

Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Acute Internal Medicine – FY2
The department	King George Hospital, Medical Assessment Unit
The type of work to expect and learning opportunities	<p>Based on the Medical Assessment Unit seeing the patients from the medical take. The work will include clerking acute admissions, completing post-take ward rounds and completing the jobs created by that ward round.</p> <p>Teaching and Learning FY2s have a programme of ten full days of protected teaching scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place and you are also expected to attend the Grand Round teaching every Monday at 1pm in the James Fawcett Education Centre at KGH.</p> <p>Additionally, each week one of you will present an interesting case to the team in a Case Based Discussion after the Board Round.</p> <p>This can be brief and informal and will be a good addition to your ePortfolio.</p> <p>FY2s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	King George Hospital, Medical Assessment Unit
Clinical Supervisor(s) for the placement	<p>Dr Oshodi Dr Choudhury Dr Lynn Dr Khiljee Dr Elshowaya</p>
Main duties of the placement	<p>Day-to-day Working You will only cover MAU on a normal day. Working hours are from 8.45am to 4.45pm, with one person doing 8am to 4pm. If they have not had a medical Post Take in Emergency department you will need to inform the Consultant on MAU so that you post-take the patient with them.</p>



	<p>Once the patient has had their Post Take, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p> <p>On-Calls Start at 8.45am with handover in the MAU handover room, finish with handover with the night team at 8.45pm.</p> <p>During weekdays, FY2s on call will remain on their ward until 5pm. Then they should cover the wards and check eHandover (the electronic handover system) for any jobs and should also help on the take.</p> <p>On weekends, FY2s will be covering the wards, doing the jobs on eHandover or taking and clerking medical referrals from A&E.</p>
<p>Typical working pattern in this placement</p>	<p>1B Banding 1 in 4 Weekends 1 set of 3-4 nights per month Long day every 8 days</p>
<p>Employer information</p>	<p>Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG</p>

It is important to note that this description is a typical example of your placement and may be subject to change.



Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Acute Internal Medicine – FY2
The department	Queen’s Hospital, Medical Assessment Unit
The type of work to expect and learning opportunities	<p>Based on the Medical Assessment Unit, which is split into the Medical Receiving Unit (MRU) and the Elderly Receiving Unit (ERU), seeing the patients from the medical take. The work will include clerking acute admissions, completing post-take ward rounds and completing the jobs created by that ward round.</p> <p>Teaching and Learning</p> <p>FY2s have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place and you are also expected to attend the Grand Round teaching every Friday. Additionally, each week one of you will present an interesting case to the team in a Case Based Discussion after the Board Round.</p> <p>This can be brief and informal and will be a good addition to your ePortfolio.</p> <p>FY2s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	Queen’s Hospital, Medical Assessment Unit
Clinical Supervisor(s) for the placement	<p>Dr Oshodi</p> <p>Dr Choudhury</p> <p>Dr Lynn</p> <p>Dr Khiljee</p> <p>Dr Elshowaya</p>
Main duties of the placement	<p>Day-to-day Working</p> <p>You will only cover MAU on a 7-day SHO rota.</p> <p>If patients have not had a medical Post Take in Emergency department you will need to inform the Consultant on MAU so that you post-take the patient with them.</p>



	Once the patient has had their Post Take, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.
Typical working pattern in this placement	1A banding 1 in 2 weekends (including nights) 2 sets of 3-4 nights per month
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Cardiology - FY2
The department	<p>Gardenia Ward, King George Hospital</p> <p>Our Cardiology service is based at both Queen's and King George Hospitals, with inpatient coronary care units, a full non-invasive service and outpatients.</p> <p>The department offers:</p> <ul style="list-style-type: none"> - General cardiology outpatient clinics plus daily rapid access chest pain clinics. - Open access investigations (echo, ECG and monitors) - Coronary angiography and pacemaker implants - Transoesophageal echocardiography - Stress echocardiography - Clinics for pregnant women with heart disease
The type of work to expect and learning opportunities	<p>Mainly Based on Gardenia Ward at King George hospital seeing the cardiology admissions from the medical take. The work includes seeing new admissions, completing ward rounds and completing the jobs created by that ward round.</p> <p>Other opportunities include attending outpatient clinics and attending catheter lab lists.</p> <p>Teaching and Learning</p> <p>FY2s have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place and you are also expected to attend the Grand Round teaching every Monday at 1pm in the James Fawcett Education Centre at KGH.</p> <p>FY2s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	Cardiology, Gardenia Ward, King George Hospital



