCT in Adult/Rehabilitation Psychiatry Approved Clinician and Section 12 approval (MHA)</p> <p>I have worked over 10 years in General Adult Psychiatry, with over 2 years' experience as a Consultant Psychiatrist. I have been an examiner in undergraduate OSCEs, and provided teaching and training of medical undergraduates through my entire career. I have also provided clinical and educational supervision for all grades of psychiatrists and GPVS trainees during my higher training and consultant work.</p>

	<p>I have completed a Postgraduate Certificate in Workplace-based Medical Education by Edge Hill University.</p>
<p>2.2 Description of the Clinical Service</p>	<p>Ruby ward, at the Newham Centre for Mental Health, is an acute triage inpatient ward. It serves as the initial ward for all psychiatric admissions in the borough of Newham. The aim is to provide quick assessment and treatment, with emphasis on early senior medical review within 24 hours of admission. There are Consultant ward rounds daily during weekdays and ST4-6 ward rounds at weekends.</p> <p>Typical length of stay is about 2 or 3 days, with a maximum stay of 10 days. Patients needing longer inpatient stay are transferred to other wards at the Newham Centre for Mental Health. This amounts to half or less of the admissions. The rest are discharged home from Ruby ward with a community support plan when required. The ward has therefore very strong links with community services, such as the acute day hospital, the home treatment team, community mental health teams and specialist substance misuse services.</p> <p>The ward has 15 beds, which consist of single rooms. Communal areas include a secluded garden and therapy rooms. There is a weekly structured activity programme, run by therapists, activities coordinators and volunteers.</p>
<p>2.2 Description of Clinical/Medical Team</p>	<p>The medical team includes:</p> <ul style="list-style-type: none"> - Two part-time Consultant Psychiatrists <ul style="list-style-type: none"> o Dr Manns (Mondays, Tuesdays) o Dr Gonzalez (Weds, Thurs, Fridays) - A full-time associate specialist doctor in psychiatry, currently Dr Ince. - A trainee in psychiatry (CT2-3), currently Dr Ajgaybee <p>The clinical team on the ward also includes nurses, support workers, and activities coordinators. There is additional sessional (and as required) input from pharmacists, dance movement and art therapists, social workers (including Approved Mental Health Professionals and members of the Supported Accommodation Team), occupational therapists, volunteers, diabetic nurses and welfare officer.</p>
<p>2.3 Training Opportunities</p>	<p>The trainee will be encouraged to undertake</p>

	<p>programmed Supervised Learning Activities (SLEs) and Work Place Based Activities in accordance with the Foundation Curriculum.</p> <p>The ward has a rapid turnaround of patients, with around 100 admissions per month. We truly see the full spectrum of psychiatric conditions, including addictions, mood disorders, anxiety and trauma related disorders, psychosis, eating disorders, puerperal psychiatric illnesses, personality disorders and organic psychiatric illnesses. In addition some patients present with challenging social problems, including homelessness and immigration issues.</p> <p>The trainee will have an opportunity to see how the different therapeutic skills of team members operate to provide acute assessment and interventions for this wide variety of conditions. Particularly the trainee will be able to observe the multidisciplinary risk assessment and interventions provided, including self-harm management and containment of acutely disturbed behaviour and risk to others.</p> <p>The trainee will have the opportunity to start joining the ward round and shadow other members of the medical team during their first two weeks of the placement, in order to gain experience in psychiatric assessment and mental state examination. As appropriate to learning progression, the trainee will be able to undertake full assessments of new admissions under supervision and other ward related work.</p> <p>There is the opportunity to see the use of the Mental Health Act in practice, which will include observing assessments of patients brought by police under section 136.</p> <p>There may also be the opportunity to spend a special interest session/s with one of the other allied general adult specialities Eg. Liaison Psychiatry, Home Treatment Team, Acute Day Hospital, depending on the specific interests of the trainee.</p> <p>The work that the FY trainee undertakes will be structured, with well defined guidelines and learning objectives so that the work is appropriate for a doctor at this level of training.</p>
2.5 Additional comments	<p>Skills and knowledge gained are readily transferable to other psychiatric specialities, to general practice and also all medical settings where people with mental</p>

	<p>health problems frequently present with physical problems.</p> <p>There will also be opportunities to undertake some training run by the Trust in Child and Adult Protection issues.</p> <p>The trainee will also be offered information and advice about careers in psychiatry.</p>
3) CLINICAL SUPERVISION	
3.1 Clinical Supervision arrangements	Trainee will receive structured close clinical supervision at all times by members of the team, led by the two Consultants trainers. A Trainer or named deputy will be available for advice at all times, and one hour a week will be allocated with a consultant for a supervision session.
3.2 One to One Trainer Educational Supervision Arrangements	In addition to once weekly clinical supervision additional face to face time with consultant trainers for reflection and Educational supervision will occur monthly to review the placement and learning objectives
3.3 Trainer cover arrangements	The two trainers Consultants will arrange cover between themselves or from another Newham General Adult Consultant Psychiatrist, as a mandatory requirement. This will include Responsible Clinician duties under the Mental Health Act, and overall clinical supervision for the medical team as required.
3.4 Additional comments	The post offers a broad experience in all aspects of General Adult Psychiatry with the opportunity to experience other teams within the service should the trainee have a special interest.
4) INDUCTION – describe the arrangements including any out of service leave required	
4.3 Team/Departmental Induction	Trainee will be inducted to the team/department following standard local induction for all trainees. They will shadow other members of the medical team during their first two weeks of placement.
4.4 Additional comments	Out of service leave will be provided for any mandatory training required at induction such as the Acute site induction
5) SPECIFIC CURRICULA PRIORITIES – describe how these are met in the post	
5.1 Community Orientation	Although the ward base is in the Hospital, there are strong links with community base services as outlined above. The trainee will become familiar with the Care Programme approach to managing severe and enduring and acute mental illness. Close liaison with GPs and other community services is a crucial part of the work.
5.2 Long Term Conditions	The Trainee will gain experience of assessment,

