

General Information

Lead sites in North East Thames Foundation School

<ol style="list-style-type: none">1. North East Thames Foundation School (NETFS)2. Barts Health – Barts & The London3. Barts Health – Newham4. Barts Health – Whipps Cross5. Barking, Havering & Redbridge	<ol style="list-style-type: none">6. Colchester7. Homerton8. Mid Essex – Broomfield9. Princess Alexandra – Harlow10. Southend
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General Information for all employers

Induction and shadowing

- Foundation doctors are now required to attend a mandatory period of paid shadowing immediately before taking up their F1 post. Please check with your allocated trust the exact start date and length of this period as it may vary.
- If you graduated from a non-UK university we strongly advise that you attend the 'Introduction to the NHS' course which will be run by Health Education South London in July 2015.
- If you graduated in 2014 or earlier you may also be invited for an extended shadowing period in July 2015.

Salary

- Salary scale is at the current national rate.
- Placement within the scale follows previous reckonable service.

Terms and conditions of employment

- The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff which are modified from time to time. Current versions of these Terms and Conditions are on the NHS employers website www.nhsemployers.org or available via your trust HR.
- All staff appointments are made subject to the receipt of satisfactory references.
- All initial appointments to the National Health Service are made subject to satisfactory medical and police clearance. A medical examination may be required on initial appointment and periodically thereafter.

Educational and clinical supervision

- An educational supervisor is allocated to each foundation doctor to maintain an overview of development and progress of the doctor within the training programme. The specific arrangements for allocating educational supervisors can vary but one educational supervisor per year is the preferred model.
- Foundation doctors are usually allocated a clinical supervisor for each placement who will supervise the trainee in consultation with the Programme Director. A foundation doctor will normally have three clinical supervisors in a year.
- An educational agreement will be completed at the start of each year.
- Mid point reviews are required in each placement.

Annual leave

- F1 doctors are entitled to 27 days annual leave per year.
- The 27 days entitlement does not include the 8 statutory holidays. If a foundation doctor works any part of a bank holiday they are entitled to an additional day of leave as time off in lieu.
- In some specialties there is some restriction on when a foundation doctor can take their leave during the 4 months placements e.g. not on their 'hot week' for surgery.
- The individual specialties will inform the foundation doctor of any specific restrictions on when they can take leave.
- The foundation doctor is required to book their leave at least 6 weeks in advance using the local trust procedure.

Study leave

- Study leave is only permitted during the F2 year and is not available during F1.
- Special arrangements may be made for F1 doctors who wish to arrange career 'taster' sessions during the last four months of their F1 year. All foundation doctors are encouraged to arrange a 'taster'.

The study leave policy can be found at <http://www.lpmde.ac.uk/training-programme/foundation/policies-guidance-and-application-forms>

NETFS website 'About us' provides specific details relating to each Trust
<http://netfs.dev.itcs.co.uk/about/us>

North East Thames Foundation School

Key School Personnel

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|---|--|
| <ul style="list-style-type: none">• HENCEL Postgraduate Dean• Foundation School Director• Foundation School Manager• Foundation School Deputy Manager• Foundation School Coordinator• Foundation School Administrators | <p>Professor Tim Swanwick
Professor John Alcolado
Kate Brooks
Clare Morley
Colleen Rust
Jothy Dhayalan, Ann Barker</p> |
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Foundation doctor forums

- North East Thames Foundation School encourages foundation doctors to contribute to, and participate in the development and direction of the school.
- At school level there is F1 and F2 representation on the NETFS management committee.
- At a Pan London level, there is F1 and F2 representation at committees and trainee fora including academic foundation doctors.
- At local level, each employing trust has F1 and F2 representation on their Foundation Committee.
- Additionally, there are national fora organised by UKFPO.

