

Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

All information to be completed by the Foundation School.

Placement

FY2 Acute & General Medicine,
Emergency Assessment Unit &
Ambulatory Care Unit

The department

Department of Acute Medicine,

The type of work to expect and learning opportunities

Trainees in the department will have excellent exposure to all facets of acute and chronic medical care due to the wide caseload flowing through the department. Trainees can expect to have daily contact with patients relevant to their core curriculum requirements and will quickly gain competence in managing all “emergency” and “top 20” clinical conditions. Due to excellent senior cover, they will have good opportunities to become practiced in relevant procedures to the FY2 and CMT curriculums.

Consultants in the department are all very supportive and approachable, and will support audit and research opportunities.

Learning Opportunities;
Daily consultant led ward rounds.
Departmental teaching every Tuesday lunchtime.
Dedicated FY2 medical teaching on Tuesday 12 – 14:00hrs
Grand Round (Medicine) every Friday lunchtime.
Hospital audit meetings every 3 months.

Where the placement is based

EAU & ACU – Broomfield Hospital

Clinical Supervisor(s) for the placement

Dr Barry Evans, Dr Neil Campbell, Dr Shahirose Jessani, Dr Sherif Safwat,

Main duties of the placement

The FY2 doctor is responsible with other staff for the ward care of patients and the maintenance of patient's medical record. Trainees are expected to attend ward rounds every day or attend ambulatory care. Trainees will participate in multidisciplinary team meetings, assessment of patients, attending ward rounds, ordering investigations and participating in team handover meetings.

Typical working pattern in this placement

Emergency Assessment Unit:

Daily morning ward rounds occur Monday to Friday. These are always consultant or ST3+ led. They should assist with the ward round, by highlighting patient issues needing senior input, completing note entries, reviewing investigations, reviewing observations and medications and completing jobs as appropriate. Following the ward round, the FY2 doctor is expected to work in conjunction with junior doctors to complete jobs raised by the ward round as well as jobs arising throughout the day, including the assessment of acutely unwell patients. They are expected to provide a supportive role to FY1 doctors, including leadership and delegation of tasks, teaching and supporting FY1 doctors with clinical queries. Jobs raised by the ward round vary as to the clinical circumstance, but include making referrals, taking bloods and ordering investigations, writing discharge letters, prescribing, further patient examination and assessment and liaising with allied health professionals.

Liaising with patient's relatives is a frequent responsibility of the FY2 doctor, including discussions with families regarding end of life care, discussion but not completion of Do Not Attempt Resuscitation decisions (Completion of which is reserved for ST3+ staff), breaking bad news, as well as obtaining collateral history and simply updating relatives. Senior support is always

available if needed.

Towards the end of the day, outstanding investigations should be reviewed, problems overnight (or over the weekend) anticipated and addressed, and patients / jobs handed over to on call doctors if needed. On a Friday, patients highlighted for possible discharge, or those needing senior review should be highlighted for the weekend ward round.

Departmental teaching takes place on a Tuesday at 13:30. Junior staff will be allocated sessions in rotation during the placement in which to present a case or provide teaching on a topic of their choice.

Ambulatory Care:

One week in five will be spent on the Ambulatory Care Unit (in rotation with 1CMT trainee and 2 ACCS trainees). Ambulatory care is an innovative department aimed at admissions avoidance and providing a one-stop service for many acute presentations such as DVT, PE, non-ACS cardiac conditions, cellulitis, non-severe pneumonia and any other chest infections, non-severe asthma, AKI, non-specific headache etc.

Trainees will be expected to work alongside the acute consultant physician in ACU to provide rapid assessment and management of a wide range of conditions. They will also be expected to take GP phone calls to screen admission, offer advice and develop triage skills in directing admission to an appropriate place of definitive care.

On-Call:

As part of the placement FY2 doctors are included in the on-call rota. This is a 34-week rolling rota. This will include either working within the emergency assessment unit, or providing medical ward cover (For any of the medical wards, medical outlier patients as well as taking referrals/answering medical calls for

non-medical wards). This also includes working on night shifts as part of a comprehensive team (2 ST3+, 3 CMT/FY2 equivalents and 1 FY1).