	<p>diagnosis and management and care of patients with a broad range of Long Term Mental Illnesses including : Schizophrenia, Bipolar Disorder, Depression, Anxiety, Personality Disorder and co-morbid substance misuse, as well as psychosocial factors impacting on Mental illness.</p>
5.3 Holistic Care	<p>A holistic approach to care is integral to the way the team delivers interventions, and is essential because of the complex nature of the problems presented. A Biopsychosocial approach is always undertaken. The team therefore provides an excellent environment for the trainee to achieve competencies in these areas.</p>
5.4 Inter-professional and integrated Working	<p>Multidisciplinary assessments are the norm, and joint interventions are very common. The trainee would participate in these as part of their placement.</p> <p>Integrated working is also implemented with other mental health services (such as acute wards, community teams, home treatment team), with general practice, with social care providers (e.g. day services), with police, and social services (safeguarding vulnerable adults and children).</p>
5.5 Additional Comments	
6) LOCAL ACADEMIC SUPPORT	
6.1 Local academic programme	<p>Trainee will attend the weekly academic program based on site the The Newham Centre for Mental Health, and the monthly Psychiatry academic program based at Barts.</p> <p>They would also attend Foundation Year teaching at the acute site as required</p>
6.2 Local Knowledge eg Library Resources	<p>Small Library available at the Academic Unit based at the Newham Centre For Mental Health.</p> <p>Access to Library at Newham University Hospital.</p>
6.3 Additional comments	<p>Opportunities for involvement in service evaluation, audit and quality improvement programme.</p>

7) TIMETABLE – pls insert or append

7.1 Trainee timetable		AM	PM
	Monday	Ward Round Dr Manns	Ward round or ward work
	Tuesday	Ward Round Dr Manns	Ward round or ward work
	Wednesday	Ward round Dr Gonzalez or Special interest session	Local Teaching or Barts Teaching
	Thursday	Ward round Dr Gonzalez	Ward round or ward work
	Friday	Clinical Supervision Ward round Dr Gonzalez	Ward round Supervision

7.2 Trainer timetable – Dr Manns (Clinical Director)		AM	PM
	Monday	Ward Round Dr Manns	Ward round
	Tuesday	Ward Round Dr Manns	Ward round
	Wednesday		
	Thursday		
	Friday	Supervise FY1	

7.2 Trainer timetable – Dr Gonzalez (part-time)		AM	PM
	Monday		
	Tuesday		
	Wednesday	Ward round Dr Gonzalez	Ward round Local Teaching or Barts Teaching
	Thursday	Ward round Dr Gonzalez	Ward round
	Friday	Ward round Dr Gonzalez	Ward round

11.1 Trainer:	Name Dr Dudley Manns Dr Carlos Gonzalez	Signature	Date
11.4 DPME:	Name Dr Nick Bass	Signature	Date

FOUNDATION YEAR 1 PSYCHIATRY TRAINING POST JOB DESCRIPTION	
1) INTRODUCTION	
1.1 Grade of Post	Foundation Year 1
1.2 Specialty/Sub-Specialty	Psychiatry/Liaison Psychiatry
1.3 Duration of Post	4 months
1.4 Trainer Name	Dr Simon Kirwin
1.5 Base/Address	Newham University Hospital Glen Road, Plaistow London E13 8SL
1.6 Service Line	Adult Mental Health
2) DESCRIPTION OF THE POST and TRAINING OPPORTUNITIES	
2.1 Qualifications and Experience of the Trainer	<p>Dr Simon Kirwin MBChB MRCPsych Clinical Lead for RAID, NUH</p> <p>I am a graduate of medicine from the University of Sheffield, in 2000, and have worked in psychiatry for 13 years. I have been a consultant in liaison psychiatry at NUH since March 2014. I have been involved in teaching and training of medical undergraduates and trainees throughout my career. I supervise FY1 and ST4-6 psychiatric trainees.</p>
2.2 Description of the Clinical Service	<p>NUH is a 424 bed hospital on the same campus as the Gateway Surgical Centre & Newham Centre for Mental Health. Psychiatric liaison services were reconfigured in March 2014 to a RAID (Rapid Access, Interface, Discharge) liaison model. Three existing teams fall under this umbrella service now – the inpatient liaison team for working age adults, the inpatient liaison team for older adults, and the ED (emergency department) liaison team. The perinatal psychiatric liaison team remains a team in the hospital, but is ‘standalone’ at the current time.</p>

<p>2.2 Description of Clinical/Medical Team</p>	<p>The Foundation trainee will join the inpatient liaison team for working age adults, but will also be part of the wider RAID team, and so will have opportunity to experience work in the other parts of RAID. The inpatient liaison medical team consists of 1 Consultant Psychiatrist, and 1 ST4-6 higher trainee on a year placement in Liaison Psychiatry. The clinical team also includes one senior psychiatric liaison nurse (PLN). The wider RAID team consists of a consultant liaison psychiatrist for ED, and two part-time consultant liaison psychiatrists for inpatient older adults. There is an FY2 trainee based in ED, 1 PLN for older adults, 2 Drug & Alcohol senior PLNs, and 10 PLNs on a rota for ED (2 on shift 24/7).</p> <p>The trainee will have an opportunity to see how the different therapeutic skills of team members operate to diagnose and manage patients on all the medical and surgical wards, as well as ED.</p>
<p>2.3 Training Opportunities</p>	<p>The trainee will be encouraged to undertake programmed Supervised Learning Activities (SLEs) and Work Place Based Activities in accordance with the Foundation Curriculum and core competencies in psychiatry.</p> <p>In Newham University Hospital you will see a very wide range of psychiatric disorders and comorbid medical and surgical presentations. The trainee will gain experience of the assessment and treatment of all such conditions in a multidisciplinary context.</p> <p>There is the opportunity to participate in Mental Health Act Assessments and other joint assessments within the team.</p> <p>There is also be the opportunity to spend a special interest session/s with other parts of the RAID team (older adults, ED) and the Perinatal Psychiatry team in NUH.</p> <p>The work that the FY trainee undertakes will be structured, with well defined guidelines and learning objectives so that the work is appropriate for a doctor at this level of training.</p>