Clinical Supervisor(s) for the placement	Dr Deaner, Dr Farooqi, Dr Chowdury
Main duties of the placement	<p>Day-to-day working Covering Gardenia Ward. Working hours are from 9am to 5pm.</p> <p>Your jobs initially start with the Cardiology Ward round and seeing the post-take cardiology patients, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p> <p>As a Cardiology Foundation Year 2 you will also need to refer patients to tertiary centres for specialist interventions, for example, PCIs.</p> <p>On-Calls Start at 8.45am with handover in the MAU handover room, finish with handover with the night team at 8.45pm.</p> <p>During weekdays, FY2s on call will remain on their ward until 5pm. Then they should cover the wards and check eHandover (the electronic handover system) for any jobs and should also help on the take.</p> <p>On weekends, FY2s will be covering the wards, doing the jobs on eHandover or taking and clerking medical referrals from A&E.</p>
Typical working pattern in this placement	1b banding 1 in 4 Weekends 1 set of 3-4 nights per month Long day every 8 days
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Emergency Medicine – FY2 King George Hospital and Queen’s Hospital
The department	<p>One of the highest numbers of attendances in the country according to the CQC.</p> <p>Serves a population of over 750,000, with a higher proportion of elderly patients and deprivation compared to the national average.</p> <p>As such, the A&E departments are busy, but excellent places of learning.</p> <p>Queen’s Hospital has a resus with 5 adult bays and one paediatric bay.</p> <p>King George Hospital has three resus bays.</p> <p>Both sites have minor injury and paediatric units.</p>
The type of work to expect and learning opportunities	<p>The emergency management of unselected presentations. Prompt diagnosis, investigation, treatment and referral of all specialty presentations is expected.</p> <p>Post holders will spend time in resus, majors, minors and paediatrics, and will obtain competencies in all of these areas.</p> <p>Formal weekly teaching occurs in the department.</p> <p>Teaching and Learning</p> <p>FY2s have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>FY2’s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	King George Hospital A&E and Queen’s Hospital A&E
Clinical Supervisor(s) for the placement	Mr Ahmad Mr Idowu Mr Akin
Main duties of the placement	<p>As above, prompt diagnosis, investigation, treatment and referral of all specialty presentations is expected.</p> <p>Post-holders will be fully supported by higher trainees and the consultant body.</p>



Typical working pattern in this placement	1A Shift work
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Endocrinology and Diabetes Mellitus - FY2 King George Hospital
The department	<p>Six diabetes and endocrine consultants across the two Trust sites, with dedicated diabetes specialist nurses.</p> <p>We have dedicated diabetes and endocrine wards on each site (Ash Ward at KGH, and Clementine B at QH), with daily ward rounds from the consultants. In addition, there are general medical, diabetes and endocrine specialist clinics, across both sites, which are as follows:</p> <ul style="list-style-type: none"> - Metabolic Syndrome (hyperlipidemia, hypertension, obesity and PCOS) - Diabetes foot problems - Thyroid and parathyroid disorders - Pituitary and adrenal disorders <p>We also have dedicated supervised, diabetes nurse lead clinics at Queen's and King George Hospitals.</p> <p>We have a joint endocrine clinic, with dedicated consultant surgeons, a thyroid/parathyroid adrenal disorder clinic across sites and a joint pituitary clinic, which is held with the neurosurgeons at Queen's.</p>
The type of work to expect and learning opportunities	<p>Mainly Based on Ash Ward at King George hospital seeing the patients from the medical take. The work will include seeing new admissions, completing ward rounds and completing the jobs created by that ward round.</p> <p>Other opportunities include attending outpatient clinics.</p>



<p>The type of work to expect and learning opportunities</p>	<p>Teaching and Learning FY2s have a programme of ten day-long protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place and you are also expected to attend the Grand Round teaching every Monday at 1pm in the James Fawcett Education Centre at KGH.</p> <p>FY2's are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
<p>Where the placement is based</p>	<p>King George Hospital – Ash Ward</p>
<p>Clinical Supervisor(s) for the placement</p>	<p>Dr K Nikookam Dr E Casey Dr R Tanday</p>
<p>Main duties of the placement</p>	<p>Day-to-day working Covering Ash Ward. Working hours are from 9am to 5pm.</p> <p>Your jobs initially start with the morning ward round and seeing the diabetes, endocrine and general medical patients, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p> <p>On-Calls Start at 8.45am with handover in the MAU handover room, finish with handover with the night team at 8.45pm.</p> <p>During weekdays, FY2s on call will remain on their ward until 5pm. Then they should cover the wards and check eHandover (the electronic handover system) for any jobs and should also help on the take.</p> <p>On weekends, FY2s will be covering the wards, doing the jobs on eHandover and supporting the medical take.</p>



