

**Colchester Hospital University NHS Foundation Trust**  
**Individual Placement Description**  
**Foundation 1 and 2 doctors**

<b>Placement</b>	<b>Anaesthetics and critical care</b>
<b>The department</b>	<p><b>Medical Staff:</b>  18 Consultant anaesthetists  10 Consultants in critical care  4 Associate Specialists  6 Specialty doctors  4 Specialist Registrars/Specialty Registrars  6 Specialty Trainees  1 Foundation Year 2 Trainees  3 foundation year 1 doctors</p> <p>Admin and support  2WTE departmental Pas  1 ward clerk ITU  1 dedicated Audit/ICNARC assistant ITU</p> <p>F2 doctors will work on the critical care unit with opportunities for taster in anaesthesia  F1 doctors will rotate through the critical care and department of anaesthetics.</p> <p>The postholder will participate in a full shift rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>Foundation year 2 and 1 doctors  Will work a full shift on the intensive care unit a mixed level 2/3 unit of 14 beds. Admitting emergency and elective surgical and medical patients  Learning opportunities in the basis of ICm will cover the major presentation and initial resuscitation and management  Advanced monitoring of haemodynamic and respiratory function  Use of advanced organ support including invasive an non invasive ventilation ,vasopressor and inotropic support and renal replacement therapy  In addition FY1 doctors in anesthesia will participate in the anaesthetic department activities fully supervised at all times in the assessment and management of elective and routine anaesthesia for a range of all major surgical specialties,including obstetrics and pain management. Skills in airway management,fluid administration and pain management are core to this experience  The overall educational objectives of the F1/2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> </ul>

	<ul style="list-style-type: none"> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester general hospital
<b>Clinical Supervisor(s) for the placement</b>	Dr Peter Bishop (college tutor) Primarily ES Drs Gardner, Williams, Ramali, Haider
<b>Main duties of the placement</b>	The day to day running of the critical care unit supported by the 24/7 presence of a consultant and core trainee in anaesthesia or ACCS. The daily assessment and documentation of the status of all patients a daily ward round and duties and procedures arising from this. Assisting in the management and assessment of acutely unwell patients and their resuscitation. In anaesthetics the assessment and management of theatre lists and acute pain ward rounds.
<b>Typical working pattern in this placement</b>	Full shift rota pattern Normal working Day - 0800 16:00 Long Day Shift -9:00 21:30 Night Shift - 21:00 9:30  All foundation doctors will participate in the hospital wide OOH rota in a 1:16 frequency  All rotas are ETWD compliant  (Rota frequency and times may be subject to change)
<b>Employer information</b>	The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. The critical care unit is part of the Essex critical care network.  You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a>

It is important to note that this description is a typical example of your placement and may be subject to change.

<b>Placement</b>	<b>Medicine (cardio)</b>
<b>The department</b>	<p><b>Medical Staff:</b>  4 Consultants  2 Specialist Registrars/Specialty Registrars  1 Associate Specialist  2 Specialty Trainees  3 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Emergency Assessment Unit based in the main Colchester General building.</p> <p>The F1 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Dr Tang Dr Harkness Dr Scoote

	Dr Field
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b>	<p>Full shift rota pattern  Normal working Day - 09.00 till 17.00  Twilight Shift – 09.00 till 21.30  Late Shift – 08.30 till 21.00</p> <p>On call Requirements in EAU  1 in 4 Weekday Twilight or Late Shift  1 in 4 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p>

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Please note that **no** FY1's working in surgical placements will be taking consent

<b>Placement</b>	<b>Medicine (endocrine)</b>
<b>The department</b>	<p><b>Medical Staff:</b>  2 Consultants  1 GPSI  3 Specialty Trainees  2 Foundation Year 2 Trainees  2 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F1 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Dr Menon Dr Vithian
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for