2.5 Additional comments	<p>Skills and knowledge gained in liaison psychiatry are readily transferable to other psychiatric specialities, to general practice and also all medical settings where people with mental health problems frequently present with physical problems.</p> <p>The trainee will also be offered information and advice about careers in psychiatry.</p>
3) CLINICAL SUPERVISION	
3.1 Clinical Supervision arrangements	<p>The trainee will initially discuss a personal development plan with the consultant, setting out key learning objectives for the 4 month placement.</p> <p>The trainee will receive structured close clinical supervision at all times by members of the team, led by Dr Simon Kirwin. A Trainer or named deputy will be available for advice at all times, and one hour a week will be allocated with a consultant for a supervision session.</p>
3.2 One to One Trainer Educational Supervision Arrangements	<p>In addition to once weekly clinical supervision additional face to face time with consultant trainers for reflection and Educational supervision will occur daily to review the placement and learning objectives/PDP. The liaison team works very closely together, and is consultant-led.</p>
3.3 Trainer cover arrangements	<p>Drs Kirwin and Walsh offer cross cover for each other. Dr Walsh is the liaison consultant who worked predominately in ED. If they are both away another consultant psychiatrist is nominated to cover RC responsibility. Clinical supervision and support is also provided by the higher ST4-6 trainee.</p>
3.4 Additional comments	<p>The post offers a broad experience in all aspects of Liaison Psychiatry with the opportunity to experience other teams within the service should the trainee have a special interest.</p>
4) INDUCTION – describe the arrangements including any out of service leave required	
4.3 Team/Departmental Induction	<p>The trainee will be inducted to the team/department following standard local induction for all trainees. They will receive information about their job and roles and responsibilities prior to commencing the post also.</p>

5) SPECIFIC CURRICULA PRIORITIES – describe how these are met in the post	
5.1 Community Orientation	The post is based solely in Newham University Hospital, as the discipline of liaison psychiatry works with inpatients and in the ED. There is, however, daly contact with community teams, the Home Treatment Team, Drug & Alcohol and other community teams, referring patients for on-going community support and treatment. The trainee will learn about the foundations of psychiatric continuity of care after discharge from a general hospital, to manage severe and enduring and acute mental illness.
5.2 Long Term Conditions	The Trainee will gain experience of assessment, diagnosis and management and care of patients with mental health illness developed secondary to physical illness, and patients with existing mental health illness. They will see a broad range of mental illness including Psychotic illness (including Schizophrenia and Bipolar Disorder), Depression, Anxiety Disorders, Personality Disorder, Conversion Disorders and also co-morbid substance misuse (in particualr, Alcohol) as well as psychosocial factors impacting on mental illness.
5.3 Holistic Care	An holistic approach to care is integral to the way liaison psychiatry is practised, and is essential because of the complex nature of the problems presented. A biopsychosocial approach is key to working holistically with patients within the general hospital. The team therefore provides an excellent environment for the trainee to achieve competencies in these areas.
5.4 Inter-professional and integrated Working	The RAID psychiatric liaison team works with all the medical and surgical teams, and the ED team. Multidisciplinary working is key to the discipline, and joint interventions are very common. The trainee would participate in these as part of their placement. Integrated working is also required with other mental health services e.g. the out of hours home treatment team, with general practice, and with social care providers e.g. day services.
5.5 Additional Comments	
6) LOCAL ACADEMIC SUPPORT	

6.1 Local academic programme	<p>The trainee will attend the weekly academic program based on site the The Newham Centre for Mental Health, and the monthly Psychiatry academic program based at Barts.</p> <p>This programme includes a weekly case presentation psychotherapy supervision group, additional teaching in topics allied to psychiatry and a journal club.</p> <p>The trainee will get the opportunity to present a case at this forum, supervised by their consultant.</p> <p>The trainee also attends Foundation Year teaching, weekly, at NUH.</p>
6.2 Local Knowledge eg Library Resources	Access to Library at NUH.
6.3 Additional comments	
7) TIMETABLE – pls insert or append	
7.1 Trainee timetable	

Monday

AM - Board Round at base, assessment & review of pts in hospital

(or work on the MAU, as decided between FY1 and NUH)

12.30pm - Grand Round in Lecture Theatre

PM - ward work

Tuesday

AM - Board Round at base, assessment & review of pts in hospital

PM - ward work

Wednesday

AM - Board Round at base, assessment & review of pts in hospital

PM - Academic afternoon at NCfMH (or at St Barts once a month)

Thursday

AM - Board Round at base, assessment & review of pts in hospital

Supervision with Dr Simon Kiriwn

Lunch - FY teaching at NUH

PM - ?Special interest session/MUS clinic

Friday

AM - Board Round at base, assessment & review of pts in hospital

PM - ward work

7.2 Trainer timetable – Dr Gibson

Monday (long day)

AM - Board Round at base, assessment & review of pts in hospital

11.30 Seniors Meeting (Chair)

12.15pm MUS/Frequent Attender clinic referral meeting

12.30pm - Grand Round in Lecture Theatre

PM - ward/ED work/SPA

Tuesday (long day)

AM - Board Round at base, assessment & review of pts in hospital, ED cover

PM - ward/ED work

Wednesday (long day)

AM - Board Round at base, assessment & review of pts in hospital

Medical student supervision

PM - ward/ED work/ SPA (& Case Presentation at NCfMH (or at St Barts once a month))

Thursday (long day)

AM - Board Round at base, assessment & review of pts in hospital

Supervision with FY1

Supervision with ST4-6

PM - MUS/Frequent Attender clinic

Friday - not working (Consultant cover - Dr Nick Walsh)

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11.1 Trainer: Dr Simon Kirwin **Date: 20/10/2015**