Duties on the Medical Assessment Zone largely involve the clerking of new medical admissions (Such as from emergency department, clinic and GP referrals from the community). This includes history taking, examination, ordering and reviewing of investigations, and formation of a plan. Patients will then be reviewed by a senior clinician, which may generate further jobs requiring completion.

FY2 doctors are required to hold a crash bleeps during the on call component of the placement as part of a response team (incorporating staff from critical care/outreach teams, life support teams, junior doctors and ST3+ doctors). As such they are expected to manage medical emergencies, including cardiac arrest.

Employer information

The employer for this post is Mid Essex Hospital Services Trust.

The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.

Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:

- Pharmacy
- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy

- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.

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Placement

FY2 Emergency Medicine

The department

Broomfield A&E department consists of 7 consultants, 1 associate specialist, 2 senior clinical fellows, 2 junior clinical fellows, 2 staff grades, 2 Specialist registrars, 5 FY2s, 6 GP trainees, 2 ACCS trainees.

The department serves a large population within the Mid Essex Hospital Trust with approximately 200 admissions per day.

Apart from the clerking and triage of new admissions the department also runs trauma clinics for the review of soft tissue injuries including burns, wounds and minor fractures.

The type of work to expect and learning opportunities

All FY2 doctors during their A&E placement will be required to spend approximately equal amounts of time in both the major and minor injury departments. They will be involved in the initial clerking of patients and their immediate treatment. This often occurs in the form of a wide variety of practical skills such as suturing to the manipulation of fractures.

The learning opportunities available in A&E are wide ranging and some of which are listed below:

- Acute respiratory disorders
- Shock
- Chest Pain and acute coronary syndrome

- Acute allergic conditions
- Acute GI bleed
- Poly-Trauma
- Head Injury
- Chest and abdominal trauma
- Burns
- Fractures and dislocations
- Seizures
- Overdose
- Ectopic pregnancy
- Miscarriage/Vaginal Bleeding
- Foreign Bodies
- Animal bites
- Ophthalmic emergencies
- Epistaxis
- Acute abdomen
- Diabetic emergencies
- Meningitis/Septicaemia
- Pain management
- Acute confusion
- Pediatrics

The department also has plenty of opportunities to develop practical skills, some of which are listed below:

- Spinal immobilization and log rolling
- Local anaesthetic procedures (digital and field blocks)
- Suturing
- Manipulation of fractures and dislocations
- Plastering techniques
- Vascular Access
- Chest drainage
- Catheterization
- Incision and drainage
- ECG interpretation
- X-ray interpretation

The FY2 doctor is responsible for the management of a wide variety of cases seen within the department but the emphasis of discussion and support from the senior Doctors is encouraged. All Doctors within the

department are expected to take part fully and contribute to departmental teaching programme.

Where the placement is based	A&E – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Thomas, Mr Azziz, Mr Hieatt and Mr Hughes
Main duties of the placement	All FY2 doctors during their A&E placement will be required to spend approximately equal amounts of time in both the major and minor injury departments. They will be involved in the initial clerking of patients and their immediate treatment. This often occurs in the form of a wide variety of practical skills such as suturing to the manipulation of fractures.
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Within the A&E department the rota changes from week to week with annual leave being scheduled into your working schedule. One working week taken from the rota is shown below:</p> <p>Below are the variable shift times .</p> <p>8 - 17.30 8.30 - 21.00 12 - 22.00 14 - 00.00 17 - 03.00 22 - 08.30</p> <p>(Departmental teaching from 8.30am-11.00am every friday).</p> <p>Sat: Off Sun: Off</p> <p><i>On call requirements:</i></p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield</p>

Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.