	<p>the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p><b>Typical working pattern in this placement</b></p>	<p>Full shift rota pattern  Normal working Day - 09.00 till 17.00  Twilight Shift – 09.00 till 21.30  Late Shift – 08.30 till 21.00</p> <p>On call Requirements in EAU  1 in 4 Weekday Twilight or Late Shift  1 in 4 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
<p><b>Employer information</b></p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p>

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<b>Placement</b>	<b>Medicine (gastro)</b>
<b>The department</b>	<p><b>Medical Staff:</b>  5 Consultants  2 Specialist Registrars/Specialty Registrars  3 Specialty Trainees  1 Foundation Year 2 Trainees  2 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F1 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Dr McStay Dr Shenoy

<p><b>Main duties of the placement</b></p>	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p><b>Typical working pattern in this placement</b></p>	<p><b>Full shift rota pattern</b>  <b>Normal working Day - 09.00 till 17.00</b>  <b>Twilight Shift – 09.00 till 21.30</b>  <b>Late Shift – 08.30 till 21.00</b></p> <p><b>On call Requirements in EAU</b>  <b>1 in 4 Weekday Twilight or Late Shift</b>  <b>1 in 4 Weekend Late Shift</b></p> <p><b>(Rota frequency and times may be subject to change)</b></p>
<p><b>Employer information</b></p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>

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## Colchester Hospital University NHS Foundation Trust Individual Placement Description

<b>Placement</b>	<b>General Psychiatry – FY1</b>
<b>The department</b>	Access and assessment team, home treatment team for functional disorders in the elderly
<b>The type of work to expect and learning opportunities</b>	Experience in management of functional disorders in the elderly population across the care pathway. Formulate care plans and manage risks in the community with a view to admission avoidance and early discharge from the inpatient unit. Collaborate with members of the wider multidisciplinary teams including statutory and voluntary services.
<b>Where the placement is based</b>	Kingswood centre Colchester.
<b>Clinical Supervisor(s) for the placement</b>	Dr Lloyd Davies
<b>Main duties of the placement</b>	<p>The main duties involve joint domiciliary assessments with the consultant and other members of the multidisciplinary team to assess patient and formulate a management plan.</p> <p>Assessing patients' on the inpatient functional disorders unit for their readiness to be discharged in the community involving risk and contingency planning.</p> <p>Monitoring response to medication in the community as a medical member of the home treatment team supervised by the specialist registrar.</p> <p>Involvement in ongoing audits.</p> <p>Attend care programme approach meetings for community patients on a regular basis.</p>
<b>Typical working pattern in this placement</b>	<p>9am-5pm Monday to Friday</p> <p>Shadowing Consultant Psychiatrist and Specialist registrar.</p> <p>Monday – Home Treatment Team (am) Access &amp; Assessment (pm)</p> <p>Tuesday – Teaching (am) Home Treatment (pm)</p> <p>Wednesday – (Home Treatment)</p> <p>Thursday – Home Treatment (am) Access &amp; Assessment (pm)</p> <p>Friday – Home Treatment</p>
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the</p>

	<p>Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>
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## Colchester Hospital University NHS Foundation Trust Individual Placement Description

<b>Placement</b>	<b>General Psychiatry – FY1</b>
<b>The department</b>	In-patient adult Psychiatry
<b>The type of work to expect and learning opportunities</b>	<p>Assessment and management of patients presenting with Psychiatric conditions mostly with Psychotic disorders, mood disorders, personality disorders and attempts to self-harm.</p> <p>Prescribing psychotropic medications, individual and group psychological interventions, assessment and management of patients with self-harm</p> <p>Participating and developing audits</p>
<b>Where the placement is based</b>	<b>Ardleigh Ward, The Lakes Mental Health Unit,</b>
<b>Clinical Supervisor(s) for the placement</b>	Dr Priscilla Read
<b>Main duties of the placement</b>	Assessment of patients upon admission, presentation at ward reviews, recording discussions, monitoring progress and discharge of admitted patients
<b>Typical working pattern in this placement</b>	<p>Ward reviews three times a week.</p> <p>Teaching Tuesday morning, Supervision</p> <p>Preparing reports, admission and discharges, ward work and risk assessments.</p>
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and</p>