Typical working pattern in this placement	1b banding 1 in 4 Weekends 1 set of 3-4 nights per month Long day every 8 days
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	ENT – FY2 Queen’s Hospital
The department	<p>We provide a comprehensive ear, nose, throat (ENT), head and neck service including cancer and paediatrics.</p> <p>We have a dedicated outpatient department fully equipped with state-of-the-art facilities including endoscopes and audio / visual facilities. We also have a dedicated outpatient department for paediatrics ENT together with ENT / head and neck wards.</p> <p>We have two dedicated ENT theatres fully equipped with the latest endoscopic facilities, lasers and microscopes.</p> <p>We provide a fully comprehensive cancer service for head and neck cancer.</p> <p>We provide a 24 hour emergency service through the Emergency department. This service is extremely busy both for adults and children.</p>
The type of work to expect and learning opportunities	<p>Post-holders work with a dedicated and professional multi-disciplinary team working to care for both emergency and elective admissions. The aim of the post is to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> Confidently take an ENT history and examination Recognise and initially manage acutely unwell surgical patients, and escalate as appropriate Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with ENT pathologies Educate patients effectively Become life-long learners and teachers. <p>Opportunities include:</p> <ul style="list-style-type: none"> Exposure to ENT theatres – paediatric and adult Utilise basic surgical skills Attend outpatient clinics Run pre-assessment clinics



	<p>Take part in clinical audit and deliver service improvement</p> <p>Teaching and Learning</p> <p>FY2s have a programme of ten day-long protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre. Local departmental teaching will also take place.</p> <p>FY2s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	Queen's Hospital
Clinical Supervisor(s) for the placement	<p>Mr B. Kotecha</p> <p>Mr H. Kaddour</p> <p>Mr A. Owa</p> <p>Mr P. Chatrath</p> <p>Mr S. Khalil</p> <p>Mr A. Eweiss</p>
Main duties of the placement	<p>Inpatient work/second on-call - Post-surgery, those requiring further investigation/surgical/medical management</p> <p>Outpatient work (majority of time) - Clinics, both rapid-access 'Hotclinic' and specialist clinics</p> <p>First on-call (roughly once weekly + occasional weekend) - Taking referrals/giving advice to A&E at QH/KGH, and to local GPs</p> <p>Theatre - Assisting with operations</p>
Typical working pattern in this placement	<p>2B banding</p> <p>First on-call: 0800-2030</p> <p>Second on-call/theatre days: 0800-1600</p> <p>Clinic days: 0900-1700</p> <p>Typically Monday-Friday working, occasional weekend</p>
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust Individual Placement Description

Placement	Gastroenterology – FY2 King George Hospital
The department	<p>Gastroenterology at BHR is a busy and thriving department providing a broad range of services for patients with all gastrointestinal disorders.</p> <p>Jointly led by specialist medical and surgical gastroenterologists and supported by specialist nurses in many fields, gastroenterology services include rapid access to diagnostics for patients with potential GI malignancies through endoscopy and colorectal bleed clinics.</p> <p>BHR is a regional cancer centre for the diagnosis and treatment of upper GI malignancies and colorectal cancer. We are fully accredited for training in endoscopy. We provide assessment, treatment and continuing care for patients with all gastrointestinal and liver conditions. The Endoscopy unit at Queens hospital is also a nominated and chosen site for the NHS Bowel Cancer Screening Programme.</p>
Where the placement is based	Gentian Ward, King George Hospital
Clinical Supervisor(s) for the placement	Dr Bettany, Consultant Physician and Gastroenterologist Dr Ashraf, Consultant Gastroenterologist
Main Duties of the Placement	<p>Day-to-day work Covering Gentian Ward. Working hours are from 9am to 5pm.</p> <p>Your jobs initially start with the morning ward round and seeing the gastroenterology patients, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p>
Main duties of the placement continued/..	<p>On-Calls Start at 8.45am with handover in the MAU handover room, finish with handover with the night team at 8.45pm.</p> <p>During weekdays, FY2s on call will cover wards, or be part of the acute medical take. Then they should cover the wards and</p>



	<p>check eHandover (the electronic handover system) for any jobs and should also help on the take.</p> <p>On weekends, FY2s will be covering the wards, taking referrals and clerking patients as part of the medical take.</p>
Typical working pattern in this placement	<p>1b banding 1 in 4 Weekends 1 set of 3-4 nights per month Long day every 8 days</p>
Employer information	<p>Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG</p>

