

Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

All information to be completed by the Foundation School.

Placement

FY1 Acute Internal Medicine

The department

The Department of Acute Internal Medicine comprises of 5 Consultants. There are daily consultant led ward rounds. There is wide variety of patients admitted to this ward and there is a high turnover.

The type of work to expect and learning opportunities

Daily Consultant led ward rounds.
Acute Medicine On calls – with post take with a consultant.
-Plenty of learning opportunities to clerk acutely unwell patient, undertake core procedures, SLE and enhance time management and team working skills.

Where the placement is based

A204 – Broomfield Hospital

Clinical Supervisor(s) for the placement

Dr Jessani

Main duties of the placement

Ward Duties - expected to deliver the daily medical care of all the patients on the ward + effective handover.
Acute Medicine On calls- covering both wards and Clerking in EAU

Typical working pattern in this placement

Every day has a similar pattern:

AM: Consultant ward round - mostly new patients who have been clerked in overnight.
PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc

Tues: EAU lunchtime teaching.
Everyone takes turns to present either a case or critically appraise a paper.

Wed: Lunchtime F1 teaching.

Thu: Lunchtime F1 teaching.

Sat: 9:00-21:00-if on call clerking

Sun: 9:00-21:00-if on call -covering the wards doing jobs such as reviewing patients, bloods, cannulas, prescribing etc

On call requirements:

3 weeks on call long days. 1 week of this is 7 nights

Employer information

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- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

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Placement	FY1 General Medicine/Cardiology
The department	Cardio Patients and medical on-calls
The type of work to expect and learning opportunities	<p>When covering the consultant taking new patients, arrive early (08:00- 08:30) to sort the cardiology patients from the gen med patients (who are taken over by the renal team).</p> <p>This will most often be on Tuesday and Thursday (when Dr Clesham and Dr Dhillon take news). It is advisable to ensure bloods, echos and other investigations are printed out and in the notes before the ward round begins.</p> <p>The FY1 mostly covers Dr Clesham who likes to be updated on his patients on Mon, Thurs +Fri. He can usually be found in clinic around 2pm.</p> <p>General ward work - bloods, abgs, cannulas, ecgs, data interpretation, documentation.</p> <p>Facilitating transfer to Basildon CTC for angioplasty/cardiac surgery. Sometimes, looking after critically unwell cardiology patients in MHDU.</p> <p>Opportunity to spend time in the cardiac department watching/assisting angiograms, pacemaker insertion, echocardiograms.</p> <p>Learning outcomes: ECG interpretation, echo interpretation, management of heart failure, NSTEMI, angina, endocarditis, brady and tachyarrhythmias and acute medical patients. Dr Gamma provides really good teaching in the DRs room at 4pm on Tuesdays</p>

Where the placement is based	Cardiac – A3.4 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Clesham
Main duties of the placement	<p>Preparing for ward rounds Completing ward jobs Reviewing unwell patients Documentation Discharge summaries Online forms for IP transfer to Basildon for PCI/CABG/valve replacements etc</p>
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable). Depending on junior staffing, you may be asked to cover any of the consultants but you will always be covering Dr Clesham.</p> <p>Mon: Consultant WR (Dr Coles) Tues: Consultant WR (Dr Clesham) Wed: Consultant WR (Dr Gamma) Thurs: Consultant WR (Dr Dhillon) Fri: Consultant WR (Rotated) Sat: Sun:</p> <p><i>On call requirements:</i> 9 long days and 7 nights in EAU.</p>
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> • Pharmacy • Pathology • Radiology • Acute medicine • Intensive Care • Care of Elderly People and Therapy

	<ul style="list-style-type: none">• Anaesthesia and Pain• General Surgery• ENT and Oral Surgery• Ophthalmology• Orthopaedics• Children and Young People• Obstetrics and gynaecology• Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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Placement	FY1 General Medicine/Endocrine
The department	The general medicine/Endocrine firm consists of 3 Consultants, 2 General Medicine consultants with interest in Diabetes/Endocrinology and 1 Acute physician. Alongside ward work there are regular Diabetes and endocrine/general medicine clinics that run weekly
The type of work to expect and learning opportunities	The general medicine/Endocrine firm consists of 3 Consultants, 2 General Medicine consultants with interest in Diabetes/Endocrinology and 1 Acute physician. Alongside ward work there are regular Diabetes and endocrine clinics that run weekly
Where the placement is based	A3.4 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Fletcher and Dr Jackson
Main duties of the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. This involves running a consultant-led morning ward round 5 times a week.</p> <p>Occasionally the WR will be led by senior members of the firm in the morning with the Consultant reviewing all the patients in the afternoon.</p> <p>There is a structured teaching program every week provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies</p>

and unforeseen circumstances. Typically duties include management of patients, ordering investigations and reviewing the results, blood tests, clinical examinations, histories and presentation and discussion with family.

