

**Colchester Hospital University NHS Foundation Trust
Individual Placement Description**

Placement	Oncology
The department	<p>Medical Staff: 7 Consultant Oncologists 4 Consultant Haematologists 1 Associate Specialist 2 Specialist Registrars/Specialty Registrars 5 Specialty Trainees 3 Foundation Year 2 Trainees</p> <p>F2 trainees will learn to look after cancer patients in both inpatient and outpatient settings. Skills that will be acquired will include the basic principles of cancer management, the management of the complications of cancer, team working in a multi-disciplinary environment and communication skills including breaking bad news.</p> <p>The postholder will participate in a full shift rota.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of speciality.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Essex County Hospital
Clinical Supervisor(s) for the placement	Dr D Muthukumar
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under

	<p>the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences.</p>
<p>Typical working pattern in this placement</p>	<p>Full shift rota pattern Normal working Day - 9:00 16:00 Long Day Shift -9:00 21:30 Night Shift - 21:00 9:30</p> <p>On call Requirements: 1 in 2 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
<p>Employer information</p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>

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**Colchester Hospital University NHS Foundation Trust
Individual Placement Description**

Placement	Accident & Emergency – FY2
The department	<p>Medical staff: 9 consultants (6 substantive, 3 locums) 6 substantive Senior Clinical Fellows , 6 regular locums 1 Associate Specialist (acting consultant) 1 DRE-EM – post not covered. 2 ACCS Trainee 3 GP Specialty Trainees 7 Foundation Year 2 Doctors</p> <p>F2 trainees have the opportunity of working closely with senior colleagues and hence training and experience are gained simultaneously.</p> <p>The postholder will participate in a full shift rota</p>
The type of work to expect and learning opportunities	<p>Work in the A&E department is a key part of learning for foundation doctors in Colchester. In the context of the A&E department all F2 Doctors will be part of shift system based around a 'normal' working day.</p> <p>In the A&E department there will be an opportunity for F2 doctors under supervision from middle grades and seniors to :-</p> <ul style="list-style-type: none"> • Take a history and examine patient's in A&E • Identify patients needs referral to specialist teams and formulate a treatment plan • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Mr Daniel Stanciu Mr Abbas

	Mr Mirza
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences.
Typical working pattern in this placement	Full shift rota pattern 1 in 1.57 weekend commitment 8 shift covering 24 hr cover (Rota frequency and times may be subject to change)
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>

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Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	Medicine (endocrine) FY2
<p>The department</p>	<p>Medical Staff: 2 Consultants 1 GPST 3 Specialty Trainees 2 Foundation Year 2 Trainees 2 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F2 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<p>The type of work to expect and learning opportunities</p>	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Help to supervise the FY1 doctors and to facilitate team working • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively

	<ul style="list-style-type: none"> • Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Dr Menon Dr Vithian
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	<p>Full shift rota pattern Normal working Day - 09.00 till 17.00 Twilight Shift – 14.30 till 23.30 Late Shift – 08.30 till 21.30 Night Shift – 21.30 till 09.30</p> <p>On call Requirements in EAU 1 in 2.4 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and</p>

	<p>Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about us.shtml</p>
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**Colchester Hospital University NHS Foundation Trust
Individual Placement Description**

Placement	Medicine (gastro) FY2
The department	<p>Medical Staff: 5 Consultants 2 Specialist Registrars/Specialty Registrars 3 Specialty Trainees 1 Foundation Year 2 Trainees 2 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F2 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Help to supervise the FY1 doctors and to facilitate team working • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Dr McStay Dr Shenoy

<p>Main duties of the placement</p>	<p>The Foundation Year 2 doctor will have the principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Full shift rota pattern Normal working Day - 09.00 till 17.00 Twilight Shift – 14.30 till 23.30 Late Shift – 08.30 till 21.30 Night Shift – 21.30 till 09.30</p> <p>On call Requirements in EAU 1 in 2.4 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
<p>Employer information</p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>Our new £25m state-of-the-art radiotherapy centre being built at Colchester General Hospital should start treating its first patients in early 2014. It will replace the current radiotherapy centre at Essex County Hospital. A new service for major arterial vascular surgery began in July 2012 for the 750,000 population of north east Essex, east Suffolk and the Colne Valley. Anyone from that area requiring the most complex vascular surgery, either as an emergency or elective (planned) procedure, now has their operation at a new centre at Colchester General Hospital.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise , or ACE) and Halstead Hospital (run by Central Essex Community Services, or CECS).</p> <p>You can read more on our website: http://www.colchesterhospital.nhs.uk/corporate_info.shtml</p>