Synapse

- Synapse is a web based collection of online facilities connecting all those involved in postgraduate medical training in London.
- You can share news and information, seek advice, view documents and policies and stimulate professional discussion.
- Relevant news from NETFS is regularly posted on this site.
- Synapse is also used to reduce the volume of emails sent to individual trainees.

e-Portfolio

- e-Portfolio is the mechanism you use to record your progress as you move through the foundation programme.
- The record is used as the primary evidence to sign off your F1 and then your F2 year and use of e-Portfolio will be essential.

e-LFH

- e-Learning for Healthcare (e-LfH) is an award winning e-learning resource providing national, quality assured online training content for healthcare professionals. We encourage you to use this resource to enhance your foundation training experience

e-Handbook

- The Foundation Doctor e-Handbook has been created as a one stop guide for Foundation Doctors within the Thames Foundation Schools website <http://www.lpmde.ac.uk/training-programme/foundation/foundation-doctor-e-handbook>

Flexible training (Less than Full time)

- The policy for those training in Health Education North Central and East London Trusts (Barts Health, Homerton, BHR) can be found at: <http://www.lpmde.ac.uk/training-programme/foundation/policies-guidance-and-application-forms>
- The policy for those training in Health Education East of England Trusts (Colchester, Mid Essex, Princess Alexandra, Southend) can be found at: http://www.eoedeanery.nhs.uk/medical/page.php?page_id=62.
- If you train Less than Full Time your training will take longer than the standard 2 years.

Time Out of Foundation Programme (TOFP)

- Foundation doctors considering requesting TOFP should check the relevant "Guidance for Applicants" in the Key Documents section of the UKFPO website: <http://www.foundationprogramme.nhs.uk/index.asp?page=home/keydocs#guidance>
- Applications must initially be approved and signed by the local Foundation Training Programme Director and the Foundation School Director.

F2 outside the UK

- NETFS does not support or accredit doctors who wish to undertake their F2 year outside the UK.

Inter Foundation School Transfer (IFST)

- Foundation doctors considering requesting an IFST should check the relevant “Guidance for Applicants” in the Key Documents section of the UKFPO website:
<http://www.foundationprogramme.nhs.uk/index.asp?page=home/keydocs#guidance>
- Applications must initially be approved and signed by the local Foundation Training Programme Director and the Foundation School Director.

Barts Health NHS Trust: Barts & Royal London Hospital

Key local education provider personnel

- Director of Medical Education: Dr Raj Thuraisingham
- Foundation Programme Directors: Dr Andrew Archbold, Dr Keren Davies & Mr Rehan Khan
- Careers tutors: FTPDs as above and Shared Services
- Foundation Programme Administrator: Miss Salma Akhtar
- Head of Medical Education: Ms Pauline Doyle

Teaching information

F1 teaching 1 hour per week Wednesday lunchtime at the Royal London and Thursday lunchtime at Barts. Additional practical skills workshops, ALS and simulation. F1s (general medicine only) Hot Cases Thursday mornings (weekly). F1s also attend local departmental weekly teaching.

F2 teaching generic & practical skills one day per month (day and date vary), F2s also attend local departmental teaching, simulation.

Trainees are expected to attend 70% of training sessions provided and enter teaching activities on e-Portfolio to record competencies. Communication is via Trust e-mail.

Grand round 1 hour per week, Tuesday at Royal London Hospital open to all junior doctors.

Junior Doctors Forum is also open to all Foundation Trainees – attendance is actively encouraged.

Beds and Services

- Leading edge cancer specialties
- Children's hospital
- Fertility Centre
- London's air ambulance
- Leading Trauma and Emergency Care
- New state-of-the-art cardiac facilities at St Bartholomew's forming Barts Heart Centre - Services move in spring 2015

Pay

- Banding is subject to change and is being reviewed
- Remember you also get Full London weighting!

Accommodation

All hospitals have excellent transport links so most people live privately near the hospitals
There is hospital accommodation available ranging from studio apartments to family accommodation.
Pricing is available from the Barts Health trust website.

Barts Health Trust: Newham University Hospital

Key local education provider personnel

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|---|------------------------|
| • Director of Medical Education: | Dr Simon Limb |
| • Foundation Programme Training Director (F1): | Dr Catherine Bracewell |
| • Foundation Programme Training Director (F2): | Dr Emma Young |
| • Medical Education Manager: | Pauline Doyle |
| • Deputy Medical Education Manager: | Aeesha Bhaiyat |
| • Foundation Programme Coordinator: | George Tewolde |
| • Library Operation Manager: | Angharad Roberts |
| • Simulation and Essential Clinical Skills Lead Specialist: | Helen Mills |

Teaching information

Teaching:

F1 – Clinical teaching - Tuesdays 1 hour

F1 – Clinical skills and Personal and Professional Development – Wednesdays 1 hour

F2 – Clinical teaching and Personal and Professional Development – 1.25 hours per week

In addition:

ALS training for F1

Simulation one day training for F1 and F2

Clinical teacher training sessions for F1 and F2

Additional simulation and clinical skills as arranged locally

Attendance at specialty departmental teaching events

Weekly Grand Rounds

Foundation Programme Faculty Group – every other month – with FP representatives

Beds and Services

Newham University Hospital, a 379 bed Acute Hospital, serves one of Britain's most diverse, fastest-growing and youngest populations.