Typical working pattern in this placement

Typical working pattern in this post

Mon: Morning Consultant-led ward round, jobs in the afternoon and patient follow up

Tues: Morning Consultant-led ward round, jobs in the afternoon and patient follow up

Wed: Morning Consultant-led ward round, jobs in the afternoon and patient follow up

Thurs: Morning Consultant-led ward round, jobs in the afternoon and patient follow up

Fri: Morning Consultant-led ward round, jobs in the afternoon and patient follow up

Occasionally: Senior registrar ward round in the morning consultant follow up in the afternoon.

Sat: Typically off unless on-call

Sun: Typically off unless on-call

On call requirements: *Varies but currently 1 weekend, 1 week set on long days and 1 week set of nights on-call in the Emergency Assessment Unit.*

Employer information

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Placement	FY1 General Medicine/Gastro
The department	The Dept of Gastroenterology at Broomfield Hospital comprises four Consultant gastroenterologists who also take part in the on call rota. The consultants are currently trialing a system whereby each one is responsible for ward patients on a weekly basis – this rotates over four weeks before restarting (Dr Shah – Dr Oza – Dr Webster – Dr Dharna). Otherwise the consultants have outpatient and endoscopy commitments every week. The consultant will be assisted by SpRs (2), SHOs (3), FY1s (2) – depending on the on-call rota.
The type of work to expect and learning opportunities	FY1s on the gastroenterology rotation can expect to see a variety of clinical cases and be actively involved in the management of acutely unwell patients. The department operates on a ward based system and any general medical patient admitted onto the ward will be taken over by one of the gastro teams. This ensures that you are exposed to a wide range of medical problems.
Where the placement is based	A3.1 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Oza, Dr Shah

Main duties of the placement

FY1s will be involved with the overall management of patients which ranges from examining patients, prescribing medications to discharge planning. FY1s will also be expected to keep accurate and clear medical records. An important role of the FY1 is ensuring that everything is ready for the ward round in the morning which involves updating lists, documenting scan reports and blood results. There will also be opportunities to perform practical procedures including the core procedures and other more specialized procedures such as ascitic drains and lumbar punctures.

Whilst on call and on nights, FY1s are based on EAU and are clerking patients in. They are expected to present these patients on the post take ward round. This is an excellent learning opportunity as you will be exposed to a wide range of acute emergencies and will be trained on how to manage such emergencies.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Mon-Fri: Ward round every morning (either with the consultant or the registrar usually).

Friday: Gastro meeting

Sat: off (unless on call)

Sun: off (unless on call)

On call requirements: During the rotation FY1s will do a week of nights, a week of on call (including the weekend) and a separate on call weekend (which is between Fri-Sunday).

Employer information

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Placement	FY1 General Surgery/Breast Mega Firm
The department	<p>General surgery consists of a large team of consultants, training registrars, trust grades and FY1's.</p> <p>On calls rotate between upper GI and colorectal team consultants.</p>
The type of work to expect and learning opportunities	<p>FY1's on the team take part in the daily ward round, reviewing all of the inpatients for all consultants. Junior doctors also carry out ward work for their patients, including taking blood samples, cannulating, catheterizing etc.</p> <p>There is ample opportunity to learn about surgery, by assisting in operations, MDT. During the general surgical on call week the FY1 is also exposed to a wide variety of general surgical problems, and expected to manage these.</p>
Where the placement is based	A3.2/A3.3 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Charlampopoulos, Mr Tang
Main duties of the placement	<p>Operating lists on most days, you will be expected scrub in theatre occasionally, but particularly when on call.</p> <p>The majority of the rota is spent in on call capacities, which are split into 4 and 3 day blocks for the first on house officer, 1-2 day blocks for the second house officer, and 7 day blocks for the on call support house officer who finishes at 5pm.</p>

The F1 doctor is responsible, together with other staff, for the ward care of patients and the maintenance of the patient's medical record. They attend the ward round every day with the SpRs or consultant, and support the patients during their stay. We are expected to attend scheduled teaching on Wednesdays and Thursdays as provided by MEHT trust. At times we have the opportunity to work with consultants in theatre if they require assistance.

We are also responsible for such other specific clinical duties as allocated by consultants, or in emergencies and unforeseen circumstances.

Two weeks of working as the lone vascular/breast house officer.