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**Colchester Hospital University NHS Foundation Trust
Individual Placement Description**

Placement	General Practice FY2
The department	<p>For the duration of this post you will be placed with an experienced GP educator in a GP practice within the Colchester or Tendring area. The postholder will gain insights into the essential links between primary and secondary care.</p> <p>Following a period of induction the postholder will gain experience in the following – seeing patients in general practice, carrying out home visits, working in a team context including treatment room and chronic disease management. You will also be expected to attend tutorials.</p> <p>This is a Monday to Friday, day duties post. However, the postholder will also have the opportunity to take part in a weekend Medicine / COTE rota for which you will be able to claim extra duty payments. (Please note this is optional and not compulsory).</p>
The type of work to expect and learning opportunities	<p>You will work as part of a General Practice team. You will gain insight into health care delivery in the community. Initially you will sit with different members of the Practice to see how the team functions individually and as a whole.</p> <p>During this placement you will improve your consultation and communication skills and make new diagnoses with the support of the General Practice team.</p> <p>As you gain experience, you will, with support of your trainer, start having your own surgeries with an experienced GP available at all times to ask/check with. You will be debriefed after each surgery and have teaching either alone or with other FY2s or GP ST trainees. You will accompany your trainer on visits and may do some (carefully selected) visits alone. Other than working in A&E this post will offer you the widest spectrum of experience and patients.</p>
Where the placement is based	GP Surgery's based in and around Colchester
Clinical Supervisor(s) for the placement	Dr Davis
Main duties of the placement	The Foundation Year 2 doctor will have the

	<p>principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences.</p>
<p>Typical working pattern in this placement</p>	<p>Normal working Day – 08.30 till 17.30</p> <p>(Rota frequency and times may be subject to change)</p>
<p>Employer information</p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>

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Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	General Psychiatry – FY2
The department	In-patient adult Psychiatry
The type of work to expect and learning opportunities	<p>Assessment and management of patients presenting with Psychiatric conditions mostly with Psychotic disorders, mood disorders, personality disorders and attempts to self-harm.</p> <p>Prescribing psychotropic medications, individual and group psychological interventions, assessment and management of patients with self-harm</p> <p>Participating and developing audits</p>
Where the placement is based	Gosfield Ward, The Lakes Mental Health Unit,
Clinical Supervisor(s) for the placement	Dr Hem Raj Pal
Main duties of the placement	Assessment of patients upon admission, presentation at ward reviews, recording discussions, monitoring progress and discharge of admitted patients
Typical working pattern in this placement	<p>Ward reviews 9-5 Mon, Wed and Fridays</p> <p>Teaching Tuesday morning, Supervision Thursday 2-3 PM</p> <p>Preparing reports, admission and discharges, ward work Tuesday Afternoon and Thursday</p>
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in</p>

	<p>October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>
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Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	General Psychiatry – FY2
The department	Access and Assessment Team
The type of work to expect and learning opportunities	Assessing new patients referred to the service; going out on home visits with the team; working with an MDT approach; knowing when to refer patients to psychology/other services etc.
Where the placement is based	The Bungalow / Abberton Centre, Colchester
Clinical Supervisor(s) for the placement	Dr Donna Grant
Main duties of the placement	Attending MDT meetings, assessing and following up pts requiring a medical review, home visits with other team members
Typical working pattern in this placement	Monday AM Lakes Ward Review PM Access & Assessment Clinic Tues AM Teaching PM Administration Wed AM Access and Assessment Clinic PM Urgent Clinic/Home Visits Thurs AM Access & Assessment Clinic PM AAT MDT Meeting/Supervision with Dr Grant Fri AM Lakes Ward Review PM Administration
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>