The services provided at Newham Hospital are listed below. Please see the trust website for more information about a specific service. www.bartshealth.nhs.uk

Acute Medicine, Breast Surgery, Children's Services, Cardiology, Cancer Services, Diagnostics, Emergency Department, Endocrinology and Metabolic Medicine, ENT Outpatient Services, Gastroenterology and Hepatology, HIV Medicine, General Surgery, Geriatric Medicine, GU Medicine, Gynaecology, Haematology, Intensive Care, Neurology In-reach, Obstetrics, Ophthalmology Outpatient Services, Orthogeriatrics, Orthopaedics, Palliative Care Services, Psychiatry, Respiratory Medicine, Rheumatology Outpatient Services, Urology

Pay

- Banding is subject to change and is being reviewed
- Remember you also get Full London weighting!

Accommodation

The site has no Hospital accommodation.

Barts Health NHS Trust – Whipps Cross Hospital

Key local education provider personnel

- Director of Medical Education: Elizabeth Carty
- Foundation Training Programme Director: Imran Zia
- Associate FTPD: Lina Hijazi
- Post Graduate Centre Manager: Aeesha Bhaiyat
- FY Administrator: Amina Begum

Teaching information

Combined Foundation teaching is held every Wednesday afternoon 1-2 MEC and 2-4 MET SUITE.

The Medical Education Centre provides facilities and support for the education, training and professional development of medical staff and undergraduates to ensure the effective delivery of high quality health care and current good practice.

Rooms and equipment are available to all departments. Training workstations in computer aided learning rooms are also on offer to medical students and all staff.

The facilities available are as followed:

Lunch-time medical education meetings known as Grand Round are a popular venue for consultants and trainees of all specialties to meet their colleagues to get together over lunch in the medical staff lounge before attending a lively and interesting presentation in the nearby lecture theatre (Every Tuesday at 1pm).

Beds and Services

Whipps Cross Hospital has been caring for the people of east London for over 100 years. Situated on the outskirts of Leytonstone in the London Borough of Waltham Forest, the hospital serves a diverse local population of more than 350,000 people from Waltham Forest, Redbridge, Epping Forest and further afield. The area has a wide variation in levels of deprivation and health needs, ranging from the most deprived five per cent to amongst the most affluent 30 per cent of electoral wards in England.

The Hospital provides a full range of general inpatient, outpatient and day case services, as well as maternity services, and a 24-hour Emergency Department and Urgent Care Centre and have a total of 30 wards.

The hospital has also built a strong reputation as a Centre of excellence for various specialist services, including urology, ENT, audiology, cardiology, colorectal surgery, Cancer care, and acute stroke care. Many of these services are provided to local people who would otherwise need to travel further to access them.

Around 3,500 staff work at Whipps Cross, many of whom live locally to the hospital. We also have education, training and research roles with an excellent track record on training that the Trust is very proud of.

Pay

- Banding is subject to change and is being reviewed
- Remember you also get Full London weighting!

Accommodation

Whipps Cross has no Hospital accommodation.