	<p>Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>
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<b>Placement</b>	<b>Surgery</b>
<b>The department</b>	<p><b>Medical Staff:</b>  12 Consultants  5 Laparoscopic fellows  3 Speciality Trainees  1 Trust SHO  2 ST1  1 Foundation Year 2 Trainees  7 Foundation Year 1 Trainees</p> <p>The general surgical department gives excellent experience in all aspects of the care of emergency and elective surgical patients. This is a national training unit in the provision of laparoscopic gastrointestinal and general surgery. There are also a full range of vascular services.</p> <p>The postholder will participate in a full shift rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of speciality and in the pre assessment clinic. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Mr Tutton Mr Austin Mr Arulamplam Mr Wynn

	<p>Miss Gupta  Mr Menzies  Miss Reed  Miss Waarnar  Mr Bekdash  Mr Halahakoon  Mr Bonomo</p>
<b>Main duties of the placement</b>	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to SAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching program provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. FY1 will be supervised throughout their attachments under the guidance of consultant teams and consultant led morning and evening handovers.</p>
<b>Typical working pattern in this placement</b>	<p>Full shift rota pattern  Normal working Day - 8:00 17:00  Emergency day shift- 8:00 20:00  Emergency night shift -20:00 08:00</p> <p>(Rota frequency and times may be subject to change)</p>
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.  The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p>

	<p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>
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<b>Placement</b>	<b>Surgery (breast and plastics)</b>
<b>The department</b>	<p><b>Medical Staff:</b>  3 Consultants  3 Plastic Consultants employed by MEHT  1 Specialty Trainees  1 Foundation Year 1 Trainees</p> <p>The breast surgery department provides excellent opportunity for trainees to learn about all aspects of breast cancer care. It also provides ample opportunity for learning basic surgical techniques. There are regularly combined theatre and clinics with the plastic surgeons. There is also the opportunity to be in the day stay theatre along with the plastic surgeons. The trainees get ample opportunity to be in theatres to learn about suturing techniques. There is also opportunity to participating research /audit activities.</p> <p>The general surgical department gives excellent experience in all aspects of the care of emergency and elective surgical patients. This is a leading unit in the provision of laparoscopic gastrointestinal and general surgery. There are also a full range of vascular services.</p> <p>The postholder will participate in a full shift rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty and in the pre assessment clinic. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients</li> </ul>

	<p>with general medical problems</p> <ul style="list-style-type: none"> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Mr ChandraSekharan
<b>Main duties of the placement</b>	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<b>Typical working pattern in this placement</b>	<p><b>Full shift rota pattern</b>  <b>Normal working Day - 8:00 17:00</b>  <b>Late Shift -14:00 0:00</b>  <b>Weekend early Shift - 8:00 17:00</b>  <b>Late Weekend Shift -16:00 0:00</b>  <b>Monday half day 12:00 17:00</b></p> <p><b>On call Requirements:</b>  <b>1 in 4.33 Weekend Late Shift</b></p> <p><b>(Rota frequency and times may be subject to change)</b></p>
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p>

	<p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>
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Please note that **no** FY1's working in surgical placements will be taking consent

<b>Placement</b>	<b>Surgery (vascular)</b>
<b>The department</b>	<p><b>Medical Staff:</b>  3 Consultants  1 Clinical Fellows  2 Specialty Trainees  1 Foundation Year 2 Trainees  3 Foundation Year 1 Trainees</p> <p>The vascular surgical department gives excellent experience in all aspects of the care of emergency and elective vascular patients. This is a recently centralised unit serving the whole of North East Essex and East Suffolk (total population 700,000).</p> <p>The postholder will participate in a full shift rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty and in the pre assessment clinic. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Mr Choksy Mr Backhouse
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an