11.4 DPME: Dr Nick Bass

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital
Foundation Year 1**

Placement	F1 Cardiology
The department	<p>Newham University Hospital serves a local population of about 330,000. There are high local rates of cardiovascular morbidity and mortality. The secondary care cardiology services for the local population are provided by NUH. The cardiology department is located adjacent to the fully equipped acute care unit (ACU). It provides comprehensive non-invasive diagnostic facilities, including ECGs, treadmill stress testing, Holter monitoring, tilt testing, transthoracic and transoesophageal echocardiography, and pacemaker follow-up services.</p> <p>Cardiology in-patients are looked after on the 16-bedded ACU. A 12-bedded step-down unit is located immediately adjacent to the ACU. There is a daily chest pain clinic as well as outpatient clinics on most days.</p> <p>The Department of Cardiology is staffed by five Consultants, Dr Archbold, Dr Ranjadayalan, Dr Sekhri, Professor Timmis, and Dr Weerackody. Most posts are shared with Barts Heart Centre, which provides tertiary level care for Newham patients including cardiac MRI and CT, angiography and PCI, cardiac surgery, cardiac rhythm management devices, and ablation.</p> <p>Dr Archbold, Dr Sekhri and Dr Weerackody undertake the in-patient ward rounds. Dr Dhinoja undertakes an Electrophysiology (EP) clinic and ward round on Friday afternoons.</p>
Duration	This post rotates with two other specialty posts at NUH 3 x 4 month posts
The type of work to expect and learning opportunities	This is a ward-based post in cardiology at a district general hospital. The main expectation is to deliver the daily medical care of the cardiology in-patients on the Coronary Care Unit. The Cardiology F1 is involved in the clerking of patients admitted to the ward and in the ongoing care of the patients in the unit.

	<p>The main educational objectives for the F1 year are to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. <p>This post provides the educational opportunities necessary to meet these learning objectives, either through clinical exposure/experience, ad-hoc and formal teaching.</p>
Where the placement is based	Newham University Hospital; Coronary Care Unit/Acute Care Unit
Clinical Supervisor(s) for the placement	Dr Andrew Archbold
Main duties of the placement	<p>The main responsibility of this post is the provision of the day-to-day care for cardiology in-patients on the Coronary Care Unit. This is undertaken in partnership with two other F1 doctors and under the supervision of one F2, one CMT, cardiology registrars, and cardiology consultants. An important part of this job is to maintain the medical records.</p>
Typical working pattern in this placement	<p>Daily: 0900 Ward round 1500 – 1600 Ward round 1200/1700/2100 Handover</p> <p>Mon: 1230 – 1330 Grand round 1100 – 1700 Assessment unit.</p> <p>Tues: 0900 – 1200 Ward Round 1400 – 1700 MDT Meeting</p> <p>Wed: 1400 F1 teaching</p> <p>Fri: 0800 – 0900 Departmental meeting</p>

	<p>Ward cover Sat: 0900 – 2100 1 in 5/6 Sun: 0900 – 2100 1 in 5/6</p> <p>On call requirements: On call commitments for General Medicine 1 in 6 with flexible twilight shifts.</p>
Employer information	<p>The employer for this post is Barts Health NHS Trust. The post is based in Newham University Hospital, Glen Road, London E13 8RU. This is a medium sized district general hospital which provides an extensive range of secondary services for local population of approximately 330,000.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix K – Glossary of terms

Placement

A structured and supervised training opportunity within a community or hospital setting, lasting no less than four months and no more than six months.

Rotation

A combination of placements configured to deliver one year training at F1 or F2.

One year stand alone rotations are offered by some schools. As an organisational unit, a programme is made up of two rotations”.

Some schools may refer to ‘rotations’ as ‘tracks’.

Foundation Programme:

A two year programme for an individual trainee/doctor made up of F1 and F2 rotations.

Some schools offer a full two year integrated programme and others which allocate to F1 and F2 as two separate processes.

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital, Barts Health NHS Trust**

~~All information to be completed by the LEP.~~

~~Please amend/enter the relevant information in the section in italic blue text. You may add items that you think relevant information on the placement description to sections. Please~~

Placement	F1 ENDOCRINE MEDICINE
The department	<p>The Dept. of Endocrine Medicine comprises 6 Consultants of whom 5 supervise the acute medical take. Interests include General Medicine, Diabetes (including young adolescents / pump therapy and antenatal diabetes) and Endocrinology. Specialist dynamic endocrine tests are supported by trained endocrine nurses</p> <p>The department serves London Borough of Newham with a catchment population of 280,000 .</p>
Duration	This post rotates with two other specialty posts at NUH 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Endocrine attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Endocrine Department; Plashet ward

Clinical Supervisor(s) for the placement	Dr Karl Metcalfe
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record, taking responsibility for between 8 – 20 cases at any one time. S/he will have opportunity to work with the consultants in outpatients clinics should s/he wish. S/he is expected to attend the structured teaching programmes provided by the department and generic FY1 teaching provided by the Trust. There is opportunity for SIM based sessions to complement more traditional lecture based teaching The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	Daily: 0900 Ward round 1700 Handover Mon: 1230 Grand Round 1330 XR Meeting Tues: 12.30 Formal teaching programme 1430 Endocrine Meeting Wed: 12.30 Formal teaching programme Thurs: 0830 Endocrine meeting Fri: Ward cover Sat: 0900 – 2200 1 in 8 Sun: 0900 – 2200 1 in 8 On call requirements: 1 in 5 with flexible twilight shifts.
Employer information	The employer for this post is Barts Health NHS Trust The post will be based in Newham University Hospital, London E13, which is a medium sized district general hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000. About 25% of the population is over 65 and 40% under 16 years

It is important to note that this description is a typical example of your placement and may be subject to change.