FY1's also work 4 and 3 night blocks. During the night shift they are expected to undertake general ward based work, including reviewing unwell patients.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Mon: Ward round, afternoon MDT.
Tues: Ward round

Wed: Ward Round
Thurs: Ward round
Fri: Ward round
Sat: Off
Sun: Off

On call requirements:

Over half of the rota
Period of two weeks of covering vascular surgery 8am – 5pm
Ward on call – 8am – 8pm
Second on call – 8am – 7pm
A&E on call – FY1's do not clerk patients
Normal working day on call 8am – 5.00pm

Nights: block of 4 and 3, one or two blocks in each 4 month rotation
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North East Thames Foundation School Individual Placement Description

Placement

FY1 General Surgery/Lower GI Mega Firm

The department

The department comprises 5 surgeons, all of whom can be on the general surgical on call rota and share this with the upper GI teams. Their interests are low rectal cancer, inflammatory bowel disease and pelvic floor disorders. The department serves a catchment area of 350000.

The type of work to expect and learning opportunities

The F1 doctors are ward based in normal hours. F1 doctors are split into Lower GI and Upper GI teams for their NWD. In addition to this the F1s are attached to the vascular team for 2 weeks of NWDs. When on call, they look after all surgical in-patients, including Upper GI, vascular, and urology. They will be involved in the care of elective inpatients, assessment and subsequent care of emergency admissions, attending operating theatre sessions, have an anaesthetic week and we may be called to pre-clerk an elective patient onto the wards.

Learning opportunities include timetabled foundation teaching, voluntary attendance at core training teaching, teaching ward rounds, attendance at audit meetings, involvement in audit and research projects. F1s are also allocated to one week of theatre which is used to gain experience with the anaesthetists and spend time in theatre.

These opportunities are to are aimed to enable the trainees to

- Take a history
- Examine a patient
- Safe prescribing
- Accurate medical note keeping
- Effective time management
- Learn how to prioritise
- Effective communication with patients and colleagues
- Know how to find and use guidelines, evidence and audits about patient care
- Act professionally
- Learn to deal with stress
- Put patients first
- Consider ethical and legal issues in patient management
- Educate patients
- Believe in lifelong learning

Where the placement is based	A3.2 – Broomfield Hospital – Rayne and Heybridge Ward. SEW (Surgical Emergency ward)
Clinical Supervisor(s) for the placement	Mr. Richardson, Mr. Pearson and Mr. Siddiqi, Mr Hammond, Miss Conn.
Main duties of the placement	The F1 doctor is responsible for the ward care of inpatients, care of emergency patients, pre-assessment of operative case and the maintenance of patient records with the help of other staff. They have the opportunity to attend outpatients and theatre sessions. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	NWD:7:45am – prepare for ward round, print off patient lists 8:00am – ward round with consultant or registrar. You may be asked to start seeing patients on your own. 12:30-1:30 - formal teaching programme teaching on Wednesdays and Thursdays (exact times may vary) Until 17:00 - You can be called to help in theatres any day, but usually the SHO helps as well.

On call: 3 weekends in the rotation and 1 in 12 weekdays. On-calls during the day or night will be limited to 3 or 4 in a row. Shifts are typically 8am to 5pm, 8am to 7pm or 8am to 8:30pm. After 5pm you are responsible for the ward based care of all surgical patients including urology and vascular.

Nights: Night shifts are either 3 or 4 nights in a row starting from 8pm – 8:30am. Handover begins at 8pm and 8am where you will handover to the day team. During nights you are expected to provide ward care to all surgical patients.

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Placement	FY1 General Surgery/Upper GI Mega Firm
The department	General Surgery Mega Firm
The type of work to expect and learning opportunities	Daily ward duties, pre-assessment of Upper GI resectional and complex laparoscopic cases. Upper GI physiology/dysmotility. Emergency surgical assessment.
Where the placement is based	Heybridge ward – Broomfield Hospital
Clinical Supervisor(s) for the placement	Mr Tang
Main duties of the placement	<p>The F1 doctor is responsible for the ward care of inpatients, care of emergency patients, pre-assessment of operative case and the maintenance of patient records with the help of other staff. They have the opportunity to attend outpatients and theatre sessions. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>We are also responsible for such other specific clinical duties as allocated by consultants, or in emergencies and unforeseen circumstances.</p> <p>Two weeks of working as the lone vascular/breast house officer.</p> <p>FY1's also work 4 and 3 night blocks. During the night shift they are expected to undertake general ward based work, including reviewing unwell patients.</p>
Typical working pattern in this placement	<p>Typical working pattern in this post: Daily ward rounds, jobs from ward round. Occasional pre-assessment in clinic. If jobs are done, it is encouraged that you go to theatre.</p> <p>On call days – ward round of new surgical patients and jobs for these, ward cover from 5pm.</p> <p>Weekend on call days – ward round of all surgical patients, jobs for these and ward cover.</p>

Nights – ward cover.

