

North East Thames Foundation School Individual Placement Description

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| Placement | FY1 General Medicine/Nephrology |
| The department | This department has 3 consultants of whom 2 are on the Renal Ward and 1 remains on the Renal Unit |
| The type of work to expect and learning opportunities | <p>On a general medical placement at this hospital, you are expected to do 3 weeks on call. This comprises two weeks doing long days on the Emergency admissions unit and then one week on the same ward but through the night. The rest of the time is spent on the renal ward. This comprises a mixture of general medical patients as well as renal specialty patients. This is a contrast to the 'on call block', as it is a lot more about getting a patient ready for discharge back to the community rather than sorting an acute problem. Although these do occur while on the ward.</p> <p>In addition, due to the practical procedures within renal medicine (fistula formation/line insertion), we have TCIs that must be clerked onto the ward as they do not come through the acute admissions system.</p> <p>As an F1 you are expected to be able to:</p> <ol style="list-style-type: none"> 1. Take a history, examine, form a differential diagnosis and enact an initial management plan whilst on the on call block. 2. Clerk patients to the ward. 3. Perform procedures set out in the core procedures in the curriculum 4. Perform more complicated procedures, as and when they are available (line insertion, removal of a line, chest drains etc...) 5. Prescribing carefully 6. Effective communication with patients, relatives and colleagues 7. Education of patients 8. Perform audits to monitor clinical practice 9. Keep accurate medical records 10. To monitor patients throughout the day reacting to any acute problems. |
| Where the placement is based | A3.4 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Dr Ali and Dr Chan |
| Main duties of the placement | The F1 doctor on the ward acts as the main point of contact with the patients and for the nurses, as we spend the most time on the ward. We also ourselves, present a case each week at the renal meeting as a platform for discussion with the consultants for our teaching. We are generally responsible for the tasks delegated out by the consultant on the ward round. |

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| <p>Typical working pattern in this placement</p> | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: Weekend handover meeting, consultant ward round, Tues: Consultant ward round, radiology meeting Wed: Juniors ward round, F1 teaching Thurs: MDT meeting, Consultant ward round, F1 teaching, Renal Meeting (chance for audits, teaching) Fri: Consultant ward round, handover meeting for weekend (general medical), renal handover meeting (renal specific)</p> <p><i>On call requirements:</i> As part of the three week block:</p> <ol style="list-style-type: none"> 1. Long days spent clerking new admission in EAU 2. Weekend covering ward jobs 3. Nights – clerking patients onto EAU |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns</p> |

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North East Thames Foundation School Individual Placement Description

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| Placement | FY1 Acute Internal Medicine |
| The department | The Department of Acute Internal Medicine comprises of 5 Consultants. There are daily consultant led ward rounds. There are wide variety of patients admitted to this ward and there is a high turnover. |
| The type of work to expect and learning opportunities | Ward Duties Acute Medicine On calls- covering both wards and Clerking in EAU -Plenty of learning opportunities to clerk, do practical skills such as cannulas, ABGs, and reviewing sick patients. |
| Where the placement is based | A2.4 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Dr Jessani |
| Main duties of the placement | Ward Duties - expected to deliver the daily medical care of all the patients on the ward Acute Medicine On calls- covering both wards and Clerking in EAU |
| Typical working pattern in this placement | Every day has a similar pattern: AM: Consultant ward round - mostly new patients who have been clerked in overnight. PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc Tues: EAU lunchtime teaching. Everyone takes turns to present either a case or critically appraise a paper. Wed: Lunchtime F1 teaching. Thu: Lunchtime F1 teaching. Sat: 0930-2200-if oncall clerking Sun: 0930-2200-if on call -covering the wards doing jobs such as reviewing patients, bloods, cannulas, prescribing etc <i>On call requirements:</i> 3 weeks on call long days. 1 week of this is 7 nights |
| Employer information | The employer for this post is Mid Essex Hospital Services Trust. The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local |

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| | <p>community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p> |
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North East Thames Foundation School Individual Placement Description

