

North East Thames Foundation School Individual Placement Description

Placement	F2 Elderly Medicine
The department	<p>The Department of Elderly Medicine comprises 3 Consultant Geriatricians, all also do acute General on-calls. There is a stroke unit and a 56 bedded elderly care unit. There is also The Bryning assessment and rehabilitation day unit with -</p> <ul style="list-style-type: none"> - nurse led continence clinic - nurse led leg ulcer clinic - syncope clinic - TIA clinic - movement disorder clinic - specialist falls clinic <p>The unit is also associated with a 50 bedded nursing home Mary Seacole in Shoreditch. The department serves Homerton in East London.</p>
The type of work to expect and learning opportunities	<p>All F1/F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all their consultants' patients on their ward (generally 12-18 patients). Whilst in the Acute medicine attachment the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1/F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a comprehensive history and examine a patient, including specific examination for falls risk and dementia screening. • Identify problems, including those which may require input from other specialties for their advice. • Prescribe safely • Keep an accurate and relevant medical record • Drafting evidence for presentation to panel for applications for nursing and residential care. • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues. This will involve participation in family meetings. • Use evidence, guidelines and audit to

	<p>benefit patient care</p> <ul style="list-style-type: none"> • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Teach and supervise medical students on the ward-based placements <p>Become life-long learners and teachers.</p>
Where the placement is based	Homerton University Hospital, Elderly Care Unit
Clinical Supervisor(s) for the placement	Dr O'Sullivan, Dr Singhai and Dr Dasgupta
Main duties of the placement	<p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in a ward round twice weekly and attend outpatient's clinics if they wish. They will run a ward round twice weekly, with senior support always readily available. They are expected to attend the structured teaching programme provided by the department on Thursdays, and run a teaching session once in their attachment.</p> <p>There will be a twice weekly MDT meeting where the F1/F2 is expected to present the salient points of each patient, including functional assessment so that the team including physiotherapists, occupational therapists, social workers and lead nurse can plan treatment, rehabilitation and discharge planning.</p> <p>The doctor will be responsible for such other specific clinical duties as contacting other specialties for their input where required and handing over patients to the on call team that may require review.</p> <p>During the Elderly care attachment F2's will have one quarter of their time on the acute care unit. During this attachment you are released from Elderly care duties and will become part of the acute team. This will involve a rota of days, twilight and night shifts. You will have opportunity to clerk medically unwell patients and present them to the consultant on call and manage patients on all the medical wards out-of-hours.</p>
Typical working pattern in this placement	<p><i>Daily:</i> 0900 Ward round 1500 MDT 1700 Handover</p> <p>Mon: 0930 Consultant Ward Round Tues: 0900 HO/SHO ward round Wed: 0900 HO/SHO ward round Thurs: 0930 Registrar Ward Round 12.30 departmental teaching program</p>

	<p>(every junior will have a teaching slot) Fri: 0930 consultant ward round cover 1200 white board MDT</p> <p>F2's will spend a total of 7 weeks on their Acute Care attachment (often in 2 sections) during their 6 month placement. This consists of a combination of take duties clerking medically accepted acute patients and acute ward cover. It involves day, twilight (2-10pm) and night shifts, including weekends.</p>
<p>Employer information</p>	<p>The employer for this post is Homerton University Hospital NHS Foundation Trust. Homerton provides acute and community services for Hackney, the City and the surrounding communities and a bespoke range of specialist services for a wider population.</p> <p>The Trust main site is Homerton Hospital. On 1 April 2011, community health services serving Hackney and the City (CHS) transferred to the management of Homerton. This was a hugely important development for the Trust, which is now the major provider of both hospital and community services for the people of Hackney, allowing the delivery of real benefits to patients, the community and the Trust. With the integration of community services the Trust now operates from numerous sites across Hackney, along with a small number in the City.</p> <p>In addition we continue to provide a range of specialist services for communities extending well beyond our immediate locality. Our role in training the next generation of healthcare professionals remains vital, as is the part we play in healthcare research.</p>

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Placement	F1 Gastroenterology
The department	<p>The department comprises of 4 consultants who take it in turns to cover the wards, normally on a 3 monthly basis.</p> <p>The department is closely linked to Barts and The Royal London which provide tertiary services and are included in MDT meetings by teleconferencing facilities.</p>
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers
Where the placement is based	Edith Cavell ward, Homerton University Hospital.
Clinical Supervisor(s) for the placement	You may be assigned to any of the four consultants in the department. It is normally whoever is covering the wards when you start your placement.
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend MDT and educational meetings