Most of the placement will be spent doing on call shifts covering all new surgical admissions

Within this placement there is a timetabled “Theatre week” for gaining some anaesthetics experience.

Mon: am WR/OPD pm MDT

Tues: am WR/DSU pm DSU

Wed: am WR/Th pm Th

Thurs: am WR/Th pm Th

Fri: am WR/Th/OPD

Sat:

Sun:

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Placement	FY1 General Surgery/Vascular Mega Firm
The department	General Surgery Mega Firm
The type of work to expect and learning opportunities	<p>Each F1 doctor on general surgery is allocated to either the Upper GI or Colorectal team. This is the team that you will work for when working “normal working days” (NWD). As the teams are megafirms you will work for all consultants in that team during that time. In addition, you will spend 2weeks NWD with the vascular team. Finally, approximately a third of your rotation will be spent “on call” under the on-call consultant of the week, and their team. This is also largely ward-based work, where we are expected to manage the new intake of surgical patients on the wards and put in place basic management plans until the patient is reviewed by a senior.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none">• Take a history and examine a patient• Identify and manage problems• Prescribe safely• Keep an accurate and relevant medical record• Manage time and clinical priorities effectively• Communicate effectively with patients, relatives and colleagues• Use evidence, guidelines and audit to benefit patient care• Act in a professional manner at all times• Cope with ethical and legal issues which occur during the management of patients with general medical problems• Educate patients effectively• Become life-long learners and teachers <p>You will be allocated a “theatre week” in your rotation which can be used to gain anaesthetics experience, theatre time, or engage in other learning opportunities.</p>
Where the placement is based	Rayne and Heybridge Ward, and SEW (Broomfield Hospital)

Clinical Supervisor(s) for the placement Miss Conn

Main duties of the placement

The F1 doctor is responsible, together with other staff, for the ward care of patients and the maintenance of the patient's medical record. They attend the ward round every day with the SpRs or consultant, and support the patients during their stay. We are expected to attend scheduled teaching on Wednesdays and Thursdays as provided by MEHT trust. At times we have the opportunity to work with consultants in theatre if they require assistance. We are also responsible for such other specific clinical duties as allocated by consultants, or in emergencies and unforeseen circumstances.

Typical pattern in this placement

working in this

NWD (spent on your home firm or on Vascular firm) approximately 6weeks per 4month rotation
Mon-Fri, 8am – 5pm: Ward round typically begins at 8am with either the SpR or consultant. This is followed by ward duties, completing jobs from the morning rounds and dealing with issues as they arise. Handover to on-call team any outstanding jobs at 5pm.
Opportunities to attend theatre and clinics if time allows.

On call

These are typically in blocks of either 4 'long' (8am-8:30pm) days or 7 'short' (8am-5pm) days. Also typically 3 blocks of 3-4night shifts (8pm-8:30am) per 4month rotation.
Handover on SEW at 8am/pm each day.
Day: After handover is on-call consultant ward round, followed by ward duties. From 5pm you are responsible for the ward-based care of all general surgical patients – take handover from NWD teams at 5pm. Hand over outstanding jobs at 8pm to night FY1.
Night: after handover complete any outstanding jobs and otherwise provide ward-based care to all general surgical (including vascular and urology) patients.

You are allocated to work 3 - 4 weekends per 4month rotation.

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NETFS Foundation School Individual Placement Description

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Placement	FY1 Geriatric Medicine
The department	Department for the Elderly
The type of work to expect and learning opportunities	<p>To work with challenging patients who often have multiple co-morbidities; Polypharmacy and cognitive impairment. This placement provides the opportunity to work in a MDT on a daily basis and learn about the type and scope of care these staff provide as well as gain an understanding of how the NHS interfaces with social care. This post allows one to enhance his/her communication skills with both patients and their families, gain familiarity in managing both acute medical problems and chronic conditions as well as providing exposure to ethico-legal issues surrounding capacity, safeguarding and end of life care.</p> <p>In addition throughout December and January the team covers outliers in the Notley, Mayflower Wards and HDU. This can be extremely busy.</p>
Where the placement is based	Baddow Ward C450 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr. Qureshi, Dr. Sweeting, Dr. Sharma
Main duties of the placement	Assessment and management of acute medical admissions in an elderly patient population. Ward rounds are consultant-led but FY1 doctors review inpatients on a daily basis.

Ward jobs typically consist of requesting investigations, making referrals to other specialties, collateral history-taking, assessments of cognition and capacity and performing practical procedures.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Daily: 0845-0930 MDT Meeting/
Board Round
10:00-12:15 Ward Round
13:00- 17:00 Ward Jobs

In addition to the daily routine above, the following are also part of the typical weekly schedule:

Mon:
Tues: 12:30 COTE Team Meeting
and FY2 Teaching
Wed:
Thurs:
Fri: 12:45 Grand Round
Sat: Off
Sun: Off

*On call requirements:
As part of your training, you are required to work 1 week of nights (21:00-09:00) and 10 days of long days (09:00-21:00) during this rotation. This will be in the Emergency Assessment Unit where you will handle general medical cases.*

Employer information

The employer for this post is Mid Essex Hospital Services Trust.