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- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

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Placement	FY2 General Medicine/Endocrine
The department	Emergency Short Stay Ward
The type of work to expect and learning opportunities	<p>General ward work and medical on-call work. The general medicine/Endocrine firm consists of 3 Consultants, 2 General Medicine consultants with interest in Diabetes/Endocrinology and 1 Acute physician. Alongside ward work there are regular Diabetes and endocrine/ general medicine clinics that run weekly</p> <p>The general medicine/Endocrine firm consists of 3 Consultants, 2 General Medicine consultants with interest in Diabetes/Endocrinology and 1 Acute physician. Alongside ward work there are regular Diabetes and endocrine clinics that run weekly.</p>
Where the placement is based	A3.4 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr. Kaimal, Jackson and Fletcher
Main duties of the placement	Ward Duties - expected to deliver the daily medical care of all the patients on the ward Acute Medicine On calls- covering both wards.
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Daily 0900 Ward round</p> <p>Mon: 0900-1700 Tues: 0900-1700 Wed: 0900-1700 1400 formal teaching programme every other week Thurs: 0900-1700 Daily Consultant am ward round (AEJ/ JF/NNK) Fri: 0900-1700 Grand Round 12.30 Sat: night shift 21.00 – 09.30 (1 in 8) Sun: night shift 21.00 – 09.30 (1 in 8)</p> <p><i>On call requirements:</i> Long day shifts (on ward from 09:00 – 1700 then EAU/ward cover till 22:00)</p>

Employer information

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Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:

- Pharmacy
- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

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Placement	FY2 General Med/Gastro
The department	<p>The Dept of Gastroenterology at Broomfield Hospital comprises four Consultant gastroenterologists who also take part in the on call rota. Each consultant will have one week a month leading the team for the care of the gastroenterology inpatients and the ward. The team comprises of 2 SpRs, 1 CMT trainee, 1 FY2 and 2 FY1s. However on-call commitments often mean that the daily team is usually smaller than this with the minimum levels being 2 juniors and 1 SpR.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the normal working day and expected to deliver the daily medical care of all the patients on their ward. During the four month attachment there are two on-call blocks of three weeks each, during this time the F2 will be involved with the clerking of patients being admitted and out of hours ward cover.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none">• Take a history and examine a patient• Identify and synthesize problems• Create an initial differential diagnosis list and appropriate management plan• Prescribe safely• Keep an accurate and relevant medical record• Manage time and clinical priorities effectively• Communicate effectively with patients, relatives and colleagues

- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively
- Become life-long learners and teachers
-

Where the placement is based

A3.1 – Broomfield Hospital

Clinical Supervisor(s) for the placement

Dr Oza.

Main duties of the placement

The F2 doctor is responsible with other staff for the ward care of patients. The doctor will be responsible for such other specific clinical duties as allocated by consultants. During the on-call blocks the F2 will be responsible for clerking patients being admitted and out of hours ward cover.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Mon- Friday:
0900 Ward meeting (MDT)
0930 Consultant ward round

Additional:
Tues: 1200-1400 FY2 teaching
Tues: 1230 – 1330 Gastro teaching
(when FY2 teaching not scheduled)
Fri: 1230-1330 Grand Round

On call requirements: Two blocks of three weeks each during a four month attachment. Includes night, weekend and evening cover of the EAU and wards.

Employer information

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of the population is over 65.

Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:

- Pharmacy
- Pathology
- Radiology(including interventional radiology)
- Endoscopy (including ERCP and EUS)
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

The Trust is the Regional Upper GI Cancer Surgical centre, taking referrals from Ipswich, Colchester, Basildon and Southend Hospitals. The Trust is also home to the Supra-Regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

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Placement	FY2 GP
The department	GP Surgery
The type of work to expect and learning opportunities	<ul style="list-style-type: none">• Hold independent clinic alongside the other partners, five days per week. No out-of-hours care.• 30 minute appointments to review, assess, diagnose and propose management plan. If necessary, timetabled senior GP available for assistance. The appointment time is reduced as the placement progresses – to a minimum of 15 minutes.• Daily independent local home visits – usually nursing home residents.• Prolonged lunch-break to read and action post (from hospital/pharmacy) related to your patients, and dictate referrals to hospital.• Opportunity to carry out audit or prepare for membership exams• Regular tutorials with Dr. Monsell – portfolio, CBD or review latest guidelines related to self-identified learning objective.
Where the placement is based	Whitley House Surgery, Crompton Building, Writtle Road, Chelmsford, Essex, CM1 3RW
Clinical Supervisor(s) for the placement	Dr Neil Monsell
Main duties of the placement	Hold independent clinic alongside the other partners, five days per week. No out-of-hours care.
Typical working pattern in this placement	Daily: 8am – 12pm: Morning clinic

12am – 3.30pm: Responding to mail, dictations, home visits and telephone consultations

3.30 – 6 pm: Afternoon clinic

Applies to all days, except Tuesday and Thursday afternoons (FY2 teaching and private study respectively)

On call requirements: Nil

Employer information

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- Pharmacy
- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.