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

<p>Placement</p>	<p>Gastroenterology – FY2 Queen’s Hospital</p>
<p>The department</p>	<p>Gastroenterology at BHR is a busy and thriving department providing a broad range of services for patients with all gastrointestinal disorders.</p> <p>Jointly led by specialist medical and surgical gastroenterologists and supported by specialist nurses in many fields, gastroenterology services include rapid access to diagnostics for patients with potential GI malignancies through endoscopy and colorectal bleed clinics.</p> <p>BHR is a regional cancer centre for the diagnosis and treatment of upper GI malignancies and colorectal cancer. We are fully accredited for training in endoscopy. We provide assessment, treatment and continuing care for patients with all gastrointestinal and liver conditions. The Endoscopy unit at Queen’s hospital is also a nominated and chosen site for the NHS Bowel Cancer Screening Programme.</p>
<p>The type of work to expect and learning opportunities</p>	<p>Mainly Based on Clementine A at Queen’s hospital seeing the gastroenterology and general medical patients from the medical take. The work will include seeing new admissions, completing ward rounds and completing the jobs created by that ward round.</p> <p>Other opportunities include attending outpatient clinics and attending endoscopy lists.</p> <p>Teaching and Learning</p> <p>FY2s have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p>



<p>The type of work to expect and learning opportunities continued/...</p>	<p>Local departmental teaching will take place, including a weekly journal club, and you are also expected to attend the Grand Round teaching every Friday.</p> <p>FY2's are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
<p>Where the placement is based</p>	<p>Clementine A, Queen's Hospital</p>
<p>Clinical Supervisor(s) for the placement</p>	<p>Dr Ahmed, Consultant Gastroenterologist Dr Fickling, Consultant Physician and Gastroenterologist Dr Kooner, Consultant Hepatologist</p>
<p>Main duties of the placement</p>	<p>Day-to-day work Covering Clementine A Ward. Working hours are from 9am to 5pm.</p> <p>Your jobs initially start with the morning ward round and seeing the gastroenterology patients, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p> <p>On-Calls Start at 8.45am with handover in the MAU handover room, finish with handover with the night team at 8.45pm.</p> <p>During weekdays, FY2s on call will remain on their ward until 5pm. Then they should cover the wards and check eHandover (the electronic handover system) for any jobs and should also help on the take.</p> <p>On weekends, FY2s will be covering the wards, doing the jobs on eHandover and supporting the medical take.</p>
<p>Typical working pattern in this placement</p>	<p>1b banding 1 in 4 Weekends 1 set of 3-4 nights per month Long day every 8 days</p>
<p>Employer information</p>	<p>Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG</p>

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Geriatric Medicine FY2 - King George Hospital
The department	<p>The Care of the Elderly department provides general medical care to all elderly patients that are admitted to King George Hospital.</p> <p>Comprehensive geriatric assessment and care is provided by 12 consultants over both sites supported by a team of dedicated and experienced specialist nurses, therapists with input from borough based social care practitioners.</p> <p>During a patient's stay, there is great emphasis on prompt diagnosis and multidisciplinary rehabilitation. Maintaining dignity and individual privacy is extremely important and experienced therapy staff work closely with the medical staff to achieve this.</p> <p>At King George Hospital, we have an Acute Elderly Unit, Fern Ward and two wards - Elm and Erica - that provide acute post-operative orthogeriatric rehabilitation.</p> <p>We provide specialist outpatient clinics for falls, confusion, dementia & delirium, memory, orthogeriatric and general medical clinics for the complex elderly with more than one illness and who therefore; do not fit neatly into any particular category. Our memory service liaises closely with voluntary agencies such as Age UK.</p>
The type of work to expect and learning opportunities	<p>Mainly Based on Gentian and Fern Ward at King George hospital seeing the patients from the medical take. The work will include seeing new admissions, completing ward rounds and completing the jobs created by that ward round.</p> <p>Post holders are encouraged to attend outpatient clinics.</p>
The type of work to expect and learning opportunities	<p>Teaching and Learning</p> <p>FY2s have a programme of ten day-long protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory.</p>



	<p>FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place and you are also expected to attend the Grand Round teaching every Monday at 1pm in the James Fawcett Education Centre at KGH.</p> <p>FY2s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	Fern and Gentian Wards, King George Hospital
Clinical Supervisor(s) for the placement	Dr Farooq
Main duties of the placement	<p>Day-to-day Working Covering Fern or Gentian Ward. Working hours are from 9am to 5pm.</p> <p>Your jobs initially start with the ward round and seeing the post-take Care of the Elderly patients, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p> <p>On-Calls Start at 8.45am with handover in the MAU handover room, finish with handover with the night team at 8.45pm.</p> <p>During weekdays, FY2s on call will remain on their ward until 5pm. Then they should cover the wards and check eHandover (the electronic handover system) for any jobs and should also help on the take.</p> <p>On weekends, FY2s will be covering the wards, doing the jobs on eHandover and taking referrals and clerking the emergency medical admissions.</p>
Typical working pattern in this placement	<p>1B Banding 1 in 4 Weekends 1 set of 3-4 nights per month Long day every 8 days</p>
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way,