	<p>attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p><b>Typical working pattern in this placement</b></p>	<p>Full shift rota pattern  Normal working Day - 8:00 17:00  Late Shift -14:00 0:00  Weekend early Shift - 8:00 17:00  Late Weekend Shift -16:00 0:00  Monday half day 12:00 17:00</p> <p>On call Requirements:  1 in 4.33 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
<p><b>Employer information</b></p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.  The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>



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Placement	COTE
<p><b>The department</b></p>	<p><b>Medical Staff:</b>  6 Consultants, Care of the Elderly  3 Stroke Physicians  3 Specialist Registrars/Specialty Registrars  1 Stroke Speciality Doctor  8 Specialty Trainees  2 Trust SHO based at Clacton Hospital  5 Foundation Year 2 Trainees  7 Foundation Year 1 Trainees  1 Stroke House Officer</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F1 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<p><b>The type of work to expect and learning opportunities</b></p>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<p><b>Where the placement is based</b></p>	<p>Colchester General Hospital</p>

<b>Clinical Supervisor(s) for the placement</b>	Dr Shawis Dr Pillai Dr Paramsothy Dr Awais Dr Rudra Dr Aftab
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b>	Full shift rota pattern Normal working Day - 09.00 till 17.00 Twilight Shift – 09.00 till 21.30 Late Shift – 08.30 till 21.00  On call Requirements in EAU 1 in 4 Weekday Twilight or Late Shift 1 in 4 Weekend Late Shift
<b>Employer information</b>	Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.  It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.  Although it is our strategy to centralise acute services

	<p>at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a> (Rota frequency and times may be subject to change)</p>
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<b>Placement</b>	<b>Critical Care FY1</b>
<b>The department</b>	<p><b>Medical Staff:</b></p> <p>10 Consultants  2 Specialty Trainees  1 Foundation Year 2 Trainee  1 Foundation Year 1 Trainee</p> <p>The Critical Care unit is a combined ITU/HDU with 14 bed spaces. Consultant cover is provided at all times and there is a broad range of patients. It is a busy unit and trainees will learn about all aspects of critical care.</p> <p>The Anaesthetic posts will give a good overview of the role of the Anaesthetics department including Theatre, CDS and ITU.</p> <p>The postholder will participate in a full shift rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>In this attachment there is an opportunity for an FY1 doctors to receive a period of training in critical care which will add to the sum total of their training over the entire year. The foundation doctors significantly contribute to the unit by:</p> <ul style="list-style-type: none"> <li>• Under supervision from a more senior anaesthetist assess a patient on the critical care unit</li> <li>• Identify and manage problems with ITU patients</li> <li>• Learn about the safe prescription of drugs on ITU</li> <li>• Learn how to keep an accurate ITU medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of critically ill patients</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Dr Dixon

<p><b>Main duties of the placement</b></p>	<p>To assist the critical care clinicians in the management of patients on the unit as a training environment in a supernumerary capacity.</p> <p>FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p><b>Typical working pattern in this placement</b></p>	<p>Full shift rota pattern  Normal working Day - 8.00 till 17.00  Late Shift – 13.00 till 21.00  Theatre Shift – 08.00 till 18.00</p> <p>On call Requirements  1 in 3 Weekend - Normal working Day</p> <p>(Rota frequency and times may be subject to change)</p>
<p><b>Employer information</b></p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a>  (Rota frequency and times may be subject to change)</p>