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North East Thames Foundation School Individual Placement Description

Placement	FY2 Psychiatry
The department	<p>The Department of Older Adult Psychiatry comprises 4 Consultants, 2 of whom are full time and 2 who are part time for 4 days a week, to cover the 3 main geographical catchment areas in Mid Essex. There are 2 inpatient wards in the Crystal Centre – functional and organic, a Day Hospital (functioning and staffed for 7 days a week) Older Adults Liaison team, Memory service and Community Team services also.</p>
The type of work to expect and learning opportunities	<p>The FY2 doctor will generally be ward based, having experience in both Functional and Organic wards. Their ‘frontline’ position on the wards enables close working with nursing and therapy staff in delivering daily holistic and medical care whilst familiarizing themselves to Mental Health assessment and management under supervision from senior team members. During the week there is an outpatient clinic where opportunities to assess/clerk new patients and formulate care plans for follow up patients , under supervision are provided.</p> <p>There are opportunities to attend and present at the local Academic Program. For those with a particular interest in experiencing other aspects of Psychiatry shadowing in ECT, CRISIS team, Domiciliary Visits , Liaison and Memory service experience is possible</p>

The overall educational objectives of the FY2 year are to provide the trainee with the knowledge, skills and attitudes to be able to

- Take a psychiatric history, mental state and examine a patient
- Identify and plan investigations for physical problems
- Prescribe safely
- Keep an accurate, legible and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relatives and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively
- Become life-long learners and teachers

Where the placement is based	The Crystal Centre behind Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Leontis
Main duties of the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patients' medical records. They will have opportunity to work with the Consultants in outpatients clinics for at least one day each week, and also take responsibility for problems arising in the Amethyst Day Hospital. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Mon: AM - Day Hospital reviews
PM - Functional Ward Round

Tues: AM - Academic Program
PM - OPD/Ward Work

Wed: AM - OPD –supervision with Consultant
PM - FY2 training/ Ward work

Thurs: AM - Day hospital assessments
PM - DVs/Ward work

Fri: AM Organic ward Round
PM ward work

On call requirements: shift system

Employer information

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- Pharmacy
- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.

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North East Thames Foundation School Individual Placement Description

Placement	FY2 General Surgery/Breast
The department	The Breast Team at Broomfield consists of 4 consultants, 2 registrars, 1 FY2 and 2 FY1's. The bulk of work is breast cancer related.
The type of work to expect and learning opportunities	This is a general/breast firm with mainly breast and a few endocrine cases electively. There are also general surgery on-calls, so you get opportunities to clerk and manage general surgical patients alongside the elective cases. Attendance and participation in at least 3 theatre sessions a week is expected. There are opportunities to attend a further afternoon registrar-led theatre list as well as a day surgery list once every two weeks. Furthermore, you as an FY2 will have on-call duties on the general surgical rota, where you will clerk in and manage patients from the acute take. There are also many opportunities to attend clinics, including the one-stop clinic, the breast & endocrine clinic and the gynaecomastia clinic.
Where the placement is based	A3.3 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Smith
Main duties of the placement	Ward duties, attending theatres & on-call duties
Typical working pattern in this placement	Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Mon: Breast MDT/Clinics Tues: Clinics/ Theatre Wed: Mr Smiths Breast/Endocrine list

Thurs: Ms Dua's Breast list + SpR
afternoon general/breast list

Fri: Clinics

Sat:

Sun:

Employer information

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excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.