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| Placement | FY1 General Surgery/Lower GI Mega Firm |
| The department | The department comprises 5 surgeons, all of whom can be on the general surgical on call rota and share this with the upper GI teams. Their interests are low rectal cancer, inflammatory bowel disease and pelvic floor disorders. The department serves a catchment area of 350000. |
| The type of work to expect and learning opportunities | <p>The F1 doctors are ward based in normal hours. When on call, they look after all surgical in-patients, including Upper GI, vascular, and urology. They will be involved in the care of elective inpatients, assessment and subsequent care of emergency admissions, attending operating theatre sessions, have an anaesthetic week and we may be called to pre-clerk an elective patient onto the wards.</p> <p>Learning opportunities include timetabled foundation teaching, voluntary attendance at core training teaching, teaching ward rounds, attendance at audit meetings, involvement in audit and research projects.</p> <p>These opportunities are to are aimed to enable the trainees to</p> <ul style="list-style-type: none"> • Take a history • Examine a patient • Safe prescribing • Accurate medical note keeping • Effective time management • Learn how to prioritise • Effective communication with patients and colleagues • Know how to find and use guidelines, evidence and audits about patient care • Act professionally • Learn to deal with stress • Put patients first • Consider ethical and legal issues in patient management • Educate patients • Believe in lifelong learning |
| Where the placement is based | A3.2 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Mr. Richardson, Mr. Pearson and Mr. Siddiqi, Mr Hammond, Miss Conn. |
| Main duties of the placement | The F1 doctor is responsible for the ward care of inpatients, care of emergency patients, pre-assessment of operative case and the maintenance of patient records with the help of other staff. They have the opportunity to attend |

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| | <p>outpatients and theatre sessions. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> |
| <p>Typical working pattern in this placement</p> | <p>7:45am – prepare for ward round, print off patient lists 8:00am – ward round with consultant or registrar. You may be asked to start seeing patients on your own. 12:30-1:30 - formal teaching programme teaching on Wednesdays and Thursdays (exact times may vary) Untill 17:00 - You can be called to help in theatres any day, but usually the SHO helps as well.</p> <p><i>On call requirements:</i> 3 weekends in the rotation and 1 in 12 weekdays. Oncalls during the day or night will be limited to 3 or 4 in a row.</p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people</p> |

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North East Thames Foundation School Individual Placement Description

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| Placement | FY1 General Medicine/Respiratory |
| The department | <p>The Department of Respiratory Medicine comprises 4 Consultants of whom 3 deal mostly with Respiratory cases and 1 with General Medical patients with special interest in Endocrinology.</p> <p>There are a wide variety of patients admitted to this ward but mostly with acute and chronic respiratory problems and lung carcinomas. We also deal with elderly social issue patients.</p> |
| The type of work to expect and learning opportunities | <p>Ward Duties Acute Medicine On calls- covering both wards and Clerking in EAU</p> <p>-Plenty of learning opportunities to clerk, do practical skills such as cannulas, chest drains, pleuradesis. -Lots of teaching from seniors. -Opportunities to teach medical students.</p> |
| Where the placement is based | A2.3 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Dr Hattotuwa, Dr Jenkins and Dr Lawson |
| Main duties of the placement | <p>Ward Duties - expected to deliver the daily medical care of all the patients on the ward Acute Medicine On calls- covering both wards and Clerking in EAU</p> |
| Typical working pattern in this placement | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: am-ward round, followed by ward jobs, PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc</p> <p>Tues: ward round, followed by ward jobs, reviewing patients that deteriorate. Radiology meeting 13-1400 PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc</p> <p>Wed: ward round, followed by ward jobs, 12.30-1330 f1 teaching 1330-1430 lung MDT. PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc</p> <p>Thurs: 830-respiratory teaching. ward round, followed by ward jobs,</p> |