	<p>relevant to the department. These include Tuesday morning Upper GI MDT and Friday morning Lower GI MDT.</p> <p>It is also the responsibility of the F1 doctors to clerk in and discharge patients coming to the Medical Day Unit for liver biopsies. This is normally on a Monday and Thursday.</p>
<p>Typical working pattern in this placement</p>	<p>The hours are 0900 to 1700 with exceptions. These exceptions include:</p> <p>On Mondays ward rounds may start at 0900 and so preparation needs to be carried out earlier.</p> <p>On Tuesdays MDT is at 0830.</p> <p>On Fridays there is an xray and/or a journal club meeting at 0800.</p> <p>There are normally 2 consultant ward rounds a week, on Monday mornings and Thursday afternoons.</p>
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Placement	F2 ACU
The department	Department of acute medical unit, comprises of 1 consultant who is on take for that day, 2-3 F1s on the ward, 2 F2/CT trainees one on take and one on the ward
The type of work to expect and learning opportunities	Take a history and examine patients Confidentiality Prescribe safely Communicate effectively
Where the placement is based	Homerton University Hospital
Clinical Supervisor(s) for the placement	Dr. Michelle Emery
Main duties of the placement	Responsible for patients on the ward and to clerk patients (medical from A&E and GP)
Typical working pattern in this placement	Shift work – as per rota
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Placement	F2 Cardiology
The department	<p>The cardiology department comprises of 3 consultants, one of which does a general medical take every 3-4 weeks.</p> <p>There are 2 cardiology registrars, previously 3 who see new referrals on medical wards and deal with many issues arising from clinics, eg. Chest pain clinic, GP queries.</p> <p>There is also a heart failure fellow, who will review all the heart failure patients on the ward.</p> <p>Many investigations of a non-invasive nature occur in the cardiac department, namely 24 hr tapes, echo, stress echo, TOE, exercise testing, lung function tests.</p>
The type of work to expect and learning opportunities	<p>FY2s are included in the acute medical rota, which serves as a great learning opportunity and good experience. A wide variety of acute medical problems present to the department and through close working with the A+E department, able to diagnose and present findings to medical consultants on regular occasions.</p> <p>Work on the cardiology ward, includes caring for many patients with heart failure, rhythm disturbances and IHD. There are many opportunities to see patients with interesting signs and presentations.</p> <p>The cardiac department are willing for SHO doctors to attend procedures such as TOE/Ultrafiltration and learn from them.</p>
Where the placement is based	Homerton Hospital, Cardiology Ward
Clinical Supervisor(s) for the placement	Dr Xiao
Main duties of the placement	<p>FY2 doctors are SHO and are required to oversee the junior FY1 doctors, of which there are 2. The cardiology ward comprises 20 patients and one F1 looks after half of the ward when both are available. As SHO, you</p>