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Placement	FY2 General Surgery/Colorectal
The department	<p>The Dept of General and Colorectal Surgery comprises of 5 Consultants all of whom are involved in the acute General surgical on-call. There are interests in low rectal cancers, inflammatory bowel disease, abdominal wall reconstruction, pelvic floor disorders, laparoscopic and robotic surgery. The department serves Mid Essex with a catchment population of 330,000.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the normal working day and expected to deliver the daily medical care of all the colorectal patients. They are expected to attend theatre lists in an assistant capacity and may attend clinics in a supernumerary capacity to gain experience. During on calls the F2 doctor will be involved in the management of emergency patients. The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none">• Take a history and examine a patient• Identify and synthesise problems• Prescribe safely• Keep an accurate and relevant medical record• Manage time and clinical priorities effectively• Communicate effectively with patients, relatives and colleagues• Use evidence, guidelines and audit to benefit patient care• Act in a professional manner at all times• Cope with ethical and legal issues

which occur during the management of patients with general medical problems

- Educate patients effectively
- Become life-long learners and teachers

Where the placement is based	A3.2 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Conn/Hammond/Richardson/Pearson/Siddiqi
Main duties of the placement	<p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in one outpatient clinic each week, and also take responsibility for problems arising in General surgical patients on the ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
Typical working pattern in this placement	<p>Daily 0800 ward round</p> <p>Mon: Ward cover and theatre Tues: Ward cover and theatre1400 Outpatients Wed: Ward cover and theatre1300 Formal teaching – 1 hour Thurs: Ward cover and oupatients1300 Formal teaching – 1 hour Fri: 0800-0930 Departmental teaching 0930 Pre-assessment clinic Ward cover and outpatients Sat: Sun:</p>
Employer information	<p>On call requirements</p> <p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p>

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Placement

FY2 General Surgery/Upper GI
Mega Firm

The department

General Surgery Mega Firm

The type of work to expect and learning opportunities

As an FY2 you work with and supervise the FY1s on the ward. There is also ample opportunity to develop surgical skills in theatre and attend clinics with consultants and registrars. The attachment provides opportunity to develop most of the skills in the foundation programme curriculum.

Where the placement is based

Heybridge– Broomfield Hospital

Clinical Supervisor(s) for the placement

Mr Tang

Main duties of the placement

The FY2, together with the other members of the team is responsible for the care of ward patients. He or she also provides support for the FY1 on the team. You are expected to assist in theatre when needed. This provides a great opportunity to develop surgical skills. There is also opportunity to attend clinics with consultants (about twice a week). When on-call your main responsibility is new patients in. Referrals come from A&E as well as from GPs in the community. You may also be asked to review medical patients with surgical problems.

Typical working pattern in this placement

There is usually a daily Registrar led ward round starting at 8am. The SHO may start seeing the stable patients before the registrar arrives. Consultants may visit the ward at some point later in the day to review post-op or unwell patients.

Mon: AM – Mr Kadirkamanathan clinic
12:30 – upper GI MDT meeting

Tues: AM and PM consultant theatre lists. FY2 Teaching 1200 - 1400
Registrars have an AM theatre list

Wed: AM – theatres

Thurs: AM – theatres

PM – endoscopy list

Fri: AM – Mr Tang clinic

Sat: OFF

Sun: OFF

Employer information

On call requirements: as per rota

The employer for this post is Mid Essex Hospital Services Trust.

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North East Thames Foundation School Individual Placement Description

Placement	FY2 ITU
The department	<p>The General Intensive Care Unit comprises of 9 consultants (8 anaesthetists and 1 acute medic by training) all of whom take part in a rota of oncall and weekday sessions.</p> <p>The ICU provides intensive care and High dependency care for a mixture of adult elective post-operative surgical patients and acutely unwell patients rescued from all adult areas of Broomfield Hospital (medical, surgical, obstetric).</p> <p>GICU is separate from the Burns ICU.</p>
The type of work to expect and learning opportunities	<p>All FY2s are part of the SHO/ICU juniors rota which spans all grades from FY2 to ST6 both medical and anaesthetic trainees. The rota is split into junior and senior rota's to ensure the more junior ICU trainees are adequately supported.</p> <p>As part of this rota FY2s are expected to cover a variety of shifts including nights and weekends. Cover overnight is both a junior and senior ICU trainee and the consultant.</p> <p>Whilst working on ICU the FY2 will be involved with the admission and discharge of elective patients as well as ward review and rescue of acutely unwell adults within the trust. The ICU doctors also form part of the adult cardiac arrest team and trauma team.</p> <p>Learning opportunities include:</p> <ul style="list-style-type: none">• Exposure to acute medicine and providing organ support for acutely unwell patients.• Opportunity to assess acutely unwell patients both on the general wards and on ICU.• Development of management plans to address acutely deranged physiology• Opportunity to perform practical procedures such as central line

insertion, vascath insertion, arterial line insertion, lumbar punctures, chest drain insertion; with access to ultrasound. Also occasional opportunity to attempt endotracheal intubation. All with appropriate supervision.