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<b>Placement</b>	<b>Obs and Gynae</b>
<b>The department</b>	<p><b>Medical Staff:</b>  7 Consultants full time  2 part time consultant  1 locum consultant  4 Specialty doctors/ Staff Grades  9 Specialist trainees Registrars: ST 3-7  3 ST 1-2 Obs/gynae trainees  2 Foundation Year 2 Trainees  3 GP trainees  2 Foundation Year 1 Trainees</p> <p>The department has a broad mixture of consultants in obstetrics and gynaecology with interests in pre-natal diagnosis, ultrasound, gynaecological oncology, urogynaecology, infertility and family planning.</p> <p>The trainee will be exposed to a broad range of obstetrics and gynaecology and will participate in a full shift Rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty and in the pre assessment clinic.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> <li>• Attend pre admissions clinics and theatres</li> <li>• Effective preparation of TTOs in order to</li> </ul>



	ensure swift discharge
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Mr Alfaily
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. Also in Obs/gynae rotation FY1 doctors are responsible for preadmission clinics. FY1s will be expected to attend the structured teaching programme provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b>	Full shift Rota pattern Normal working Day - 09.00 till 17.00  On call Requirements N/A – but there is the expectation to cover gynae or obstetrics emergencies under supervision in order to gain relevant experience  (Rota frequency and times may be subject to change)
<b>Employer information</b>	Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.  It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.  Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).

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## Colchester Hospital University NHS Foundation Trust Individual Placement Description

<b>Placement</b>	<b>General Psychiatry – FY1</b>
<b>The department</b>	Old age psychiatry – In patients
<b>The type of work to expect and learning opportunities</b>	We are a psychiatric in patient unit providing care to patients aged 65 and above. The unit has two wards divided according to functional illnesses and dementia care. The post holder will gain experience in the assessment and management of these conditions through ward work and attendance at ward rounds. The job involves close working with the nursing team in all aspects of patient care. There is opportunity to work with our specialist dementia service consultants in providing longer term support to out patients with organic illnesses.
<b>Where the placement is based</b>	<b>The King’s Wood Centre, Colchester</b>
<b>Clinical Supervisor(s) for the placement</b>	Dr M Holman Dr S Bhan-Kotwal
<b>Main duties of the placement</b>	Assessment of new admissions to the wards Physical health care assessments Monitoring mental states Attendance at ward reviews and clinical meetings Preparation of summaries and reports
<b>Typical working pattern in this placement</b>	In addition to three weekly ward rounds, the post holder will have two sessions with the specialist dementia service and attend the local academic programme. Other sessions will be divided between ward work and administration tasks.
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central</p>

	Essex Community Services).  You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a>
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<b>Placement</b>	<b>Surgery (ENT) FY1</b>
<b>The department</b>	<p><b>Medical Staff:</b></p> <p>4 Consultants  2 Associate Specialists  2 Specialist Registrars/Specialty Registrars  2 Trust Clinicians (PT)  2 CT1 Trainees  2 Foundation Year 2 Trainees  1 Foundation Year 1 Trainees</p> <p>The ENT department is on a split site with the main ENT outpatient clinics taking place at the Essex County Hospital. The ENT operating lists, emergencies and in-patients are located at Colchester General Hospital (approximately 2 miles across town). The F1 doctor would be expected to be based at the Colchester General Hospital but travel to the Essex County Hospital for teaching outpatient clinics.</p> <p>The postholder will participate in a full shift rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty and in the pre assessment clinic. Whilst in the EAU attachment the F1 will be involved with the generic clerking of surgical patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and discuss problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>

<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Mr McRae
<b>Main duties of the placement</b>	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programs provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<b>Typical working pattern in this placement</b>	<p>Normal working Day - 0800 till 17.00</p> <p>On call Requirements: The FY1 is part of the General Surgery on call FY1 rota 1:10</p>
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p>