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital, Barts Health NHS Trust**

Placement	F1 Gastroenterology
The department	The Department of gastroenterology comprises of 4 consultants with in-patients split between 2 firms. The department serves the London Borough of Newham with a catchment population of almost 290,000 people.
Duration	This post rotates with two other specialty posts at Newham University Hospital as one of 3 x 4 month posts.
The type of work to expect and learning opportunities	<p>All Foundation Year 1 (FY1) doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in this attachment the FY1 doctors will be involved with the generic clerking of patients being admitted and the ongoing care of the patients on the unit. The gastroenterology department has 3 FY1 doctors working at the same time with clinical responsibilities shared between them.</p> <p>The overall educational objectives of the FY1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Gastroenterology Department; Plashet Ward (mainly) and other wards if beds are unavailable.
Clinical Supervisor(s) for the placement	Dr Kulhalli, Dr Guinane, Dr Dias and Dr Rochford
Main duties of the placement	The FY1 doctor is responsible with other staff for the care of ward patients and the maintenance of the

	<p>patients' medical records. They will have opportunity to work with the consultants in the outpatient department for at least one clinic each week, as well as attending endoscopy unit. The FY1 doctor will take responsibility for any problems arising in ward patients. They are expected to attend the structured teaching programmes provided by the department and the hospital. The FY1 doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Monday</p> <ul style="list-style-type: none"> • 0800 Post take ward round (1 Monday in 3) • 0900 Medical Handover • 0930 Board Round • 1100 Consultant 1 Ward Round • 1230 Grand rounds <p>Tuesday Gastroenterology (Firm B On Call)</p> <ul style="list-style-type: none"> • 0800 Upper GI Cancer Meeting • 0900 Medical Handover • 0900 Consultant 2 Ward Round • 0930 Board Round • 1100 Plashet Ward MDT meeting • 1200 FY1 teaching <p>Wednesday</p> <ul style="list-style-type: none"> • 0800 Post take ward round or Lower GI Cancer Meeting • 0900 Medical Handover • 0930 Board Round • 1200 Foundation Year 1 teaching <p>Thursday Gastroenterology (Firm B On Call 1 week in 3)</p> <ul style="list-style-type: none"> • 0800 Departmental teaching (Journal club, Morning report, Governance & Audit meeting) • 0900 Medical Handover • 0930 Board Round • 1400 Consultant 2 Ward Round <p>Friday</p> <ul style="list-style-type: none"> • 0800 Post Take Ward Round (if on call) • 0800 Consultant 1 Ward Round • 0900 Medical Handover • 0930 Board Round <p>Weekend On Calls</p> <ul style="list-style-type: none"> • 0900 – 2100 (Saturday & Sunday) 1 week in every 5/6 <p>On call requirements</p> <ul style="list-style-type: none"> • 1 in 5 with Flexible twilight shifts.
<p>Employer information</p>	<p>The employer for this post is Barts Health NHS Trust. The post will be based in Newham University Hospital, London E13 8SL, which is a medium sized acute</p>

	hospital and provides an extensive range of secondary services for the rapidly growing local community. The population is economically challenged and socially diverse. About 70% of the population is aged between 16 and 74, and 26% are aged under 16 years.
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It is important to note that this description is a typical example of your placement and may be subject to change.

FOUNDATION YEAR 1 PSYCHIATRY TRAINING POST JOB DESCRIPTION	
1) INTRODUCTION	
1.1 Grade of Post	Foundation Year 1
1.2 Specialty/Sub-Specialty	Psychiatry/ General adult Psychiatry
1.3 Duration of Post	4 months
1.4 Trainer Name	Dr Iris Gibson
1.5 Base/Address	The Newham Centre For Mental Health Glen Road Plaistow E13 8SP
1.6 Service Line	Adult Mental Health
2) DESCRIPTION OF THE POST and TRAINING OPPORTUNITIES	
2.1 Qualifications and Experience of the Trainer	<p>Qualifications:</p> <p>Dr Gibson MBBS BSc (Psychology) Specialist Associate Member of Royal College of Psychiatrists. Royal College of Psychiatrists Tutor Newham.</p> <p>I am a Graduate of The London Hospital Medical College 1993. I have 8 years experience as a Consultant in General Adult Psychiatry working in East London, and 9 years as an a Staff Grade in General Adult and Community Psychiatry. I have been College Tutor for 6 years and am also an educational supervisor to core psychiatric trainees in NELFT. I am an examiner in undergraduate OSCEs, involved in teaching and training of all grades of Psychiatrists and in simulation based learning courses at Barts and involved in teaching and training of medicalundergraduates through all of my career.</p> <p>I am also an Educational supervisor to FY1 Trainees. Educational Portfolio and Appraisal (London Deanery Framework) completed.</p> <p>The post holder will also work with the other consultant Psychiatrist working in the South East Sector, Currently Dr Kazyua Iwata.</p>
2.2 Description of the Clinical Service	<p>The Newham Centre for Mental Health, provides in patient services to the catchment area of Community Mental Health Team South East in Newham. The ward also admits patients from the Assertive Outreach Team and from The Learning Disability and Early Intervention teams when an inpatient bed is required.</p> <p>(wards are single sex and work will be mainly on Topaz ward – male, and Emerald ward – female)</p>

	<p>There will also be an opportunity to spend some clinical sessions in the Community Mental Health team to gain experience of triaging assessments made to the team, and accompanying members of the CMHT conducting assessments in a variety of non hospital based settings should the trainee wish to do so. There is a third consultant Psychiatrist in the community team that can offer supervision in this setting.</p>
<p>2.2 Description of Clinical/Medical Team</p>	<p>The Foundation trainee will join a medical team of 2 Consultant Psychiatrists, 1 CT1 in Psychiatry (working with Dr Gibson), 1 GPVTS trainee(working with Dr Iwata) doing a six month placement in Psychiatry. The clinical team on the ward also includes psychologists, nurses, social workers, occupational therapists, physiotherapists and speech and language, dance movement and art therapists.</p> <p>There is also a higher trainee working with Dr Gibson based mainly in the community team, and an Associate Specialist working with Dr Iwata.</p> <p>The trainee will have an opportunity to see how the different therapeutic skills of team members operate to provide treatment interventions on the ward.</p>
<p>2.3 Training Opportunities</p>	<p>The trainee will be encouraged to undertake programmed Supervised Learning Activities (SLEs) and Work Place Based Activities in accordance with the Foundation Curriculum and core competencies in psychiatry.</p> <p>In Newham you will see a very wide range of psychiatric disorders, and comorbid presentations; so the trainee will gain experience of the assessment and treatment of all such conditions in a multidisciplinary context, from acute presentations through to discharge in the community and care planning and aftercare.</p> <p>There is the opportunity to further develop specialist clinical interest by undertaking sessions within the community mental health team and to participate in Mental Health Act Assessments and other joint assessments within this team. The trainee will be additionally supported in the CMHT by an Associate Specialist and a Higher trainee in Psychiatry.</p> <p>There is also be the opportunity to spend a special interest session/s with one of the other allied general adult specialities Eg. Liaison Psychiatry, Home Treatment Team, Perinatal Psychiatry depending on the specific interests of the trainee.</p>