- Development of time management and handling stressful environments.
- Ongoing professionalism development
- Presentation at ICU weekly educational meeting.
- Possibility of involvement in various clinical trials and audit projects.
-

Where the placement is based

ITU - Broomfield Hospital

Clinical Supervisor(s) for the placement

Dr Rowe and Dr Lwin

Main duties of the placement

The main duties shared between all juniors on that shift involve 2-3x ward rounds per day with 1 or more consultants.

Daily reviews of all patients to ensure each are examined and management plans implemented. Electronic record keeping, prescription of medications and fluids.

Attendance at cardiac arrest calls and trauma calls.

Line insertion as required.

Morning ward round led by Junior finishing night shift.

Ward review, in company of consultant, of acutely unwell patients being referred for ICU r/v

Typical working pattern in this placement

Typical working pattern in this post:

Shifts worked:

Standard shift 0830-1730

Long day 0830-2130

Night shift 2100-1000

Each day starts with a ward round lasting 1.5-2hrs.

Mondays:

- ward round – most consultants attend
- MDT to discuss long term complex patients.
- Teaching session led by junior doctor/consultant/other

Daily reviews and implement management plans from ward round.

Afternoon ward round 1600-1700.

Evening ward round 2100-2130.

Work 3 weekends in 7:

1 as nights; 1 as long day; 1 as standard day shift.

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Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

All information to be completed by the Foundation School.

Placement	FY2 Oncology
The department	Oncology patient ward work and medical on-call work
The type of work to expect and learning opportunities	Ward work in the main, opportunities to go to clinic, MDT's and the chemo day unit as necessary
Where the placement is based	A3.1 - Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Tahir
Main duties of the placement	Ward work, daily rounds, clerking new admissions from clinic
Typical working pattern in this placement	Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Mon: Consultant WR ward work Tues: Consultant WR, ward work Wed: Consultant WR, ward work Thurs: Consultant WR, ward work Fri: Consultant WR, ward work Sat: Off Sun: Off Able to attend MDT meetings and clinics depending on staffing levels and how busy the ward is. <i>On call requirements:</i> General medical on-call rota
Employer information	The employer for this post is Mid Essex Hospital Services Trust. The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the

growing local community of approximately 350,000. About 15.34% of the population is over 65.

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Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

All information to be completed by the Foundation School.

Placement	FY2 Obs&Gynae
The department	Obs & Gynae
The type of work to expect and learning opportunities	Obstetrics and gynaecology Ward rounds covering gynae ward, postnatal ward. Clerking Gynae admissions from GP and A+E. Clerking antenatal admissions. Assisting in theatre, gynae and CS. Clinics.
Where the placement is based	A3.3 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Ms Sharma and Ms Rao
Main duties of the placement	Ward round on Gynae ward, clerking emergency admissions from GP and A+E. Ward round on Postnatal ward. Clerking admissions to antenatal day assessment unit. Assisting in theatre and on labour ward. Occasional clinics. Attending teaching weekly for FY2. Attending weekly teaching on LW and CTG teaching.
Typical working pattern in this placement	Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Mon-Fri. Gynae ward cover, clerking admissions from A+E and GP. Attending clinics. Cover for gynae theatres. <i>On call requirements:</i> Cover for labour ward, Assist in theatre CS. Postnatal ward round. Clerking DAU admissions. After 5 Mon to Fri also cover Gynae ward. Sat/Sun: all of above.
Employer information	The employer for this post is Mid Essex Hospital Services Trust.