The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.

Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the

towns of Chelmsford, Maldon and Witham. Key services provided are:

- Pharmacy
- Pathology
- Radiology
- Acute medicine
- Intensive Care
- Care of Elderly People and Therapy
- Anaesthesia and Pain
- General Surgery
- ENT and Oral Surgery
- Ophthalmology
- Orthopaedics
- Children and Young People
- Obstetrics and gynaecology
- Maternity

The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.

It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix E – Individual placement description (Template)



NETFS Foundation School Individual Placement Description

All information to be completed by the Foundation School.

Placement	FY1 Geriatric Medicine/Stroke
The department	Department for the Elderly
The type of work to expect and learning opportunities	<p>To manage common and complex medical conditions presenting among adults of all ages on the stroke unit including frail elderly with multiple co-morbidities. To be able to differentiate at the bedside between various stroke sub-types, to interpret routing brain imaging scans and to participate in the consultant-delivered stroke thrombolysis treatment pathways. This placement provides the opportunity to work with stroke-specialised neurotherapists in the MDT on a daily basis, to understand their roles and learn about rehabilitation after stroke, to participate in discharge planning and to learn about complex discharge pathways including end-of-life care pathways, continuing health care processes and the interface between Hospital-based care and Social Care. There would be plenty of opportunities for taking part in teaching medical students and undertaking audits. The post-holder would be involved in managing both acute medical problems presenting in the acute emergency medical take whilst on-call, chronic medical conditions including post-admission care of non-stroke medical cases admitted to the outlying “buddy”</p>

surgical ward in addition to gaining experience in handling ethical and medico-legal issues surrounding capacity, safeguarding and end of life care.

Where the placement is based

Acute Stroke Unit E125– Broomfield Hospital

Clinical Supervisor(s) for the placement

Dr Sheela D Shah, Dr George Zachariah and Dr V Umachandran

Main duties of the placement

Assessment and management of hyper-acute stroke admissions in a 25-bed Acute Stroke Unit. Ward rounds are consultant-led but FY1 doctors review inpatients on a daily basis.

Ward jobs typically consist of requesting investigations, making referrals to other specialties, collateral history-taking, assessments of cognition and capacity, performing practical procedures, communicating with patients' carers and completing concise clinical discharge summaries.

Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

Daily: 0845-0930 MDT Meeting/
Board Round
10:00-12:15 Ward Round
13:00- 17:00 Ward Jobs

In addition to the daily routine above, the following are also part of the typical weekly schedule:

Mon:

Tues: 12:30 COTE Team Meeting
and FY2 Teaching

Wed:

Thurs:

Fri: 12:45 Grand Round

Sat: Off

Sun: Off

On call requirements:

As part of your training, you are required to work 1 week of nights (21:00-09:00) and 10 days of long days (09:00-21:00) during this rotation. This will be in the Emergency Assessment Unit where you will handle general medical cases.

Employer information

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all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.

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Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

Placement	FY1 General Medicine/Nephrology
The department	This department has 3 consultants of whom 2 are on the Renal Ward and 1 remains on the Renal Unit
The type of work to expect and learning opportunities	<p>On a general medical placement at this hospital, you are expected to do 3 weeks on call. This comprises two weeks doing long days on the Emergency admissions unit and then one week on the same ward but through the night. The rest of the time is spent on the renal ward. This comprises a mixture of general medical patients as well as renal specialty patients. This is a contrast to the 'on call block', as it is a lot more about getting a patient ready for discharge back to the community rather than sorting an acute problem. Although these do occur while on the ward.</p> <p>In addition, due to the practical procedures within renal medicine (fistula formation/line insertion), we have TCIs that must be clerked onto the ward as they do not come through the acute admissions system.</p> <p>As an F1 you are expected to be able to:</p> <ol style="list-style-type: none">1. Take a history, examine, form a differential diagnosis and enact an initial management plan whilst on the on call block.2. Clerk patients to the ward.3. Perform procedures set out in the core procedures in the curriculum4. Perform more complicated procedures, as and when they are available (line insertion, removal of a line, chest drains etc...)5. Prescribing carefully

6. Effective communication with patients, relatives and colleagues
7. Education of patients
8. Perform audits to monitor clinical practice
9. Keep accurate medical records
10. To monitor patients throughout the day reacting to any acute problems.