	<p>The work that the FY trainee undertakes will be structured, with well defined guidelines and learning objectives so that the work is appropriate for a doctor at this level of training.</p>
2.5 Additional comments	<p>Skills and knowledge gained are readily transferable to other psychiatric specialities, to general practice and also all medical settings where people with mental health problems frequently present with physical problems.</p> <p>There will also be opportunities to undertake some training run by the Trust in Child and Adult Protection issues.</p> <p>The trainee will also be offered information and advice about careers in psychiatry.</p>
3) CLINICAL SUPERVISION	
3.1 Clinical Supervision arrangements	<p>The trainee will initially discuss a personal development plan with the consultant, setting out key learning objectives for the 4 month placement.</p> <p>The trainee will receive structured close clinical supervision at all times by members of the team, led by the two Consultants trainers. A Trainer or named deputy will be available for advice at all times, and one hour a week will be allocated with a consultant for a supervision session.</p>
3.2 One to One Trainer Educational Supervision Arrangements	<p>In addition to once weekly clinical supervision additional face to face time with consultant trainers for reflection and Educational supervision will occur regularly to review the placement and learning objectives /PDP.</p>
3.3 Trainer cover arrangements	<p>Dr Gibson and Iwata offer cross cover for each other. If they are both away another consultant psychiatrists is nominated to cover RC responsibility. Clinical supervision and support is also provided by the higher trainee and Associate Specialist.</p>
3.4 Additional comments	<p>The post offers a broad experience in all aspects of General Adult Psychiatry with the opportunity to experience other teams within the service should the trainee have a special interest.</p>
4) INDUCTION – describe the arrangements including any out of service leave required	
4.3 Team/Departmental Induction	<p>Trainee will be inducted to the team/department following standard local induction for all trainees. They will receive information about their job and roles and responsibilities prior to commencing the post also.</p>

5) SPECIFIC CURRICULA PRIORITIES – describe how these are met in the post	
5.1 Community Orientation	<p>Although the ward base is in the Hospital, the catchment area and bulk of the Team, CMHT South East, is in the community. There are strong links forming the foundations of continuity of care between the hospital and community base and the trainee will become familiar with the Care Programme approach to managing severe and enduring and acute mental illness.</p> <p>Initial assessments and, where appropriate, interventions are often carried out in community settings, and close liaison with GPs and other community services is a crucial part of the work. The team has clear guidelines to do this safely. The Foundation Doctor would always be with another staff member if working in community settings.</p>
5.2 Long Term Conditions	<p>The Trainee will gain experience of assessment, diagnosis and management and care of patients with a broad range of Mental illness including : Schizophrenia, Bipolar Disorder, Depression, Anxiety Disorders, Personality Disorder and also co-morbid substance misuse as well as psychosocial factors impacting on Mental illness.</p>
5.3 Holistic Care	<p>An holistic approach to care is integral to the way the team delivers interventions, and is essential because of the complex nature of the problems presented. A Biopsychosocial approach is key to working holistically with patients within the hospital and community teams. The team therefore provides an excellent environment for the trainee to achieve competencies in these areas.</p>
5.4 Inter-professional and integrated Working	<p>Multidisciplinary assessments are the norm, and joint interventions are very common. The trainee would participate in these as part of their placement.</p> <p>The team is also integrated with social services, so that social care is provided that supports people's health needs to be met.</p> <p>Integrated working is also required with other mental health services E.g. the out of hours home treatment team, with general practice, and with social care providers e.g. day services.</p>
5.5 Additional Comments	
6) LOCAL ACADEMIC SUPPORT	
6.1 Local academic programme	<p>Trainee will attend the weekly academic program based on site the The Newham Centre for Mental Health, and the monthly Psychiatry academic program</p>

	<p>based at Barts.</p> <p>This programme includes a weekly case presentation psychotherapy supervision group, additional teaching in topics allied to psychiatry and a journal club.</p> <p>The trainee will get the opportunity to present a case at this forum, supervised by their consultant.</p> <p>They would also attend Foundation Year teaching at the acute site as required</p>			
6.2 Local Knowledge eg Library Resources	Access to Library at NUH.			
6.3 Additional comments				
7) TIMETABLE – pls insert or append				
7.1 Trainee timetable				
Monday	Tuesday	Wednesday	Thursday	Friday
AM – Management Round Dr Gibson	AM- Ward Round Dr Iwata	AM- Ward work or CMHT work ? Special interest session ? CDU session at NUH	AM- Ward Round Dr Gibson	Ward work Management Round Dr Iwata Or CMHT
PM – Ward Work	PM – Ward work	Local Teaching or Barts Teaching	PM – Ward work	Ward work Clinical Supervision session
7.2 Trainer timetable – Dr Gibson				
Monday	Tuesday	Wednesday	Thursday	Friday
Management Round Emerald	CPAs CMHT	Admin / ward work /	Ward Round	OP Clinic CMHT

CT 1 Supervision 12 - 1		Governance		
Admin/Tutor/ CMHT Management / Governance.	Meetings CMHT ABT / subteam	Local Teaching Barts monthly	Ward CMHT Management meetings	Ward FY Supervision. Meetings

7.2 Trainer timetable Dr Iwata

Monday	Tuesday	Wednesday	Thursday	Friday
Management Round Emerald	Ward Round Emerald	Admin / ward work / Governance	CMHT OP clinic	Ward work
CMHT session	Ward Round CMHT	Local Teaching Barts monthly	CMHT Management meetings	Ward work Supervision FY Supervision. Meetings

11.1 Trainer:	Name Dr Iris Gibson	Signature	Date
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11.4 DPME:	Name Dr Nick Bass	Signature	Date
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**NETFS - Foundation School
Individual Placement Description
Newham University Hospital NHS Trust
Foundation Year 1**

All information to be completed by the LEP.