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Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

Placement	FY2 Plastics
The department	St Andrews
The type of work to expect and learning opportunities	Routine ward work – edls, bloods etc Theatre time – plenty of opportunities to get involved Observe in clinic consultations
Where the placement is based	St Andrews Centre - Broomfield Hospital
Clinical Supervisor(s) for the placement	Ms Claire Zweifel
Main duties of the placement	Routine ward work – edls, bloods etc Theatre time – plenty of opportunities to get involved Observe in clinic consultations Clerking new patients during on call in trauma and burns.
Typical working pattern in this placement	Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Mix of ward rounds, theatre, clinics and ward duties – varies greatly depending on patient load and staffing <i>On call requirements:</i> 6weeks of burns on call, 3 weeks trauma on call ~1/week evening on call
Employer information	The employer for this post is Mid Essex Hospital Services Trust. The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65. Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key

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Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

All information to be completed by the Foundation School.

Placement	FY2 Nephrology
The department	<p>The department of nephrology comprises three renal consultants of whom two consultants are covering the wards and one covering haemodialysis unit at any one time.</p> <p>The renal unit consists of inpatients on A3.4 and outpatients in the dialysis unit and the PD service.</p> <p>. Team also responsible for the outliers from general medical takes.</p> <p>Department closely link with PAH.</p>
The type of work to expect and learning opportunities	<p>Take a history and examine a patient, Identify the problems and manage time and clinical priorities effectively. Request investigations as appropriate, plan management with seniors' involvement as needed. Prescribe safely. Maintain an accurate and relevant medical record. Improve quality of decisions making as an SHO. Develop skills in assessing and managing acutely ill patients. Communicate effectively with patients, relatives and colleagues. Act in a professional manner at all times. Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively. Become life-long learners from colleagues, e- learning and by reading books, Use evidence, guidelines and audit to benefit patient care.</p>

Opportunity to assist and perform line insertions under supervision.

Where the placement is based

A3. 4 – Broomfield Hospital

Clinical Supervisor(s) for the placement

Professor Ali

Main duties of the placement

Responsible with other staff for the ward care of the patients and the maintenance of the patient's medical record.

Work with the colleagues in Dialysis unit /outpatient clinics.

Take responsibility for problems arising in dialysis unit and patients on ward.

Perform and assist for the procedures.

Responsible for pre-clerking patient's who would be admitted for the procedure. (AV fistula creation, AV fistuloplasty, AV fistula Aneurysm repair, PD catheter insertion.)

Responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Mon:

AM-0900 Handover from weekend followed by a Consultant ward round.
PM-Ward work, Haemoialysis clinic, Discharge summary, Update blood folders. Renal teaching.

Tues:

AM- SpR ward round, Renal clinic.
PM- 12-30 to 13-30 X ray meeting. Renal clinic, Ward work, Update blood folders. Discharge summary. FY2 Teaching.

Wed:

AM- SpR ward round, Renal clinic.
PM-Ward work, Discharge summary
Update blood folders.

Thurs: AM-Renal MDT followed by Consultant ward round

PM- 13.30- Renal teaching. Ward work, Discharge summary Update blood folders, and speak to relatives. Last Thursday of every 2 months is clinical governance meeting.

Fri: Consultant Ward round, Transplant clinic.

1245 Grand round

PM-Ward work, Discharge summary

1600 weekend Handover meeting.

Sat: EAU on calls or day off

Sun: EAU on calls or day off

On call requirements: Rolling pattern for 24weeks.

Employer information

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Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

Placement	FY2 Trauma & Orthopaedics
The department	T&O
The type of work to expect and learning opportunities	<p>The type of work in Orthopaedics is split between on-call duties and ward work.</p> <p>Often the FY2 will have a week of looking after their super-firm's (comprised of a few different consultants) patients on the ward.</p> <p>At less busy times the FY2 will have the opportunity to assist in theatre and attend consultant-led clinics.</p> <p>On-call duties either include being first on-call and clerking in new admissions from A&E and fracture clinic, or being second on call and covering the care of new patients once they reach the wards.</p> <p>There are multiple learning opportunities, such as attending clinics, local teaching and the morning trauma meeting.</p>
Where the placement is based	B23 & B24 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Rees and Mr Macdowell
Main duties of the placement	<p>The main duties of the placement are to ensure that patients are clerked in effectively (if on call) and adequately prepared for theatre. When on the wards the FY2 is responsible for the ongoing care of the patient pre and post op (eg checking XRs, bloods, daily ward rounds), this may involve liaising with other specialities, and working closely in an MDT of physios, OTs and nurses. In the on-call setting you are expecting to respond promptly to deteriorating</p>

patients, and be able to manage them effectively and call for senior help if appropriate.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Trauma meeting daily at 8.30 for everyone. Weekly timetable very variable. Rolling rota. Often subject to change (excluding on call) due to SHO annual leave/study leave requirements.