Where the placement is based	A3.4 – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Ali and Dr Chan
Main duties of the placement	The F1 doctor on the ward acts as the main point of contact with the patients and for the nurses, as we spend the most time on the ward. We also ourselves, present a case each week at the renal meeting as a platform for discussion with the consultants for our teaching. We are generally responsible for the tasks delegated out by the consultant on the ward round.
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: Weekend handover meeting, consultant ward round, Tues: Consultant ward round, radiology meeting Wed: Juniors ward round, F1 teaching Thurs: MDT meeting, Consultant ward round, F1 teaching, Renal Meeting (chance for audits, teaching) Fri: Consultant ward round, handover meeting for weekend (general medical), renal handover meeting (renal specific)</p> <p><i>On call requirements:</i> As part of the three week block:</p> <ol style="list-style-type: none"> 1. Long days spent clerking new admission in EAU 2. Weekend covering ward jobs 3. Nights – clerking patients onto EAU
Employer information	The employer for this post is Mid Essex Hospital Services Trust.

The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.

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The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.

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It is important to note that this description is a typical example of your placement and may be subject to change.

Appendix E – Individual placement description (Template)



NETFS Foundation School Individual Placement Description

All information to be completed by the Foundation School.

Placement	FY1 Psychiatry
<p>The department</p>	<p>The Department of Adult inpatient Psychiatry comprises 2 Consultants, cover the 3 main geographical catchment areas in Mid Essex. There are the following wards on site:</p> <ul style="list-style-type: none"> • Finchingfield ward (adult inpatients) • Galleywood ward (adult inpatients) • Rainbow mother and baby care unit (5 bed regional service) • Christopher Unit (low secure psychiatric unit) • Edward house (low secure forensic residential unit) • Ruby ward (elderly frailty unit) • Topaz (elderly organic disease unit)
<p>The type of work to expect and learning opportunities</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Be responsible under supervision for the day to day psychiatric care of selected inpatients on Finchingfield Ward and Rainbow mother and baby care unit and to assist in full admission and progress notes for all such patients. Duties also include day to day to management of physical health during the inpatient stay of patients, medication prescription and assisting the other ward doctors in preparing discharge summaries. <input type="checkbox"/> To be a core member of the inpatient team. This involves participation in the daily clinical meetings, ward reviews and CPAs. <input type="checkbox"/> In the absence of the consultant FY1 will continue offering care and treatment under the supervision of the Consultant's identified deputy and/or the consultant on call as appropriate. <input type="checkbox"/> Trainee is also expected to liaise with GPs and Broomfield hospital whenever it is necessary. <p>The FY1 will be encouraged to attend courses considered necessary to enhance and improve professional skills pertaining to psychiatry. The trainee will be encouraged to take part in clinical audit under the supervision of a Consultant and other CT trainees.</p> <p>For those with a particular interest in experiencing other aspects of Psychiatry shadowing in ECT and Liaison experience is possible</p>

	<p>The overall educational objectives are to provide the trainee with the knowledge, skills and attributes to be able to</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <input type="checkbox"/> Take a psychiatric history, mental state and examine a patient <input type="checkbox"/> Identify and plan investigations for physical problems <input type="checkbox"/> Prescribe safely <input type="checkbox"/> Keep an accurate, legible and relevant medical record <input type="checkbox"/> Manage time and clinical priorities effectively <input type="checkbox"/> Communicate effectively with patients, relatives and colleagues <input type="checkbox"/> Use evidence, guidelines and audit to benefit patient care <input type="checkbox"/> Act in a professional manner at all times <input type="checkbox"/> Cope with ethical and legal issues which occur during the management of patients with general psychiatric problems <input type="checkbox"/> Educate patients effectively <p>Become life-long learners and teachers</p>
Where the placement is based	The Linden Centre behind Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Bisdee

Main duties of the placement	<p>The FY1 doctor works as a part of a team which includes a core psychiatry trainee, GP trainee and specialist registrar. Between them they provide ward cover for Finchingfield ward, a 22 bed psychiatric adult inpatient ward and the 5 bed regional Rainbow mother and baby care unit.</p> <p>Time is spent in ward review, providing medical care to the inpatients (in a primary care type manner) and completing administration.</p> <p>It is expected that the FY1 clerk new admissions during normal working hours.</p> <p>The FY1 will be included in the medical on call rota. Within psychiatry there is no on call commitment due to the limitations of provisional registration.</p>		
	Timetable	AM	PM
	Monday	Ward review/ward work and admin	Ward review/ward work and admin
	Tuesday	Teaching at the medical academic unit, once every two months held at Colchester	Ward review/ward work and admin
	Wednesday	Ward review Rainbow mother and baby unit then teaching	Ward review/ward work and admin
	Thursday	Ward review/ward work and admin Teaching if 12:30-13:30	Teaching (when 14:00-17:00) otherwise Ward review/ward work and admin
	Friday	Ward review/ward work and admin	Ward work and admin
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Monday to Friday 09:00 to 17:00 between Finchingfield ward and Rainbow mother and baby unit. On calls on the medical on call rota at Broomfield Hospital. No on call commitment within the Linden centre.</p>		
Employer information	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p>		