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| | <p>1230-1330/1700 F1 teaching PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc</p> <p>Fri: am-ward round, followed by ward jobs, PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc</p> <p>Sat: 930-2200-if oncall clerking Sun: 930-2200-if on call -covering the wards doing jobs such as reviewing patients, bloods, cannulas, prescribing etc</p> <p><i>On call requirements:</i> 1 week long days (clerking), 1 week nights (clerking), 2 weekends long days (one day ward cover/one day clerking), 1 weekend nights (clerking)</p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and</p> |

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NETFS Foundation School Individual Placement Description

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| Placement | FY1 Psychiatry |
| The department | The Department of Adult inpatient Psychiatry comprises 2 Consultants, cover the 3 main geographical catchment areas in Mid Essex. There are 2 inpatient wards in the Linden Centre. |
| The type of work to expect and learning opportunities | <ul style="list-style-type: none"> <input type="checkbox"/> Be responsible under supervision for the day to day psychiatric care of selected inpatients on Galleywood and Finchingfield Ward and to assist in full admission and progress notes for all such patients. Duties also include day to day to management of physical health during the inpatient stay of patients, medication prescription and assisting the other ward doctors in preparing discharge summaries. <input type="checkbox"/> To be a core member of the inpatient team. This involves participation in the daily clinical meetings, ward reviews and CPAs. <input type="checkbox"/> In the absence of the consultant FY1 will continue offering care and treatment under the supervision of the Consultant's identified deputy and/or the consultant on call as appropriate. Trainee is supported by specialty doctor during this process and other GP trainee. <input type="checkbox"/> Trainee is also expected to liaise with GPs and Broomfield hospital whenever it is necessary. <p>The FY1 will be encouraged to attend courses considered necessary to enhance and improve professional skills pertaining to psychiatry. The trainee will be encouraged to take part in clinical audit under the supervision of a Consultant and other CT trainees.</p> <p>For those with a particular interest in experiencing other aspects of Psychiatry shadowing in ECT and Liaison experience is possible</p> <p>The overall educational objectives are to provide the trainee with the knowledge, skills and attributes to be able to The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <input type="checkbox"/> Take a psychiatric history, mental state and examine a patient <input type="checkbox"/> Identify and plan investigations for physical problems <input type="checkbox"/> Prescribe safely <input type="checkbox"/> Keep an accurate, legible and relevant medical record <input type="checkbox"/> Manage time and clinical priorities effectively <input type="checkbox"/> Communicate effectively with patients, relatives and colleagues <input type="checkbox"/> Use evidence, guidelines and audit to benefit patient care <input type="checkbox"/> Act in a professional manner at all times <input type="checkbox"/> Cope with ethical and legal issues which occur during the management of patients with general psychiatric problems <input type="checkbox"/> Educate patients effectively |