	<p>are required to oversee both sides and see patients/assist with queries/assess sick patients.</p> <p>You are also required to see yellow boards daily with consultants, which are referrals from ACU department for new admissions.</p>
Typical working pattern in this placement	<p>8am-5pm Monday to Friday</p> <p>ACU rota varies</p>
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Placement	F2 Emergency Medicine
The department	A&E in a District Hospital 6 Consultants and multiple SpRs
The type of work to expect and learning opportunities	Clerking patients inc. sick patients in resus Procedures e.g. suturing, incision and drainage, plastering, wound management Time management
Where the placement is based	Homerton Univeristy Hospital
Clinical Supervisor(s) for the placement	Dr. Geraint Morris
Main duties of the placement	See type of work
Typical working pattern in this placement	Averages to 4 x10 hours per week Shifts include 8am-6pm 11am-9pm 1pm-11pm 8pm-6am 10pm-8am
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Placement	F2 General Practice
The department	GP surgery in North East London with practice managers, reception staff, secretaries, doctors and practice nurses.
The type of work to expect and learning opportunities	Daily clinics clerking and examining patients, on call days. Excellent way to increase general medical knowledge in a range of different specialities.
Where the placement is based	A GP surgery in community.
Clinical Supervisor(s) for the placement	The principle GP consultant of your GP surgery.
Main duties of the placement	Daily clinics morning and afternoon, lunchtime meetings and presentations.
Typical working pattern in this placement	Monday to Friday only, 9-6.30, one afternoon off per week.
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Placement	F2 GUM
The department	Fun friendly department. Department of doctors, nurses, psychologists, health advisors and researchers.
The type of work to expect and learning opportunities	Good working hours. Typically 9-5 daily. One late shift per week until (latest) 8pm – this is accounted for by a session in lieu per week
Where the placement is based	Department of Sexual Health at the back of the hospital near occupational health.
Clinical Supervisor(s) for the placement	Dr Katherine Coyne, Dr Mike Rayment
Main duties of the placement	Reviewing patients in clinic Managing common clinical complaints Complete an audit Present at Journal club meeting.
Typical working pattern in this placement	9am-5pm most days.
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Placement	F2 Haematology
The department	<p>Team consists of consultant, staff grade, SpR, FY2 and sickle cell specialist nurse</p> <p>Firm is largely sickle cell medicine with very little general haematology or medicine. It is a very specialist firm with pain management making up most of the management/knowledge.</p> <p>Consultant always available and easily accessible for help</p>
The type of work to expect and learning opportunities	<p>Sickle cell medicine</p> <p>Pain management</p> <p>Communication skills</p> <p>Dealing with difficult patients</p>
Where the placement is based	<p>Homerton Hospital</p> <p>Ward based and day unit based</p>
Clinical Supervisor(s) for the placement	Dr. Roger Amos – Consultant
Main duties of the placement	<p>Managing pain</p> <p>Very little general medicine</p>
Typical working pattern in this placement	<p>9-5 only</p> <p>No on-calls</p>
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Placement	F2 O&G
The department	<p>11 consultant and a large number of registrars. SHOs consist at both trainee level and FY2 grade.</p> <p>Midwives – at different levels – students, community level etc.</p> <p>Delivery suite – 1-1 patient care. Theatres – main (obs and gynae) and day surgery (gynae).</p> <p>Post natal ward – Templar. Turpin Antenatal clinic Gynae clinic</p> <p>Priestly ward – gynae surgical inpatients EPAU – early pregnancy assessment unit A&E</p>
The type of work to expect and learning opportunities	<p>Filling in consent forms for theatre – therefore having seen the procedure to be able to explain it clearly – very good learning experience.</p> <p>Clerking patients Admitting Pre assessment clinic and acute booking of patient into theatre. Seeing patients in clinics – senior cover always available. Post natal ward – reviewing the unwell, escalating acutely unwell – A,B,C, discharging the well. Delivery suite – assisting the registrar, reviewing the acutely unwell patient. Reading CTGs, siting venflons. Theatre – assisting in C-sections, laparoscopic surgery. Oncall – all of the above (apart from clinic duties). Nights – carry obs&gynae bleeps, clerking to crash call on delivery suite.</p>

Where the placement is based	HOMERTON UNIVERSITY HOSPITAL And all the areas mentioned above.
Clinical Supervisor(s) for the placement	Consultant based. The last 3 were: Miss Katrina Erskine Mr Ed Dorman Mr Christian Barnick
Main duties of the placement	<p>Clerking patients in A&E and in EPAU – discuss with Registrar re: admission and start acute management.</p> <p>The medic on the post natal ward – therefore managing the post natal patients.</p> <p>Theatre – very enjoyable, good learning opportunity and will gain experience in suturing.</p> <p>Clinics – all very good for learning best practice and getting feedback.</p>
Typical working pattern in this placement	<p>8-5 typical working day. (may leave a little later if you need to dictate your letters). But there is a good handover system at 8 pm and 8 am.</p> <p>8-8 = oncall day</p> <p>Nights are broken up well, there are 4 days off after your 3 nights. Then you do 4 nights in a row and get a week off with the option to take your annual leave off immediately after also.</p> <p>There is a 'rolling rota' which is emailed to all staff by the registrar who is responsible for the rota.</p> <p>The department also has its own induction booklet which goes into a lot of detail into the points mentioned in the post information.</p>
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Placement	F2 Paediatrics
The department	7- 8 Consultants Core A&E and ward Semen population of Hackney Ambulatory unit and children often admitted for 24-48hrs
The type of work to expect and learning opportunities	F2 is part of SHO rota Rota comprises of ward cover, A&E oncalls, outpatient week, nights and twilight shifts. Opportunity to clerk and examine new patients and make management plans All patients reviewed by SpR on call
Where the placement is based	Homerton Univeristy Hospital
Clinical Supervisor(s) for the placement	Dr. Cauvery Pal
Main duties of the placement	Care of ward patients and to clerk in new patients through A&E Attend daily teaching sessions than handover Attend as many ward rounds possible and help with jobs
Typical working pattern in this placement	Depends on part of the rota Ward week 8.30am -6pm Outpatient week 8.30am-5pm Twilight - 4pm – 11pm (3pm-11pm weekends) A&E on call – 8.30am – 9pm Nights – 9pm – 9.30am
Employer information	The employer for this post is Homerton University Hospital NHS Foundation Trust. Homerton provides acute and community services for Hackney, the City and the surrounding communities and a bespoke range of specialist services for a wider population. The Trust main site is Homerton Hospital. On 1 April 2011, community health services serving Hackney and the City (CHS) transferred to the management of Homerton. This was a hugely important development for the Trust, which is