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Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	General Psychiatry – FY2
The department	Dementia Service and inpatient service
The type of work to expect and learning opportunities	Inpatient work with people with Dementia and also functional illness, follow-clinic with people with Dementia and also work-up of people with cognitive impairment
Where the placement is based	Colchester Kingswood Centre
Clinical Supervisor(s) for the placement	Dr Justin Marley
Main duties of the placement	Ward work, administration, working up cases in memory service for diagnosis, seeing patients with Dementia in follow-up clinic
Typical working pattern in this placement	<p>Monday Morning: Ward Work</p> <p>Monday Afternoon: Ward Work/Admin</p> <p>Tuesday Morning: Departmental and foundation Training (Till 2pm)</p> <p>Tuesday Afternoon: Ward Work/Admin</p> <p>Wednesday Morning: Ward Work/Admin</p> <p>Wednesday Afternoon: Ward Work/Admin</p> <p>Thursday Morning: MAMS meeting and case work-up</p> <p>Thursday Afternoons: Ward Work and Admin/Supervision</p> <p>Friday Morning: Supervised Clinic for case work-up and follow-up patients</p> <p>Friday Afternoon Ward Work/Admin</p>
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich</p>

	<p>(run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>
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Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	Surgery
<p>The department</p>	<p>Medical Staff: 12 Consultants 5 Laparoscopic fellows 3 Speciality Trainees 1 Trust SHO 2 ST1 1 Foundation Year 2 Trainees 7 Foundation Year 1 Trainees</p> <p>The general surgical department gives excellent experience in all aspects of the care of emergency and elective surgical patients. This is a leading unit in the provision of laparoscopic gastrointestinal and general surgery. There are also a full range of vascular services.</p> <p>The postholder will participate in a full shift rota.</p>
<p>The type of work to expect and learning opportunities</p>	<p>All F2 Doctors in hospital posts will be a combination of ward based during the 'normal' working day and also an introduction to general surgery through attendance at clinics, theatres and endoscopy.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Help to supervise the FY1 doctors and to facilitate team working • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Perform basic general surgical procedures in theatre • See patients under consultant supervision in general surgical clinics

	Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Mr Tutton Mr Austin Mr Arulamplam Mr Wynn Miss Gupta Mr Menzies Miss Reed Mr Vasudevan Mr Bekdash Miss Waarnar Mr Halahakoon Mr Bonomo
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences. The post-holder will also be expected to become competent in basic general surgical procedures and suturing.
Typical working pattern in this placement	Full shift rota pattern Normal working Day - 8:00 17:00 Emergency day shift - 08:00 20:00 Night Shift – 20:00 till 08:30 (Rota frequency and times may be subject to change)
Employer information	Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex. It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.

	<p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>
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**Colchester Hospital University NHS Foundation Trust
Individual Placement Description**

Placement	Surgery (vascular)
The department	<p>Medical Staff: 3 Consultants 1 Clinical Fellows 2 Specialty Trainees 1 Foundation Year 2 Trainees 3 Foundation Year 1 Trainees</p> <p>The vascular surgical department gives excellent experience in all aspects of the care of emergency and elective vascular patients. This is a recently centralised unit serving the whole of North East Essex and East Suffolk (total population 700,000).</p> <p>The postholder will participate in a full shift rota.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Help to supervise the FY1 doctors and to facilitate team working • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Mr Choksy Mr Backhouse
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under

	<p>the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences.</p>
<p>Typical working pattern in this placement</p>	<p>Full shift rota pattern Normal working Day - 8:00 17:00 Late Shift -14:30 0:00 Late Weekend Shift -14:30 0:00 Night Shift – 20:00 till 08:30</p> <p>On call Requirements: 1 in 3 Weekend Long Shift</p> <p>(Rota frequency and times may be subject to change)</p>
<p>Employer information</p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>

It is important to note that this description is a typical example of your placement and may be subject to change.