| | Become life-long learners and teachers | | | | | | | | | | | | | | | | | | |
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| Where the placement is based | The Linden Centre behind Broomfield Hospital | | | | | | | | | | | | | | | | | | |
| Clinical Supervisor(s) for the placement | Dr Rupesh Adimulam, Dr Bisdee | | | | | | | | | | | | | | | | | | |
| Main duties of the placement | <p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patients' medical records. They will have opportunity to work with the Consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in the Amethyst Day Hospital . They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <table border="1"> <thead> <tr> <th></th> <th>AM</th> <th>PM</th> </tr> </thead> <tbody> <tr> <td>Mon</td> <td>Clinical meeting and ward review in Galleywood ward</td> <td><i>Ward Review/ward work on Galleywood ward</i></td> </tr> <tr> <td>Tue</td> <td>Teaching</td> <td>Ward work in Galleywood ward</td> </tr> <tr> <td>Wed</td> <td>Clinical meeting/ Finchingfield ward</td> <td>Ward work/ Ward review Galleywood ward</td> </tr> <tr> <td>Thu</td> <td>Clinical meeting/ Finchingfield ward reviews</td> <td>Rainbow unit/Teaching</td> </tr> <tr> <td>Fri</td> <td>Clinical meeting/ Finchingfield ward reviews/work</td> <td>Finchingfield ward/ Galleywood ward work</td> </tr> </tbody> </table> | | AM | PM | Mon | Clinical meeting and ward review in Galleywood ward | <i>Ward Review/ward work on Galleywood ward</i> | Tue | Teaching | Ward work in Galleywood ward | Wed | Clinical meeting/ Finchingfield ward | Ward work/ Ward review Galleywood ward | Thu | Clinical meeting/ Finchingfield ward reviews | Rainbow unit/Teaching | Fri | Clinical meeting/ Finchingfield ward reviews/work | Finchingfield ward/ Galleywood ward work |
| | AM | PM | | | | | | | | | | | | | | | | | |
| Mon | Clinical meeting and ward review in Galleywood ward | <i>Ward Review/ward work on Galleywood ward</i> | | | | | | | | | | | | | | | | | |
| Tue | Teaching | Ward work in Galleywood ward | | | | | | | | | | | | | | | | | |
| Wed | Clinical meeting/ Finchingfield ward | Ward work/ Ward review Galleywood ward | | | | | | | | | | | | | | | | | |
| Thu | Clinical meeting/ Finchingfield ward reviews | Rainbow unit/Teaching | | | | | | | | | | | | | | | | | |
| Fri | Clinical meeting/ Finchingfield ward reviews/work | Finchingfield ward/ Galleywood ward work | | | | | | | | | | | | | | | | | |
| Typical working pattern in this placement | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Weekly rotation between Galleywood ward and Finchingfield ward.</p> | | | | | | | | | | | | | | | | | | |
| Employer information | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> | | | | | | | | | | | | | | | | | | |

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| | <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pharmacy <input type="checkbox"/> Pathology <input type="checkbox"/> Radiology <input type="checkbox"/> Acute medicine <input type="checkbox"/> Intensive Care <input type="checkbox"/> Care of Elderly People and Therapy <input type="checkbox"/> Anaesthesia and Pain <input type="checkbox"/> General Surgery <input type="checkbox"/> ENT and Oral Surgery <input type="checkbox"/> Ophthalmology <input type="checkbox"/> Orthopaedics <input type="checkbox"/> Children and Young People <input type="checkbox"/> Obstetrics and gynaecology <input type="checkbox"/> Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p> |
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NETFS Foundation School Individual Placement Description

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| Placement | FY1 Geriatric Medicine |
| The department | Department for the Elderly |
| The type of work to expect and learning opportunities | <p>To work with challenging patients who often have multiple co-morbidities; Polypharmacy and cognitive impairment. This placement provides the opportunity to work in a MDT on a daily basis and learn about the type and scope of care these staff provide as well as gain an understanding of how the NHS interfaces with social care. This post allows one to enhance his/her communication skills with both patients and their families, gain familiarity in managing both acute medical problems and chronic conditions as well as providing exposure to ethico-legal issues surrounding capacity, safeguarding and end of life care.</p> <p>In addition throughout December and January the team covers outliers in the Notley, Mayflower Wards and HDU. This can be extremely busy.</p> |
| Where the placement is based | Braxted Ward C251 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Dr Ahsan, Dr Ishaque and Dr Thyparambil |
| Main duties of the placement | <p>Assessment and management of acute medical admissions in an elderly patient population. Ward rounds are consultant-led but FY1 doctors review inpatients on a daily basis.</p> <p>Ward jobs typically consist of requesting investigations, making referrals to other specialties, collateral history-taking, assessments of cognition and capacity and performing practical procedures.</p> |
| Typical working pattern in this placement | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Daily: 0845-0930 MDT Meeting/Board Round 10:00-12:15 Ward Round 13:00- 17:00 Ward Jobs</p> <p>In addition to the daily routine above, the following are also part of the typical weekly schedule:</p> <p>Mon: Tues: 2:30 COTE Team Meeting and FY2 Teaching Wed: Thurs: Fri: 12:45 Grand Round Sat: Off Sun Off</p> |