Please amend/enter the relevant information in the section in italic blue text. You may add items that you think relevant information on the placement description to sections. Please

Placement	F1 General Surgery
The department	<p>General Surgery comprises of care for patients who have a wide range of conditions ranging from breast disease through to colorectal pathology. It is a great opportunity to gain surgical experience in the acute setting and in the evaluation and management of elective treatment. Opportunities abound to scrub in theatre to gain experience of surgery in both emergency theatre (acute admissions from A&E which need surgery) and elective lists. It is a great opportunity to learn as you are well supported and all the senior staff are available to teach. The majority of your time will be spent in perioperative care and assessment of patients, as well as attending theatre and clinics where possible to augment your learning. There are 7 consultants (1 locum), 1 associate specialist, 1 specialty doctor, 8 registrars, and 8 SHOs. Effectively there are three firms with some degree of cross cover.</p> <p>You will work for Mr Mihaimed and Mr Saunders (Breast, Endocrine and General) – 2 FY1's, Mr Sinha and Mr Marshall (Laparoscopic and Day Case) - 1 FY1 and Mssrs Le Fur, Patel and Koronfel (Colorectal) 1 FY1 supported by trust doctor at FY1 /FY2 level.</p> <p>Our current FY1s enjoy this post and many have managed to complete audit and research with presentation at regional and national meetings as well as getting to grips with basic surgical skills.</p>
Duration	This post rotates with four other specialty posts at NUHT 3 x 4 month posts
The type of work to expect and learning opportunities	All F1 Doctors in this post will generally be expected to see the pre/post op patients on a daily basis, and are expected to deliver the daily

	<p>medical care of inpatients under your consultant with excellent support from seniors. As stated above, there are plenty of opportunities to be involved in surgery as well as outpatient care. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and solve problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Mainly East Ham and Maple Ward.
Clinical Supervisor(s) for the placement	Mr Mihaimeed, Mr Saunders, Mr Marshall, Mr Sinha, Mr Patel Mr Le Fur and Mr Koronfel (locum)
Main duties of the placement	The FY1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. The FY1 will be encouraged to participate in audit and research within the department and the Trust. Cross cover between firms may occasionally be required but should not be the norm.
Typical working pattern in this placement	<p>Daily: 0800 Handover meeting</p> <p>Mon: AM Departmental educational meeting Ward round and Elective clinic PM Theatre and Ward duties</p> <p>Tues: AM Ward round and Theatre PM FY1 teaching and clinic</p>

	<p>Wed: AM/PM Ward round PM FY1 teaching</p> <p>Thurs: AM Ward round/clinic/theatre PM Theatre</p> <p>Fri: AM Ward round PM Weekend handover</p> <p>Sat/Sun 08:00-20:00 or 08:00-13:00 (On-call 1 in 7 weeks with days in lieu)</p> <p>As an FY1 in General Surgery, you will do cross cover for general surgery and urology at least once a week between 1700-2000 only, and also do 1 in 7 weekends.</p>
Employer information	<p>The employer for this post is Barts Health NHS Trust, the biggest trust in the country.</p> <p>The post will be based in Newham University Hospital, London E13, which provides an extensive range of secondary services for the growing local community of approximately 300,000. The local community is young, vibrant and is the most ethnically diverse in the country.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix K – Glossary of terms

Placement

A structured and supervised training opportunity within a community or hospital setting, lasting no less than four months and no more than six months.

Rotation

A combination of placements configured to deliver one year training at F1 or F2.

Foundation Programme:

A two year programme for an individual trainee/doctor made up of F1 and F2 rotations. Some schools offer a full two year integrated programme and others which allocate to F1 and F2 as two separate processes.

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital, Barts Health NHS Trust**

Placement	F1 Paediatrics
The department	<p>Department of paediatric comprise of 18 beds which includes 2 High Dependency beds, 8 cubicles and 2 bays accommodating 4 beds each.</p> <p>There are clinics every day including outreach specialist clinics of cardiology, neurology, haematology and endocrinology from Great Ormond Street Hospital and Royal London Hospital.</p> <p>FY1 doctor works in paediatrics for 4 months. During paediatric placement, he/she works in the ward from Monday to Friday from 08:30-17:00. He/she does not participate out of hours duties.</p> <p>The department has a high case mix with complex pathology, unique place for trainee doctors to get wealth of clinical experiences.</p> <p>The department is closely linked to Great Ormond Street Hospital and Royal London Hospital which provide tertiary services to Newham paediatric population. Department has close link with Queen Mary medical school, getting fourth year and final year medical students for 6 weeks rotating in paediatric, neonates and Accident & Emergency. The department employed a teaching registrar who is responsible for medical students training in the department.</p>
Duration	This post rotates with two other specialty posts at Newham University Hospital - 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Paediatric attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times

	<ul style="list-style-type: none"> • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham General Hospital; Paediatric ward (Rainbow Ward)
Clinical Supervisor(s) for the placement	Any paediatric consultant
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Daily clinical hand over followed by teaching programme from 08:30-0930 in academic centre</p> <p>He/she will be working in the ward.</p> <p>Grand round every Friday morning</p> <p>Daily ward round on both sides</p> <p>Mon: Hand over 08:30-09:30</p> <p>Tues: Hand over 08:30-09:30, Junior Junior meeting(first Tuesday) other Tuesday : SHO teaching- Consultant delivered</p> <p>Wed: Hand over 08:30-09:30, Audit/guidelines and Radiology meeting on alternate week</p> <p>Thurs: 08:30-09:30, Hand over and Journal club/Case presentation</p> <p>Fri: Grand round 08:30-11:00 (neonates) Departmental teaching (15:00-17:00) Every first Friday 15:00- 17:00 Paediatric Simulation training.</p>
Employer information	The employer for this post is Barts Health NHS TRUST The post will be based in Newham General Hospital, London E13, which is a medium sized acute hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000. About

	25% of the population is over 65 and 30% under 20 years
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**NETFS - Foundation School
Individual Placement Description
Newham University Hospital NHS Trust
Foundation Year 1**

All information to be completed by the LEP.