	Romford, RM7 0AG
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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Geriatric Medicine – FY2 Queen’s Hospital
The department	<p>The Care of the Elderly department provides general medical care to all elderly patients that are admitted to Queen’s Hospital.</p> <p>Comprehensive geriatric assessment and care is provided by 12 consultants over both sites supported by a team of dedicated and experienced specialist nurses, therapists with input from borough based social care practitioners.</p> <p>During a patient’s stay, there is great emphasis on prompt diagnosis and multidisciplinary rehabilitation. Maintaining dignity and individual privacy is extremely important and experienced therapy staff work closely with the medical staff to achieve this.</p> <p>There are three Acute Elderly Units (AEU): Harvest A, Sunrise A and Sunrise B, and an Elderly Short Stay Unit (ESSU) on Sky A at Queen’s Hospital. We also have a Frail Older Persons Advice & Liaison Service (FOPAL) in the Medical Assessment Unit and Emergency Department, to provide comprehensive geriatric assessment for frail elders, which guides our management.</p> <p>We provide specialist outpatient clinics for falls, confusion, dementia & delirium, memory, orthogeriatric and general medical clinics for the complex elderly with more than one illness and who therefore; do not fit neatly into any particular category. Our memory service liaises closely with voluntary agencies such as Age UK.</p>
The type of work to expect and learning opportunities	<p>Mainly Based on the Acute Elderly Units at Queens Hospital seeing the patients from the medical take. The work will include seeing new admissions, completing ward rounds and completing the jobs created by that ward round.</p> <p>Teaching and Learning FY2s have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory.</p>



	<p>FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place and you are also expected to attend the Grand Round teaching every Friday</p> <p>FY2's are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	Care of the Elderly, Harvest A, Sunrise A or Sunrise B, Queens Hospital
Clinical Supervisor(s) for the placement	<p>Dr N Ahmad</p> <p>Dr O Adeotoye</p> <p>Dr S Wicks</p> <p>Dr M Smith</p> <p>Dr D Walker</p>
Main duties of the placement	<p>Day-to-day Working</p> <p>Covering Harvest A, Sunrise A or Sunrise B Working hours are from 9am to 5pm.</p> <p>Your jobs initially start with the ward round and seeing the post-take Care of the Elderly patients, it is your responsibility to complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p> <p>On-Calls</p> <p>Start at 8.45am with handover in the MAU handover room, finish with handover with the night team at 8.45pm.</p> <p>During weekdays, FY2s on call will remain on their ward until 5pm. Then they should cover the wards and check eHandover (the electronic handover system) for any jobs and should also help on the take.</p> <p>On weekends, FY2s will be covering the wards, doing the jobs on eHandover and taking referrals and clerking the emergency medical admissions.</p>
Typical working pattern in this placement	<p>1b banding</p> <p>1 in 4 Weekends</p>



	1 set of 3-4 nights per month Long day every 8 days
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	General Practice – FY2
The department	<p>Post-holders will be allocated to a GP practice in the catchment area of the Trust – to be advised prior to starting the post.</p> <p>The practice will therefore be in either the Barking, Havering or Redbridge area.</p>
The type of work to expect and learning opportunities	<p>Post holders will first shadow their GP tutors before holding their own extended-length consultations. Opportunities for minor surgery and specialist clinics will also be made available.</p> <p>Teaching and Learning</p> <p>FY2s at the Trust have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Your GP tutor will also give regular feedback, facilitated through Supervised Learning Events</p> <p>FY2's are also expected to undertake a Quality Improvement Project (QIP) during your time on GP. This will be supervised by your GP tutor.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	To be advised prior to starting the post .
Clinical Supervisor(s) for the placement	To be advised prior to starting the post.
Main duties of the placement	As above, seeing new patients and follow-up patients, making referrals, writing up consultations, writing prescriptions, checking blood tests and scans and reading and acting upon hospital discharge summaries.
Typical working pattern in this placement	<p>9-5</p> <p>No on-call commitments</p> <p>Unbanded</p>
Employer information	Barking Havering & Redbridge University Hospitals

It is important to note that this description is a typical example of your placement and may be subject to change.



Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Intensive Care Medicine – FY2
The department	5 units across both sites. One ITU and one HDU in each hospital, and a neuro-ITU at Queen's only. 9 beds total at King George Hospital and 33 in Queen's. The Trust is a tertiary centre for neurosurgery and a trauma centre for isolated head injuries. Critical care outreach teams, made of consultants, SHOs and specialist nurses cover both sites.
The type of work to expect and learning opportunities	Daily review of patients and presenting them on the ward round. Reviewing outreach patients on the wards and in A&E. Clerking patients being admitted to ITU/HDU. A lot of procedures, especially arterial lines, central lines and vascaths. Teaching and Learning There's a lot of learning opportunities and teaching occurs almost daily during ward rounds. Weekly teaching meetings FY2s have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre. Local departmental teaching will take place. FY2s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar. There are also opportunities to teach undergraduates.
Where the placement is based	Queen's Hospital
Clinical Supervisor(s) for the placement	Dr Walker Dr Bawa Dr Smithers Dr Mosharaf Dr Yakandawala
Main duties of the placement	As above; reviewing patients on the unit daily and reviewing sick patients on the wards and A&E as part of outreach.



	<p>Practical procedures such as CVC insertion and arterial line insertion. Clerking patients being admitted to the unit. Discharge summaries/handing patients over to teams taking over patients who are being stepped-down.</p>
<p>Typical working pattern in this placement</p>	<p>2x 8-week blocks of: One week off One week of neuro ITU One week of KGH ITU One week of nights One week with a block of long days – Thurs – Mon One week of general QH ITU One week KGH ITU One week QH ITU long days and weekend of nights at QH</p>
<p>Employer information</p>	<p>Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG</p>

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Neurosurgery – FY2 Queen’s Hospital
The department	<p>The Neurosurgical unit at Queen’s Hospital offers treatment of a wide spectrum of disorders of the brain, the spine and peripheral nerves in adults. The unit provides the regional neurosurgical service for Essex and its environs.</p> <p>We have a dedicated neuro-intensive care unit, theatre suite and ward. The neurosurgical team works closely with colleagues in the allied neurosciences of neurology, neuroradiology, neurophysiology, neuropathology and neuropsychology. Apart from treating patients they have an important role in training junior surgeons and undergraduate students and in contributing to neurosurgical research.</p>
The type of work to expect and learning opportunities	<p>Mainly ward cover – including clerking elective and emergency admissions</p> <p>Morning X ray meetings</p> <p>Can go to theatre or clinics if enough ward cover</p> <p>Lots of opportunity to perfect the lumbar puncture</p> <p>Weekly neuro-oncology meetings</p> <p>Teaching and Learning</p> <p>There’s a lot of learning opportunities and teaching occurs almost daily during ward rounds.</p> <p>FY2s have a programme of ten full days of protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory.</p> <p>FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place.</p> <p>FY2s are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>



Where the placement is based	Queen's Hospital
Clinical Supervisor(s) for the placement	Mr Arvin Mr Brecknell Mr Pollock Mr Benjamin Mr Low
Main duties of the placement	Ward cover – including ward rounds, the completion of ward jobs including referrals to other specialties and the organisation and interpretation of investigations. Post-holders are also expected to attend to unwell patients on the ward and treat or escalate as appropriate. Pre-assessment clinics – run by the SHOs On-call duties include the admission and clerking of elective and emergency admissions, as well as ward cover of the neurosurgical wards.
Typical working pattern in this placement	1A banding 1 set of 3-4 nights per month 1 long day per week 8-4 when not on call On-calls – you cover the neurosurgical ward and the neuro-critical care areas
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Obstetrics and Gynaecology – FY2
The department	<p>BHRUT provides maternity care to around 9,000 women each year, making it one of the largest maternity services in the country.</p> <p>We also offer a full range of gynaecological services including subfertility, colposcopy, laparoscopic gynaecology surgery, urogynaecology and gynaecology cancer services.</p> <p>We also have laparoscopic surgery theatres, a fetal medicine unit, one stop outpatient menstrual disorders clinics, an early pregnancy assessment unit (EPAU) (open 8am-8pm Monday to Saturday) and a gynaecology emergency service.</p> <p>We are a BSGE accredited Tertiary Endometriosis Centre.</p>
The type of work to expect and learning opportunities	<p>Post-holders work with a dedicated and professional multi-disciplinary team working to care for both emergency and elective admissions. The aim of the post is to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> Confidently take obstetric and gynaecological histories and examinations Recognise and initially manage obstetric emergencies, and escalate as appropriate Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with obstetric and gynaecological problems Educate patients effectively Become life-long learners and teachers.
The type of work to expect and learning opportunities continued/...	<p>Opportunities include:</p> <ul style="list-style-type: none"> Exposure to obstetric and gynaecological theatres Learn basic surgical skills Attend obstetric and gynae clinics Run pre-assessment clinics Take part in clinical audit and deliver service improvement