Placement	COTE
<p>The department</p>	<p>Medical Staff: 6 Consultants, Care of the Elderly 3 Stroke Physicians 3 Specialist Registrars/Specialty Registrars 1 Stroke Speciality Doctor 8 Specialty Trainees 2 Trust SHO based at Clacton Hospital 5 Foundation Year 2 Trainees 7 Foundation Year 1 Trainees 1 Stroke House Officer</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F2 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<p>The type of work to expect and learning opportunities</p>	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
<p>Where the placement is based</p>	<p>Colchester General Hospital</p>

Clinical Supervisor(s) for the placement	Dr Shawis Dr Pillai Dr Paramsothy Dr Awais Dr Rudra Dr Aftab
Main duties of the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
Typical working pattern in this placement	Full shift rota pattern Normal working Day - 09.00 till 17.00 Twilight Shift – 09.00 till 21.30 Late Shift – 08.30 till 21.00 On call Requirements in EAU 1 in 4 Weekday Twilight or Late Shift 1 in 4 Weekend Late Shift
Employer information	Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex. It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014. Although it is our strategy to centralise acute services

	<p>at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml (Rota frequency and times may be subject to change)</p>
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It is important to note that this description is a typical example of your placement and may be subject to change.

Please note that **no** FY1's working in surgical placements will be taking consent

Placement	Critical Care FY1
The department	<p>Medical Staff:</p> <p>10 Consultants 2 Specialty Trainees 1 Foundation Year 2 Trainee 1 Foundation Year 1 Trainee</p> <p>The Critical Care unit is a combined ITU/HDU with 14 bed spaces. Consultant cover is provided at all times and there is a broad range of patients. It is a busy unit and trainees will learn about all aspects of critical care.</p> <p>The Anaesthetic posts will give a good overview of the role of the Anaesthetics department including Theatre, CDS and ITU.</p> <p>The postholder will participate in a full shift rota.</p>
The type of work to expect and learning opportunities	<p>In this attachment there is an opportunity for an FY1 doctors to receive a period of training in critical care which will add to the sum total of their training over the entire year. The foundation doctors significantly contribute to the unit by:</p> <ul style="list-style-type: none"> • Under supervision from a more senior anaesthetist assess a patient on the critical care unit • Identify and manage problems with ITU patients • Learn about the safe prescription of drugs on ITU • Learn how to keep an accurate ITU medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of critically ill patients • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Dr Dixon

<p>Main duties of the placement</p>	<p>To assist the critical care clinicians in the management of patients on the unit as a training environment in a supernumerary capacity.</p> <p>FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p>Typical working pattern in this placement</p>	<p>Full shift rota pattern Normal working Day - 8.00 till 17.00 Late Shift – 13.00 till 21.00 Theatre Shift – 08.00 till 18.00</p> <p>On call Requirements 1 in 3 Weekend - Normal working Day</p> <p>(Rota frequency and times may be subject to change)</p>
<p>Employer information</p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml (Rota frequency and times may be subject to change)</p>

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Please note that **no** FY1's working in surgical placements will be taking consent

Placement	Obs and Gynae
The department	<p>Medical Staff: 7 Consultants full time 2 part time consultant 1 locum consultant 4 Specialty doctors/ Staff Grades 9 Specialist trainees Registrars: ST 3-7 3 ST 1-2 Obs/gynae trainees 2 Foundation Year 2 Trainees 3 GP trainees 2 Foundation Year 1 Trainees</p> <p>The department has a broad mixture of consultants in obstetrics and gynaecology with interests in pre-natal diagnosis, ultrasound, gynaecological oncology, urogynaecology, infertility and family planning.</p> <p>The trainee will be exposed to a broad range of obstetrics and gynaecology and will participate in a full shift Rota.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty and in the pre assessment clinic .</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. • Attend pre admissions clinics and theatres • Effective preparation of TTOs in order to

	ensure swift discharge
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Mr Alfaily
Main duties of the placement	FY2 doctors in Obs/gyne rotation are part of full Rota commitments. They cover labour wards, antenatal, gynae wards. Also they allocated to help in theatre sessions. They do oncalls with frequency of 1:8 including weekends. They are responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. FY2s will be expected to attend the structured teaching programme provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants.
Typical working pattern in this placement	<p>Full shift Rota pattern Normal working Day - 09.00 till 17.00</p> <p>On call Requirements: 1:8 with day time oncall from 08:30 till 20:30 and night oncall from 20:30 till 08:30</p> <p>(Rota frequency and times may be subject to change)</p>
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website</p>

	http://www.colchesterhospital.nhs.uk/about_us.shtml
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Please note that **no** FY2's working in surgical placements will be taking consent

Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	Surgery (ENT)
<p>The department</p>	<p>Medical Staff:</p> <p>4 Consultants 2 Associate Specialists 2 Specialist Registrars/Specialty Registrars 2 CT1 doctors 2 Foundation Year 2 Trainees 1 Foundation Year 1 Trainees</p> <p>The ENT department is on a split site with the main ENT outpatient clinics taking place at the Essex County Hospital. The ENT operating lists, emergencies and in-patients are located at Colchester General Hospital (approximately 2 miles across town). The FY2 doctor would be expected to be based at the Colchester General Hospital but travel to the Essex County Hospital for teaching outpatient clinics.</p> <p>The postholder will participate in a full shift rota.</p>
<p>The type of work to expect and learning opportunities</p>	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and discuss or escalate problems • Prescribe safely • Help to supervise the FY1 doctors and to facilitate team working • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.

Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Mr McRae Mr Maheshwar
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences.
Typical working pattern in this placement	Full shift rota pattern 1:10 on call at night for ENT/Orthopaedics.
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>

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Placement	FYI paediatrics
The department	<p>Medical Staff - Hospital based: 10 Consultants 5 Specialist Registrars/Specialty Registrars 3 Associate Specialists 11 Specialty Trainees 1 Trust Doctors (SpR) 2 Foundation Year 2 Trainees 2 Foundation Year 1 Trainees</p> <p>Medical Staff – Community based: 3 Consultants 3 Associate Specialists</p> <p>This is a busy medium sized paediatric unit which provides high quality training and experience in all aspects of child health. Trainees will get exposure to a variety of acute and ambulatory paediatrics.</p> <p>The consultant paediatricians all undertake general paediatrics and also undertake clinics in the following areas: Rheumatology, Diabetes, Neonatology, Respiratory, Allergy, Oncology, Cardiology, Nephrology, Child Protection, Child Development and Neurodisability.</p> <p>Working hours 0900 - 1700</p>
The type of work to expect and learning opportunities	<p>All F1 Doctors in hospital posts will generally be ward and assessment unit based during the 'normal' working day. Whilst in the paediatrics attachment the F1 will be involved with the assessment of patients being admitted to the acute paediatric unit and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient supervised by the FY2 and above • Identify and synthesise problems in conjunction with the FY2 doctor and above • Prescribe safely where appropriate in paediatricspaediatrics • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients

	<p>and their parents, and colleagues</p> <ul style="list-style-type: none"> • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Dr Cackett/Dr Devarajan
Main duties of the placement	<p>The FY1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record.</p> <p>And for problems arising in General Paediatrics patients on the ward. They are expected to attend the structured teaching programmes provided by the organization and the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
Typical working pattern in this placement	<p>Full shift rota pattern Normal working Day - 09.00 till 17.00</p> <p>On call Requirements N/A</p> <p>(Rota frequency and times may be subject to change)</p>
Employer information	<p>Colchester Hospital has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some</p>

	services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).
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Please note that **no** FY1's working in surgical placements will be taking consent

Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	Public Health – FY2
The department	Public Health
The type of work to expect and learning opportunities	<p>General duties of a public health department in local authority with the aim of give exposure to activity in all three domains of public health (health protection, health care public health and health improvement).</p> <p>The outcomes sort are:</p> <ol style="list-style-type: none"> 1. Understand the organisation structures and processes in the NHS to achieve better health. 2. Achieve a basic understanding of the information and evidence useful to improve health. 3. To gain a level of competency in key areas of the foundation programme in particular: <ul style="list-style-type: none"> • 1.2 Time management • 4.3 Comprehension of relevance of outside bodies to professional life. • 5 Teaching and training • 6.2 Evidence, guidelines, care protocols & research • 7.7 Infection control & hygiene • 7.9 Interface with different specialties, with other professionals • 10.5 Health promotion, patient education and public health 4. To gain a level of competence in some elements of the ten key areas of public health practice shown below (those in italics and bold are the key areas on which particular emphasis will be placed). <p>It is expected that by the end of the attachment the trainee will be able to:</p> <ul style="list-style-type: none"> • Appreciate the general principles of and leadership role played by public health. • Recognise and value the contributions to improving health made by different agencies. • Understand the theory and practice of