Mon: ward work/ clinic/ theatre/ on-call.
Tues: normal working day 8.30-17:00.
Wed:
Thurs:
Fri:
Sat: 1st on call 08.30-20.30 fri-fri 1/6-7
Sun: 2nd on call 08.30-5 fri-fri 1 in 6

On call requirements:
Weekends 1 in 3 (as above)
Nights: 2 weeks of nights (7 nights) in 4 months:

Employer information

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North East Thames Foundation School Individual Placement Description

Placement

FY2 Urology

The department

The Dept of Urology comprises 4 Consultant Urological Surgeons. There are specialist interests in stone disease, BPH, urodynamics and robotic surgery. As well as in-patient care, The Urology Centre forms the heart of Urology services at Mid Essex Trust with the assessment of patients in an out-patient capacity served by a team of doctors and highly dedicated clinical nurse specialists. The department serves Mid-Essex with a catchment population of 370,000.

The type of work to expect and learning opportunities

The FY2 role will involve predominant ward based work during the 'normal' working day and will be expected to deliver medical care to all Urology patients and be involved in the management of both routine and emergency urology patients. Main roles includes attending ward rounds with registrars and consultants as required, writing progress notes, arranging investigations, assisting in theatre and working closely with ward nursing staff.

Under the highly supportive network of consultants, the FY2 will be exposed to a wide variety of clinical presentations that will aid learning. With support from your educational supervisor, learning goals will be discussed and how this placement enables successful completion with high priority on personal and professional development.

There are no specific urology on-calls as such, however the FY2 will be a permanent member of the general surgical on-call rota, including long days, weekends and night shifts providing exposure and experience in managing common general surgical cases and emergencies. This gives valuable experience in new patient clerking and forming initial management plans under the supervision of surgical registrars.

The FY2 will be expected to attend the departmental fortnightly educational morning and be actively involved in presenting cases and ward patients. You will be encouraged to participate in audit during your time with the department

Other learning and development opportunities given to the FY2 which are encouraged include

- Out-patient department clinics
- Flexible cystoscopy
- Uro-dynamics
- Biopsy
- Weekly surgical teaching
- MDT
- Multiple theatre opportunities

Where the placement is based

Broomfield Hospital

Clinical Supervisor(s) for the placement

Mr W McAllister

Main duties of the placement

The FY2 Doctor is responsible, with other members of the team for the care of urology patients on the ward, maintenance of patient notes, requesting investigations and carrying out consultant plans whilst working closely with nursing staff as a cohesive unit. They will be given opportunity to work with consultants in out-patient clinics, become involved in flexible cystoscopy, assist in theatre and become an active member in MDT

They will be expected to participate in departmental teaching fortnight sessions and it is mandatory to attend the trust FY2 Curriculum teaching sessions for which this is protected time.

In return they will receive a varied and diverse experience within a highly supportive team.

Typical working pattern in this placement

Normal working day – 8.00am – 5.00pm
Day on-call – 8.00am – 8.30pm
Night on-call – 8.00pm – 8.30am

Monday to Friday follow similar patterns. There is a daily morning SHO/Reg ward round with a consultant ward round usually later in the day.

Out-patient clinics – every day except Wednesday in the urology centre

Flexible cystoscopy – every day in the urology centre.

Theatre sessions – most days, consultant specific

Fornightly Tuesday educational mornings including teaching sessions, presentations and discussions. This is followed by a Grand Ward Round with all members of the department. 10am

Stone Committee meeting every Wednesday in the urology centre 12.30pm

MDT every Tuesday morning 8am MAU

On-call requirements include long days, weekends and nights.

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