	<p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"><input type="checkbox"/> Pharmacy<input type="checkbox"/> Pathology<input type="checkbox"/> Radiology<input type="checkbox"/> Acute medicine<input type="checkbox"/> Intensive Care<input type="checkbox"/> Care of Elderly People and Therapy<input type="checkbox"/> Anaesthesia and Pain<input type="checkbox"/> General Surgery<input type="checkbox"/> ENT and Oral Surgery<input type="checkbox"/> Ophthalmology<input type="checkbox"/> Orthopaedics<input type="checkbox"/> Children and Young People<input type="checkbox"/> Obstetrics and gynaecology<input type="checkbox"/> Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>
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It is important to note that this description is a typical example of your placement and may be subject to change.

NETFS Foundation School Individual Placement Description

Placement	FY1 Psychiatry
<p>The department</p>	<p>The Department of Adult inpatient Psychiatry comprises 2 Consultants, cover the 3 main geographical catchment areas in Mid Essex. There are 2 inpatient wards in the Linden Centre.</p>
<p>The type of work to expect and learning opportunities</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Be responsible under supervision for the day to day psychiatric care of inpatients on Galleywood Ward and to assist in full admission and progress notes for all such patients. Duties also include day to day to management of physical health during the inpatient stay of patients, medication prescription and writing the part 1 discharge summaries. <input type="checkbox"/> To be a core member of the inpatient team. This involves participation in the daily clinical meetings, ward reviews and CPAs. <input type="checkbox"/> In the absence of the consultant, the FY1 will continue offering care and treatment under the supervision of the Consultant's identified deputy and/or the consultant on call as appropriate. The trainee is supported by a specialty doctor during this process and a GP trainee. <input type="checkbox"/> Trainee is also expected to liaise with GPs and Broomfield hospital whenever it is necessary. <p>The FY1 will be encouraged to attend courses considered necessary to enhance and improve professional skills pertaining to psychiatry. The trainee will be encouraged to take part in clinical audit under the supervision of a Consultant and other CT trainees.</p> <p>For those with a particular interest in experiencing other aspects of Psychiatry shadowing in ECT and Liaison experience is possible</p> <p>The overall educational objectives are to provide the trainee with the knowledge, skills and attributes to be able to</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <input type="checkbox"/> Take a psychiatric history, mental state and examine a patient <input type="checkbox"/> Identify and plan investigations for physical problems <input type="checkbox"/> Prescribe safely