Barking Havering & Redbridge University Hospitals NHS Trust

Queen's & King George Hospitals

Key Local Education Provider Personnel	
<p>Director of Medical Education</p> <p>Foundation Training Programme Directors :</p> <ul style="list-style-type: none"> • F1s Queen's Hospital • F1s King George Hospital (KGH) • F2s Queen's Hospital • F2s King George Hospital <p>Head of Medical Education & Simulation Training</p> <p>Deputy Head of Medical Education</p> <p>Foundation Administrator</p> <p>Simulation Training Administrator</p> <p>Lead for Education Centre Services</p> <p>Medical Staffing Human Resources Lead</p> <p>Medical Staffing Co-ordinator, Medicine, Queen's</p> <p>Medical Staffing Co-ordinator, Medicine, KGH</p> <p>Medical Staffing Co-ordinator, Surgery Queens & KGH</p>	<p>Professor John Alcolado</p> <p>Dr Peter Walker</p> <p>Dr Edel Casey</p> <p>Dr Edmond Smithers</p> <p>Dr Khash Nikookam</p> <p>Ms Caroline Curtin</p> <p>Mrs Gill Rogers-Northman</p> <p>Mrs Carmen Pauling</p> <p>Ms Carly Walsh</p> <p>Mrs Yvonne Aldham</p> <p>Ms Jane Bearman</p> <p>Ms Deborah Reape</p> <p>Ms Kerry Kaye</p> <p>Ms Ashleigh Gerada</p>
Teaching Information	
<p>F1 teaching is every Wednesday lunchtime 1.00pm – 2.00pm James Fawcett Education Centre KGH or Education Centre, Queens.</p> <p>F2 study days are held monthly (10 days over the year).</p> <p>Dedicated Simulation Training Centre based at King George Hospital with protected training days for all Foundation Doctors.</p>	
Beds and Services	
<p>Queens 984 beds, KGH 550 beds</p> <ul style="list-style-type: none"> • Queens Emergency Department • 150,000 patients per annum • Tertiary referral centre for Cancer Services • Tertiary referral centre for Neurosciences, Neurosurgery for London and Essex, 12 bedded Neurocritical care area • Hyperacute stroke unit • Designated Major Trauma Centre • Maternity services for high risk pregnancy • Centre for vascular surgery • Centre for upper gastro-intestinal surgery 	
Banding Information	
<p>F1 KGH General Medicine = 1B 40%</p> <p>F1 QH General Medicine = 1B 40%</p> <p>F1 KGH General Surgery = 1B 40%</p> <p>F1 QH General Surgery = 1B 40%</p>	
Accommodation	
<p>Accommodation is available on both sites. For more information please contact as below:</p> <p>King George Hospital</p> <p>OPUS Accommodation</p> <p>Tel: 0800 015 6536 x 6395</p> <p>Tel: 0844 406 9000 x 6395</p> <p>Email: mmohammad@lqgroup.org.uk</p> <p>nsamson@lqgroup.org.uk</p>	<p>Queens Hospital</p> <p>Swan Housing</p> <p>Carrock Court</p> <p>Union Road</p> <p>Romford, Essex RM7 0GP</p> <p>Tel: 01277 314 359/360</p> <p>Email: staffacom@swan.org.uk</p> <p>Email: AMarler@swan.org.uk</p>

Colchester Hospital University NHS Foundation Trust

Key local education provider personnel

- Director of Medical Education: Dr Timothy Howes
- Foundation Programme Training Directors: Dr Kim Sinnamon & Mr Zafar Maan
- Education Manager: Sharon Wyatt
- Programme Administrator: Shanthi Badrinath

Teaching information

F1 and F2 teaching takes place weekly lunchtime in the Post Graduate Medical Centre at Colchester General Hospital. Teaching is mapped to the curriculum to ensure full coverage. 70% attendance is required and this is monitored on a monthly basis & disseminated every rotation.

We also have journal club & clinical presentations on Thursday & Friday lunchtimes respectively.

There is also regular scheduled ward/department based teaching in most of the departments that the foundation trainees have found to be very useful and relevant for their training.

Basic Essential Surgical Training (BEST) led by consultant surgeon supported by senior trainers

All F1 & F2 trainees are encouraged to organise/deliver teaching sessions for medical students. Medical students have immensely appreciated these informal sessions & the foundation trainees gain skill in developing as a clinical teacher.

Beds and Services

Colchester General Hospital is a medium sized teaching hospital in Colchester with approximately 600 beds and is the main acute site for Colchester Hospital University NHS Foundation Trust. The hospital provides a range of elective and non-elective inpatient surgical and medical services as well as a 24-hour A&E, maternity and outpatient services to a surrounding population of around 370,000.