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| | <p><i>On call requirements: As part of your training, you are required to work 1 week of nights (21:00-09:00) and 10 days of long days (09:00-21:00) during this rotation. This will be in the Emergency Assessment Unit where you will handle general medical cases.</i></p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p> |

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| Placement | FY1 General Surgery/Vascular Mega Firm |
| The department | General Surgery Mega Firm |
| The type of work to expect and learning opportunities | <p>All F1 Doctors in surgical posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients under the care of their consultant. All F1 doctors will be allocated to work with either the Upper GI or Colorectal team. Some will also spend time with the vascular team providing ward-based care. Whilst on call, we are expected to manage the new intake of surgical patients on the wards and put in place a basic management plan until the patient is reviewed by a senior member.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and manage problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers |
| Where the placement is based | Rayne and Heybridge Ward – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Miss Conn |
| Main duties of the placement | <p>The F1 doctor is responsible together with other staff for the ward care of patients and the maintenance of the patient's medical record. They attend the ward round every day with the SpRs or consultant, and support the patients during their stay. We are expected to attend the scheduled teaching on Wednesday and Thursdays as provided by MEHT trust. At times we have the opportunity to work with consultants in theatre if they require assistance.</p> <p>We are also responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> |

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| <p>Typical working pattern in this placement</p> | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon-Fri: Ward round typically begins at 8 with either the SpR or consultant. Ward duties once the morning round has finished. Handover to on-call team any outstanding jobs at 5. Opportunities to attend theatre and clinics if time allows. Sat: OFF Sun: OFF</p> <p><i>On call requirements:</i> On-call shifts typically involve 4 long day shifts or 7 short day shifts at a time. During the day, the on-call F1s will typically manage the new admissions on the ward for the consultant on-call. The night F1 is expected to provide ward-based care to all general, vascular and urology patients. You are allocated to work 3 to 4 weekends in total.</p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets</p> |

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| Placement | FY1 General Surgery/Upper GI Mega Firm |
| The department | General Surgery Mega Firm |
| The type of work to expect and learning opportunities | Daily ward duties, pre-assessment of Upper GI resectional and complex laparoscopic cases. Upper GI physiology/dysmotility. Emergency surgical assessment. |
| Where the placement is based | Heybridge ward – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Mr Tang |
| Main duties of the placement | |
| Typical working pattern in this placement | <p>Typical working pattern in this post: Daily ward rounds, jobs from ward round. Occasional pre-assessment in clinic. If jobs are done, it is encouraged that you go to theatre.</p> <p>On call days – ward round of new surgical patients and jobs for these, ward cover from 5pm.</p> <p>Weekend on call days – ward round of all surgical patients, jobs for these and ward cover.</p> <p>Nights – ward cover.</p> <p>Within this placement there is a timetabled “Theatre week” for gaining some anaesthetics experience.</p> <p>Mon: am WR/OPD pm MDT Tues: am WR/DSU pm DSU Wed: am WR/Th pm Th Thurs: am WR/Th pm Th Fri: am WR/Th/OPD Sat: Sun:</p> |
| Employer information | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine |

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| | <ul style="list-style-type: none">• Intensive Care• Care of Elderly People and Therapy• Anaesthesia and Pain• General Surgery• ENT and Oral Surgery• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p> |
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North East Thames Foundation School Individual Placement Description