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<b>Placement</b>	FYI paediatrics
<b>The department</b>	<p><b>Medical Staff - Hospital based:</b>  10 Consultants  5 Specialist Registrars/Specialty Registrars  3 Associate Specialists  11 Specialty Trainees  1 Trust Doctors (SpR)  2 Foundation Year 2 Trainees  2 Foundation Year 1 Trainees</p> <p><b>Medical Staff – Community based:</b>  3 Consultants  3 Associate Specialists</p> <p>This is a busy medium sized paediatric unit which provides high quality training and experience in all aspects of child health. Trainees will get exposure to a variety of acute and ambulatory paediatrics.</p> <p>The consultant paediatricians all undertake general paediatrics and also undertake clinics in the following areas: Rheumatology, Diabetes, Neonatology, Respiratory, Allergy, Oncology, Cardiology, Nephrology, Child Protection, Child Development and Neurodisability.</p> <p>Working hours 0900 - 1700</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward and assessment unit based during the 'normal' working day. Whilst in the paediatrics attachment the F1 will be involved with the assessment of patients being admitted to the acute paediatric unit and the ongoing care of the patients in the unit.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient supervised by the FY2 and above</li> <li>• Identify and synthesise problems in conjunction with the FY2 doctor and above</li> <li>• Prescribe safely where appropriate in paediatrics</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients</li> </ul>



	<p>and their parents, and colleagues</p> <ul style="list-style-type: none"> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Dr Cackett/Dr Devarajan
<b>Main duties of the placement</b>	The FY1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. And for problems arising in General Paediatrics patients on the ward. They are expected to attend the structured teaching programmes provided by the organization and the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
<b>Typical working pattern in this placement</b>	<p>Full shift rota pattern Normal working Day - 09.00 till 17.00</p> <p>On call Requirements N/A</p> <p>(Rota frequency and times may be subject to change)</p>
<b>Employer information</b>	<p>The Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services -</p>

	<p>at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>
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Please note that **no** FY1's working in surgical placements will be taking consent

<b>Placement</b>	<b>Medicine (renal )</b>
<b>The department</b>	<p><b>Medical Staff:</b>  3 Consultants  4 Specialty Trainees  1 Core medical trainee  0 Foundation Year 2 Trainees  1 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F1 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> <li>• Clerk patients admitted for a renal biopsy</li> <li>• Attend the renal unit at the local PCT</li> <li>• Participation in MDT on Mondays at 2PM</li> <li>• Visiting dialysis ward rounds at least</li> </ul>

	<p>twice during their renal rotation</p> <ul style="list-style-type: none"> <li>• Visiting renal clinics if schedule allows about twice a month and it should include seeing different consultants to see different approaches and also include visiting general nephrology clinics as well as low clearance clinics.</li> <li>• Try to see one or two tunnelled HD line placements during their rotation</li> <li>• Try to see one or two kidney biopsies during their rotation.</li> <li>• Attend acute line placements and if volume allows perform one under supervision on their own.</li> <li>• Observe a couple of dietary education sessions for renal patients.</li> <li>• Observe at least one pre-dialysis education session.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital and Renal Unit at the PCT
<b>Clinical Supervisor(s) for the placement</b>	Dr Cserep
<b>Main duties of the placement</b>	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<b>Typical working pattern in this placement</b>	<p><b>Full shift rota pattern</b>  <b>Normal working Day - 09.00 till 17.00</b>  <b>Twilight Shift – 09.00 till 21.30</b>  <b>Late Shift – 08.30 till 21.00</b></p> <p><b>On call Requirements in EAU</b>  <b>1 in 4 Weekday Twilight or Late Shift</b>  <b>1 in 4 Weekend Late Shift</b></p> <p><b>(Rota frequency and times may be subject to change)</b></p>
<b>Employer information</b>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.  The Trust provides healthcare services to around</p>

	<p>370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>
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Please note that **no** FY1's working in surgical placements will be taking consent

<b>Placement</b>	<b>Medicine (thoracic)</b>
<b>The department</b>	<p><b>Medical Staff:</b>  4 Consultants  3 Specialist Registrars/Specialty Registrars/  Specialty Trainees  1 Foundation Year 2 Trainees  3 Foundation Year 1 Trainees</p> <p>The specialties embraced by the consultants in General Medicine comprise Thoracic Medicine, Cardiology, Gastroenterology, Endocrinology, Diabetes, Neurology and Nephrology. There is a Medical Assessment Unit based in the main Colchester General building.</p> <p>The F1 post is ward based and the postholder will participate in a full shift rota. When on-take the team is responsible for ALL acute medical admissions.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the EAU attachment the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients.</p> <p>The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Dr Howes Dr Hawkins
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for