Pay – Banding Information as at January 2015*

Anaesthetics	F1	1A Banding
Critical Care	F1 & F2	1A Banding
Care of the Elderly	F1	1B Banding
Care of the Elderly	F2	1A Banding
Laboratory Medicine/Public Health/General Practice	F2	No Banding
ENT	F1	5% Supplement
ENT	F2	1A Banding
Accident and Emergency	F2	1A Banding
Medicine	F1	1B Banding
Medicine	F2	1A Banding
Obstetrics and Gynaecology	F1	5% Supplement
Obstetrics and Gynaecology	F2	1A Banding
Oncology	F2	1A Banding
Orthopaedics	F2	1A Banding
Paediatrics	F1	5% Supplement
Paediatrics	F2	1A Banding
Psychiatry	F2 x 2 posts	Post 1 2B Banding post 2 No Banding
General Surgery/Urology/Plastic	F1	1B Banding
General Surgery	F2	1A Banding

* There may be changes if the Hospital at Night project gets started.

Banding is payable in accordance with Para 22 of T&C of Service. For rotations banding may differ for each individual post/placement. Banding may be altered (in accordance with T&C of Service) in order to make posts compliant with any amendments to New Deal and WTR.

Accommodation

Single and married accommodation may be available at Colchester General Hospital. For further information please contact Swan Accommodation on Tel No: 01206 747508 or e-mail iperry@swan.org.uk

Homerton University Hospital NHS Foundation Trust

Key local education provider personnel

- Director of Medical Education and Foundation Training Programme Director for F2s: Dr Eleanor Wood
- Interim Associate Director of Medical Education: Prof David Watson
- Foundation Training Programme Director for F1s: Dr Michelle Emery
- Head Of Medical Education: Dr Emma Breese
- Medical Education Manager: Ms Cathy Miles
- Medical Education Co-ordinator: Ms Lorraine Gannon
- Medical Education Co-ordinator: Mrs Kisha Rose
- Medical Education Co-ordinator: Miss Hifza Malik

Teaching information

F1s:
F1 teaching is weekly and lasts two hours (12.30-14.30). Teaching is bleep-free, and all F1s are expected to attend if they are scheduled to be at work. Attendance is monitored, and trainees are expected to send their apologies when they will not be attending. Trainees are expected to complete an evaluation form. The collated feedback is used to inform decisions regarding the programme.

F2s:
F2 teaching is organised as a number of whole-day events, which take place throughout the year. Teaching is bleep-free, and all F2s are expected to attend if they are scheduled to be at work. Attendance is monitored, and trainees are expected to send their apologies when they are not able to attend. Trainees are expected to complete an evaluation form. The collated feedback is used to inform decisions regarding the programme.

Beds and Services

Homerton is an innovative and friendly Foundation Trust based in the East London Borough of Hackney. We provide general hospital and community services to Hackney and the City of London, and specialist care in obstetrics, neonatology, fetal medicine, fertility, bariatric surgery and neurorehabilitation across east London and beyond.

The hospital has almost 500 beds, including a 50 bed nursing home, Mary Seacole Nursing Home, in Shoreditch east London.

Pay

The banding of posts cannot be confirmed until one month prior to the commencement of the post. The current banding for our Foundation Programme posts is as follows:

Foundation Year 1

Unbanded	Medicine, Psychiatry/ACU
1B	Surgery
1A	Acute Care

Foundation Year 2

Unbanded	GP, Haematology, GUM, Community psych.
1B	
1A	Emergency Medicine, Acute Care Cardiology, Elderly Medicine, Respiratory Medicine, O&G, Stroke, Paediatrics, Psychology

Accommodation

On-site accommodation is available via London Strategic Housing. Please contact them for further details:
<http://www.londonstrategichousing.com/>.

Mid Essex Hospitals Trust

Key local education provider personnel

- Clinical Tutor: Dr Hywel Jones
- F1 Programme Director: Dr Muhammad Ahsan
- F2 Programme Director: Dr Ellen Makings
- Head of Learning and Development: Catherine Lee
- Education Centre Manager: Mrs Gill Slater
- F1 and F2 Programme Administrator: Denise Hearn
- Careers Lead: Dr Sharon Lim

Teaching information

F1 teaching is undertaken weekly on Wednesday's and Thursday's – these are 1 hour lunchtime sessions from 12.30 until 13.30. Approximately every three weeks the generic afternoon sessions take place from 14.00 until 17.00. All sessions are bleep free. F2 teaching is undertaken weekly on Tuesdays and these are 2 hour lunchtime sessions from 12.30 until 14.00. These sessions are bleep free. Trainees are required to attend 70% of the training session towards successful sign-off.