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| Placement | FY1 General Medicine/Cardiology |
| The department | Cardio Patients and medical on-calls |
| The type of work to expect and learning opportunities | <p>When covering the consultant taking new patients, arrive early (08:00- 08:30) to sort the cardiology patients from the gen med patients (who are taken over by the renal team). This will most often be on Mondays and Tuesdays (when Dr Coles and Dr Clesham take news). It is advisable to ensure bloods, echos and other investigations are printed out and in the notes before the ward round begins.</p> <p>The FY1 mostly covers Dr Clesham who likes to be updated on his patients on Mon, Thurs +Fri. He can usually be found in clinic around 2pm.</p> <p>General ward work - bloods, abgs, cannulas, ecgs, data interpretation, documentation.</p> <p>Facilitating transfer to Basildon CTC for angioplasty/cardiac surgery. Sometimes, looking after critically unwell cardiology patients in MHDU.</p> <p>Opportunity to spend time in the cardiac department watching/assisting angiograms, pacemaker insertion, echocardiograms.</p> <p>Learning outcomes: ECG interpretation, echo interpretation, management of heart failure, NSTEMI, angina, endocarditis, brady and tachyarrhythmias and acute medical patients. Dr Gamma provides really good teaching in the DRs room at 4pm on Tuesdays</p> |
| Where the placement is based | Cardiac – A3.4 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Dr Clesham |
| Main duties of the placement | <p>Preparing for ward rounds Completing ward jobs Reviewing unwell patients Documentation Discharge summaries Online forms for IP transfer to Basildon for PCI/CABG/valve replacements etc</p> |
| Typical working pattern in this placement | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable). Depending on junior</p> |

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| | <p>staffing, you may be asked to cover any of the consultants but you will always be covering Dr Clesham.</p> <p>Mon: Consultant WR (Dr Coles) Tues: Consultant WR (Dr Clesham) Wed: Consultant WR (Dr Gamma) Thurs: Consultant WR (Dr Dhillon) Fri: Consultant WR (Rotated) Sat: Sun:</p> <p><i>On call requirements:</i> 9 long days and 7 nights in EAU.</p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the</p> |

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| | flexibility to develop new and exciting ways to improve patient care. |
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North East Thames Foundation School Individual Placement Description

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| Placement | FY1 General Surgery/Breast Mega Firm |
| The department | <p>General surgery consists of a large team of consultants, training registrars, trust grades and FY1's.</p> <p>On calls rotate between upper GI and colorectal team consultants.</p> |
| The type of work to expect and learning opportunities | <p>FY1's on the team take part in the daily ward round, reviewing all of the inpatients for all consultants. Junior doctors also carry out ward work for their patients, including taking blood samples, cannulating, catheterizing etc.</p> <p>There is ample opportunity to learn about surgery, by assisting in operations, MDT. During the general surgical on call week the FY1 is also exposed to a wide variety of general surgical problems, and expected to manage these.</p> |
| Where the placement is based | A3.2/A3.3 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Mr Charlampopoulos, Mr Tang |
| Main duties of the placement | <p>Operating lists on most days, you will be expected scrub in theatre occasionally, but particularly when on call.</p> <p>The majority of the rota is spent in on call capacities, which are split into 4 and 3 day blocks for the first on house officer, 1-2 day blocks for the second house officer, and 7 day blocks for the on call support house officer who finishes at 5pm.</p> <p>Two weeks of working as the lone vascular/breast house officer.</p> <p>FY1's also work 4 and 3 night blocks. During the night shift they are expected to undertake general ward based work, including reviewing unwell patients.</p> |
| Typical working pattern in this placement | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: Ward round, afternoon MDT. Tues: Ward round</p> <p>Wed: Ward Round</p> |

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| | <p>Thurs: Ward round Fri: Ward round Sat: Off Sun: Off</p> <p><i>On call requirements:</i> Over half of the rota Period of two weeks of covering vascular surgery 8am – 5pm Ward on call – 8am – 8pm Second on call – 8am – 7pm A&E on call – FY1’s do not clerk patients Normal working day on call 8am – 5.00pm</p> <p>Nights: block of 4 and 3, one or two blocks in each 4 month rotation</p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly</p> |

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| | <p>4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p> |
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North East Thames Foundation School Individual Placement Description