	<p>providing lifestyle advice including smoking cessation advice to groups and individuals.</p> <ul style="list-style-type: none"> • Examine evidence of effectiveness for a specific intervention. • Understand and can apply an ethical framework to resource allocation decisions. • Understand the importance and impact of public policy and legislation on health. • Know the main health problems affecting the local population. • Recognise the inequalities that exist in the population and have an understanding of the processes whereby these can be reduced.
Where the placement is based	The placement is based in Chelmsford at the County Council's headquarters: County Hall, Market Road, Chelmsford, Essex. CM1 1QH
Clinical Supervisor(s) for the placement	Dr Daniel Showell
Main duties of the placement	General public health duties: evidence reviews (literature searching and critical appraisal), addressing current health protection incidents,
Typical working pattern in this placement	Monday to Friday 09:00 to 17:00. There is some on call commitment mandated on registrars as part of Colchester Hospital's 'Hospital at Night' arrangements. This is accommodated in the public health placement but not arranged by the placement.
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services</p>

	<p>at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml</p>
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**Colchester Hospital University NHS Foundation Trust
Individual Placement Description**

Placement	Medicine (thoracic)
The department	<p>Medical Staff: 4 Consultants 3 Specialist Registrars/Specialty Registrars 2 Specialty Trainees 1 Foundation Year 2 Trainees 3 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F2 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
The type of work to expect and learning opportunities	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F2 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Help to supervise the FY1 doctors and to facilitate team working • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers.

Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Dr Howes Dr Hawkins
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences.
Typical working pattern in this placement	Full shift rota pattern Normal working Day - 09.00 till 17.00 Twilight Shift – 14.30 till 23.30 Late Shift – 08.30 till 21.30 Night Shift – 21.30 till 09.30 On call Requirements in EAU 1 in 2.4 Weekend Late Shift (Rota frequency and times may be subject to change)
Employer information	Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex. It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014. Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services). You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml

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Colchester Hospital University NHS Foundation Trust Individual Placement Description

Placement	Orthopaedics
<p>The department</p>	<p>Medical Staff: 12 Consultants 2 Associate Specialists 4 Specialist Registrars/Specialty Registrars 0 Staff Grade 2 Specialty Trainees 5 Trust Doctor (SHO) 1 Foundation Year 2 Trainee</p> <p>This post provides excellent exposure to both elective and traumatic orthopaedics with the possibility of carrying out a number of procedures under supervision. There will be opportunities to attend operating sessions and outpatient clinics, in addition to taking part in the care of ward patients.</p> <p>The consultants have a variety of interests including lower limb arthroplasty, foot and ankle surgery, upper limb and spinal surgery.</p> <p>The postholder will participate in a full shift rota.</p>
<p>The type of work to expect and learning opportunities</p>	<p>All F2 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Help to supervise the FY1 doctors and to facilitate team working • Assist in the operating theatre where possible • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which

	<p>occur during the management of patients with general medical problems</p> <ul style="list-style-type: none"> • Educate patients effectively • Become life-long learners and teachers.
Where the placement is based	Colchester General Hospital
Clinical Supervisor(s) for the placement	Mr Phil Sloper
Main duties of the placement	The Foundation Year 2 doctor will have the principle responsibility of treating patients under the supervision of senior colleagues in a variety of specialties according to their rotation. The postholder will take part in the appropriate rota for each specialty. In addition the postholder will be expected to attend teaching sessions and will complete a logbook of specified competencies and experiences.
Typical working pattern in this placement	<p>Full shift rota pattern Normal working Day - 8:00 17:00 Trauma Shift -08:00 20:30 Night Shift – 20:15 08:30 Training Shift -08:30 16:45</p> <p>On call Requirements: 1 in 2.67 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
Employer information	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central</p>

	Essex Community Services). You can read more on our website http://www.colchesterhospital.nhs.uk/about_us.shtml
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