Supervisors are all informed that trainees should be released for teaching sessions. Attendance lists are signed at the beginning and the end of each session. The Generic sessions take place at times avoiding holidays, half terms, change over dates etc to try to ensure optimal attendance. After each session, a non-attending trainee is sent a tracked email asking them for reasons for non-attendance.

Beds and Services

- New Acute Admissions Unit
- Renal dialysis unit
- Regional Plastics and Burns Unit
- New Cardiac Catheter Lab
- Mock exam held for 3rd year medical students
- Students get a mentor and personal record card of cases seen
- New Paces Exam courses
- 550 bed hospital

Pay F1 – Starting salary £22,636

F2 – Starting salary £28,076

Banding info

Subject to Change: A&E – 1A General Surgery – 1B ITU – 1B Medicine – 1B Obs & Gyn – 1A Orthopaedics – 1A Paeds – 1A	1A/2B – 50% 1B – 40% 2A – 80% 1C – 20%	<p><i>The banding is a payment that reflects the unsocial element of weekend working plus the out of hours (before 7am and after 7pm) and any additional hours over the basic of 40 hours per week that are within a rota. The more unsocial hours that are in the rota then the payband is likely to be higher and therefore pay more. The number of doctors on the rota will also have an impact on the payband as a rota with a small number of doctors is likely to be at a higher payband as there will be more weekend working rostered in.</i></p> <p><i>All our F1 positions currently have a 1B payband (an extra 40% of basic salary is paid to reflect the unsocial hours).</i></p>
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Accommodation

SINGLE

- Flats each having 4 bedrooms with en-suite shower room – with communal lounge with TV and DVD player (TV license is paid for by Swan Housing).
- Fully fitted kitchen with washer/dryer, microwave and fridge freezer and basic cooking utensils.
- Internet and TV connections are available within single en-suite rooms on a pay as you go service via an ethernet cable.
- The monthly charge for a single en-suite room is £463.28 inclusive of Council Tax. A deposit of the same is also required, and must be paid by cheque. Your rent and deposit payment is required prior to the release of the room keys.
- The accommodation is on site, approx 7/10 minutes walk from the wards etc.

FAMILY ACCOMMODATION

- Fully furnished Family accommodation can be provided here on site, with dishwasher and & washer/dryer and fully equipped kitchens.
- 1 bed – self-contained flat - £623.67 – excluding utility charges and council tax.
- 2 Bedroom House - £813.35 – excluding utility charges and Council Tax
- 3 Bedroom House - £924.35 – excluding utility charges and Council Tax

For more information or to view the accommodation please telephone 01245 442192 or email nharding@swan.org.uk

The Princess Alexandra Hospital NHS Trust

Key local education provider personnel

- Director of Medical Education: Mr Jonathan Refson
- F2 Programme Director & Lead for Foundation Programme: Dr Perumal Tamilselvan
- F1 Programme Director & Deputy Lead: Mr Ahmed Abidia
- Medical Education Manager: Margaret Short
- Assistant Medical Education Manager: Judith Butcher
- Careers Tutors: Mr Ahmed Abidia (Surgery)
Dr A Dain (Medicine)
Mr D Elsandabesee (O&G)
Dr E Thambapillai (Paeds)
Mr S Wimsey (T&O)
Dr R Sethuraman (Anaesthetics & General advice)
Mr S Ramnani (A&E)

Teaching information

F1 teaching is undertaken weekly on Tuesday lunchtimes at the Medical Education Centre, Parndon Hall from 13.00 – 14.00 (preceded by a post-mortem in the mortuary). There is also a monthly teaching session on the first Friday of each month from 13.00 – 14.00. Both sessions are mandatory for F1s and both are bleep free.

F2 teaching is undertaken weekly on Thursday lunchtimes at the Medical Education Centre, Parndon Hall from 13.00 – 14.00. Sessions are mandatory for F2s and are bleep free. Trainees are expected to attend 75% of the training sessions provided and to link the teaching to their curriculum.

Communication within the trust environment is carried out via email and text messaging so use of the Trusts email address is essential and use of a mobile telephone is desirable.