	<p>Teaching and Learning</p> <p>FY2s have a programme of ten day-long protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre. Local departmental teaching will also take place.</p> <p>FY2's are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar. There are also opportunities to teach undergraduates.</p>
Where the placement is based	<p>Queen's Hospital Labour ward Cornflower B ward</p>
Clinical Supervisor(s) for the placement	Mr Coker
Main duties of the placement	<p>Ward cover – including ward rounds, the completion of ward jobs including referrals to other specialties and the organisation and interpretation of investigations. Post-holders are also expected to attend to unwell patients on the ward and treat or escalate as appropriate.</p> <p>On-call duties include the admission and clerking of elective and emergency admissions, as well as ward cover of the gynaecological and labour wards.</p>
Typical working pattern in this placement	To be advised
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Paediatrics – FY2 King George Hospital
The department	<p>We offer a wide range of paediatric services from common illnesses to complex problems involving highly specialist services.</p> <p>We provide inpatient management for children in a family-friendly environment with specially trained children’s doctors and nursing staff. We also have facilities to observe unwell children within our Paediatric Assessment Unit, where a decision can be made to either admit the child or whether the child can safely be managed at home with clearly a documented management plan.</p> <p>We have a team of outreach nurses offering care for children within the community, working closely with our colleagues in primary and community care.</p> <p>At King George Hospital we are based on Clover Ward - a 14-bedded children's inpatient ward Clover ward includes our Paediatric Assessment Unit and outpatient area.</p>
The type of work to expect and learning opportunities	<p>Mainly based on Clover Ward at King George hospital seeing the patients from the medical take. The work will include seeing new admissions, completing ward rounds and completing the jobs created by that ward round.</p> <p>Post holders are encouraged to attend outpatient clinics.</p>
The type of work to expect and learning opportunities continued/..	<p>Teaching and Learning</p> <p>FY2s have a programme of ten day-long protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre.</p> <p>Local departmental teaching will take place and you are also expected to attend the Grand Round teaching every Monday at 1pm in the James Fawcett Education Centre at KGH.</p>



	<p>FY2's are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar.</p> <p>There are also opportunities to teach undergraduates.</p>
Where the placement is based	King George Hospital Clover Ward and children's outpatients
Clinical Supervisor(s) for the placement	Dr Gomes Dr Gopinathan
Main duties of the placement	<p>Ward cover of Clover ward</p> <p>Your jobs initially start with the ward round and seeing the inpatients, it is your responsibility to then complete the jobs: i.e. referrals, scans, medications, fluids, bloods etc.</p> <p>You will also be responsible for the clerking of emergency admissions.</p>
Typical working pattern in this placement	<p>1A banding</p> <p>1 set of 3-4 night shifts per month</p> <p>1 in 6 weekends</p>
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	General Psychiatry – FY2
The department	Goodmayes Community Psychiatric Hospital
The type of work to expect and learning opportunities	<p>There is a dedicated and professional multi disciplinary team working in peoples own home, out patients and care homes. The aim of the post is to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with general medical problems • Educate patients effectively • Become life-long learners and teachers. <p>Particular learning opportunities in psychiatry include:</p> <ul style="list-style-type: none"> • Managing and assessing dementia and delirium.in the community and care homes. • Diagnosis and treatment of common and complex psychiatric problems • Understanding of mental health legislation
Where the placement is based	Goodmayes Hospital / Community Clinics in Romford to Wanstead area.
Clinical Supervisor(s) for the placement	Dr Mohan Bhat Dr Mike Devine.
Main duties of the placement	<p>Hospital based: Ward rounds, mainly medical management/ acute psychiatry conditions.</p> <p>Clinic based: Run clinics with supervision and on-call</p> <p>FY2 only: Ward cover/ A&E assessment</p>



Typical working pattern in this placement	FY2 unbanded or 1B with nights
Employer information	North East London Foundation Trust

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

Placement	Respiratory Medicine – FY2
The department	<p>Large respiratory department provides comprehensive management of all respiratory conditions including asthma, COPD, bronchiectasis, tuberculosis (TB), lung cancer, sarcoidosis, pulmonary fibrosis, sleep disordered breathing, and occupational lung diseases.</p> <p>Investigations performed in the department include bronchoscopy, pleural biopsy, full lung function test, respiratory polysomnography, oxygen assessments, thoracic ultrasound, CT-guided lung biopsy, mantoux and allergy tests.</p> <p>Specialists treatment offered include non-invasive ventilation (NIV), continuous positive airway pressure (CPAP), ultrasound guided chest drains and pleurodesis, contact tracing and family screening for tuberculosis, assessment for long-term oxygen and nebulizer therapy.</p> <p>There are two dedicated respiratory wards, one of which provides NIV, with dedicated NIV-trained nurses.</p> <p>Our emergency admissions include exacerbations of COPD and asthma, new diagnoses of malignancy and TB as well as other, rarer respiratory disorders.</p>
The type of work to expect and learning opportunities	<p>Post-holders work with a dedicated and professional multi-disciplinary team working to care for both emergency and elective admissions. The aim of the post is to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> Confidently take a respiratory history and examination Recognise and initially manage acutely unwell respiratory patients, and escalate as appropriate Learn the indications and contra-indications of the varying degrees of ventilatory support, and become confident in the use of these technologies. Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues



	<p>Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general surgical and vascular problems Educate patients effectively Become life-long learners and teachers.</p> <p>Opportunities include: Exposure to emergency respiratory pathologies Attend respiratory clinics, including sleep apnoea clinic Attend bronchoscopy lists Take part in clinical audit and deliver service improvement Attendance to weekly medical grand rounds</p>
Where the placement is based	Queen's Hospital
Clinical Supervisor(s) for the placement	Dr Rajesh Banka Dr Robin Johns Dr Ajitha Jayaratnam
Main duties of the placement	<p>Ward cover – including ward rounds, the completion of ward jobs including referrals to other specialties and the organisation and interpretation of investigations. Post-holders are also expected to attend to unwell patients on the ward and treat or escalate as appropriate.</p> <p>On-call duties include the admission and clerking of elective and emergency admissions, as well as ward cover of the medical wards.</p>
Typical working pattern in this placement	<p>1B banding One in four weekends on call One set of 3-4 nights per month On calls cover general medicine – ward cover or admission clerking.</p>
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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Barking, Havering and Redbridge University Foundation Trust

Individual Placement Description

<p>Placement</p>	<p>Vascular Surgery – FY2 Queen’s Hospital</p>
<p>The department</p>	<p>Queen's Hospital provides a comprehensive, round the clock, emergency vascular service with the full resources of highly trained vascular surgeons, interventional radiologists, high quality support from intensive care, a specialist ward and nurse practitioners.</p> <p>As well as the admission and treatment of emergency vascular conditions, elective admissions include patients undergoing the following procedures:</p> <ul style="list-style-type: none"> • Abdominal aortic aneurysms • Carotid artery disease presenting with TIA, amaurosis fugax or stroke • Occlusive arterial disease of the limbs • Angioplasty for peripheral arterial disease • Occlusive and aneurysmal disease of the visceral arteries (renal, mesenteric) • Femoral and popliteal aneurysms • Varicose veins • Diabetic foot with tissue necrosis or infection • Leg ulcers. <p>The team is very well supported by the highly trained and competent interventional radiologists.</p>
<p>The type of work to expect and learning opportunities</p>	<p>Post-holders work with a dedicated and professional multi-disciplinary team working to care for both emergency and elective admissions. The aim of the post is to provide the trainee with the knowledge, skills and attitudes to be able to:</p>



<p>The type of work to expect and learning opportunities continued/...</p>	<p>Confidently take a vascular history and examination Recognise and initially manage acutely unwell surgical patients, and escalate as appropriate Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general surgical and vascular problems Educate patients effectively Become life-long learners and teachers.</p> <p>Opportunities include:</p> <p>Exposure to vascular theatres Learn basic surgical skills Attend vascular clinics Attend vascular interventional radiological procedures Run pre-assessment clinics Take part in clinical audit and deliver service improvement</p> <p>Teaching and Learning</p> <p>FY2s have a programme of ten day-long protected teaching sessions scheduled across the year. This teaching is mapped to your curriculum. Attendance at these sessions is mandatory. FY2s also have an allocated Simulation Training Session in our high-fidelity simulation centre. Local departmental teaching will also take place. FY2's are also expected to undertake a Quality Improvement Project (QIP) during your time on cardiology. This will be supervised by your Consultant and/or Registrar. There are also opportunities to teach undergraduates.</p>
<p>Where the placement is based</p>	<p>Queen's Hospital</p>
<p>Clinical Supervisor(s) for the placement</p>	<p>Mr Coker Mr Sayer Mr Cheatle</p>



	Miss Srilekha Mr Jacob
Main duties of the placement	Ward cover – including ward rounds, the completion of ward jobs including referrals to other specialties and the organisation and interpretation of investigations. Post-holders are also expected to attend to unwell patients on the ward and treat or escalate as appropriate. On-call duties include the admission and clerking of elective and emergency admissions, as well as ward cover of the surgical wards.
Typical working pattern in this placement	1B banding One in Four weekends on call On call covers general surgery, clerking new admissions
Employer information	Barking, Havering & Redbridge University Hospitals NHS Trust, Rom Valley Way, Romford, RM7 0AG

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