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Placement	F2 Psychiatry
The department	Psychiatry department consists of many different teams depending upon the catchment areas. F2 work for one of the main consultants Dr Cohen who has patients in 2 awards mainly. Male patients – Joshua ward Female patients – Gardener ward
The type of work to expect and learning opportunities	Duties are mainly ward based suing normal working days and have about 14 on-calls according to oncall rota including 7 long days and 7 nights On-call duties cover 2 sides 168 – A&E and general wards 165 – Forensic and 4 wards
Where the placement is based	City and Hackney Mental Health Hosiptal Gardner ward Joshua ward
Clinical Supervisor(s) for the placement	Dr Cohen
Main duties of the placement	Ward base cover of patients Clerking of new admissions under Dr Cohen
Typical working pattern in this placement	Mon - Management ward round Tues – Ward jobs Wed – Ward jobs Thurs – Ward rounds Fri – Ward jobs
Employer information	The employer for this post is Homerton University Hospital NHS Foundation Trust. Homerton provides acute and community services for Hackney, the City and the surrounding communities and a bespoke range of specialist services for a wider population. The Trust main site is Homerton Hospital. On 1 April 2011, community health services serving Hackney and the City (CHS) transferred to the management of Homerton. This was a hugely

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Placement	F2 Respiratory
The department	Respiratory department
The type of work to expect and learning opportunities	<p>Managing respiratory patients with (mainly) pneumonia, COPD, asthma, bronchiectasis, pleural effusions, lung cancer, TB, pneumothoraces.</p> <p>Opportunity for practical procedures including but not limited to: chest drain, pleural aspiration, pleural biopsy, medical pleuradhesion.</p>
Where the placement is based	<p>Lamb ward ACU Possibly elsewhere depending on you (bronchoscopy/clinic)</p>
Clinical Supervisor(s) for the placement	Dr Raj or Dr Bhowmik
Main duties of the placement	<p>Daily ward rounds Support FY1s Making sure you know about the sick patients in detail Teaching medical students (to varying degrees) Overseeing the management of the respiratory patients on the ward Referrals to other care centers Presentation at Thursday morning meetings from time to time (clinical case/paper discussion) Scribe at x ray meeting on Wednesday at 1300</p>
Typical working pattern in this placement	0900-1700 although sometimes need to stay a little later or arrive a little earlier but broadly office hours.
Employer information	<p>The employer for this post is Homerton University Hospital NHS Foundation Trust. Homerton provides acute and community services for Hackney, the City and the surrounding communities and a bespoke range of specialist services for a wider population. The Trust main site is Homerton Hospital. On 1</p>

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Placement	F2 Stroke Unit
The department	An acute stroke department taking patients who have recently had a stroke but are outside of the hyper-acute phase. There are 3 consultants, of whom 2 are part time. There is one registrar on the ward and 2 SHOs. The main objectives of the unit are to arrange all the stroke investigations and interventions and to rehabilitate patients after their strokes. There are a large number of physiotherapists, occupational therapists, speech and language therapists, dieticians and other therapists with whom the medical team work closely.
The type of work to expect and learning opportunities	The job involves seeing the patients daily on your own or with the registrar. Once a week there is a consultant ward round and once a week there is an in depth MDT meeting to discuss progress. There is good opportunity to work with and learn from the different therapists. The patients are mostly stroke patients but many have multiple comorbidities so you will see a range of different illnesses/ problems.
Where the placement is based	Graham stroke unit, Homerton
Clinical Supervisor(s) for the placement	Dr Talelli, Dr Saastamoinen
Main duties of the placement	See the patients (alone or as described above) and arrange tests and any procedures/ interventions. Ensure documentation on ward rounds etc. Do bloods, cannulas, discharge summaries.
Typical working pattern in this placement	9-5 in theory but if it's a busy day or if you are covering colleagues (as happens often due to acute blocks/ annual leave etc) you can stay much, much later than this. Then you do an acute medicine block within the rotation which is a typical oncall rota with lots of long days and nights.

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