	<p>the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p><b>Typical working pattern in this placement</b></p>	<p>Full shift rota pattern  Normal working Day - 09.00 till 17.00  Twilight Shift – 09.00 till 21.30  Late Shift – 08.30 till 21.00</p> <p>On call Requirements in EAU  1 in 4 Weekday Twilight or Late Shift  1 in 4 Weekend Late Shift</p> <p>(Rota frequency and times may be subject to change)</p>
<p><b>Employer information</b></p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital.</p> <p>The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p>

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<b>Placement</b>	<b>Surgery (urology) FY1</b>
<b>The department</b>	<p><b>Medical Staff:</b>  4 Consultants  2 Associate Specialist  5 Clinical Fellows  2 Specialty Trainees  2 Foundation Year 1 Trainees</p> <p>The general surgical department gives excellent experience in all aspects of the care of emergency and elective surgical patients. This is a leading unit in the provision of laparoscopic gastrointestinal and general surgery. There are also a full range of vascular services.</p> <p>The postholder will participate in a full shift rota.</p>
<b>The type of work to expect and learning opportunities</b>	<p>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty and in the pre assessment clinic. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesise problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, relatives and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</li> <li>• Educate patients effectively</li> <li>• Become life-long learners and teachers.</li> </ul>
<b>Where the placement is based</b>	Colchester General Hospital
<b>Clinical Supervisor(s) for the placement</b>	Mr Rix Mr Maan
<b>Main duties of the placement</b>	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. As part of the on call arrangements the FY1 will have an attachment to EAU during this attachment where there will be the opportunity to assess acutely ill

	<p>patients under the supervision of more senior doctors. FY1s will be expected to attend the structured teaching programmes provided by the organization and the department. In addition they are responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>
<p><b>Typical working pattern in this placement</b></p>	<p><b>Full shift rota pattern</b>  <b>Normal working Day - 8:00 17:00</b>  <b>Late Shift -14:00 0:00</b>  <b>Weekend early Shift - 8:00 17:00</b>  <b>Late Weekend Shift -16:00 0:00</b>  <b>Monday half day 12:00 17:00</b></p> <p><b>On call Requirements:</b>  <b>1 in 4.33 Weekend Late Shift</b></p> <p><b>(Rota frequency and times may be subject to change)</b></p>
<p><b>Employer information</b></p>	<p>Colchester Hospital University NHS Foundation Trust has two main sites: Colchester General Hospital and Essex County Hospital. The Trust provides healthcare services to around 370,000 people from Colchester and the surrounding area of north east Essex. In addition, we provide radiotherapy and oncology services to a wider population of about 670,000 people across north and mid-Essex.</p> <p>It has long been the strategy of this Trust and our predecessor organisations to centralise acute services at Colchester General Hospital. In April 2014 the Board of Directors announced its intention to transfer all services and departments off the Essex County Hospital site. Chemotherapy had already moved to the General in October 2013 and the Radiotherapy Department relocated in June 2014 to a brand-new £25m Radiotherapy Centre. The two cancer wards moved to the newly-refurbished and extended West Bergholt Ward at the General site in October 2014.</p> <p>Although it is our strategy to centralise acute services at Colchester General Hospital, we also provide some services - such as outpatient and maternity services - at the community hospitals in Clacton and Harwich (run by Anglian Community Enterprise, or ACE) and Halstead Hospital (run by Provide, formerly Central Essex Community Services).</p> <p>You can read more on our website <a href="http://www.colchesterhospital.nhs.uk/about_us.shtml">http://www.colchesterhospital.nhs.uk/about_us.shtml</a></p>

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