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| Placement | FY1 General Medicine/Gastro |
| The department | The Dept of Gastroenterology at Broomfield Hospital comprises four Consultant gastroenterologists who also take part in the on call rota. The consultants are currently trialing a system whereby each one is responsible for ward patients on a weekly basis – this rotates over four weeks before restarting (Dr Shah – Dr Oza – Dr Webster – Dr Dharna). Otherwise the consultants have outpatient and endoscopy commitments every week. The consultant will be assisted by SpRs (2), SHOs (3), FY1s (2) – depending on the on-call rota. |
| The type of work to expect and learning opportunities | <p>FY1s on the gastroenterology rotation can expect to see a variety of clinical cases and be actively involved in the management of acutely unwell patients. The department operates on a ward based system and any general medical patient admitted onto the ward will be taken over by one of the gastro teams. This ensures that you are exposed to a wide range of medical problems.</p> <p>FY1s will be involved with the overall management of patients which ranges from examining patients, prescribing medications to discharge planning. FY1s will also be expected to keep accurate and clear medical records. An important role of the FY1 is ensuring that everything is ready for the ward round in the morning which involves updating lists, documenting scan reports and blood results. There will also be opportunities to perform practical procedures including the core procedures and other more specialized procedures such as ascitic drains and lumbar punctures.</p> <p>Whilst on call and on nights, FY1s are based on EAU and are clerking patients in. They are expected to present these patients on the post take ward round. This is an excellent learning opportunity as you will be exposed to a wide range of acute emergencies and will be trained on how to manage such emergencies.</p> |
| Where the placement is based | A3.1 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Dr Oza, Dr Shah |
| Main duties of the placement | |
| Typical working pattern in this placement | <p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon-Fri: Ward round every morning (either with the consultant or the registrar usually).</p> |

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| | <p>Friday: Gastro meeting Sat: off (unless on call) Sun: off (unless on call)</p> <p><i>On call requirements:</i> During the rotation FY1s will do a week of nights, a week of on call (including the weekend) and a separate on call weekend (which is between Fri-Sunday).</p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p> |

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North East Thames Foundation School Individual Placement Description

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| Placement | FY1 General Medicine/Endocrine |
| The department | The general medicine/Endocrine firm consists of 3 Consultants, 2 General Medicine consultants with interest in Diabetes/Endocrinology and 1 Acute physician. Alongside ward work there are regular Diabetes and endocrine/ general medicine clinics that run weekly |
| The type of work to expect and learning opportunities | The general medicine/Endocrine firm consists of 3 Consultants, 2 General Medicine consultants with interest in Diabetes/Endocrinology and 1 Acute physician. Alongside ward work there are regular Diabetes and endocrine clinics that run weekly |
| Where the placement is based | A3.4 – Broomfield Hospital |
| Clinical Supervisor(s) for the placement | Dr Fletcher and Dr Jackson |
| Main duties of the placement | <p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. This involves running a consultant-led morning ward round 5 times a week.</p> <p>Occasionally the WR will be led by senior members of the firm in the morning with the Consultant reviewing all the patients in the afternoon.</p> <p>There is a structured teaching program every week provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Typically duties include management of patients, ordering investigations and reviewing the results, blood tests, clinical examinations, histories and presentation and discussion with family.</p> |
| Typical working pattern in this placement | <p>Typical working pattern in this post</p> <p>Mon: Morning Consultant-led ward round, jobs in the afternoon and patient follow up Tues: Morning Consultant-led ward round, jobs in the afternoon and patient follow up Wed: Morning Consultant-led ward round, jobs in the afternoon and patient follow up Thurs: Morning Consultant-led ward round, jobs in the afternoon and patient follow up Fri: Morning Consultant-led ward round, jobs in the afternoon and patient follow up</p> <p>Occasionally: Senior registrar ward round in the morning consultant follow up in the afternoon.</p> |

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| | <p>Sat: Typically off unless on-call Sun: Typically off unless on-call</p> <p>On call requirements: <i>Varies but currently 1 weekend, 1 week set on long days and 1 week set of nights on-call in the Emergency Assessment Unit.</i></p> |
| <p>Employer information</p> | <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy • Anaesthesia and Pain • General Surgery • ENT and Oral Surgery • Ophthalmology • Orthopaedics • Children and Young People • Obstetrics and gynaecology • Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p> |

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