Beds and Services

The Princess Alexandra Hospital NHS Trust is located in Harlow, Essex and is a 489 bedded District General Hospital providing a comprehensive range of safe and reliable acute and specialist services to a local population of 258,000 people. We are committed to the core principles of the NHS which are to provide services that meet the health needs of everyone and are free at the point of delivery.

We will shape our services around the needs of all patients including providing access to and information about our services to all who may choose to use us, and in a manner which promotes the greatest level of understanding and accessibility.

The Hospital is monitored and regulated by the Care Quality Commission.

Pay

Salary = basic pay + banding
Basic pay = £22,636 + London fringe weighting
Banding = 40-50% (1b for med = basic + 40% / 1a for surg = basic + 50%)
Average pay = ~£32,000

Accommodation

F1 doctors are required to pay for Hospital accommodation. Single and married accommodation is available at The Princess Alexandra Hospital, though not guaranteed for successful applicants. Married accommodation is at a premium and for further information please contact the Accommodation Manager on 01279 827363.

Southend University Hospital NHS Foundation Trust

Key local education provider personnel

- College Tutor for Surgery: Miss Emma Gray
- College Tutor for Medicine: Dr Sarietha Kumar
- Foundation Training Programme Director: Dr Ayesha Siddiqi
- Medical Education Manager: Katie Palmer
- Medical HR Manager: Carol Church
- Medical HR Officer: Elaine Spall
- Training Post & Placements Manager: Pam Barton
- Foundation Programme Co-ordinator: Sue Wilkinson
- Careers Lead: Dr Frances Borg

Teaching information

There is a strong teaching focus at Southend Hospital. We have a large Education Centre staffed with a friendly and supportive team. F1 and F2 dedicated teaching sessions are held weekly. F1s have teaching on Tuesdays (1pm – 2pm) and F2s have teaching on Wednesdays (1pm – 2pm). The sessions are mandatory and trainees are expected to attend a minimum of 70% of the sessions held. Bleeps are to be left at reception.

There are weekly medical Grand Rounds (Thursdays 12.30pm – 1.30pm) and journal clubs every Friday. Each department has specialty specific teaching. We promote the completion of audits and quality improvement projects.

Beds and Services

- The Trust provides acute services from our main Prittlewell Chase site and at outlying satellite clinics across the region
- We maintain nearly 700 inpatient beds, serving a local population of 338,800 as well as anyone else who chooses us for treatment
- 4,528 staff with 181 Consultants, 309 other doctors, 1,214 nurses treating 91,391 inpatients (including 9,119 elective inpatient, 42,513 day case and 42,622 emergency admissions), 544,565 outpatient attendances and 89,965 attendances in A&E during 2013/2014
- Close educational links with both Health Education East of England and Health Education North Central and East London
- Foundation Trainees from NETFS
- Awarded Foundation Trust Status – June 2006
- We provide a comprehensive range of acute services including acute medical and surgical specialties, general medicine, general surgery, orthopaedics, ear, nose and throat, ophthalmology, cancer treatments, renal dialysis, obstetrics and gynaecology and children's services
- All rotas include night shifts with good exposure to acute medicine.

Pay

Currently:

- 1A (50%) for Medicine
- 1B (40%) for Surgery (including Urology)
- 1A (50%) for Orthopaedics

These are of course subject to change for August 2015

Accommodation

- F1 doctors are required to pay for Hospital accommodation.
- Single and married accommodation is available at Balmoral Road, Westcliff on Sea, though not guaranteed for successful applicants. Married accommodation is at a premium.
- Current accommodation costs per month are £388.44 for a single room (a cluster of 6 with a shared kitchen and lounge), £672.80 for a 1 bed flat, £835.17 for a 2 bed flat and £905.46 for a 3 bed flat. (NB Accommodation costs are due to increase from August 2015 and final figures are still to be confirmed.)
- All are inclusive of all bills, apart from married accommodation where payment for electricity is separate.
- For further information please contact the Accommodation Manager on 01702 314836 / Accommodation.Bureau@southend.nhs.uk (an accommodation web page is currently under construction and is anticipated to go live by the end of March 2015).

Contact details

Medical Education: medical.education@southend.nhs.uk / tel. 01702 385352
Medical HR: medical.hr@southend.nhs.uk / tel. 01702 385021/5079
Hospital Website: <http://www.southend.nhs.uk/>