Please amend/enter the relevant information in the section in italic blue text. You may add items that you think relevant information on the placement description to sections. Please

Placement	F1 Care of the Elderly
The department	<p>The Care of the Elderly department comprises of 87 consultants. FY1s work 2 months on acute care of the elderly, caring for all acute medical admissions over 75 years of age, and 2 months on rehabilitation, caring for for patients over 75 years of age. All general adult medical pathology is represented.</p> <p>The department serves London Borough of Newham with a catchment population of 260,000. The department is closely linked to East Ham Care Centre, Cazaubon rehabilitation unit.</p>
Duration	<p>This post rotates with two other specialty posts at NUHT 3 x 4 month posts</p>
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward. . Whilst in the Care of the Elderly attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care

	<ul style="list-style-type: none"> • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Newham University Hospital; Care of the Elderly (mainly East HamSilvertown – acute ward, and Thistle, Tayberry and Heather – rehab wards) and all other general medical wards.
Clinical Supervisor(s) for the placement	Dr Sara Lightowlers, Dr. Catherine Bracewell, Dr Charlotte Pratt, Dr Adam Feather , Dr Hafiz Syed, Dr. Ava Jackson, Dr. Kris Warren, Dr Jane Pickles , Dr Rebecca Sullivan
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will take responsibility for problems arising in patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	Daily: 0900 – Daily ward round Mon: 1200 – MDT 1230 – Hospital Grand Round Tues: 1215 - FY1 Teaching Wed: 1200 – FY1 Teaching 1400 – Clinical Coding Meeting Thurs: 1200 – MDT 1400 – Departmental teaching Sat: 0900 – 2200 1 in 9 Sun: 0900 – 2200 1 in 9 On call requirements: 1:9 on call for general and geriatric medicine – day shifts only
Employer information	The employer for this post is— NEWHAM UNIVERSITY HOSPITAL (part of Barts Health NHS Trust).

	The post will be based in Newham General Hospital, London E13, which is a medium sized acute hospital and provides an extensive range of secondary services for the growing local community of approximately 280,000. About 25% of the population is over 65 and ?? under 16 years
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It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix K – Glossary of terms

Placement

A structured and supervised training opportunity within a community or hospital setting, lasting no less than four months and no more than six months.

Rotation

A combination of placements configured to deliver one year training at F1 or F2.

One year stand alone rotations are offered by some schools. As an organisational unit, a programme is made up of two rotations”.

Some schools may refer to ‘rotations’ as ‘tracks’.

Foundation Programme:

A two year programme for an individual trainee/doctor made up of F1 and F2 rotations.

Some schools offer a full two year integrated programme and others which allocate to F1 and F2 as two separate processes.

**NETFS - Foundation School
Individual Placement Description
Newham University Hospital, Barts Health NHS Trust**

Placement	F1 Trauma and Orthopaedics
The department	<p>Trauma and Orthopaedics comprises of care for patients who have musculoskeletal injuries or degenerative disorders. It is a great opportunity to gain surgical experience. Plenty of opportunities to scrub in theatre to gain experience of surgery, this involves trauma theatre (acute admissions from A&E which need surgery) and elective lists. It is a great opportunity to learn as you are well supported and all the senior staff are available to teach. As well as attending theatre and clinics, it also requires doing pre and post-operative management of patients as well as discharge summaries. You will mainly be working for Mr Carlos (upper limb) or Mr Millington (lower limb). There are 8 consultants, 1 associate specialist, 6 registrars, and 8 SHOs.</p> <p>Our current FY1s highly recommend this job.</p> <p>The department serves London Borough of Newham with a catchment population of 300,000.</p>
Duration	This post rotates with two other specialty posts at NUHT 3 x 4 month posts
The type of work to expect and learning opportunities	<p>All F1 Doctors in this post will generally be expected to see the pre/post op patients on a daily basis, and are expected to deliver the daily medical care of inpatients under your consultant with excellent support from seniors. As stated above, there are plenty of opportunities to be involved in surgery as well as outpatient care.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and solve problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.

Where the placement is based	Mainly East Ham and Maple Ward.
Clinical Supervisor(s) for the placement	Mr Carlos, Mr Millington, Mr Bhumbra and Mr Dawson-Bowling
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. To participate in audit and research within the department and the Trust. Cross cover between firms may occasionally be required but should not be the norm.
Typical working pattern in this placement	<p>Daily: 0800 Trauma meeting and handover</p> <p>Mon: AM Ward round and Elective clinic PM Ortho Teaching and Ward duties</p> <p>Tues: AM Ward round PM FY1 teaching</p> <p>Wed: AM/PM Elective theatre PM FY1 teaching</p> <p>Thurs: AM Ward round/clinic PM Trauma list</p> <p>Fri: AM Ward round/trauma theatre</p> <p>Sat/Sun 08:00-20:00 or 08:00-13:00 (On-call 1 in 4 weeks with days in lieu)</p> <p>As an FY1 in T&O, you will do general surgical cross cover at least once a week between 1700-2000 only, and also do 1 in 4 weekends.</p>
Employer information	<p>The employer for this post is BARTS HEALTH NHS TRUST, the biggest trust in the country.</p> <p>The post will be based in Newham University Hospital , London E13, which provides an extensive range of secondary services for the growing local community of approximately 300,000. The local community is young, vibrant and is the most ethnically diverse in the country.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.