	<ul style="list-style-type: none"> <input type="checkbox"/> Keep an accurate, legible and relevant medical record <input type="checkbox"/> Manage time and clinical priorities effectively <input type="checkbox"/> Communicate effectively with patients, relatives and colleagues <input type="checkbox"/> Use evidence, guidelines and audit to benefit patient care <input type="checkbox"/> Act in a professional manner at all times <input type="checkbox"/> Cope with ethical and legal issues which occur during the management of patients with general psychiatric problems <input type="checkbox"/> Educate patients effectively <p>Become life-long learners and teachers</p>													
Where the placement is based	The Linden Centre behind Broomfield Hospital													
Clinical Supervisor(s) for the placement	Dr Rupesh Adimulam													
Main duties of the placement	<p>The F1 doctor works as part of a team that includes a consultant, specialty doctor and GP trainee. Between them, they provide ward cover for Galleywood ward, a 30 bed psychiatric adult inpatient ward.</p> <p>Time is spent in ward review, providing physical health care to the inpatients (in a primary care type manner) and completing administration.</p> <p>In normal working hours, new admissions to the ward are clerked by the ward doctors, so there are opportunities for the FY1 to get used to seeing new patients. In addition, any new patient clerked by the on-call doctor should be seen briefly by one of the ward doctors prior to ward review.</p> <p>In addition to the weekly FY1 teaching, there is also departmental teaching on Tuesday mornings and a weekly supervision with the consultant. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>													
	Timetable	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th data-bbox="724 1630 991 1697" style="width: 33%;">AM</th> <th data-bbox="991 1630 1331 1697" style="width: 33%;">PM</th> </tr> </thead> <tbody> <tr> <td data-bbox="724 1697 991 1794">Monday</td> <td data-bbox="991 1697 1331 1794"><i>Ward Review/ward work</i></td> </tr> <tr> <td data-bbox="724 1794 991 1883">Tuesday</td> <td data-bbox="991 1794 1331 1883">Discharge summaries</td> </tr> <tr> <td data-bbox="724 1883 991 1921">Wednesday</td> <td data-bbox="991 1883 1331 1921">Ward review</td> </tr> <tr> <td data-bbox="724 1921 991 1984">Thursday</td> <td data-bbox="991 1921 1331 1984">Ward work</td> </tr> <tr> <td data-bbox="724 1984 991 2047">Friday</td> <td data-bbox="991 1984 1331 2047">Ward work</td> </tr> </tbody> </table>	AM	PM	Monday	<i>Ward Review/ward work</i>	Tuesday	Discharge summaries	Wednesday	Ward review	Thursday	Ward work	Friday	Ward work
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<p>Typical working pattern in this placement</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Monday to Friday 09:00 to 17:00 on Galleywood ward. On calls on the medical on call rota at Broomfield Hospital. No on call commitment within the Linden centre.</p>
<p>Employer information</p>	<p>The employer for this post is Mid Essex Hospital Services Trust.</p> <p>The post will be based in Broomfield Hospital, which is a medium sized acute NHS Trust and provides an extensive range of secondary services for the growing local community of approximately 350,000. About 15.34% of the population is over 65.</p> <p>Mid Essex Hospital Services NHS Trust provides acute hospital based services to a population of approximately 350,000 people living in and around the towns of Chelmsford, Maldon and Witham. Key services provided are:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pharmacy <input type="checkbox"/> Pathology <input type="checkbox"/> Radiology <input type="checkbox"/> Acute medicine <input type="checkbox"/> Intensive Care <input type="checkbox"/> Care of Elderly People and Therapy <input type="checkbox"/> Anaesthesia and Pain <input type="checkbox"/> General Surgery <input type="checkbox"/> ENT and Oral Surgery <input type="checkbox"/> Ophthalmology <input type="checkbox"/> Orthopaedics <input type="checkbox"/> Children and Young People <input type="checkbox"/> Obstetrics and gynaecology <input type="checkbox"/> Maternity <p>The Trust is also home to the regional plastic surgery service which covers a population of approximately 3.2 million people and the regional burns services which targets a population of approximately 9.8 million.</p> <p>As a major employer within the local area, Mid Essex Hospitals employs a workforce of nearly 4,000 people across all staff groups. The Trust offers excellent professional and personal opportunities - from working in the regional burns and plastics centre to being given the flexibility to develop new and exciting ways to improve patient care.</p>

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Appendix E – Individual placement description (Template)



North East Thames Foundation School Individual Placement Description

Placement	FY1 General Medicine/Respiratory
The department	<p>The Department of Respiratory Medicine comprises 4 Consultants of who deal mostly with Respiratory cases. There are a wide variety of patients admitted to this ward but mostly with acute and chronic respiratory problems and lung carcinomas. We also deal with General Medical patients.</p>
The type of work to expect and learning opportunities	<p>Ward Duties Acute Medicine On calls- covering both wards and Clerking in EAU</p> <p>-Plenty of learning opportunities to clerk, do practical skills such as cannulas, ABG's, Thoracocentesis, chest drains, pleuradesis. -Lots of teaching from seniors. -Opportunities to teach medical students. -</p>
Where the placement is based	Felsted Ward – Broomfield Hospital
Clinical Supervisor(s) for the placement	Dr Hattotuwa, Dr Jenkins. Dr Isse and Dr Lawson
Main duties of the placement	<p>Ward Duties - expected to deliver the daily medical care of all the patients on the ward Acute Medicine On calls- covering both wards and Clerking in EAU</p>
Typical working pattern in this placement	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>Mon: am-ward round, followed by ward jobs, PM-finish ward jobs. Checking bloods,</p>

TTA's reviewing patients etc
Tues: ward round, followed by ward jobs, reviewing patients that deteriorate. Radiology meeting 13-1400 PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc

Wed: ward round, followed by ward jobs, 12.30-1330 f1 teaching 1330-1430 lung MDT. PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc

Thurs:
0800-respiratory teaching.
ward round, followed by ward jobs, 1230-1330/1700 F1 teaching
PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc

Fri: am-ward round, followed by ward jobs,
PM-finish ward jobs. Checking bloods, TTA's reviewing patients etc

Sat: 930-2200-if oncall clerking
Sun: 930-2200-if on call - covering the wards doing jobs such as reviewing patients, bloods, cannulas, prescribing etc

Mon:
Tues:
Wed:
Thurs:
Fri:
Sat:
Sun:

On call requirements:
1 week long days (clerking), 1 week nights (clerking), 2 weekends long days (one day ward cover/one day clerking), 1 weekend nights (clerking)

Employer information

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